

# ReFoRM Reading Group

## *Rethinking Foundations Real-World ML*

---

Anay Mehrotra, Amin Saberi, Grigoris Velegkas

*Warm-started from slides by Andrew Ilyas and Amin Saberi*

# Welcome to ReFoRM!

**What is this reading group about?** Foundations of "*real-world*" ML

# Welcome to ReFoRM!

**What is this reading group about?** Foundations of “*real-world*” ML

**How is “real-world” ML different from “idealized” ML?**

Idealized picture:

$$\theta^* = \arg \min_{\theta \in \Theta} \mathbb{E}_{z \sim D} [\ell(z_i; \theta)]$$

# Welcome to ReFoRM!

**What is this reading group about?** Foundations of “*real-world*” ML

**How is “real-world” ML different from “idealized” ML?**

Idealized picture:

$$\theta^* = \arg \min_{\theta \in \Theta} \mathbb{E}_{z \sim D} [\ell(z_i; \theta)]$$

**Decisions:**

- How to choose the parameter space to avoid *overfitting*?
- What (convex) *loss function*  $\ell$  to choose?
- Which *optimization algorithm* to use?

# Welcome to ReFoRM!

**What is this reading group about?** Foundations of “*real-world*” ML

**How is “real-world” ML different from “idealized” ML?**

Idealized picture:

$$\theta^* = \arg \min_{\theta \in \Theta} \mathbb{E}_{z \sim D} [\ell(z_i; \theta)]$$

**Decisions:**

- How to choose the parameter space to avoid *overfitting*?
- What (convex) *loss function*  $\ell$  to choose?
- Which *optimization algorithm* to use?

**Guarantees:** Convergence rates, generalization bounds, uncertainty quantification (via confidence intervals), performance on different distributions,...

# Welcome to ReFoRM!

**What is this reading group about?** Foundations of “real-world” ML

**How is “real-world” ML different from “idealized” ML?**

$$\text{Real-world ML: } \theta^* = \arg \min_{\theta \in \Theta} \mathbb{E}_{z \sim D} [\ell(z_i; \theta)]$$

*Messy Dataset  $D$*

+

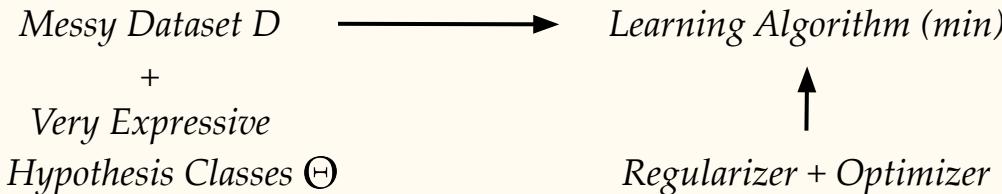
*Very Expressive  
Hypothesis Classes  $\Theta$*

# Welcome to ReFoRM!

**What is this reading group about?** Foundations of “real-world” ML

**How is “real-world” ML different from “idealized” ML?**

Real-world ML:  $\theta^* = \arg \min_{\theta \in \Theta} \mathbb{E}_{z \sim D} [\ell(z_i; \theta)]$

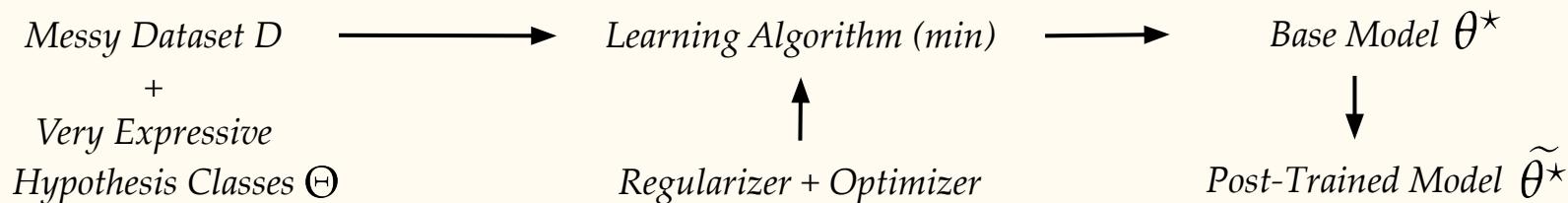


# Welcome to ReFoRM!

**What is this reading group about?** Foundations of “real-world” ML

**How is “real-world” ML different from “idealized” ML?**

$$\text{Real-world ML: } \theta^* = \arg \min_{\theta \in \Theta} \mathbb{E}_{z \sim D} [\ell(z_i; \theta)]$$

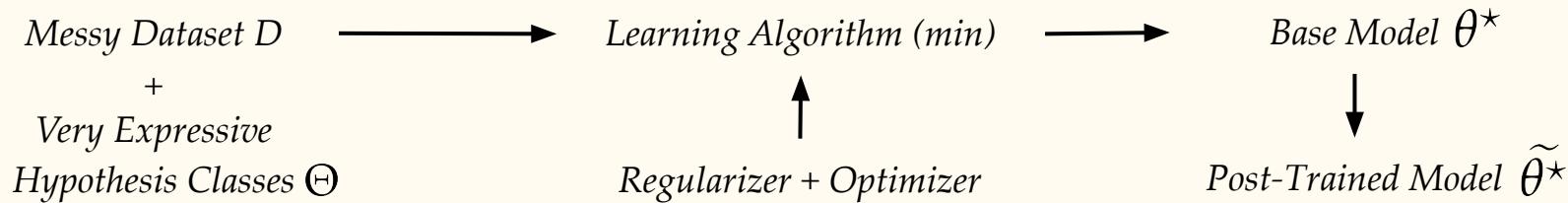


# Welcome to ReFoRM!

**What is this reading group about?** Foundations of “real-world” ML

**How is “real-world” ML different from “idealized” ML?**

Real-world ML:  $\theta^* = \arg \min_{\theta \in \Theta} \mathbb{E}_{z \sim D} [\ell(z_i; \theta)]$



**Implications:** Unpredictability, theoretical wisdom might not apply, new considerations, need to understand new phenomena, ...

# Goal of this group

**What do rigorous foundations for this new age of ML look like?**

How can tools from statistics, CS theory, and operations inform a *better understanding* of machine learning algorithms and systems?

What are the right questions to ask, and phenomena to explain—at what *level of abstraction* should we be aiming to explain them?

What theoretical models not only *explain* unexpected phenomena, but also *predict* new phenomena that we can verify experimentally?

