

Theoretical Analysis of Double Descent

Jikai Jin

Stanford ICME

February 12, 2026

This Presentation

- **The Generalization Error of Random Features Regression: Precise Asymptotics and the Double Descent Curve. Song Mei & Andrea Montanari** (arXiv:1908.05355v5)
- Goal: Explains **double descent** in a random feature ridge regression model.

Mathematical Setting: Random Features Ridge Regression

Data: $\{(x_i, y_i)\}_{i=1}^n$ with $x_i \sim \text{Unif}(\mathbb{S}^{d-1}(\sqrt{d}))$.

Teacher:

$$y_i = f_d(x_i) + \varepsilon_i, \quad \mathbb{E}[\varepsilon_i] = 0, \quad \mathbb{E}[\varepsilon_i^2] = \tau^2.$$

Random features: draw $\theta_1, \dots, \theta_N \stackrel{\text{iid}}{\sim} \text{Unif}(\mathbb{S}^{d-1}(\sqrt{d}))$ and set

$$Z_{ia} = \frac{1}{\sqrt{d}} \sigma\left(\frac{\langle x_i, \theta_a \rangle}{\sqrt{d}}\right), \quad i \leq n, \quad a \leq N.$$

Ridge regression (second layer):

$$\hat{a}_\lambda \in \arg \min_{a \in \mathbb{R}^N} \frac{1}{n} \|y - Za\|_2^2 + \lambda \|a\|_2^2, \quad \hat{f}_\lambda(x) = \sum_{a=1}^N \hat{a}_{\lambda,a} \sigma\left(\frac{\langle x, \theta_a \rangle}{\sqrt{d}}\right).$$

What Makes This “Non-Standard”?

Proportional asymptotics:

$$\psi_1 \equiv N/d \rightarrow \text{const}, \quad \psi_2 \equiv n/d \rightarrow \text{const.}$$

- **Overparameterization:** N is tunable.
- **Interpolation:** $N \gtrsim n$ allows (near) zero training error even with noise.
- **Nonlinear feature map:** the feature map is nonlinear in x .
- **Nonlinear ground-truth model:**

$$f_d(x) = \beta_{d,0} + \langle \beta_{d,1}, x \rangle + f_d^{\text{NL}}(x),$$

with f_d^{NL} an isotropic Gaussian process on the d -dimensional sphere. Signal strength: $\|\beta_{d,1}\|_2^2 \rightarrow F_1^2$. Nonlinear power: $\mathbb{E}_x[f_d^{\text{NL}}(x)^2] \rightarrow F_*^2$.

