

## 口试 常用词

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## 1. 环境卫生

- 公共场所: public areas  
gōnggòngchǎngsuǒ
- 乱丢垃圾: littering  
luàndiūlājī
- 污染环境: pollute the environment  
wūrǎnhuánjìng
- 不雅观: not a pleasant sight  
yǎguān
- 伊蚊滋生: breeding of mosquitoes  
yīwénnzīshēng
- 骨痛热症: dengue fever  
gǔtòng rè zhèng
- 危害健康: affecting the health  
wēihàijiànkāng
- 环境卫生: environmental cleanliness  
huánjìngwèishēng
- 缺乏公德心: lack of civic-mindedness  
quēfágōngdé
- 尽一分力: to play a role  
jìnyìfēnlì
- 身体力行: do something personally  
shēntǐlìxíng
- 同心协力: work together  
xíélì
- 鼓励: encourage  
gǔlì
- 积极参与: involve actively  
jījīcānyù
- 从小做起: start young  
cóngxiǎozuòqǐ
- 培养习惯: cultivate a habit  
péiyǎngxíguàn
- 自发意识: self-awareness  
zìfāyìshí
- 国民道德素质: national moral qualities  
guómíndàodé sùzhì
- 社会责任心: social responsibility  
shèhuì zérènxīn
- 爱护环境的意识: sense of caring for the environment  
àihù huánjìng de yìshí
- 多一个人就多一分力量: with more volunteers, we can achieve greater good  
duōyīgè rén jiù duō yì fēn lì liàng
- 保护环境, 人人有责: protecting the environment is everybody's responsibility  
bǎohù huánjìng rén rén yǒu zé
- 花园城市: Garden City  
huāyuánchéngshì
- 国家环境局: National Environment Agency (NEA)  
guójiā huánjìng jú

- 制作公益广告: to produce advertisement for public welfare  
zhì zuò gōng yì guāng gào
- 鼓励 : encourage  
gǔ lì
- 张贴海报: put up posters  
zhāng tiē hǎi bào
- 周会: assembly  
zhōu huì
- 品格与公民教育: Character and Citizenship Education  
pǐn gé yǔ gōng mǐn jiàoyù
- 巡逻: patrol  
xúnlù
- 警告: warning  
jǐnggào
- 罚款: fine  
fákuǎn
- 垃圾虫: litter bugs  
lājīchóng

## 2. 健康生活

- 运动: sports
- 跆拳道: taekwondo  
tàiquándào
- 足球: soccer
- 马拉松: marathon  
mǎlāsōng
- 羽毛球: badminton
- 田径: track and field  
tiánjìng
- 排球: volleyball  
páiqiú
- 健身: gym  
jiànshēn
- 体育馆: stadium  
tǐyùguǎn
- 乒乓球: table tennis  
pīngpāngqiú
- 休闲活动: leisure activities  
xiūxián
- 游泳: swim
- 骑脚踏车: ride bicycle  
qíjiǎochē
- 全麦面包: whole wheat bread  
quánmàimiàn
- 户外活动: outdoor activities

- 攀岩活动: Rock climbing  
pānyán
- 均衡饮食: balanced diet  
jūnhéngyǐnshí
- 卡路里: calorie  
kǎlùlǐ
- 碳水化合物: carbohydrates  
tànnshuǐhuàhéwù
- 蛋白质: protein  
dànbái
- 矿物质: mineral  
kùàngwùzhì
- 快餐: fast food  
kuàicān
- 锻炼身体: exercise  
duànliàntǐ
- 课程辅助活动: CCA  
kèchéngfǔzhù
- 体育课: Physical Education
- 身体检查: check-up  
shēntǐjiǎnchá
- 高热量: high-calorie  
gāorèliàng
- 饮料: beverage  
yǐnliào
- 糖尿病: diabetes  
tángniàngbìng
- 高血压: High blood pressure
- 肥胖: over weight  
féipàng

### 3. 环保

- 生态平衡: ecological balance  
shēitāipínghéng
- 环境: environment  
huánjìng
- 污染: pollution  
wūrǎn
- 全球暖化: global warming  
quánqiúnuǎnhuà
- 气温上升: rising temperature  
qìwēnshàngshēng
- 垃圾: rubbish  
lājī
- 地球: earth  
dìqiú
- 再循环: recycle  
zàixúnhuán

