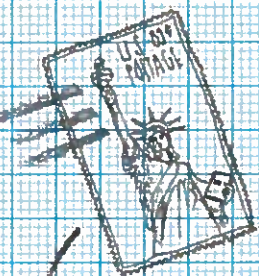


A FRIENDSHIP IN 52 weeks OF POSTCARDS

GIORGIA LUPI

Dear Data

STEFANIE POSAVEC



FOREWORD BY MARIA POPOVA

INTRODUCTION

EVER SINCE WE WERE YOUNG, WE HAVE BEEN fascinated with collecting and organizing information from the world around us.

Stefanie remembers going to baseball games with her father, helping him fill out baseball scorecards, slowly compressing inning after inning of the game into pencilled notations on two sides of paper, and feeling excited at being able to capture a moment in time into something that could be neatly tucked away and re-lived at another date.

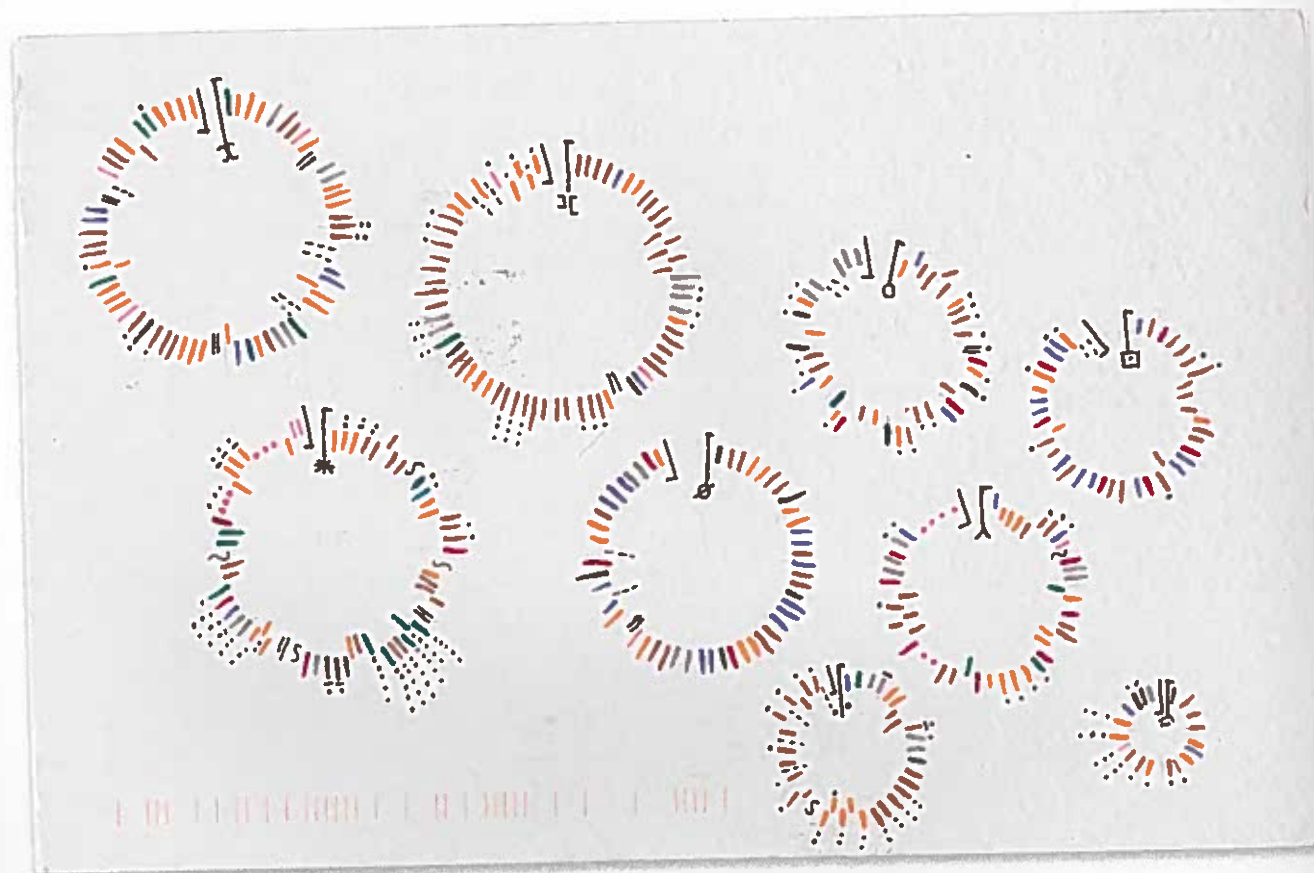
Giorgia remembers how, as a child, she loved to collect and organize all kind of items into transparent folders that she would then tag with maniacal care. Coloured pieces of papers, little stones, pieces of textiles from her grandmother's tailor-shop, buttons, sales receipts and many more formed her collections, and she remembers the pleasure of categorizing her treasures according to their colours, sizes and dimensions and drawing tiny labels to specify how to read them.

It was only later when we became adults that we realized we were collecting data, and that data was something that we could communicate with while working as information designers.

Unknowingly living almost parallel lives, when we bumped into each other at an arts festival we realized how similar they were. We were each living in a foreign country (Giorgia moved from Italy to New York, and Stefanie, who grew up in Denver, Colorado, now lives in London), we were the same age and were both only children. But, most importantly, we were visual designers who both loved drawing, and specifically drawing with data.

This book is the story of how we, Giorgia and Stefanie, became friends through revealing to each other the details of our daily lives. But we didn't do this by chatting in cafés and bars or on social media. Instead we started an old-fashioned correspondence with an unusual twist. Each week, for a year, we sent each other a postcard describing what had happened to the other during that week. But we didn't write what had happened – we drew it. And we didn't try to draw about everything that had happened to us: we selected a weekly theme.

Every Monday we chose a particular subject on which to collect data about ourselves for the whole week: how often we complained, or the times when we felt envious; when we came into physical contact and with whom; the sounds we heard around us. We then created a drawing representing this data



66 DEAR DATA
WEEK 08: PHONE ADDICTION!

HOW TO READ IT:



PLACES / sit.

- ⌘ while walking
- * while working
- II while waiting for sth or sbody
- ♂ in the Bathroom
- on the couch
- ▣ on the bed
- △ other places at home
- % cafe/restaurants shops....
- ≡ public transportation

Every circle represents a PLACE or SITUATION
where I checked my phone, somehow
ordered from left to right according
to how many times I did it in that
place.