Empirical Observations

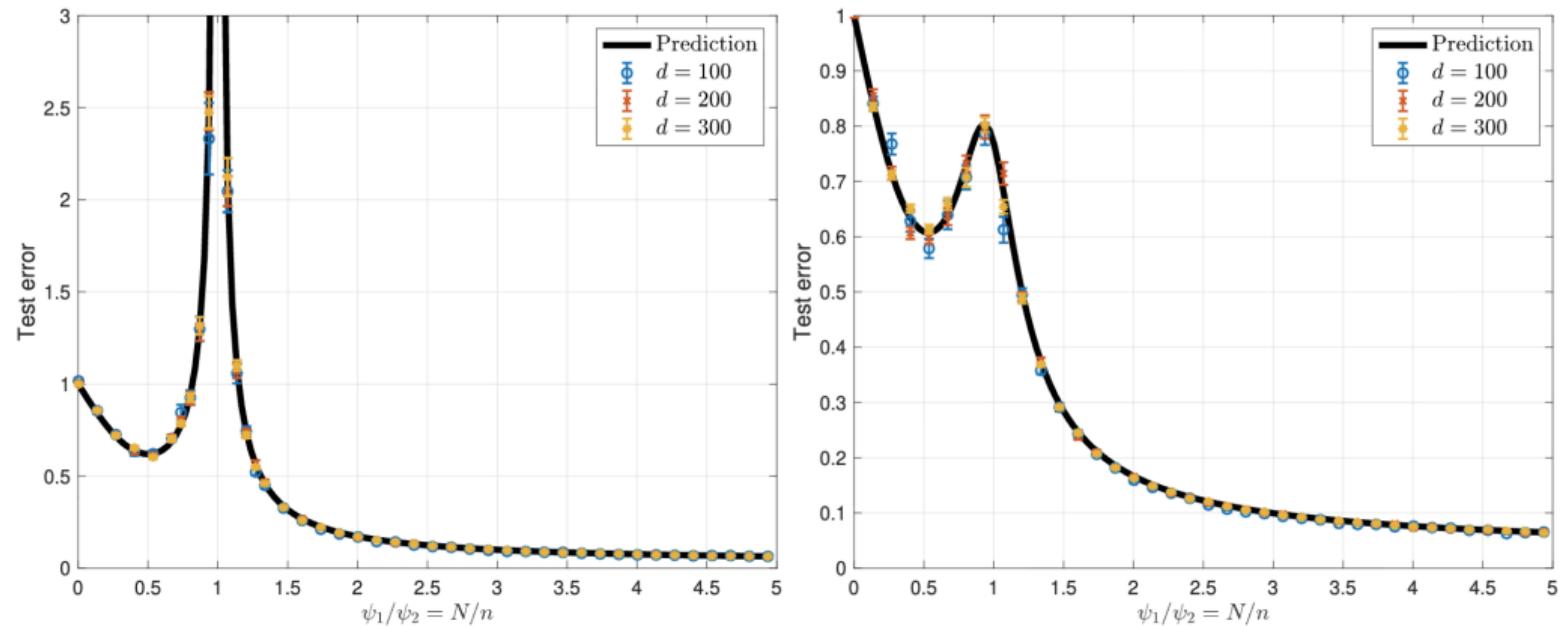


Figure 1: Random features ridge regression with ReLU activation ($\sigma = \max\{x, 0\}$). Data are generated via $y_i = \langle \beta_1, \mathbf{x}_i \rangle$ (zero noise) with $\|\beta_1\|_2^2 = 1$, and $\psi_2 = n/d = 3$. Left frame: regularization $\lambda = 10^{-8}$ (we didn't set $\lambda = 0$ exactly for numerical stability). Right frame: $\lambda = 10^{-3}$. The continuous black line is our theoretical prediction, and the colored symbols are numerical results for several dimensions d . Symbols are averages over 20 instances and the error bars report the standard error of the means over these 20 instances.

Main result: Decomposition of Test Error

$\mathcal{E}_{\text{test}}(\lambda) \rightarrow (\text{squared}) \text{ bias on linear signal} + \text{variance} / \text{noise amplification} + \text{irreducible nonlinear error.}$

Ridge on random features. Via smoothing matrix $P_\lambda := Z(Z^\top Z + \lambda I)^{-1}Z^\top$.

What is actually learned? Write

$$y = s + \eta, \quad s_i := \langle \beta_{d,1}, x_i \rangle \quad (\text{learnable linear signal}), \quad \eta_i := y_i - s_i.$$

Two consequences of $\hat{y} = P_\lambda y$.

- **Signal shrinkage (bias):** $s - \hat{y}_{\text{signal}} = (I - P_\lambda)s \implies \frac{1}{n}\|(I - P_\lambda)s\|^2$. Assuming that $\|\beta_{d,1}\|_2^2 \rightarrow F_1^2$, $\frac{1}{n}\|(I - P_\lambda)s\|^2 \rightarrow F_1^2 B(\cdot)$.
- **Noise amplification (variance):** if $\mathbb{E}[\eta\eta^\top | Z] \approx (\tau^2 + F_*^2)I_n$, then

$$\mathbb{E}\left[\frac{1}{n}\|P_\lambda\eta\|^2 \mid Z\right] = \frac{\tau^2 + F_*^2}{n} \text{Tr}(P_\lambda^2) \rightarrow (\tau^2 + F_*^2) V(\cdot).$$

What Drives Bias B ?

$$\mathcal{E}_{\text{test}}(\lambda) \approx F_1^2 \mathcal{B}(\zeta, \psi_1, \psi_2, \bar{\lambda}) + (\tau^2 + F_*^2) V(\zeta, \psi_1, \psi_2, \bar{\lambda}) + F_*^2.$$

where $\bar{\lambda} := \lambda/\mu_*^2$.

