

lumbar_rotation arm_flex arm_add 0.05 angle (rad) angle (rad) angle (rad) 0.0 -0.05 -0.2 15.0 10.0 time (s) 5.0 0.0 5.0 10.0 5.0 0.0 10.0 15.0 time (s) time (s) elbow_flex arm_rot pro_sup angle (rad) 0.0 angle (rad) angle (rad)

10.0

time (s)

0.0

5.0

10.0

time (s)

0.5

0.0

-0.4 **⊢** 0.0

5.0

10.0

time (s)

squats1_ik.mot (right leg)
squats1_ik.mot (left leg)