# CME 307 / MS&E 311: Optimization

### Gradient descent

Professor Udell

Management Science and Engineering Stanford

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### **Outline**

Unconstrained minimization

Gradient descent

What functions?

Analysis via Polyak-Lojasiewicz condition

#### **Unconstrained minimization**

minimize 
$$f(x)$$

- $ightharpoonup f: \mathbf{R}^n \to \mathbf{R}$  differentiable
- ▶ assume optimal value  $f^* = \inf_x f(x)$  is attained (and finite)
- ightharpoonup assume a starting point  $x^{(0)}$  is known

#### unconstrained minimization methods

roduce sequence of points  $x^{(k)}$ , k = 0, 1, ... with

$$f(x^{(k)}) \to f^*$$

(we hope)

## Solution of an optimization problem

minimize 
$$f(x)$$

for  $f: \mathcal{D} \to \mathbf{R}$ .  $x^*$  is a

- ▶ **local minimizer** if there is a neighborhood  $\mathcal{N}$  around  $x^*$  so that  $f(x) \geq f(x^*)$  for all  $x \in \mathcal{N}$ .
- ▶ global minimizer if  $f(x) \ge f(x^*)$  for all  $x \in \mathcal{D}$ .
- ▶ **strict local minimizer** if there is a neighborhood  $\mathcal{N}$  around  $x^*$  so that  $f(x) > f(x^*)$  for all  $x \in \mathcal{N}$ .
- **isolated local minimizer** if the neighborhood  $\mathcal N$  contains no other local minimizers.
- unique minimizer if it is the only global minimizer.

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### pictures!

## First order optimality condition

### Theorem

If  $x^* \in \mathbb{R}^n$  is a local minimizer of a differentiable function  $f: \mathbb{R}^n \to \mathbb{R}$ , then  $\nabla f(x^*) = 0$ .

### First order optimality condition

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If  $x^* \in \mathbf{R}^n$  is a local minimizer of a differentiable function  $f: \mathbf{R}^n \to \mathbf{R}$ , then  $\nabla f(x^*) = 0$ .

**proof:** suppose by contradiction that  $\nabla f(x^*) \neq 0$ . consider points of the form  $x_{\alpha} = x^* - \alpha \nabla f(x^*)$  for  $\alpha > 0$ . by definition of the gradient,

$$\lim_{\alpha \to 0} \frac{f(x_\alpha) - f(x^\star)}{\alpha} = -\nabla f(x^\star)^\top \nabla f(x^\star) = -\|\mathsf{nabla} f(x^\star)\|^2 < 0$$

so for any sufficiently small  $\alpha > 0$ , we have  $f(x_{\alpha}) < f(x^{*})$ , which contradicts the fact that  $x^{*}$  is a local minimizer.

## Second order optimality condition

### Theorem

If  $x^* \in \mathbb{R}^n$  is a local minimizer of a twice differentiable function  $f: \mathbb{R}^n \to \mathbb{R}$ , then  $\nabla^2 f(x^*) \succeq 0$ .

## Second order optimality condition

#### $\mathsf{Theorem}$

If  $x^* \in \mathbb{R}^n$  is a local minimizer of a twice differentiable function  $f : \mathbb{R}^n \to \mathbb{R}$ , then  $\nabla^2 f(x^*) \succeq 0$ .

**proof:** similar to the previous proof. use the fact that the second order approximation

$$f(x_{\alpha}) \approx f(x^{\star}) + \nabla f(x^{\star})^{\top} (x_{\alpha} - x^{\star}) + \frac{1}{2} (x_{\alpha} - x^{\star})^{\top} \nabla^{2} f(x^{\star}) (x_{\alpha} - x^{\star})$$

is accurate locally to show a contradiction unless  $\nabla^2 f(x^*) \succeq 0$ : if not, there is a direction v such that  $v^T \nabla^2 f(x^*) v < 0$ . then  $f(x + \alpha v) < f(x^*)$  for  $\alpha$  arbitrarily small, which contradicts the fact that  $x^*$  is a local minimizer.

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#### Gradient descent

minimize 
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idea: go downhill

### **Algorithm** Gradient descent

**Given:**  $f : \mathbb{R}^d \to \mathbb{R}$ , stepsize t, maxiters **Initialize:** x = 0 (or anything you'd like)

For:  $k = 1, \ldots, maxiters$ 

update x:

$$x \leftarrow x - t \nabla f(x)$$

## **Gradient descent: choosing a step-size**

- **constant step-size.**  $t^{(k)} = t$  (constant)
- **decreasing step-size.**  $t^{(k)} = 1/k$
- ▶ **line search.** try different possibilities for  $t^{(k)}$  until objective at new iterate

$$f(x^{(k)}) = f(x^{(k-1)} - t^{(k)} \nabla f(x^{(k-1)}))$$

decreases enough.

tradeoff: line search requires evaluating f(x) (can be expensive)

#### Line search

define 
$$x^+ = x - t\nabla f(x)$$

- $\blacktriangleright$  exact line search: find t to minimize  $f(x^+)$
- ▶ the **Armijo rule** requires *t* to satisfy

$$f(x^+) \le f(x) - ct \|\nabla f(x)\|^2$$

for some  $c \in (0,1)$ , e.g., c = .01.