# Intended format (thanks for signing up!)

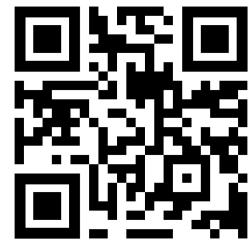
**Goal:** Build intuition, leverage group's diversity, start collaborations (bringing new perspectives from everyone's field)

Sign up: <https://tinyurl.com/reform-ml-signup-w26>

Goal(s) of the discussant (1-2 every week):

1. A single “deep dive” per week about one subject (can be multiple papers)
2. We have suggested several papers for each week, *more* than one can cover thoroughly in a week. Pick a small + focused paper set and read thoroughly
3. Prepare a 20-30 minute presentation, accessible to a second year PhD student, focusing on (a) *seeding discussion* and (b) *identifying gaps and connections*, and (c) *formulating open problems*

**Everyone else:** Read paper/watch talk/something! *Try to come with some familiarity*



# Introductions!

What is your *name*?

What *program and year* are you in?

What *focus area* are you most interested in?

What are you *working on*? What do you *want to work on*?

What brought you to this reading group?

# Outline for the Quarter

Introduce the theme for this quarter: *Training dynamics and optimization*

The quarter is divided into three *sessions* (each two-week long)

**Each Session's Goal:** *Explore a sub-area in depth*

*Understand the known results*

*Identify gaps*

*Formulate open problems*

# Sessions This Quarter

- A) Sharpness and Training Dynamics (Jan 22, Feb 5)
- B) Overfitting and Generalization (Feb 12, Feb 19)
- C) Grokking and Emergent Abilities (Feb 26, Mar 5)

# Meetings This Quarter

January 22nd (today!)

January 29th

February 5th

Introduction to edge of stability (EoS)

Skipping due to ICML deadline

Explanations of EoS / Sharpness & Generalization

February 12th

February 19th

Double Descent

Benign Overfitting

February 26th

March 5th

Grokking

Other emergent abilities

March 12th

Reserved for extra meeting on above / different topic

# Session 1

# Edge of Stability

GRADIENT DESCENT ON NEURAL NETWORKS TYPICALLY OCCURS AT THE EDGE OF STABILITY

—  
**Jeremy Cohen Simran Kaur Yuanzhi Li J. Zico Kolter<sup>1</sup> and Ameet Talwalkar<sup>2</sup>**  
Carnegie Mellon University and: <sup>1</sup>Bosch AI <sup>2</sup>Determined AI  
Correspondence to: jeremycohen@cmu.edu

# Why? The State of ML Optimization

The state of neural network optimization, today:

1. Many *optimization algorithms* (SGD, momentum, Adam, muon, ...), can *successfully train* neural networks (CNNs, transformers, ...)
2. In *simplified settings* (quadratic and convex functions), we *understand* what these algorithms do, and why they succeed
3. However, we *do not understand* how they function in *realistic settings*

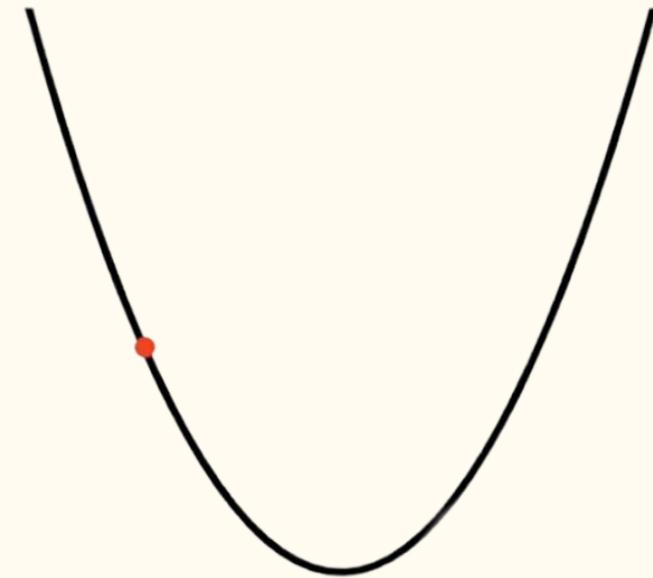
**Q:** Can we use principled empirical observations to develop an understanding? *Even for the simplest optimizer – gradient descent?*

# GD and Sharpness with Quadratic Functions

Consider running gradient descent with step size  $\eta$  on a 1-dimensional quadratic

The behavior depends on the relationship between the *step size*  $\eta$  and *curvature*  $a$

- If  $a < 2/\eta$ , gradient descent *converges*
- If  $a > 2/\eta$ , gradient descent *diverges*



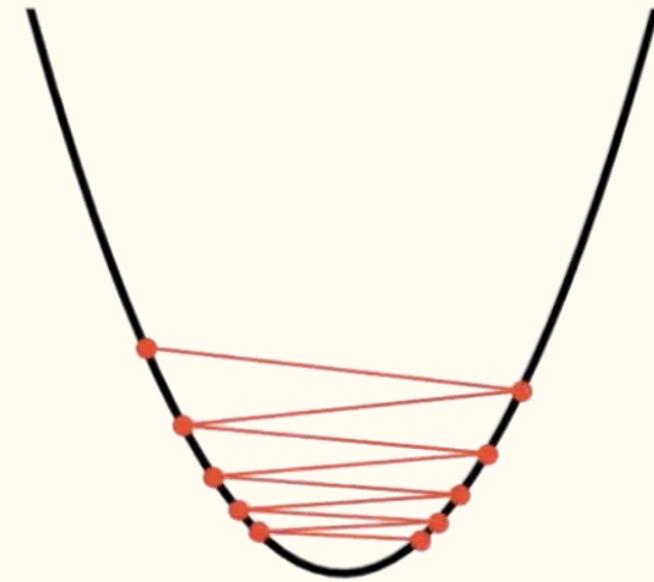
$$f(x) = \frac{1}{2}ax^2 + bx + c$$

# GD and Sharpness with Quadratic Functions

Consider running gradient descent with step size  $\eta$  on a 1-dimensional quadratic

The behavior depends on the relationship between the *step size*  $\eta$  and *curvature*  $a$

- If  $a < 2/\eta$ , gradient descent *converges*
- If  $a > 2/\eta$ , gradient descent *diverges*



