

lumbar\_rotation arm\_flex  $\operatorname{arm\_add}$ 0.00 angle (rad) angle (rad) angle (rad) -0.05 -0.10 -0.4 5.0 5.0 10.0 5.0 10.0 10.0 time (s) time (s) time (s) elbow\_flex arm\_rot pro\_sup angle (rad) angle (rad) angle (rad)

5.0

time (s)

10.0

0.0

5.0

time (s)

0.0

5.0

time (s)

squats1\_ik.mot (right leg)
squats1\_ik.mot (left leg)