Protocol

(Except it’s only a protocol in the most general sense: the protocol for baking banana bread)

Banana Bread

3 ripe bananas, mashed      1/2   oil

2 eggs                                1/4 c milk w/1 tbsp vinegar

1 1/2 c flour                         1 tsp baking soda

3/4 c sugar                          1 tsp vanilla           1/2 tsp salt

1 c chopped walnuts

Preheat oven to 350 degrees.  Grease and flour pan loaf pan. Combine all ingredients and mix well.  Bake 1 hour and 15 mins until top is golden and slightly split.

Grammy Lambert