- Every single LIVE is a SINGLE TIME place
I interacted with my phone, ordered
chronologically per each place.

COLORS; the

- reason why I picked it:
- text / email
 - social media
 - other APPS
 - check the time
 - check the weather
 - phone call
 - text with somebody who was in the room
 - to charge it
 - text / email with you
 - take pictures of our postcards!
-
- ... dots... while with ~~others' phone~~ ^{others' phones}
- I used others' phone

ATTRIBUTES:

- outside =
I picked it
PURPOSELY
→ inside =
Because of an
alert
2 = turned the
phone facing the
table not to see it
--- didn't pick it
because I didn't
want to report
= thought it was
ringing but
wasn't!

NEW YORK NY 100
GEORGIA LUP
05 NOV 2
SITUATION
me how
dies

SEND TO:

STEFANIE POSAVEC

REDAKSI: **REDAKSI**

- UK -
ENGLAND

Yes, Georgia realizes she does need to cut the cord with her phone (as do most of us). She was interested in the correlations between where she checks her phone and what she does with it, so the structure of her drawing reflects that.

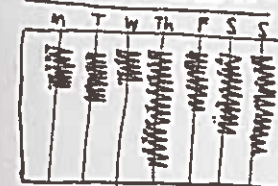


DEAR DATA-WEEK 08

A WEEK OF PHONE ADDICTION

THE DATA: I TRACKED EVERY TIME I PICKED UP MY PHONE IN THE FIRST INSTANCE. (MULTIPLE INTERACTIONS NOT TRACKED)

HOW TO READ IT:



PHONE PICKUP
MOMENTS
LISTED IN
CHRONOLOGICAL
ORDER

DRAWING
NOTES:

THIS IS A
WEEK WHERE
I SPENT
LOADS OF
TIME +
WASTED
MULTIPLE
POSTCARDS
AND I STILL
AM NOT
TOTALLY
HAPPY W/
MY DRAWING!
OH WELL,
YOU WIN
SOME, YOU
LOSE SOME.
:) STEF

FROM:
S. POSAVEL
~~XXXXXXXXXX~~
LONDON
UK



TO:

GIORGIA LUPI

BROOKLYN, NY ~~REDACTED~~

USA

BY AIR MAIL
par avion

Royal Mail[®]

REASONS FOR PICKING UP PHONE:

-
- DOING WORK
- LOOKING @ MAP
- CHECK/SEND MSGS
- CHECK THE TIME
- PLAY MUSIC
- TURN ON/OFF ALARM
- CHECK/SEND EMAIL
- FORCE OF HABIT, NO REAL REASON
- CHECK SOCIAL MEDIA
- TAKE NOTES
- CHECK TO SEE IF PHONE IS SAFE
- TO LOOK UP
- TO WILL FIND
- TO TAKE PHOTO
- TO CALL SOMEONE: ONLY FOUR TIMES!

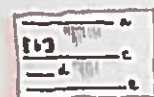
On Tuesday and Saturday Stefanie was mostly airborne and listening to music, as can be seen in her data drawing.



66 DEAR DATA

WEEK 76: HOW MANY DRESSES!

HOW TO READ IT:



This is a very literal visual representation of my wardrobe. Every single element is a DRESS / garment. Dresses are positioned exactly as they are ordered inside the wardrobe, as explained below.

NB: main categories [drawer] {other} i.e. closet at the entrance of the living room.
a = upper wardrobe, featuring from left to right:
'jackets' 'pants' 'dresses' { 'coats' } { 'benits' 'scarves' }

b = things that belong to boyfriend, located on the middle shelf.
[Everything between THICK SQUARE BRACKETS] in the drawing belongs to boyfriend ☺

c = lower part of the wardrobe, featuring:
'pants' 'shorts' 'skirts' 't-shirts' 'long' 'sweaters' 'dresses' 'flans' 'cardigans'

d = lower shelf, featuring:
'jeans' 'robe'

e = [drawers] and ground, elements in the drawers are indicated with symbols

ATTRIBUTES (only for clothes)

- = has stripes
- = has patterns
- = didn't wear for at least 1 year
- = link = same piece, # colour

SYMBOLS

- ☺ socks
- ☺ tights
- ☺ underpants
- ☺ bra
- ☺ top
- ☺ shoes
- (x) beret that belongs to a friend

FROM:
G. LUPI
BROOKLYN
NY - USA



SEND TO:

STEFANIE POSAVEC

~~BROOKLYN, NY~~

LONDON

- UK -

ENGLAND

Since everything in her closet is well ordered, colour coded and folded according to her rules, Georgia pushed this point and literally represented it visually, to show Stefanie how obsessive she is.



DEAR DATA - WEEK 16

A WEEK OF A WARDROBE *SORRY FOR THE MESS!!

THE DATA: I ONLY GATHERED DATA ON ~~WEEK~~ PROPER CLOTHING: NO SHOES, ACCESSORIES, OR JEWELLERY. NO TIGHTS, SOCKS, OR BRAS/UNDERWEAR WERE COUNTED EITHER.

HOW TO READ IT: EACH LINE = 1 ARTICLE OF CLOTHING. CLOTHING IS ORGANISED ACROSS A SPECTRUM:

| THE TEXTURE + POSITIONING OF THE LINE IS BASED ON WHERE IT IS LOCATED IN MY | 1. | 2. | 3. | 4. | 5. | 6. | TYPE OF CLOTHING: |
|---|----|----|----|----|----|----|---|
| | | | | | | | <ul style="list-style-type: none"> SPECIAL OCCASION DRESSIER PROFESSIONAL ATTIRE CASUAL PROFESSIONAL ATTIRE STREETWEAR THAT COUNTS AS PROFESSIONAL ATTIRE COS IN CREATIVE, IT'S ALSO CLUBBING + PARTY-PROOF PARTY + CLUBWEAR + FANCY DRESS THERMAL WEAR OUTERWEAR EXERCISE WEAR |