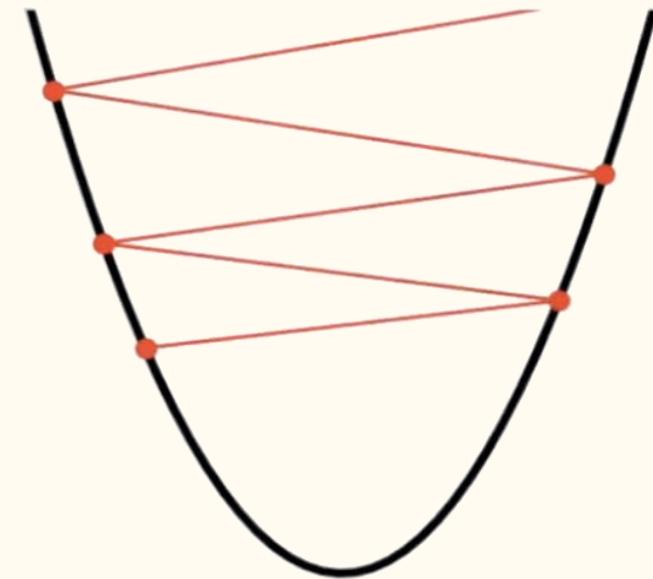
$$f(x) = \frac{1}{2}ax^2 + bx + c$$

# GD and Sharpness with Quadratic Functions

Consider running gradient descent with step size  $\eta$  on a 1-dimensional quadratic

The behavior depends on the relationship between the *step size*  $\eta$  and *curvature*  $a$

- If  $a < 2/\eta$ , gradient descent *converges*
- If  $a > 2/\eta$ , gradient descent *diverges*



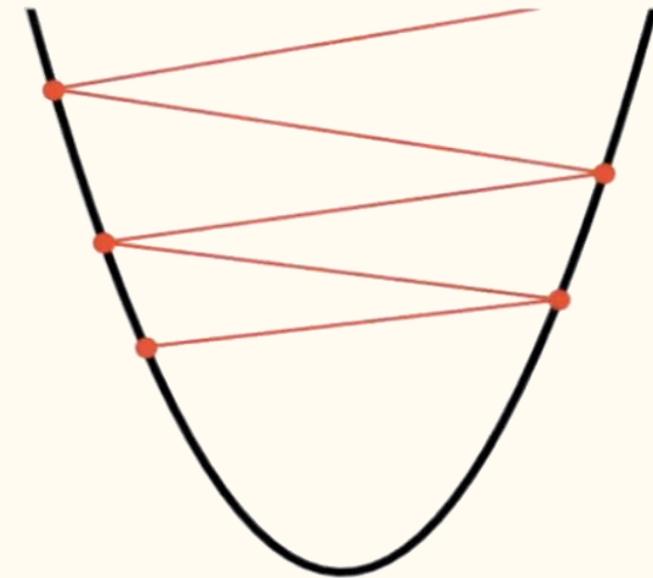
$$f(x) = \frac{1}{2}ax^2 + bx + c$$

# GD and Sharpness with Quadratic Functions

Consider running gradient descent with step size  $\eta$  on a 1-dimensional quadratic

The behavior depends on the relationship between the *step size*  $\eta$  and *curvature*  $a$

- If  $a < 2/\eta$ , gradient descent *converges*
- If  $a > 2/\eta$ , gradient descent *diverges*



Sharpness at  $x$ :  $|\nabla^2 f(x)|$

$$f(x) = \frac{1}{2}ax^2 + bx + c$$

# GD and Sharpness with Quadratic Functions

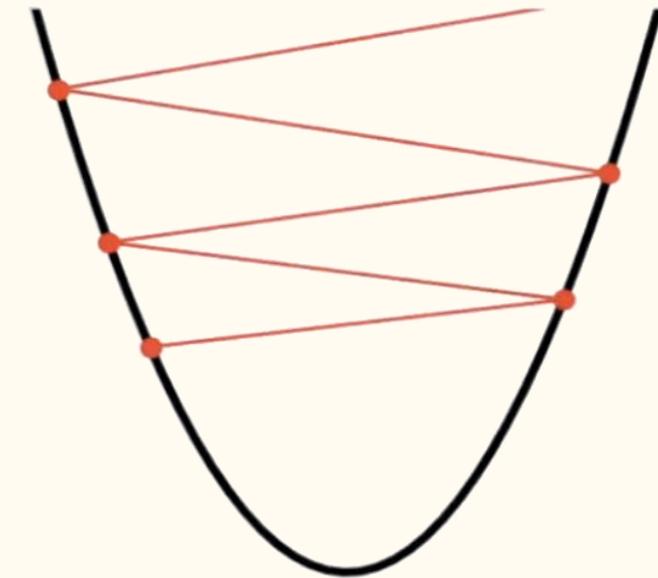
Consider running gradient descent with step size  $\eta$  on a 1-dimensional quadratic

The behavior depends on the relationship between the *step size*  $\eta$  and *curvature*  $a$

- If  $a < 2/\eta$ , gradient descent *converges*
- If  $a > 2/\eta$ , gradient descent *diverges*

