$$\begin{split} X_1, X_2, \dots, X_n &\stackrel{iid}{\sim} N(\mu, \sigma^2) \\ &\rightarrow \mathcal{E}(|X_i - \bar{X}|) = ? \\ &\text{if } Y_i = |X_i - \bar{X}| \implies \\ f_{Y_i}(u) = f_{Y_j}(u), \quad 0 \leq Y_i \leq \infty, \quad i, j \in \{1, 2, \dots, n\}, \quad \text{It can be easily proven.} \\ &\Longrightarrow \mathcal{E}(Y_i) = \mathcal{E}(Y_j) \rightarrow \\ \mathcal{P}(Y_i \leq y) = \mathcal{P}(|X_i - \bar{X}| \leq y) = \mathcal{P}(-y \leq X_i - \bar{X} \leq y) \\ X_i - \bar{X} = X_i - \frac{1}{n} \sum_{j=1}^n X_j = \overbrace{n-1 \atop n} X_i - \frac{1}{n} \sum_{j=1, j \neq i}^n X_j \Longrightarrow \\ U = \text{Linear combination of normal independent variables} \Longrightarrow U \sim N(\mu_U, \sigma_U^2) \\ \mathcal{E}(U) = \mathcal{E}(X_i - \bar{X}) = \mu - \mu = 0, \\ \sigma_U^2 = Var(X) + Var(\bar{X}) - 2Cov(X_i, \bar{X}) = \sigma^2 + \frac{\sigma^2}{n} - 2\frac{\sigma^2}{n} = \frac{n-1}{n}\sigma^2 \\ \Longrightarrow f_U(u) = \frac{1}{\sqrt{2\pi\frac{n-1}{n}\sigma^2}} \exp\left\{-\frac{1}{2\frac{n-1}{n}\sigma^2}u^2\right\} \Longrightarrow \\ F_{Y_i}(y) = \mathcal{P}(Y_i \leq y) = \mathcal{P}(-y \leq U \leq y) = \int_{-y}^y \frac{1}{\sqrt{2\pi\frac{n-1}{n}\sigma^2}} \exp\left\{-\frac{1}{2\frac{n-1}{n}\sigma^2}u^2\right\} du \\ \Longrightarrow f_{Y_i}(y) = \frac{\partial F_{Y_i}(y)}{\partial y} \\ f_{Y_i}(y) \stackrel{\text{Leibniz's method}}{=} 2 \times \frac{1}{\sqrt{2\pi\frac{n-1}{n}\sigma^2}} \exp\left\{-\frac{1}{2\frac{n-1}{n}\sigma^2}y^2\right\}, \quad y \geq 0 \\ \mathcal{E}(Y_i) = \int_0^\infty y f_{Y_i}(y) dy = \\ \end{split}$$

from sympy.abc import y, n, sigma

In []: ey = 2 * y * (1/sqrt(2*pi*(n-1)/n * sigma**2)) * exp(1/(2*(n-1)/n * sigma**2) * (-y**2))

In []: | from sympy import integrate, exp, log, Integral, sqrt, pi

Out[]:
$$\begin{cases} -\frac{\sqrt{2}\sqrt{\frac{\sigma^2(n-1)}{n}}e^{-\frac{ny^2}{2\sigma^2(n-1)}}}{\sqrt{\pi}} & \text{for } \pi\sigma^2\left(n-1\right) \neq 0\\ \frac{\sqrt{2}y^2}{2\sqrt{\pi}\sqrt{\frac{\sigma^2(n-1)}{n}}} & \text{otherwise} \end{cases}$$

$$\Longrightarrow \mathcal{E}(Y_i) = 0 - (-\sigma imes rac{\sqrt{2rac{n-1}{n}}}{\sqrt{\pi}}) = \ \sigma\sqrt{2} imes rac{\sqrt{n-1}}{\sqrt{n\pi}} \Longrightarrow \ \mathcal{E}\left(\sum_{i=1}^n |X_i - \bar{X}|\right) = \mathcal{E}\left(\sum_{i=1}^n Y_i\right) = \ n imes \mathcal{E}(Y_i) = \sigma imes rac{\sqrt{2n(n-1)}}{\sqrt{\pi}} \Longrightarrow \ a imes \sigma imes rac{\sqrt{2n(n-1)}}{\sqrt{\pi}} = \sigma \Longrightarrow \ a = \sqrt{rac{\pi}{2n(n-1)}}$$