- 再使用: reuse  
zài shǐ yòng
- 节省: save  
jié shěng
- 能源: energy resources  
néng yuán
- 回收: recycle  
huí shōu
- 气候异常: climate change  
qì hòu yì cháng
- 破坏: destroy  
pò huài
- 水土流失: erosion  
shuǐ tǔ liú shī
- 绿色组织: environmental organization  
lǜ sè zǔ zhī
- 空气新鲜: fresh air  
kōng qì xīn xiān
- 多种树: plant more trees  
duō zhǒng shù
- 温室效应: greenhouse effect  
wēn shì xiào yìng
- 节能灯: save energy lights  
jié néng dēng
- 少开空调: use less air conditioner  
shǎo kāi kōng tiáo
- 灭绝: extinction  
miè jué
- 冰山融化: melting glacier  
bīng shān róng huà
- 塑料袋: plastic bags  
sù liào dài
- 气候变化: climate change  
qì hòu biàn huà
- 电动车: electric car  
diàn dòng chē
- 太阳能: solar energy  
tài yáng néng
- 节约: conserve  
jié yuē
- 绿色标签: green label  
lǜ sè biāo qiān
- 低碳: low carbon  
dī tàn
- 碳排放量: carbon emissions  
tàn pái fàng liàng
- 环保袋: recycled bag  
huán bǎo dai
- 防止: prevent  
fáng zhǐ
- 世界地球日: earth day  
shì jiè dì qiú rì

- bǎohù dì qiú rén rén yǒu zé 保护地球，人人有责: protecting earth is everyone's responsibility

#### 4. 网络与科技

- diànzǐ chǎnpǐn 电子产品: Electronics
- gāokējì chǎnpǐn 高科技产品: High-tech products
- 网络: internet
- píngbǎndiànnǎo 平板电脑: iPad
- zhìnéng 智能手机: smart phone
- 电子书阅读器: kindle
- píngmù 屏幕: screen
- jiànpán 键盘: keyboard
- shǔbǐāo 鼠标: mouse
- chōngdiànqì 充电器: charger
- ruǎnjiàn 软件: software
- yìngyòngchéngxù 应用程序: application
- shìpín 视频: video
- fābùzhàopiàn 发布照片: post photo
- shàngchuán 上传: upload
- xiàzài 下载: download
- fēnxiǎng 分享: share
- diǎnzàn 点赞: like
- fābiǎopínglùn 发表评论: comment
- gǔgēkèshì 谷歌课室: google classroom
- shèjiāoméitǐ 社交媒体: social media
- miànbù liǎnshū 面簿、脸书: Facebook
- zàixiànlínliáotōnggōngjù 在线聊天工具: WhatsApp

- 网络平台: online platform  
wǎnglù píngtái
- 病毒: virus  
bìngdú
- 网络诈骗: online scam  
wǎnglù zhàipiàn
- 科技辅助学习: ICT  
kējì fǔzhù xuéxí
- 学生学习平台: SLS  
xuéshēng xuéxí píngtái

## 5. 校园霸凌

- 霸凌: bullying  
bàlǐng
- 受害者: victim  
shòuhàizhě
- 心理创伤: psychological trauma  
xīnlǐ yī chuāngshāng
- 施暴者: aggressor  
shībàozhě
- 心理咨询: counselling  
xīnlǐ zīxún
- 辅导员: counsellor  
fǔdǎoyuán
- 品德教育: values education  
pǐndé jiàoyù
- 控制情绪: manage emotions  
kòngzhì qíngxù
- 疏解压力: relieve stress  
shūjiě yālì
- 培养社会责任感: inculcate social responsibility  
péiyǎng shèhuì zérèngǎn
- 道德意识: moral compass  
dàodé yìshí
- 灌输正确的价值观: inculcate the correct values  
guànshū zhèngquè de jiàzhíguān
- 心理阴影: psychological trauma  
xīnlǐ yīnyǐng
- 胆怯: timid  
dǎnqiè
- 自卑: low self-esteem  
zìbēi
- 厌学: school withdrawal  
yànxué
- 辍学: dropping out of school  
chuòxué
- 心智发展: psychological and intellectual development  
xīnzhì fāzhǎn
- 暴力倾向: violent tendencies  
bàolì qīngxiàng
- 溺爱: excessive love  
nì'ài