*Natural generalization to higher-dimensions*

**Sharpness at  $x$ :**  $\|\nabla^2 f(x)\|_2$



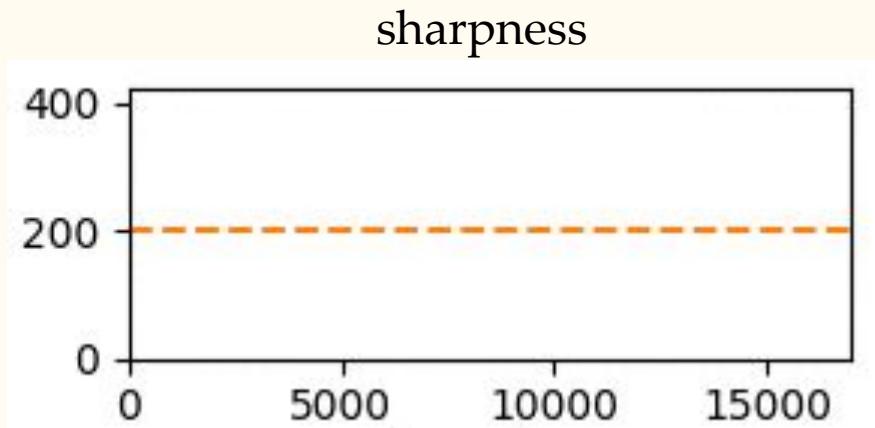
$$f(x) = \frac{1}{2}ax^2 + bx + c$$

# Sharpness in deep learning

*Sharpness:* Maximum eigenvalue of Hessian of training loss  $f(x)$

*How does sharpness behave in neural network training?*

**Rough Observation:** Initially, the sharpness increases until it reaches a stable value after which it stabilizes



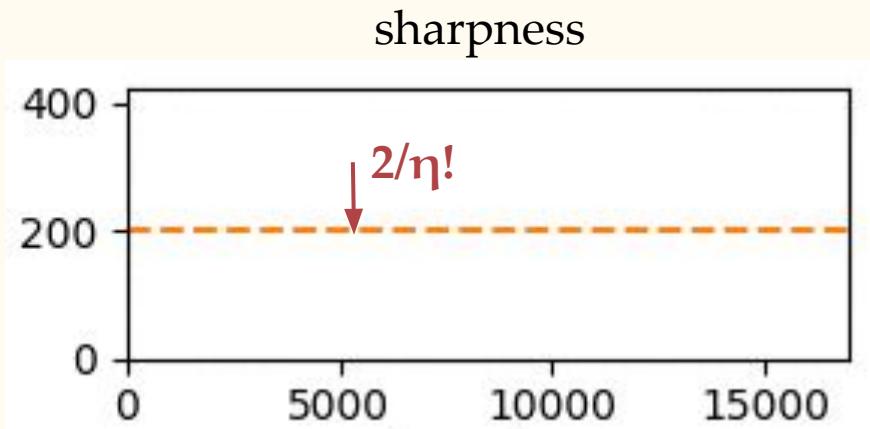
# Sharpness in deep learning

*Sharpness:* Maximum eigenvalue of Hessian of training loss  $f(x)$

*How does sharpness behave in neural network training?*

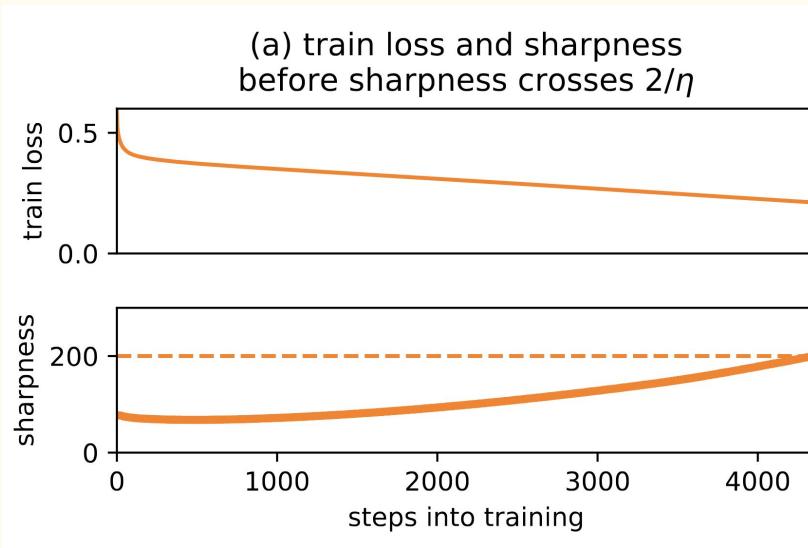
**Observation 1 (Progressive sharpening):**  
If sharpness is less than  $2/\eta$  (i.e., gradient descent is stable), *sharpness tends to increase*

**Observation 2 (Edge of stability):**  
After this, sharpness hovers *just above*  $2/\eta$  for the remainder of training

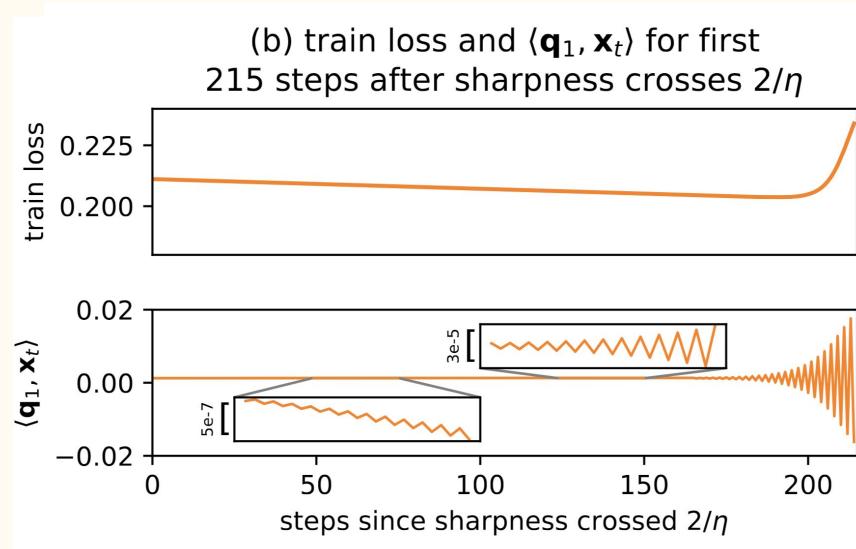


The network is a fully-connected architecture with two hidden layers of width 200, and tanh activations.

# Sharpness and Train Loss



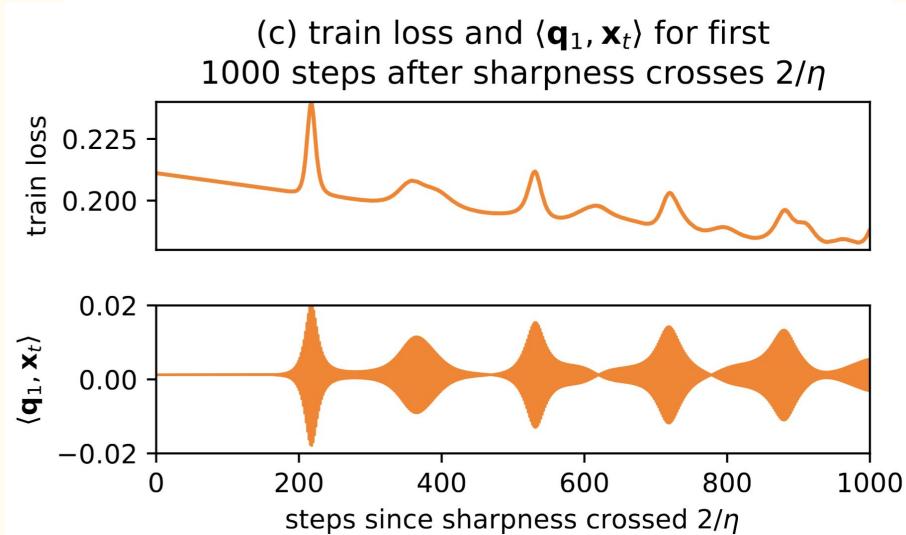
# Sharpness and Train Loss



Unclear what happens next:

1. If loss is quadratic, GD *diverges*
2. GD might “jump” to a flatter region and *train loss stagnates*
3. GD might *not escape* local minima

