AP: Biology

Self-Study, Richardson HS, Fall 2024 & Spring 2025

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1 Chemistry of Life

1.1 Structure of Water and Hydrogen Bonding

Most organisms and their environments are made of water. Water has unique properties compared to other molecules. Water is "weird".

Water is **polar**. This means that the overall charge is not evenly distributed. Water is therefore partially positive on one side and partially negative on the other.

This fact allows water to form hydrogen bonds. This is an attraction between different water molecules. Hydrogen bonds are different because they are more like interactions between molecules themselves. The water molecules are constantly interaction with each other and are attracting and repelling each other. Hydrogen bonds break and reform easily.

Water has many unique properties as a result of this - Cohesion, Adhesion, and Surface Tension.

Cohesion is the property that water molecules stick to each other because of hydrogen bonding. Essentially, water is sticky because of its polarity and hydrogen bonds.

Adhesion is the property that water sticks to other polar surfaces.

Water's stickiness allows trees and other plants to transport it upward from the ground because they are able to adhere to the walls of water-conducting cells and water also water molecules cohere together.

Surface tension is a measure of how difficult it is to break the surface of a liquid. Hydrogen bonds keep the liquid intact. Water has a high surface tension compared to other liquids.

1.2 Elements of Life

All living things and the environment are all made of the same elements. Living things need to constantly exchange matter with the environment.

Chemicals that make up living things are carbon-based (except water). Carbon can form a variety of complex organic compounds. Each carbon atom can form four covalent bonds, which means four valence electrons. Hydrocarbons only have carbon and hydrogen.

There are four main classes of biomolecules. These are carbohydrates (C,H,O), proteins (C,H,O,N,S), lipids (C,H,O), and nucleic acids (C,H,N,O,P). Configurations of atoms make biomolecules even more varied. Isomers are compounds with same numbers and types of atoms, but with a different structure.

A structural isomer has a different arrangement of atoms. Cis-trans isomers have a different arrangement of atoms due to double bonds. Enantiomers are "mirror images" of one another due to one carbon being bonded to four different things.

1.3 Introduction to Biological Macromolecules

As mentioned previously, there are four classes of macromolecules - carbohydrates, proteins, lipids, and nucleic acids. Macromolecules are called this because they are big for molecules.

Complex carbohydrates, proteins, and nucleic acids are polymers, which are long molecules made of many building blocks linked by covalent bonds. The building blocks of polymers are monomers.

Monomers and smaller polymers link together to form bigger polymers through dehydration synthesis. Bigger polymers can break down into smaller polymers or monomers through hydrolysis.

Dehydration Synthesis causes a new covalent bond to form with the loss of a water molecule. One molecule gives an -OH, the other -H to form H_2O . Essentially, we are removing a water molecule to form a new covalent bond.

Hydrolysis breaks a covalent bond by adding a water molecule to a polymer. It is the opposite of dehydration synthesis.

1.4 Properties of Biological Macromolecules

The monomers that make up macromolecules determine the properties of the macromolecule. The monomers of carbohydrates are monosaccharides. Monomers of proteins are amino acids. Monomers of lipids are fatty acids. Monomers of nucleic acids are nucleotides.

Complex carbohydrates are made of monosaccharides. They usually end with "-ose" as a suffix. Each monosaccharide is 3-6 carbons in a ring with O and H atoms. Examples of monosaccharides are glucose, fructose, and galactose. Monosaccharides are a major source of celluar energy.

If we take monosaccharides and link them together, we make a disaccharide, which is two monosaccharides joined by a glycosidic linkage.

Proteins are made up of monomers called amino acids. The order of amino acids in a chain determines the protein's properties. All amino acids have a NH_2 (amino) group, a COOH (carboxyl) group and each of these form peptide bonds with each other. All amino acids have a different "R" group (a side chain), which has different properties that affect the structure of the protein. All 20 amino acids have different R-groups.

Lipids are a diverse group of nonpolar molecules that do not interact with water (fats, phospholipids, steroids). Fats and phospholipids have fatty acids. Fats are also known as triglycerides because triglycerides are made up of 3 fatty acids. Phospholipids are made up of a polar head with a phosphate group within it and two fatty acid chains.

Triglycerides can be unsaturated or saturated depending on the structure of fatty acids. Unsaturated fatty acids have at least one double bond. Unsaturated fatty acids usually are liquid and have a different shape. Saturated fatty acids only have single bonds. They are usually solid at room temperature.

Nucleic acids are chains of monomers called nucleotides. Nucleotides have a five carbon ring, a phosphate, and a nitrogen base.

Nucleotides differ by their nitrogen base - A, T, C, G, or adenine, thymine, cytosine, and guanine. DNA's five-carbon sugar is called deoxyribose and RNA's five-carbon sugar is called ribose.

1.5 Structure and Function of Biological Macromolecules

1.6 Nucleic Acids

2 Cell Structure and Function

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- 2.3 Cell Size
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- 2.5 Membrane Permeability
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- 2.9 Mechanisms of Transport
- 2.10 Cell Compartmentalization
- 2.11 Origins of Cell Compartmentalization

3 Celluar Energetics

- 3.1 Enzyme Structure
- 3.2 Enzyme Catalysis
- 3.3 Environmental Impacts on Enzyme Function
- 3.4 Celluar Energy
- 3.5 Photosynthesis
- 3.6 Celluar Respiration
- 3.7 Fitness

4 Cell Communication and Cell Cycle

- 4.1 Cell Communication
- 4.2 Introduction to Cell Transduction
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- 4.4 Changes in Signal Transduction Pathways
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- 4.7 Regulation of Cell Cycle

5 Heredity

- 5.1 Meiosis
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- 5.6 Chromosomal Inheritance

6 Gene Expression and Regulation

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8 Ecology

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