1. IN REGULAR ROTATION
2. IN REGULAR ROTATION, BUT SITUATION SPECIFIC:
 - FOR EXTREME WEATHER (NOT / INS / EXITS)
 - FOR SPECIAL OCCASIONS
 - WHAT I WEAR WHEN I FLY
3. WAS IN REGULAR ROTATION, NOW I DON'T WEAR WHY?:
 - IS WORN / DAMAGED
 - NEED RIGHT WEIT TO WEAR WITH
 - I DON'T FEEL CONFIDENT / STYLE HAS CHANGED
4. NOT IN ROTATION FOR A VERY LONG TIME, BECAUSE:
 - I MIGHT NEED IT FOR A FANCY DRESS PARTY
 - FOR SENTIMENTAL REASONS
 - IT WAS EXPENSIVE SO I CAN'T BEAR TO GET RID OF IT
 - I ONLY WASHED ONCE (SINCE WEDDING DRESS)
 - NEVER WORN

FROM:
S POSAVEC
LONDON
UK



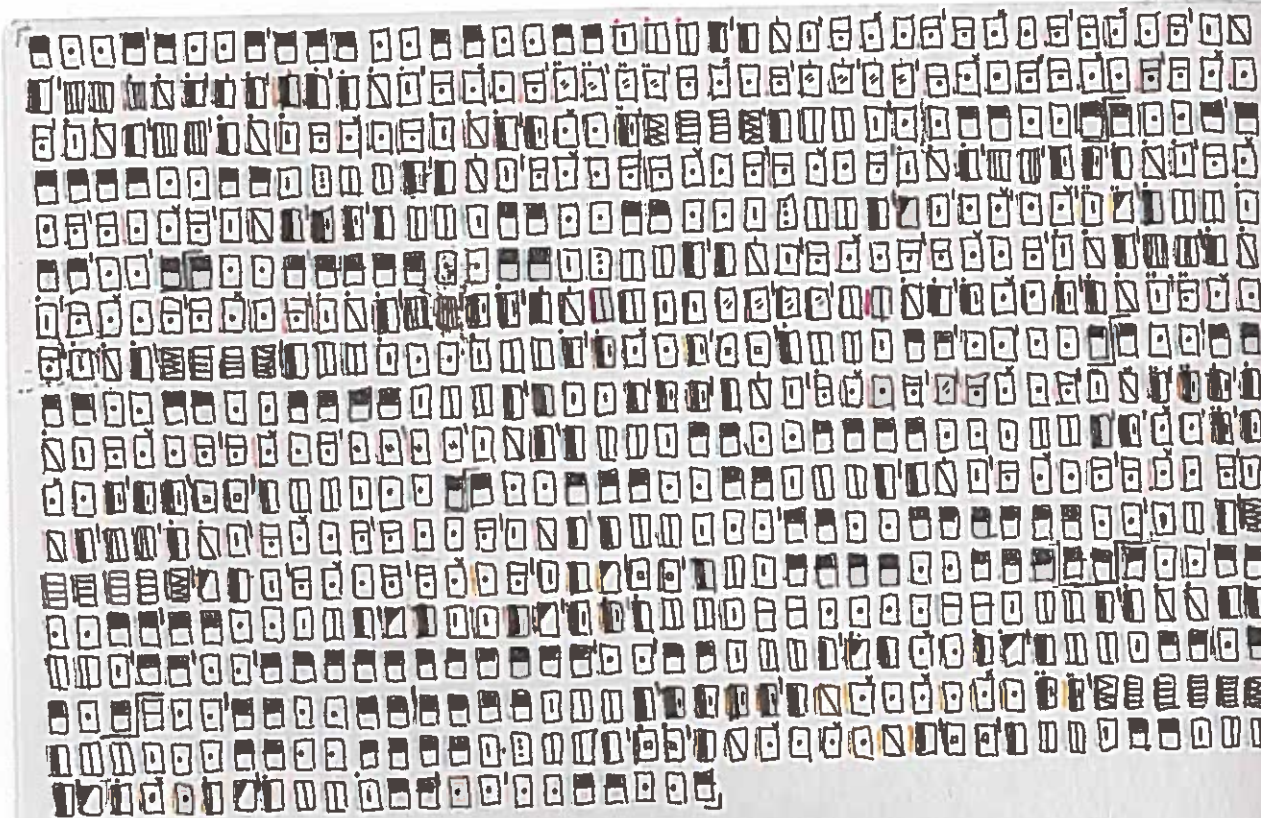
TO:
GEORGIA LUPI

~~BROOKLYN, NY~~

USA

BY AIR MAIL
par avion
Royal Mail

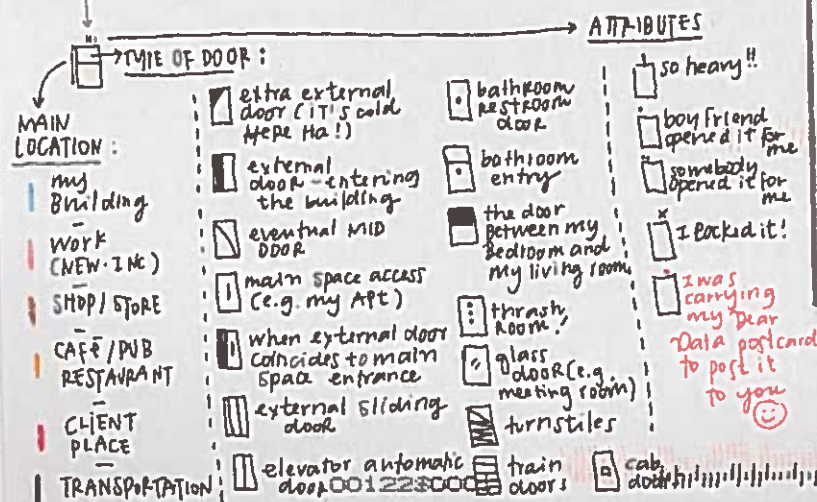
Stefanie and Georgia both came up with similar visual approaches, but that's where it ends: embarrassingly, all Stefanie's clothing during this survey was crammed into a filing cabinet!