# Sharpness and Train Loss

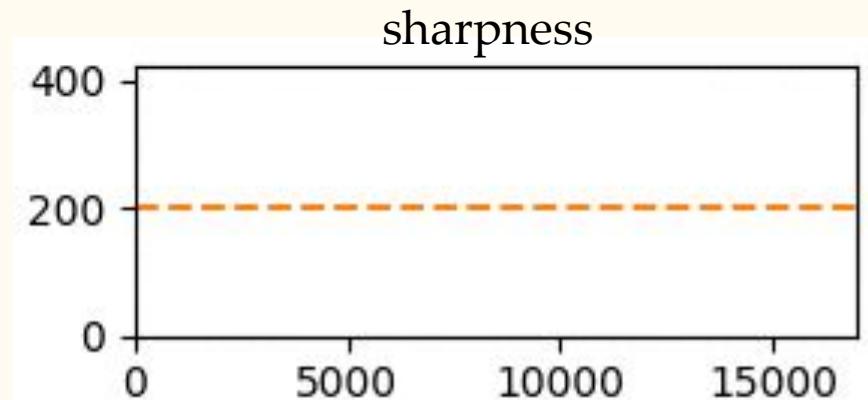
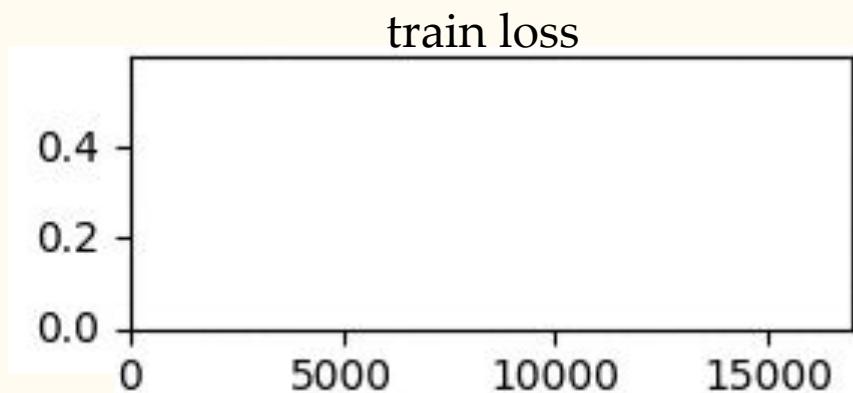


Unclear what happens next:

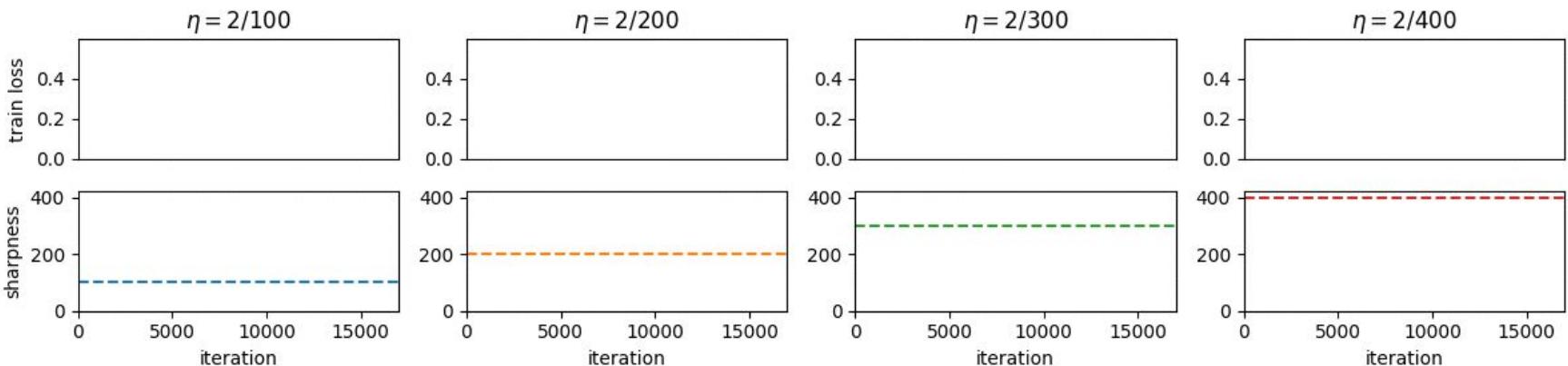
1. If loss is quadratic, GD *diverges*
2. GD might “jump” to a flatter region and *train loss stagnates*
3. GD might *not escape* local minima

*None of these happen!* GD makes progress and training loss reduces

# Updated Picture

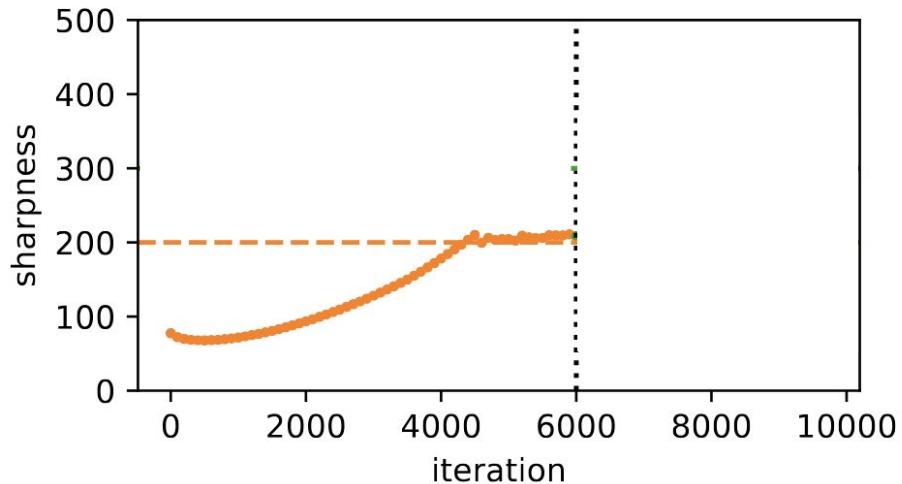
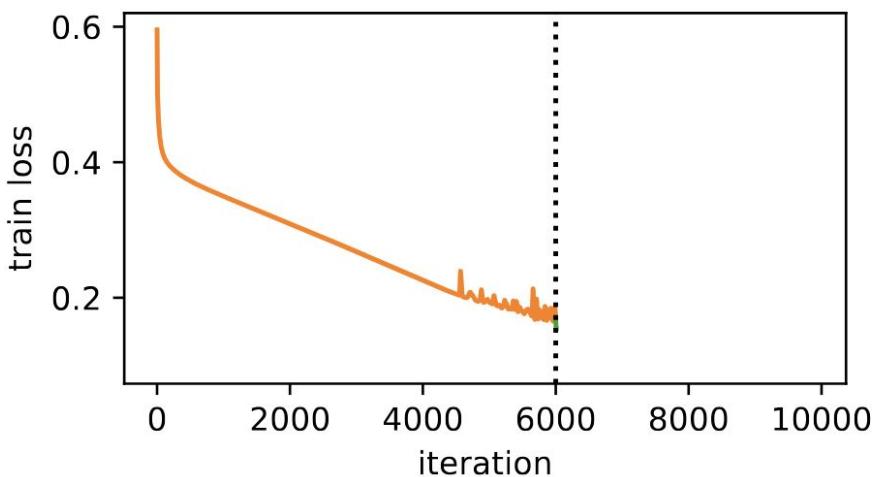