- 心理发育: psychological development  
xīnlǐ fāyù
- 家庭暴力: family violence  
jiā tíng bàolì
- 愤怒: anger  
fènnù
- 欺压弱小: bullying the vulnerable  
qī yā ruòxiǎo
- 正确的待人处事方法: appropriate way of dealing with people and things  
zhèngquède dàirénchǔshì fāngfǎ

## 6. 人口老化

- 尊重: Respect  
zūnzhòng
- 包容: Inclusive  
bāoróng
- 体谅: Be understanding  
tǐliàng
- 耐心: Patience  
nàixīn
- 关怀: Care and concern  
guānhuái
- 赡养: Supporting parents financially  
shànyǎng
- 医药费: Medical expenses  
yīyàofèi
- 探望: To visit  
tànwàng
- 尽孝道: Show filial piety to parents  
jìnxiàodào
- 尊严: Dignity  
zūnyán
- 疾病: Illnesses  
jíbìng
- 三高 (高血压、高血糖、高血脂): High blood pressure, blood sugar and fats  
xuètàng xuèzhī
- 失智症: Dementia  
shīzhìzhèng
- 忧郁: Depressed  
yōuyù
- 无所事事: Have nothing to do  
wúsuǒshìshì
- 生活重担: Heavy burden in life  
shēnghuózhòngdàn
- 养育之恩: Gratefulness for parents' upbringing  
yǎngyùzhīēn



- 精神寄托: Mental/emotional pillar  
jīngshén jì tuō
- 生育率下降: Decrease in fertility rate  
shēng yù lǜ xià jiàng
- 老吾老以及人之老: Treat all elderly as if they are your grandparents  
lǎowú lǎoyǐ jí rénzhī lǎo
- 斜坡: Slope  
xiépō
- 扶手: Handle  
fúshǒu
- 老人院: Old folks' home  
lǎorényuàn
- 独居老人: Elderly living alone  
dújū lǎorén
- 身心健康: Physical and mental health  
shēnxīnjiànkāng
- 医疗设施: Medical facilities  
yīliáoshèshī
- 无障碍设施: Barrier-free facilities  
wúzhàngàishèshī
- 日间护理中心: Day care centre  
rìjiānhùlǐ zhōngxīn
- 设身处地: put oneself in others' shoes  
shèshēnchǔdì

## 7. 家庭关系

- 和睦: harmony  
hé mù
- 融洽: harmony  
róngqì à
- 包容: inclusive  
bāoróng
- 温馨: warm  
wēnxīn
- 孝顺: filial piety  
xiàoshùnn
- 谅解: be understanding  
liàngjiě
- 尊重: respect  
zūnzhòng
- 平等: equality  
píngděng
- 家务: household chores  
jiāwù
- 溺爱/宠爱: pampered, spoiled  
nì ài chǒng ài
- 矛盾: conflict, disagreement  
máodùn
- 冷漠: apathy, indifferent  
lěngmò

- 成熟: mature  
chéngshú
- 反感: feeling opposed to  
fǎngǎn
- 疏远: feeling distant  
shūyuǎn
- 严厉: strict  
yánlì
- 体罚: corporal punishment  
tǐfá
- 聚会: gathering  
jùhuì
- 沟通: communication  
gōutōng
- 喜好/爱好: hobby, past-time  
xǐhào àihào
- 凝聚力: bonding, cohesion  
níngjùlì
- 青春期: puberty  
qīngchūnqī
- 叛逆期: rebellious phase  
pànnìqī
- 设身处地: put oneself in others' shoes  
shèshēnchǔdì
- 敬老爱老: respect the elderly  
jìnglǎoàilǎo
- 以身作则: lead by example  
yǐshēnzùozé
- 望子成龙: wanting children to succeed  
wàngzǐchénglóng
- 早出晚归: out of house (working) for long hours  
zǎochūwǎnguī

## 8. 传统文化

- 艺术素养: art literacy  
yìshùsù yǎng
- 接触艺术: interact with arts  
jiēchù yìshù
- 培养对艺术的热爱: cultivate a passion for arts  
péiyǎngduì yìshù de rè ài
- 不同阶层人士: different social groups  
bùtóngjiē céng rénshì
- 街头艺人: street artiste  
jiētóu yì rén
- 艺术节: arts festival  
yìshùjié
- 走入人群: walk into the crowds (to be amicable)  
zǒurù rénqún
- 举办展览: organize exhibitions  
jǔbǎnzhǎnlǎn