DEAR DATA WEEK 24: DOORS' PATTERNS

HOW TO READ IT:

Every little rectangle represents a door I opened and/or passed through, in chronological order, to enter a space. (P.S. closet doors and furniture doors are not included)



NEW YORK
24 FEB 2015

FROM:
G. LUPI
BROOKLYN
NY - USA

SEND TO:

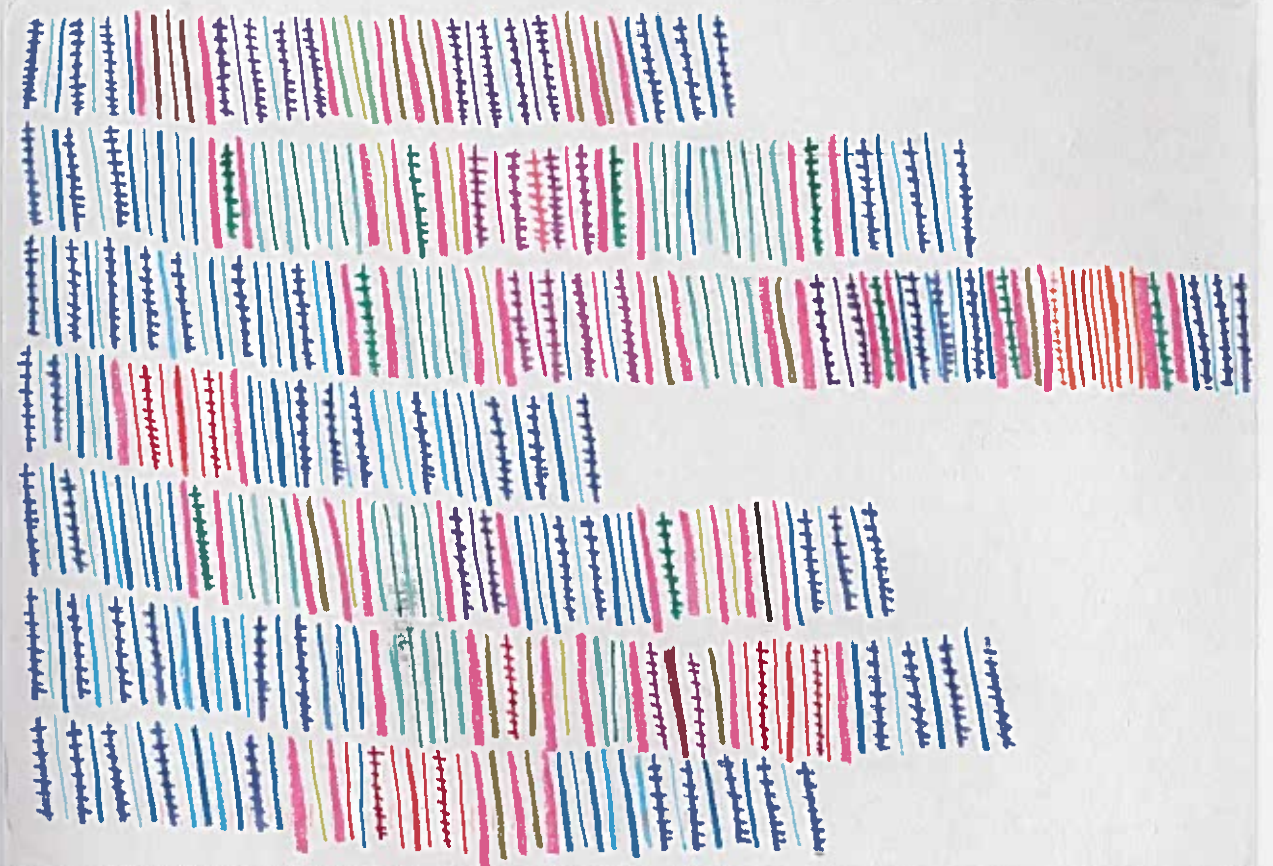
STEFANIE POSAVEC

LONDON

- UK -

ENGLAND

After spending more than six hours drawing this hyper-detailed card, Georgia texted Stefanie as she posted it: "You need to know that if this one doesn't get to you I won't redraw it. You'll see what I mean."



DEAR DATA - WEEK 24

A WEEK OF DOORS/SPACES

ABOUT THE DATA: I GATHERED DATA ON ALL OF THE SPACES I PASSED THROUGH IN THE WEEK, BOTH INTERNAL + EXTERNAL. A SPACE IS DEFINED BY WHETHER I HAD TO PASS THROUGH A DOOR OR NOT.

HOW TO READ IT:

Each space is represented by a: (CROSS-HATCHED LINES CARRY NO IMPORTANCE, MAINLY ONLY FOR DIFFERENTIATION BETWEEN SIMILAR COLOURS) THIS WAS A LAST MINUTE SPONTANEOUS DECISION ON THE SH CARD TO MAKE THE COLOURS CLEARER. SOON AFTERWARDS I HAD TO REDRAW

THE TYPES OF SPACES I PASSED THROUGH INCLUDE:



FROM:
S. POSAVEC
LONDON
UK
24 FEB 2015

Royal Mail
Jobilee
Mail Centre
06-05-2015
33509221

To: GIORGIA LUPI

BROOKLYN, NY
USA

BY AIR MAIL
par avion
Royal Mail®

Unfortunately, while Georgia's postcard arrived, Stefanie's postcard didn't, so she had to draw hers again (luckily it wasn't as detailed, but it was still supremely annoying).



DEAR DATA
WEEK 27: MEDIA!

HOW TO READ IT: This blue plant represents what I read / watched / listened to this week.
DISCLAIMER: I didn't include fiction reading / TV shows / crime podcasts (Ch!) and strictly work related stuff, to give you an idea of what interests me.

1 = upper part = "personal stuff"
2 = lower part = "professional stuff"

Every Branch is a TOPIC

- ♥ love / dating / relationships
- ✦ habits / daily routines
- ✦ childfree! (ehm!)
- ✦ New York things
- ✦ personal - self improvement
- Book reviews
- ✓ etiquettes

- general design
- UX / UI / dataviz
- business strategy
- III team management
- visual perception
- ✦ social media stuff

Topics are positioned from LEFT to RIGHT according to 1st article I read chronologically

EVERY LEAF IS 1 article / piece

if LEAF is on the LEFT = it so much clicked with me!
if LEAF on the RIGHT = just OK!
if EMPTY LEAF = didn't finish it ☹

Color = Type
Length = reading time
what was I doing?