# Different Step-Sizes $\eta$



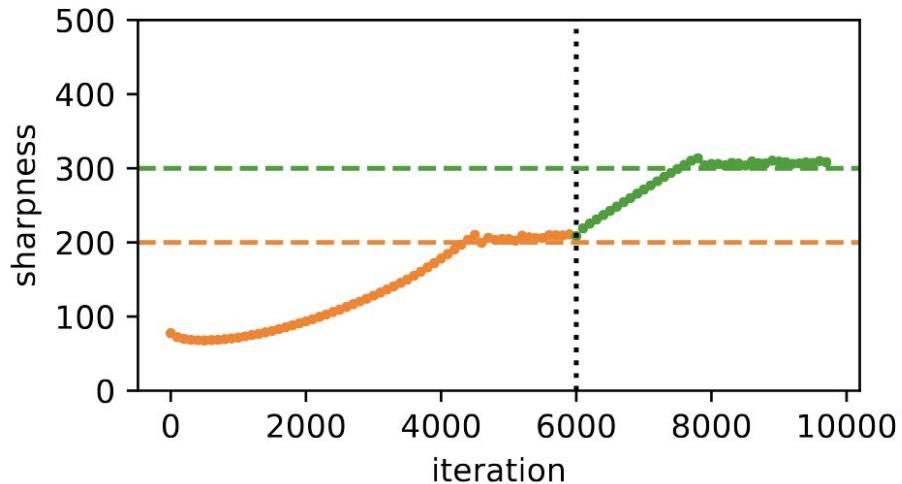
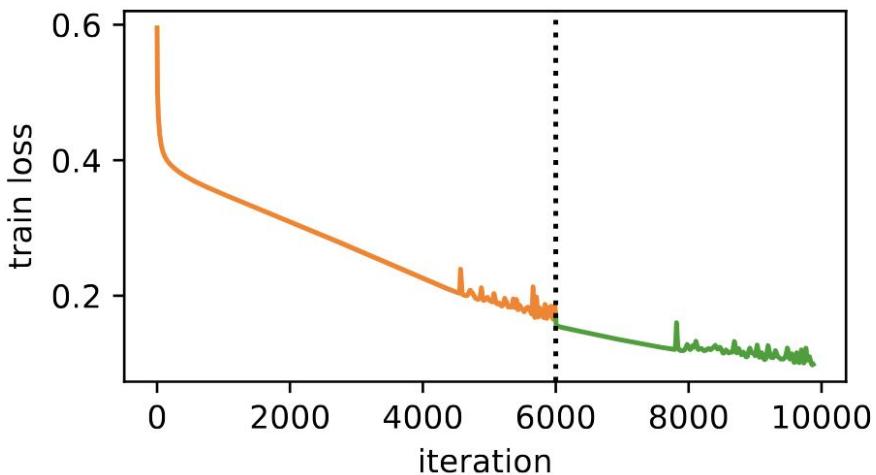
# Different Step-Sizes in the Same Run

Drop  $\eta$  from 2/200 to 2/300 at iteration 6000



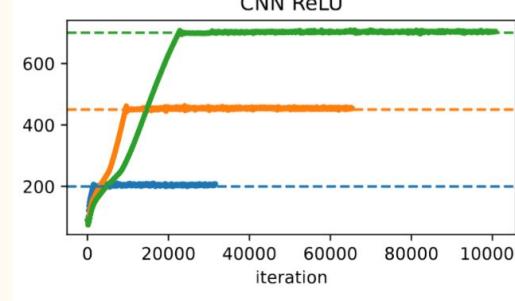
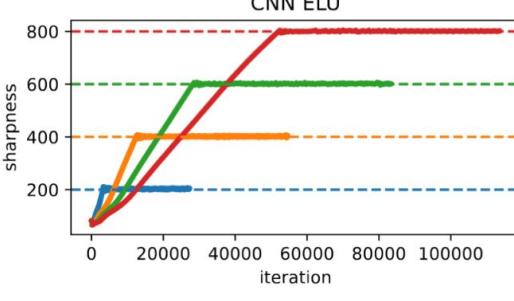
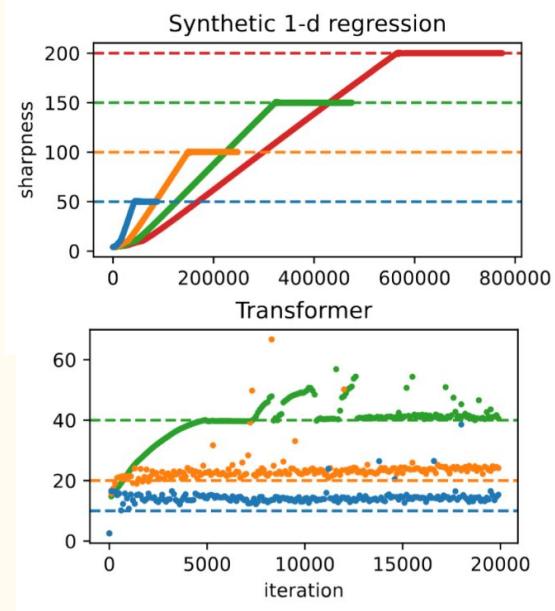
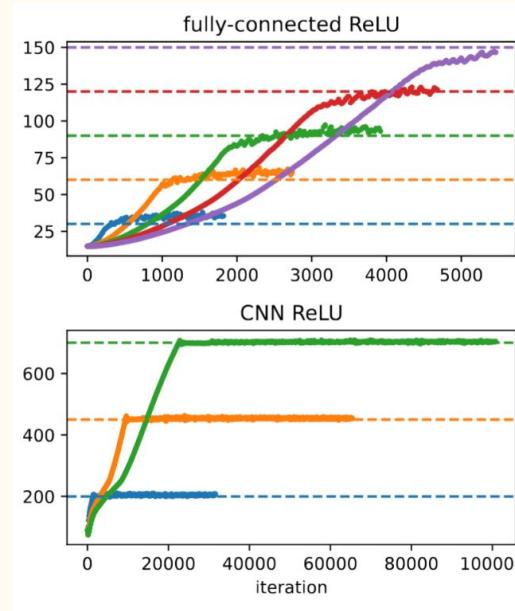
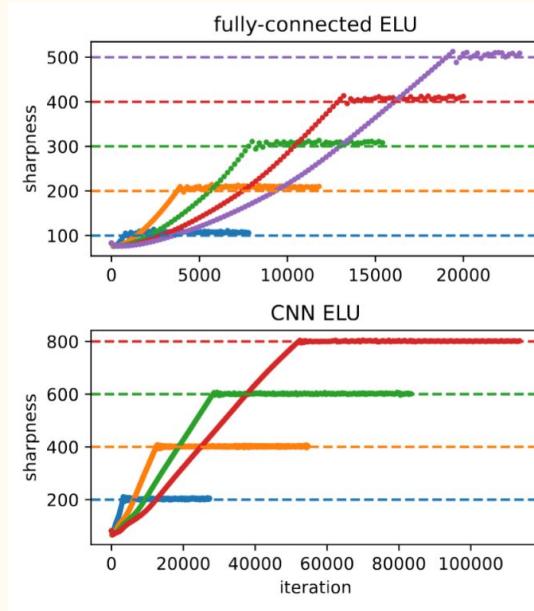
# Different Step-Sizes in the Same Run