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a simple backtracking line search algorithm:

- ightharpoonup set t=1
- ightharpoonup if step decreases objective value sufficiently, accept  $x^+$ :

$$f(x^+) \le f(x) - ct \|\nabla f(x)\|^2 \implies x \leftarrow x^+$$

otherwise, halve the stepsize  $t \leftarrow t/2$  and try again

### Demo: gradient descent

https://colab.research.google.com/github/stanford-cme-307/demos/blob/main/gradient-descent.ipynb

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#### How well does GD work?

for  $x \in \mathbf{R}^n$ ,

- $ightharpoonup f(x) = x^T x$
- $f(x) = x^T A x$  for  $A \succeq 0$
- ▶  $f(x) = ||x||_1$  (nonsmooth but differentiable **almost** everywhere)
- f(x) = 1/x on x > 0 (strictly convex but not strongly convex)

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### Definition

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 $f: \mathbf{R}^n \to \mathbf{R} \text{ if } \nabla f(x^*) = 0.$ 

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**Q:** . . . for convex functions?

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 $\nabla f(x^*) = 0$  is the **first-order (necessary) condition** for optimality.

#### Invex function

### Definition

A function  $f: \mathbb{R}^n \to \mathbb{R}$  is **invex** if for some vector-valued function  $\eta: \mathbb{R}^n \times \mathbb{R}^n \to \mathbb{R}^n$ ,

$$f(x) - f(u) \ge \eta(x, u)^{\top} \nabla f(u)$$
  $\forall u \in \mathbf{R}^n, \ x \in \operatorname{dom} f$ 

## Theorem (Craven and Glover, Ben-Israel and Mond)

A function is invex iff every stationary point is a global minimum.

### **Quadratic approximation**

Suppose  $f : \mathbf{R} \to \mathbf{R}$  is twice differentiable. For any  $x \in \mathbf{R}$ , approximate f about x:

$$f(y) \approx f(x) + \nabla f(x)^{T} (y - x) + \frac{1}{2} (y - x)^{T} \nabla^{2} f(x) (y - x).$$

If f is a quadratic function,  $\nabla^2 f(x) = H$  is constant.

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Quadratic approximations are useful because quadratics are easy to minimize:

$$y^* = \underset{y}{\operatorname{argmin}} f(x) + \nabla f(x)^T (y - x) + \frac{1}{2} (y - x)^T H(y - x)$$
$$\Longrightarrow \nabla f(x) + H(y^* - x) = 0$$
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If we approximate the Hessian of f by  $H = \frac{1}{t}I$  for some t > 0 and choose  $x^+$  to minimize the quadratic approximation, we obtain the **gradient descent** update with step size t:

$$x^+ = x + -t\nabla f(x)$$

## Quadratic upper bound

## Definition (Smooth)

A function  $f : \mathbf{R} \to \mathbf{R}$  is *L*-smooth if for all  $x, y \in \mathbf{R}$ ,

$$f(y) \le f(x) + \nabla f(x)^T (y - x) + \frac{L}{2} ||y - x||^2.$$

Equivalently, assuming the derivatives exist,

▶ the operator  $\frac{1}{L}\nabla f$  is *L*-**Lipschitz continuous**:

$$\|\nabla f(y) - \nabla f(x)\| \le L\|y - x\|$$

▶  $\nabla^2 f(x) \leq LI$  for all  $x \in \text{dom } f$ .

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**A:**  $\lambda_{\max}(A)$ -smooth

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A function  $f : \mathbf{R} \to \mathbf{R}$  is  $\mu$ -strongly convex if for all  $x, y \in \mathbf{R}$ ,

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**Q:** For  $A \succeq 0$ , the quadratic function  $f(x) = \frac{1}{2}x^T Ax$  is ?-strongly convex

**A:**  $\lambda_{\min}(A)$ -strongly convex

## Optimizing the upper bound

start at  $x^{(0)}$ . suppose f is L-smooth, so for all  $y \in \mathbf{R}$ ,

$$f(y) \le f(x^{(0)}) + \nabla f(x)^T (y - x^{(0)}) + \frac{L}{2} ||y - x^{(0)}||^2$$

let's choose next iterate  $x^{(1)}$  to minimize this upper bound:

$$x^{(1)} = \underset{y}{\operatorname{argmin}} f(x) + \nabla f(x)^{T} (y - x) + \frac{L}{2} ||y - x||^{2}$$

$$\implies \nabla f(x^{(0)}) + L(x^{(1)} - x^{(0)}) = 0$$

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- **gradient descent** update with step size  $t = \frac{1}{L}$
- lower bound ensures true optimum can't be too far away. . .

