Arbys Menu Items Grouped Based on Calories and Protein 200 150 Cluster 3 piece Prime-Cut Chicken Tenders 100 -Half Pound Roast Beef SandWithle Decker Sandwich ce Prime-Cut Chicken TepderButtermilk Chicken Cordon Bleu Sandwich Roast Turkey Farinhouse Splauble Roast Beef pig Chedutent Sarketyicharich & Bac Buttermilli Chicken Bacon & Swiss BBQ Chicken Sandwilloast Turkey & Swiss Sandwich rbon BBQ Steak SandwichRoast Turkey, Ranch & Bacon Wrap 50 keuben Sandwich Smokehouse Brisket Turkey 'n Ch nicken Sandloast Turkey & Swiss Wrapree Cheese Steak Sandwich Turkey Gyro Smokehouse Beef Short Rib Sandwich st Beafslie Ch Beise Slicker Chrei Beef ch Oheddar Classi Super Greek Salad - Roast Beef Gyro 0 iol@hicken Slider Pizza SlideRoast Beet in CheeksiekBirdeender in Cheesarc@bircken Salad Flatbread 1000 2000 3000 4000 Calories

Protein