Drop  $\eta$  from 2/200 to 2/300 at iteration 6000

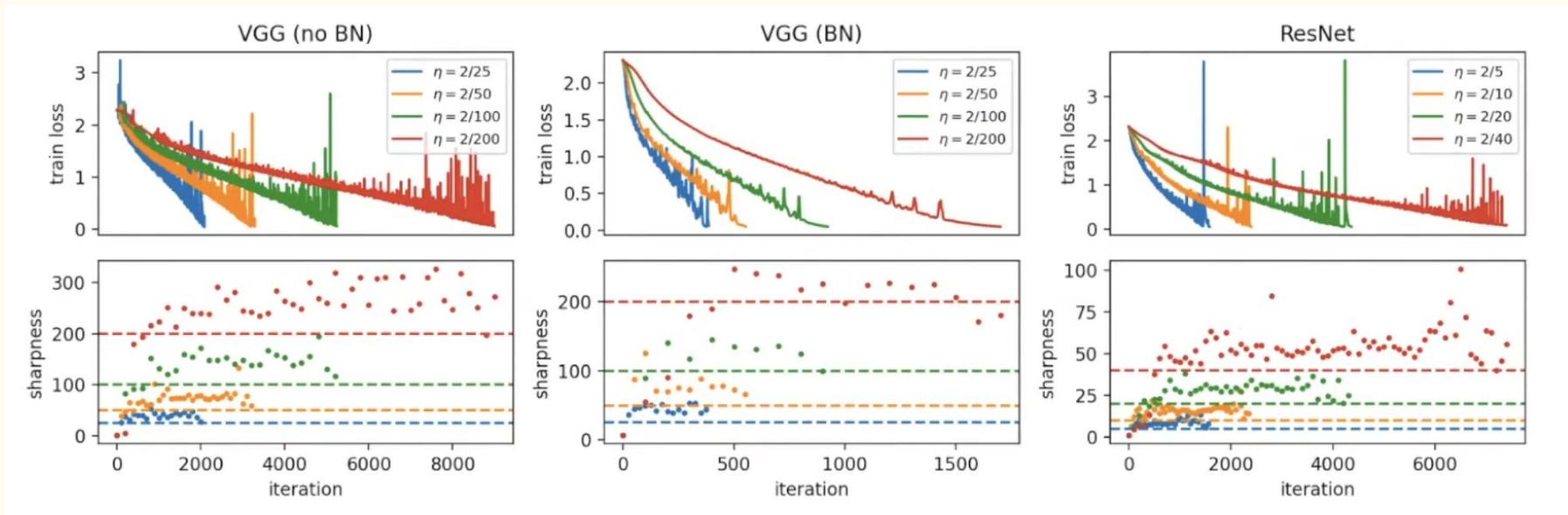


On changing  $\eta$ , GD *re-enters* the progressive sharpness regime

# Different Tasks and Architectures



# Different Tasks and Architectures

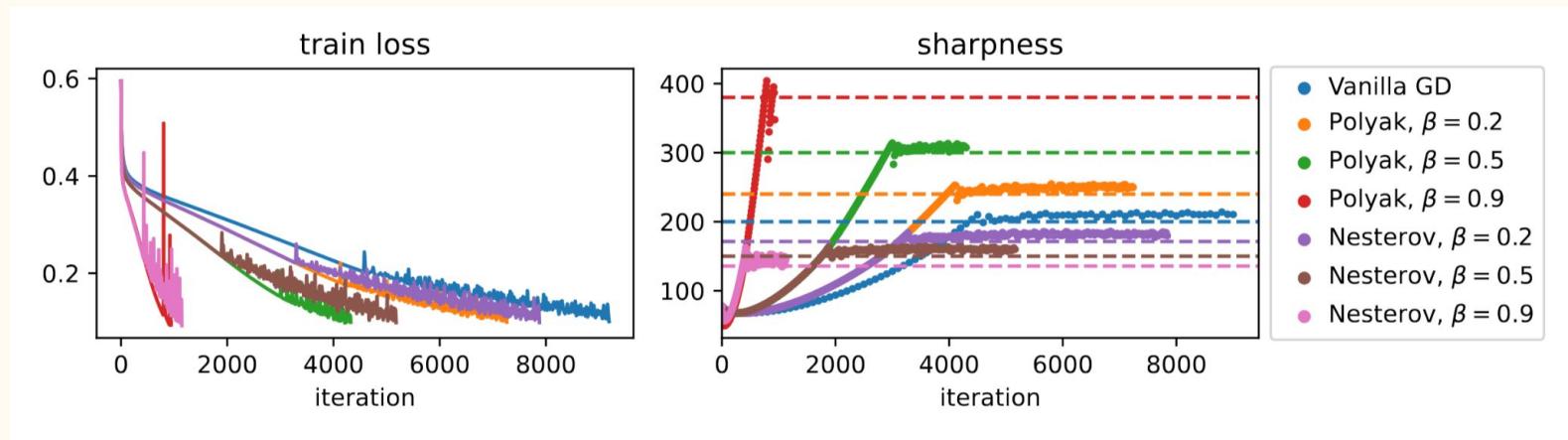


Step-size  $\eta$  used to train is 50x too large to observe progressive sharpening

# For (Some) Other Optimizers

*Polyak Momentum:*  $v_{t+1} = \beta v_t - \eta \nabla f(x_t), \quad x_{t+1} = x_t + v_{t+1}$

*Nesterov Momentum:*  $v_{t+1} = \beta v_t - \eta \nabla f(x_t + \beta v_t), \quad x_{t+1} = x_t + v_{t+1}$



Q: *Other optimizers?* It does *not* apply to SGD unless batch size is large...

