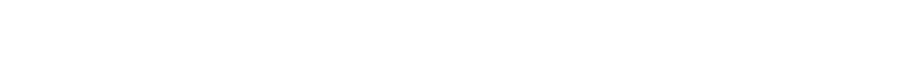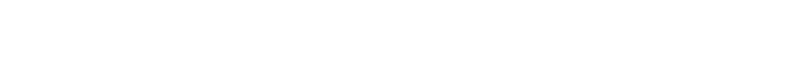```
Extend list by appending elements from the iterable
```

# Insert object before index

# Remove first occurrence of value, or raise ValueError

# Remove all items

# List Method Reference

```python
# Extend list by appending elements from the iterable
my_list.extend(iterable)

# Insert object before index
my_list.insert(index, object)

# Remove first occurrence of value, or raise ValueError
my_list.remove(value)

# Remove all items
my_list.clear()
```

More List Methods