

**Statistics for the SDGs - global indicators**

<b>Name of the indicator</b>	<b>5.4.1 Proportion of time spent on unpaid domestic and care work</b>
<b>Sustainable Development Goal</b>	Goal 5. Gender equality
<b>Target</b>	5.4 Recognize and value unpaid care and domestic work through the provision of public services, infrastructure and social protection policies and the promotion of shared responsibility within the household and the family as nationally appropriate
<b>Definition</b>	Average time spend on unpaid domestic and care work expressed as a percentage of the day.
<b>Unit</b>	percent [%]
<b>Available dimensions</b>	total, sex, age, urban areas/rural areas
<b>Methodological explanations</b>	<p>The data comes from the <b>Time Use Survey</b>.</p> <p>Time Use Survey provides information on many aspects of Poles' lives, including the distribution of time spend on its different spheres. The survey takes place every 10 years. The last was held in 2023, lasted throughout the year and included people aged 10 years or more.</p> <p>The time of 24 hours was divided into <b>10 main groups of activities</b>, i.e.:</p> <ul style="list-style-type: none"> <li>• personal care;</li> <li>• household and family care;</li> <li>• employment;</li> <li>• mass media;</li> <li>• social life and entertainment;</li> <li>• travel and unspecified time use;</li> <li>• hobbies;</li> <li>• sport and outdoor activities;</li> <li>• study;</li> <li>• voluntary work and meetings.</li> </ul> <p>The group related to household and family care included, among others, household upkeep, food management, childcare, help to an adult family member as well as shopping and services.</p>
<b>Data source</b>	Statistics Poland
<b>Data availability</b>	Data every 10 years since 2013
<b>Notes</b>	Data for total persons, females and males, and for urban and rural areas refer to people aged 15 or more.
<b>Data updated on</b>	30-07-2024
<b>Metadata updated on</b>	30-07-2024