SENT TO: RECEIVED FROM:
friend
boyfriend
coworkers
you
person you know
boyf. friend

FROM:
GIORGIA
BROOKLYN
NY - USA -

SEND TO:

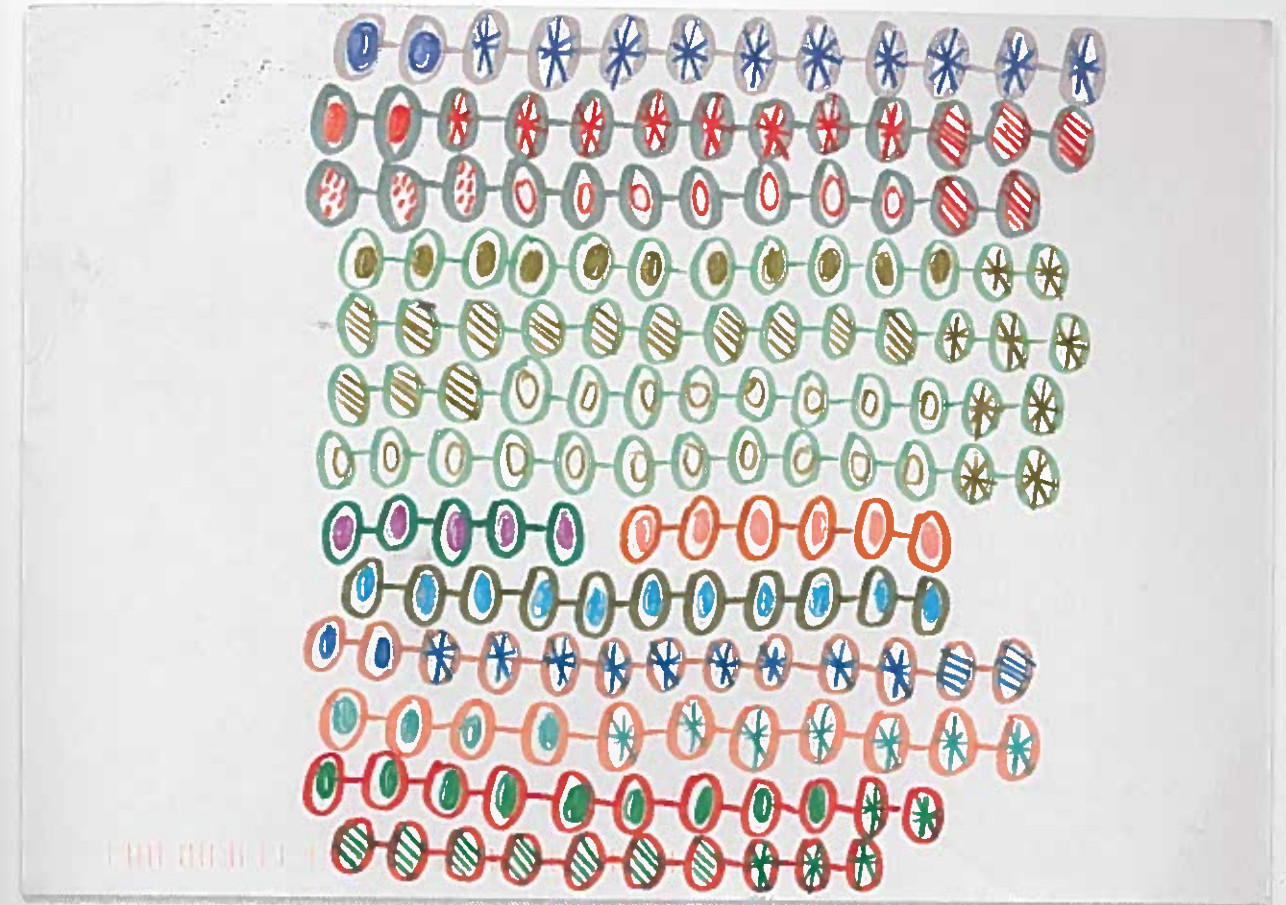
STEFANIE POSAVEC

LONDON

- UK -

ENGLAND

Why does Georgia always draw with a black pen to begin with? As an incredibly bold move, she used blue this time instead.



DEAR DATA - WEEK 27
A WEEK OF MEDIA*

OR, THANK GOODNESS THE INTERNET IS TRACKING ME

THE DATA:
DUE TO THE BIGGEST DATA VOID EVER, I BLANKED TRACKING THIS WEEK. THANKFULLY THE INTERNET IS WATCHING MY EVERY MOVE. IT'S BRILLIANT! HAH! HA... OH.

THIS CARD SHOWS ALL PROPER ARTICLES THAT I READ ONLINE ON MY PHONE + LAPTOP. I'VE CHOSEN TO FOCUS ONLY ON TEXT-BASED CONTENT. ONLY BROWSER-BASED CONTENT WAS COUNTED.

HOW TO READ IT:

EACH ○ REPRESENTS ONE ARTICLE. COLOUR AND TEXTURE INDICATE THE ARTICLE'S CONTENT:

APPEARANCE: BEAUTY FASHION FOOD + DRINK SCIENCE TECH
LONDON: SINGLE MISCELLANEOUS ARTICLES NEWS: UK WOMEN'S WORLD
CULTURE: ART CELEBRITY LANGUAGE / LITERATURE FILM TV MUSIC
DESIGN: COLOUR DATA VIZ GRAPHIC TYPE-DESIGN GRAPHY SEX RELATIONSHIP