- 提高国民素质: raise the level of civility  
t í g ā oguó m í ns ù zh ì
- 积极参与: participate actively  
j ī j ī c ā ny ù
- 发挥创意: unleash creativity  
f ā hu ī chu à ng y ì
- 国家古迹: national monuments  
guó ji ā g ū j ì
- 涂鸦: graffiti  
t ú y ā
- 滨海艺术中心: Esplanade  
b ī nhǎi y ì shù zhō ngx ī n
- 街头艺术: street art  
j iē tó uy ì shù
- 博物馆: museum  
b ó w ù guǎ n
- 美术室: Art Room  
m ě i sh ù sh ì
- 传统习俗: traditions  
chu á nt ò ngx í s ú
- 信仰: beliefs  
x ì nyǎ ng
- 公共空间: public spaces  
g ō nggò ngkō ngj i ā n
- 流行文化: pop culture  
l iú x í ngw é nhu à
- 民众俱乐部: community club  
m í nzhò ngj ù l è b ù
- 毛笔: Chinese writing brush  
m á o b í
- 歌舞表演: song and dance performance  
g ē w ǔ b iǎ oyǎ n
- 合唱团: Choir  
h é ch à ngtu á n
- 文化传统: culture and tradition  
w é nhu à chu á nt ò ng
- 戏剧: Drama  
x ì j ù
- 传统舞蹈: Traditional Dance  
chu á nt ò ngw ǔ dǎ o
- 妆艺大游行: Chingay  
zhu ā ng y ì dà yó ux í ng

## 9. 邻里关系

- 守望相助: mutual help and protection  
sh ǒ uw à ngx ī ā ngzh ù
- 唇亡齿寒: share a common fate  
ch ú nw á ngch ĭ h á n
- 远亲不如近邻: a close neighbour means more than a distant relative  
y uǎ nq ī nb ù r ú j ì nl í n

- 打招呼: to greet
- 冷漠: apathy
- 互相帮助: help each other
- 各人自扫门前雪, 莫管他人瓦上霜: to selfishly not be concerned about others
- 走廊: corridor
- 城市化: urbanization
- 甘榜精神: kampong spirit
- 最佳邻居奖: best neighbour award
- 视若无睹: pretend not to see
- 弱势群体: disadvantaged group
- 多元种族: multiracial
- 公德心: civic-mindedness
- 互动: interactive
- 价值观: values
- 公共空间: public spaces
- 归属感: sense of belonging
- 民族意识: National consciousness

## 10. 交通安全

- 红绿灯: traffic light
- 行人: pedestrian
- 违法过马路: jaywalking
- 交通规则: traffic regulations
- 车祸/意外: accident
- 行人道: pedestrian walkway
- 斑马线: zebra crossing

- 天桥: overhead bridge  
tiānqiáo
- 地下道: underpass  
dìxiàdào
- 告示牌: sign board  
gàoshìpái
- 地铁车厢: MRT train cabin  
dìtiěchēxiāng
- 地铁站: MRT station  
dìtiězhàn
- 工作人员: working staff  
gōngzuòrényuán
- 警车: police car  
jǐngchē
- 消防车: fire engine  
xiāofǎngōngchē
- 救护车: ambulance  
jiùhùchē
- 德士司机: taxi driver  
déshìsījī
- 巴士司机: bus driver  
bāshìsījī
- 巴士转换站: bus interchange  
bāshìzhuǎnhuànzhàn
- 繁忙时间: peak hour  
fánmángshíjiān
- 布告栏: notice board  
bùgàolán
- 脚踏车骑士: cyclist  
jiǎotàchēqíshì
- 公路使用者: road users  
gōnglùshǐyòngzhě
- 残障人士: handicapped people  
cánzhàngrénshì
- 不专心: not paying attention  
bùzhuānxīn
- 遵守规则: abide by the rules  
zūnshǒugùlǜ
- 违例: violate the rules  
wéilì
- 马路如虎口: the street is as dangerous as a tiger  
mǎlùrúhǔkǒu
- 贪图方便: for the sake of convenience  
tāntúfāngbiàn
- 宣传: to publicize  
xuānchuán
- 海报: poster  
hǎibào
- 教育: to educate  
jiàoyù