Biology notes

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Abstract

Some comments on relevant biology.

1 Expression quantitative trait loci

The last two decades have seen a huge body of research focused on genome variability due to its relevance in the risk of disease experienced by individuals. Fundamental to this study is understanding the effect different genome variants have; i.e. understanding how this change in genome translates to a different phenotype. This means we must investigate the change a variant effects within the cell. Ideally this information allows biological insight into the aetiology and nature of disease or of the phenotype. Genome-wide association studies (GWAS) [5] have shown that the majority of these variants are located within the non-coding regions of the genome implying that they are involved in gene regulation. These sites that explain some of the phenotypic variance are referred to as expression quantitative trait loci (eQTL).

eQTLs have transformated the study of genetics. They provide a comprehensuible, accessible and most importantly interpretable loecular link between genetic variation and phenotype. Standard eQTL analysis involves a direction association test between markers of genetic variation, typically using data collected from tens to hundreds of people.

This analysis can be proximal or distal.

- Proximal: immedietely responsible for causing some observed result;
- Distal: (also *ultimate*) higher-level than proximal. The true cause for an event or result.

Consider the example of a ship sinking. This could have a *proximate* cause such as the ship being holed beneath the waterline leading to water entering the ship; this resulted in the ship becoming denser than water and it sank. However, the *distal* cause could be the ship hit a rock tearing open the hull leading to the sinking.

In terms of eQTLs, we designate proximal effects as *cis-eQTL* and distal causes as *trans-eQTL*. We normally consider an eQTL to be cis-regulating if it is within 1MB of the gene transcription start site (TSS) and trans-regulating if it is more than 5MB upstream or downstream of the TSS or if found on a different chromosome.

trans-eQTL are hard to find. They have weaker effects than cis-eQTL and thus require greater power in the experiment [3]. For some context, Burgess [1] claims that 449 donors provide low power in terms of finding trans-eQTL. As the power of experiments increases more trans-eQTL are observed and cis-eQTL are shown to be generally tissue agnostic [2]. Preivous results suggested cis-eQTL would be have tissue-specific effects, but the increase in experimental power revealed that this is not the case [4]. The current power present in many genetic experiments is enough to observe trans-eQTLs and indicates these have tissue-specific properties [4] [2]. It is

possible that this result might be shown to be an artifact of insufficient power. However, for now we assume it is true and that trans-eQTL are are more likely to display tissue-specifc behaviour than cis-eQTL.

Nica and Dermitzakis [6] reccommend investigating groups of cis-eQTL affecting a gene network that when perturbed results in a disease state. They claim this is far higher powered than the classical approach. This claim is supported by the findings of Võsa et al. [7] who found that associations between *polygenic risk scores* and gene expression (this assoication is referred to as "expression quantitative trait score" (eQTS) in [7]) contained the most biological information about disease in a comparison of cis-eQTL, trans-EQTL and eQTS.

References

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