FROM:
S. POSAVEC
LONDON
UK

73-01-2015

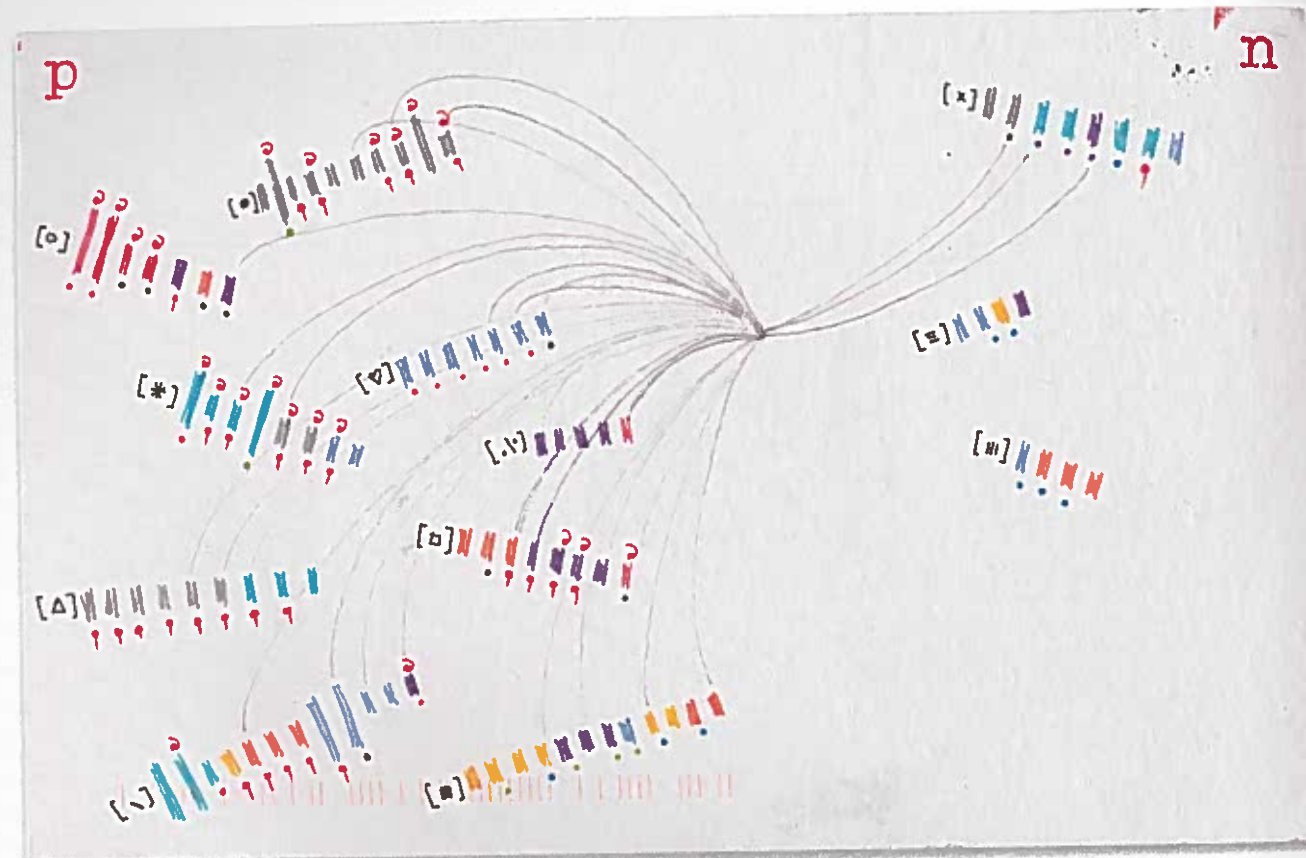
www.briceweek.org

TO:
GIORGIA LUPI
BROOKLYN, NY
USA

BY AIR MAIL
par avion

Royal Mail®

Besides Week Two, this is the only week where Stefanie unintentionally relied on technology for her data-gathering (and thank goodness, otherwise she would have had to send an empty postcard to Georgia).



66 DEAR DATA WEEK 29: MY BOYFRIEND

HOW TO READ IT?

This week I noticed and recorded everything that my boyfriend did that caused any emotional reaction on me.

Each group represents a type of action

Each single bar is the actual action, in chronological order

CONNECTIONS = things that can likely happen in a regular week = always

P = positive ones

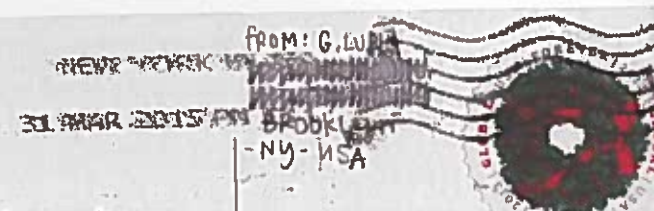
N = negative ones

[.] SYMBOL = TYPOLOGY

- helped me physically
- helped me in general
- took special care of me
- showed me love
- reassured me
- put my needs before his own
- let me do weird stuff
- figured out stuff I couldn't
- showed me how wise and better he is!
- forgot something
- was stubborn
- didn't do stuff I expected

ELEMENTS

- red dot above = if present it means I said THANK YOU
- || = intensity of the action
- || = regular
- || = very special thing
- DOT BELOW = my reaction!
- surprised
- pleased
- felt better!
- wouldn't have noticed
- annoyed
- irritated
- void = nothing particular



SEND TO:

STEFANIE POSAVEC

LONDON

- UK -

ENGLAND

Georgia found this an incredibly useful exercise for the week: it made her acknowledge the feelings her partner triggered, and counting and visualizing it made her see how she took his love and care for granted.



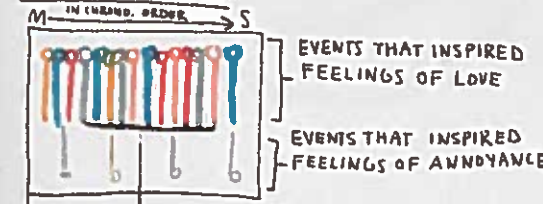
DEAR DATA - WEEK 29

A WEEK OF MY HUSBAND

OR THANKS, HUSBAND, FOR LETTING ME PUBLISH YOUR DATA

THE DATA: I TRACKED ALL OF THE TIMES MY HUSBAND INSPIRED FEELINGS OF LOVE IN ME, AND ALL OF THE TIMES HE INSPIRED FEELINGS OF ANNOYANCE!

HOW TO READ IT:



LINE SHOWS WHEN WE WERE ON HOLIDAY, MY HUSBAND GOT OFF LIGHTLY THIS WEEK!

FEELINGS OF LOVE:

- 8 HIS BODY
- 6 HIS GENERAL APPEARANCE
- 6 BEING KIND + COURTEOUS TO ME
- 6 HOW HE WEARS HIS CLOTHES WELL
- 5 PHYSICAL CONTACT
- 5 PERSONALITY
- 5 HIS SHOT BUT ENDEARING JOES
- 5 HIS SUPPORT OF DEAR DATA!
- 4 HIS PATIENCE WHEN I'M AT MY DESK
- 3 HE MAKES ME LAUGH
- 3 HIS CONFIDENCE
- 3 HIS SMILE AND

FEELINGS OF ANNOYANCE:

- 5 TECHNICAL DIFFICULTIES
- 5 SWEARING AT PHONE
- 5 LOSING CHARGERS, ACTING LIKE HE LIVES IN THE 19TH CENTURY!
- 5 SNORING + OTHER ANNOYING RESPIRATORY SOUNDS!
- 5 BITTERING WHILE TAKING PHOTOS: HE ALWAYS TAKES AGES
- 5 FIDGETING CONSTANTLY
- 5 I DON'T KNOW, NOTES SAID 'BEING ANNOYING'
- 5 HE'S PLEASED W/ MY APPEARANCE EVEN WHEN I'M NOT!