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Analysis via Polyak-Lojasiewicz condition

for  $A \in \mathbb{R}^{m \times n}$ ,  $b \in \mathbb{R}^m$ ,  $x \in \mathbb{R}^n$ ,

- **Quadratic loss.**  $||Ax b||^2$
- ▶ **Logistic loss.**  $f(x) = \sum_{i=1}^{m} \log(1 + \exp(b_i a_i^T x))$  where  $a_i$  is ith row of A

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**A:** Quadratic loss is strongly convex if A is rank n. Logistic loss

is strongly convex on a compact domain if A is rank n.

# Definition (Polyak-Lojasiewicz condition)

A function  $f : \mathbf{R} \to \mathbf{R}$  satisfies the **Polyak-Lojasiewicz** condition if

$$\frac{1}{2} \|\nabla f(x)\|^2 \ge \mu(f(x) - f^*)$$

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Suppose f(x) = g(Ax) where  $g : \mathbf{R}^m \to \mathbf{R}$  is strongly convex and  $A : \mathbf{R}^n \to \mathbf{R}^m$  is linear. Then f is Polyak-Lojasiewicz.

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Q: Are all Polyak-Lojasiewicz functions convex?
A: No. A river valley is Polyak-Lojasiewicz but not convex.
why use Polyak-Lojasiewicz? Polyak-Lojasiewicz is weaker than strong convexity but yields simpler proofs

### PL and invexity

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**proof**: if  $\nabla f(\bar{x}) = 0$ , then

$$0 = \frac{1}{2} \|\nabla f(x)\|^2 \ge \mu(f(\bar{x}) - f^*) \ge 0$$

 $\implies f(\bar{x}) = f^*$  is the global optimum.

## strong convexity ⇒ Polyak-Lojasiewicz

### Theorem

If f is  $\mu$ -strongly convex, then f is  $\mu$ -Polyak-Lojasiewicz.

## strong convexity $\implies$ Polyak-Lojasiewicz

#### Theorem

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**proof:** minimize the strong convexity condition over y:

$$\min_{y} f(y) \geq \min_{y} \left( f(x) + \nabla f(x)^{T} (y - x) + \frac{\mu}{2} \|y - x\|^{2} \right)$$

$$f^{*} \geq f(x) - \frac{1}{2\mu} \|y - x\|^{2}$$

### Types of convergence

objective converges

$$f(x^{(k)}) \rightarrow f^*$$

▶ iterates converge

$$x^{(k)} \rightarrow x^*$$

under

▶ strong convexity: objective converges  $\implies$  iterates converge proof: use strong convexity with  $x = x^*$  and  $y = x^{(k)}$ :

$$f(x^{(k)}) - f^* \ge \frac{\mu}{2} ||x^{(k)} - x^*||^2$$

Polyak-Lojasiewicz: not necessarily true ( $x^*$  may not be unique)

### Rates of convergence

linear convergence with rate c

$$f(x^{(k)}) - f^* \le c^k (f(x^{(0)}) - f^*)$$

- looks like a line on a semi-log plot
- example: gradient descent on smooth strongly convex function
- sublinear convergence
  - looks slower than a line (curves up) on a semi-log plot
  - ightharpoonup example: 1/k convergence

$$f(x^{(k)}) - f^* \leq \mathcal{O}(1/k)$$

- example: gradient descent on smooth convex function
- example: stochastic gradient descent

# **Gradient descent converges linearly**

#### Theorem

If  $f: \mathbf{R}^n \to \mathbf{R}$  is  $\mu$ -Polyak-Lojasiewicz, L-smooth, and  $x^* = \operatorname{argmin}_x f(x)$  exists, then gradient descent with stepsize L

$$x^{(k+1)} = x^{(k)} - \frac{1}{L} \nabla f(x^{(k)})$$

converges linearly to  $f^*$  with rate  $(1 - \frac{\mu}{L})$ .

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**proof**: plug in update rule to *L*-smoothness condition

$$f(x^{(k+1)}) - f(x^{(k)}) \leq \nabla f(x^{(k)})^T (x^{(k+1)} - x^{(k)}) + \frac{L}{2} ||x^{(k+1)} - x^{(k)}||^2$$
  
$$\leq (-\frac{1}{L} + \frac{1}{2L}) ||\nabla f(x^{(k)})||^2$$

$$\leq -\frac{1}{2L} \|\nabla f(x^{(k)})\|^2$$

$$\leq -\frac{\mu}{L} (f(x^{(k)}) - f^*) \rhd (\text{using PL})$$

### **Practical convergence**

Gradient descent with optimal stepsize converges even faster.

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► Local vs global convergence

### Quiz

- A strongly convex function always satisfies the Polyak-Lojasiewicz condition
  - A. true
  - B. false
- Suppose  $f: \mathbf{R} \to \mathbf{R}$  is L-smooth and satisfies the Polyak-Lojasiewicz condition. Then any stationary point  $\nabla f(x) = 0$  of f is a global optimum:  $f(x) = \operatorname{argmin}_{f(x)} f(x) = f^*$ 
  - $f(x) = \operatorname{argmin}_{y} f(y) =: f^{*}.$ 
    - A. true
    - B. false
- Suppose f: R → R is L-smooth and satisfies the Polyak-Lojasiewicz condition. Then gradient descent on f converges linearly from any starting point.
  - A. true
  - B. false