# Implications for optimization theory

The behavior of gradient descent at the Edge of Stability casts doubt on traditional step-size choice — selected based on quadratic approx

Perhaps one should consider higher-order Taylor approximations?

Self-Stabilization: The Implicit Bias of Gradient Descent at the Edge of Stability

Alex Damian\*  
Princeton University  
[ad27@princeton.edu](mailto:ad27@princeton.edu)

Eshaan Nichani\*  
Princeton University  
[eshnich@princeton.edu](mailto:eshnich@princeton.edu)

Jason D. Lee  
Princeton University  
[jasonlee@princeton.edu](mailto:jasonlee@princeton.edu)

## Understanding Optimization in Deep Learning with Central Flows

Jeremy Cohen\*  
Carnegie Mellon and Flatiron Institute  
[jmcohen.github.io](https://jmcohen.github.io)

Alex Damian\*  
Princeton University  
[alex-damian.github.io](https://alex-damian.github.io)

Ameet Talwalkar  
Carnegie Mellon University

J. Zico Kolter  
Carnegie Mellon University

Jason D. Lee  
Princeton University

# Several Caveats

- ***Loss Function Choice:*** With cross-entropy loss, the sharpness often drops at end of training
- ***Architecture + Dataset:*** For shallow/wide networks, or simple datasets, sharpness does not rise to  $2/\eta$
- ***Batch normalization:*** Need to look at sharpness between iterates
- ***Non-differentiable components:*** instability sometimes begins when the sharpness is a bit less than  $2/\eta$

# Open Questions

1. *Connection to generalization:* Does the EoS regime impart inductive biases that help finding “flatter” (often also more generalizable) minima?

# Open Questions

1. *Connection to generalization:* Does the EoS regime impart inductive biases that help finding “flatter” (often also more generalizable) minima?
2. *Extension to “Fancier” Optimizers:* Does EOS arise for fancier optimizers (muon, SOAP, Shampoo, …)? If yes, can this be used to understand and *improve* their performance?

# Open Questions

1. ***Connection to generalization:*** Does the EoS regime impart inductive biases that help finding “flatter” (often also more generalizable) minima?
2. ***Extension to “Fancier” Optimizers:*** Does EOS arise for fancier optimizers (muon, SOAP, Shampoo, …)? If yes, can this be used to understand and *improve* their performance?
3. ***Edge of Stability for SGD:*** What is the correct EOS analogue for mini-batch SGD? Ongoing work...

Edge of Stochastic Stability:  
Revisiting the Edge of Stability for SGD

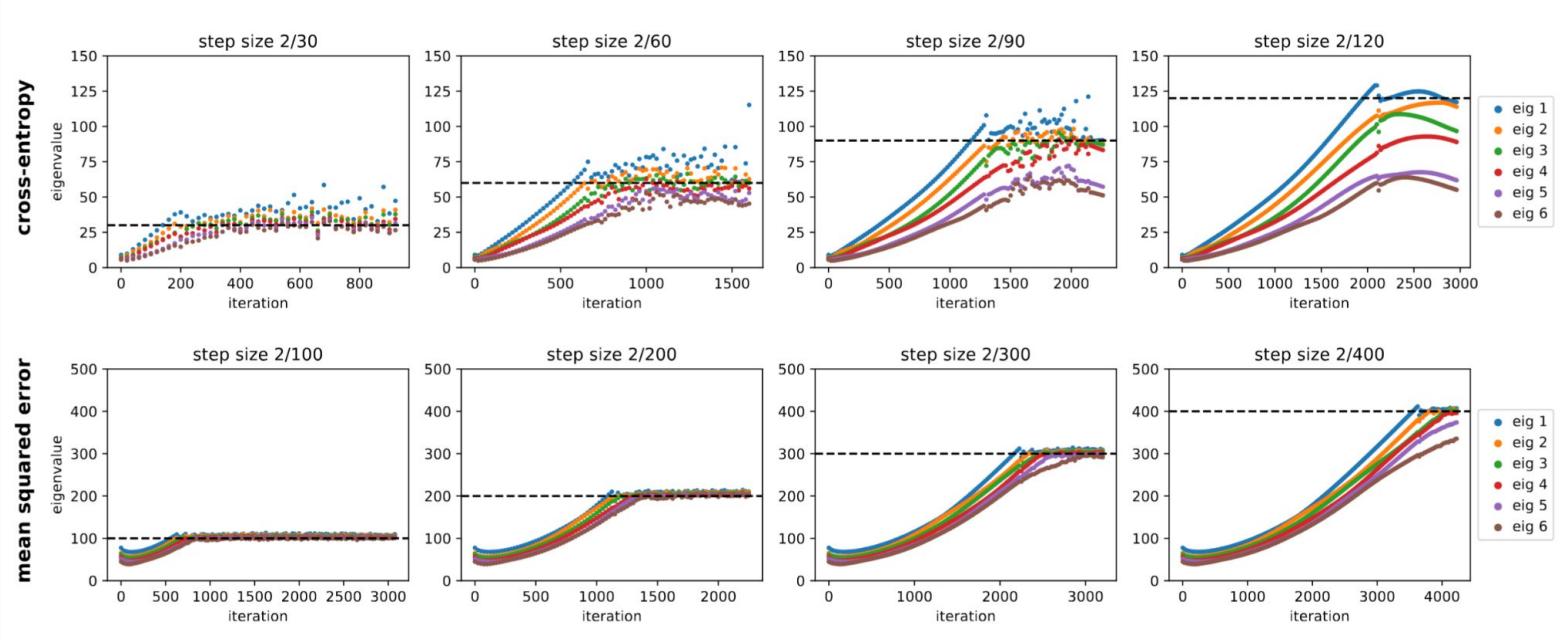
Arseniy Andreyev\*

Pierfrancesco Beneventano\*

# Appendix

---

# Next Few Eigenvalues



**Caveat:** The observation does *not* apply to SGD unless batch size is large