FROM: S. POSAVEC
LONDON
UK

TO: GEORGIA LUPI

BROOKLYN, NY

USA

BY AIR MAIL
par avion
Royal Mail®

Since she was using his data, Stefanie asked her husband to approve the final postcard: due to "His Body" being the thing that most often inspired feelings of love, he asked her to add a caveat in red pen!



66 Dear Data WEEK 50: iPhone SURVEY

HOW TO READ IT:

A This week I surveyed my iPhone.
B AS you can tell (⊕) every element
C represents an APP I have on my phone,
the icon should resemble the actual
Icon.

APP POSITIONING

- (A) the 4 apps I have on my dock
- (B) apps on the main screen / space
- (C) apps on the second screen (swipe right)

CATEGORIES

apps within a category, macro folder

apps attributes:

- How often do I use it?

regularly daily hourly almost never NEVER used it

- have been used for Bear Data Tracking

- designed by a friend

- notification appeared while drawing the postcard

- I deleted it and downloaded it back into the past

NEW YORK
25 AUG 2015



SEND TO:

STEFANIE POSAVEC

LONDON

- U. K. -

ENGLAND

Before the end of the project, for once, Georgia added illustrated details to her data-drawing to portray her phone to Stefanie in a more explicit way. (But she hates how the postcard looks) :(



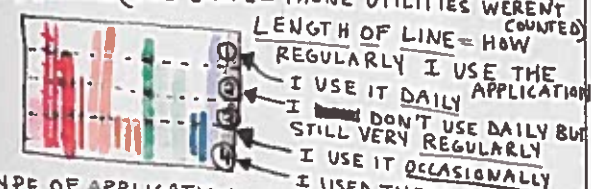
DEAR DATA WEEK 50!!!!!!

A WEEK OF MY PHONE

ABOUT THE DATA: THIS POSTCARD IS DEDICATED TO THE LOVING MEMORY OF MY PHONE, WHICH DIED THIS WEEK + IS NOW ONLY A COLD BRICK OF GLASS + METAL. I TRIED TO CREATE A SURVEY OF THE BACKUP I HAVE OF MY PHONE WHILE I WAIT TO GET A NEW ONE!

HOW TO READ IT:

EACH LINE REPRESENTS ONE APPLICATION ON MY PHONE (PRE-LOADED PHONE UTILITIES WERENT COUNTED)



TYPE OF APPLICATION

- BANKING
- CALENDAR
- CHAT: VIDEO OR MESSAGE
- DATA-GATHERING (FOR BEAR DATA)
- FITNESS / MOVEMENT-TRACKING
- GAME
- EMAIL
- MAP
- MEDIA PLAYER (USEFUL PURPOSE)
- MEDITATION
- MUSIC
- NEWS
- PERIOD TRACKER
- SPECIAL KEYBOARD
- READING BOOK / ARTICLES
- SOCIAL MEDIA
- TRANSPORT / JOURNEY PLANNER
- TRAVEL / AIRLINES / ACCOMMODATION
- WEATHER
- WEB SEARCH / BROWSER
- WORK / PRODUCTIVITY

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FROM: SPOSAVEC

LONDON

UK

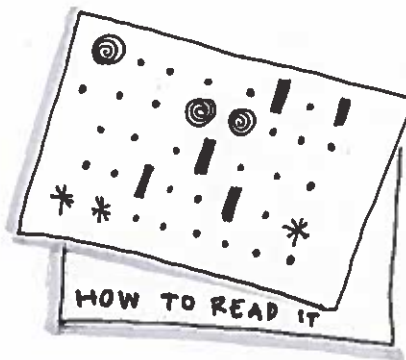
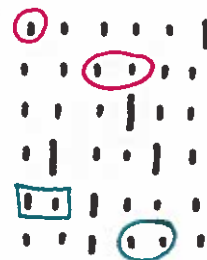
TO: GEORGIA LUPI

BROOKLYN, NY

USA

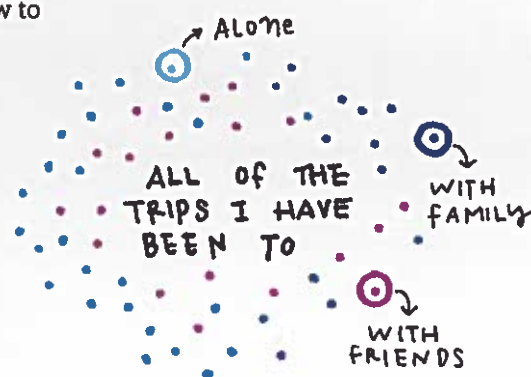
Since Stefanie's phone had died, she used a back-up of all of her applications to piece together which ones she was using at the time of its demise.

IT'S NOT THAT HARD!



SEE THE WORLD AS A DATA COLLECTOR

Data permeates our days and our lives, it's just a matter of learning how to recognize it.



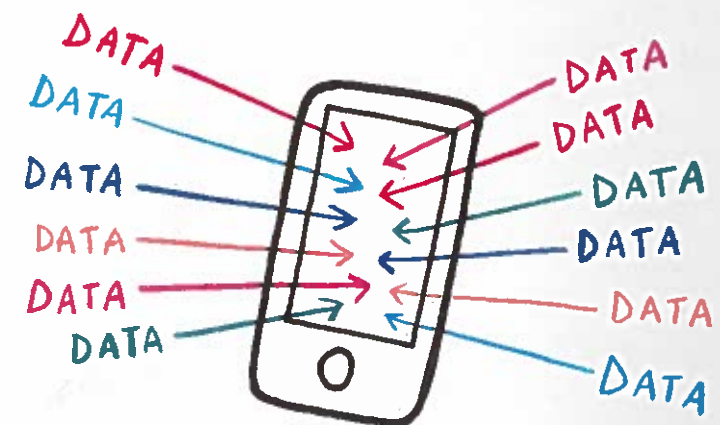
BEGIN WITH A QUESTION

Begin with a primary question: what do you want to know and explore? Then enrich the data (and give the drawings depth) by asking additional smaller, contextual questions.

| ALL OF THE TIMES I COMPLAIN: | |
|---------------------------------------|---|
| ① | WHAT IS MY COMPLAINT ABOUT? » MAIN QUESTION |
| ++ | IS IT REALLY NECESSARY? |
| ++ | WHO DO I COMPLAIN TO? |
| ++ | WHAT DOES IT SAY ABOUT ME? |
| ++ | (...) |
| ② ADDING FURTHER DETAILS and CONTEXT. | |

GATHER THE DATA

Thank goodness for modern technology: input manually-gathered data into note-taking or data-gathering apps on your phone, all the while being immediate, truthful, and consistent with your data-gathering.