Problem size:

$$\psi_1 := \frac{N}{d}, \quad \psi_2 := \frac{n}{d}, \quad \gamma := \frac{\psi_1}{\psi_2} = \frac{N}{n}.$$

- **Underparameterized ($\gamma < 1$):** limited feature dimension \Rightarrow more signal is missed $\Rightarrow B$ tends to be large.
- **Increase ψ_1 at fixed ψ_2 (wider model):** typically improves signal transfer $\Rightarrow B \downarrow$ (away from $\gamma \approx 1$).
- **Increase ψ_2 at fixed ψ_1 (more data):** moves away from interpolation ($\gamma \downarrow$) and stabilizes estimation $\Rightarrow B$ improves smoothly.

Takeaway: bias decreases with width/data ($\psi_1 \uparrow, \psi_2 \uparrow$) and feature informativeness ($\zeta \uparrow$), but increases with ridge strength ($\bar{\lambda} \uparrow$).

Feature quality & regularization:

$$\zeta := \frac{\mu_1}{\mu_*} \quad (\text{signal/residual; shape}).$$

Activation moments ($G \sim \mathcal{N}(0, 1)$): $\mu_1 = \mathbb{E}[G\sigma(G)]$, $\mu_*^2 = \mathbb{E}[\sigma(G)^2] - \mathbb{E}[\sigma(G)]^2 = \mu_1^2$.

- **Feature informativeness ($\zeta \uparrow$):** more predictable/linear component per residual \Rightarrow less shrinkage on the learnable signal $\Rightarrow B \downarrow$.
- **Regularization ($\bar{\lambda} \uparrow$):** stronger ridge filtering \Rightarrow more shrinkage $\Rightarrow B \uparrow$.

What Drives Variance V ?

$$\mathcal{E}_{\text{test}}(\lambda) \approx F_1^2 B(\zeta, \psi_1, \psi_2, \bar{\lambda}) + (\tau^2 + F_*^2) V(\zeta, \psi_1, \psi_2, \bar{\lambda}) + F_*^2.$$

where $\bar{\lambda} := \lambda/\mu_*^2$.

Problem size:

$$\psi_1 := \frac{N}{d}, \quad \psi_2 := \frac{n}{d}, \quad \gamma := \frac{\psi_1}{\psi_2} = \frac{N}{n}.$$

- **Interpolation boundary:** V peaks near $\gamma \approx 1$ (Gram ill-conditioning), especially when $\bar{\lambda}$ is small.
- **Move away from $\gamma \approx 1$:** either $\gamma \ll 1$ or $\gamma \gg 1 \Rightarrow$ better-conditioned spectrum $\Rightarrow V$ is moderate.
- **Far overparameterized ($\gamma \gg 1$):** after the spike, amplification typically decreases.

Feature quality & regularization:

$$\zeta := \frac{\mu_1}{\mu_*} \quad (\text{signal/residual; shape}).$$

- **Regularization ($\bar{\lambda} \uparrow$):** suppresses small-eigenvalue amplification $\Rightarrow V \downarrow$ (kills the spike).
- **Residual nonlinearity ($\mu_* \uparrow$):** at fixed λ , $\bar{\lambda} = \lambda/\mu_*^2 \downarrow \Rightarrow$ effectively weaker ridge $\Rightarrow V \uparrow$ near $\gamma \approx 1$.
- **Feature informativeness ($\zeta \uparrow$):** less noise-dominated features \Rightarrow typically smaller amplification $\Rightarrow V \downarrow$.

Takeaway: variance spikes near interpolation ($\gamma \approx 1$) unless ridge is strong; $\bar{\lambda}$ largely controls the spike.

Summary

- **Model:** random features ridge regression is a simple 2-layer NN where only the last layer is trained.
- **Phenomenon:** test error can *increase* near $N \approx n$ (interpolation), but *decrease again* for $N \gg n \Rightarrow$ double descent.
- **Mechanism:** near $N \approx n$, the feature Gram matrix is ill-conditioned, so noise gets amplified (large variance).
- **Decomposition to remember:**

$$\underbrace{F_1^2 B}_{\text{bias}} + \underbrace{(\tau^2 + F_*^2) V}_{\text{variance}} + \underbrace{F_*^2}_{\text{irreducible}} .$$

Regularization (or early stopping) mainly reduces V ; width/data mainly reduce B .

- **Practical takeaway:** if possible, **use a wider model and tune regularization**—it can beat the “just-right” size near $N \approx n$.