SPEND TIME WITH DATA

Before starting to visualize, always analyze and spend time with your data, searching for patterns and trying to understand it at a deeper level.

DATASET

| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|-----|-----|-----|-----|-----|-----|-----|
| ... | ... | ... | ... | ... | ... | ... |
| ... | ... | ... | ... | ... | ... | ... |
| ... | ... | ... | ... | ... | ... | ... |
| ... | ... | ... | ... | ... | ... | ... |
| ... | ... | ... | ... | ... | ... | ... |
| ... | ... | ... | ... | ... | ... | ... |

LOWEST VALUES

HIGHEST VALUES

LEAVE THIS OUT

INTERESTING!

ORGANIZE AND CATEGORIZE

Often it's good to simplify the data by grouping it into larger categories based on what will best communicate the story.

FEMALE FRIENDS

NATALIE
BLAISE SARAH
MIRIAM

LEISURE ACTIVITIES

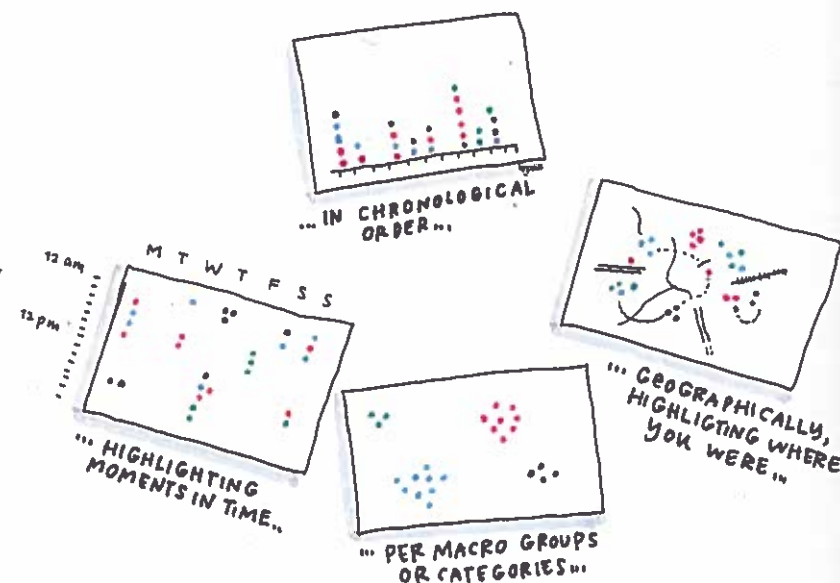
READING
CYCLING
GARDENING
COOKING
RUNNING

ANIMALS

DUCK
ELEPHANT
CAT SQUIRREL
DOG FOX

FIND THE MAIN STORY

Starting with the patterns discovered in the data, decide what the main story is for the drawing. Finding the data's focus helps decide the layout of a data drawing.



VISUAL INSPIRATION TO BUILD YOUR PERSONAL VOCABULARY

Lose yourself in images, using the aesthetic qualities of the features you are attracted to as visual inspiration for the drawing.

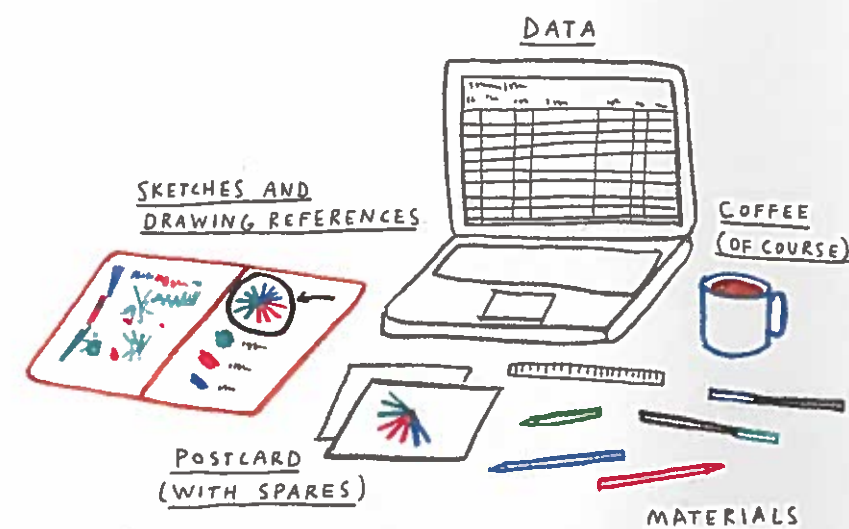


SKETCH AND EXPERIMENT WITH FIRST IDEAS

Explore ideas by sketching and playfully experimenting with form, colour, and materials in a freehand fashion as you decide the visual elements that will represent every part of the data.

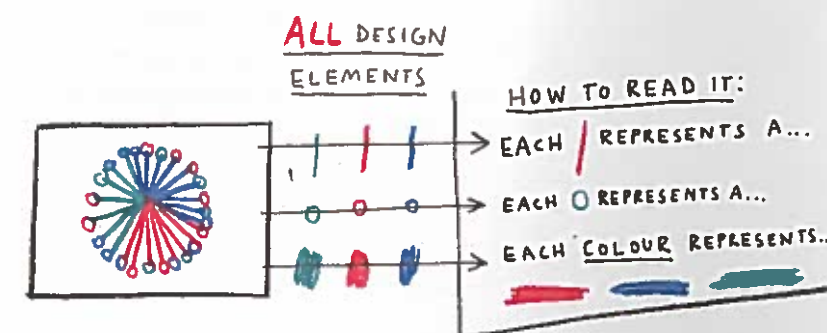
DRAW THE FINAL PICTURE

After sketching and testing ideas for a data-drawing, you'll find an approach that works. Then create your drawing, ensuring it includes all the tiny details, trying to make it as beautiful (and as understandable) as you can.



DRAW THE LEGEND

Creating a legend starts with a question: "What does someone need to read my data-drawing?" In the legend, every design element that represents data is listed so the recipient understands what everything means.



AND FINALLY,
SEND IT ON
ITS WAY!

