

COMMUNION ANTIPHON *cf Psalm 102:1*

Bless the Lord, O my soul,
and all within me, his holy name.

OR John 17:20-21

O Father, I pray for them, that they may be one in us,
that the world may believe that you have sent me, says the Lord.

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PRAYER AFTER COMMUNION

May this divine sacrifice we have offered and received
fill us with life, O Lord, we pray,
so that, bound to you in lasting charity,
we may bear fruit that lasts for ever.
Through Christ our Lord. **Amen.**

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ORDINARY

FOURTEENTH SUNDAY IN ORDINARY TIME



ENTRANCE ANTIPHON *cf Psalm 47:10-11*

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

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COLLECT

O God, who in the abasement of your Son
have raised up a fallen world,
fill your faithful with holy joy,
for on those you have rescued from slavery to sin
you bestow eternal gladness.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. **Amen.**

FIRST READING *Zechariah 9:9-10*

See now, your king comes humbly to you.

The Lord says this:

'Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem! See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey, on a colt, the foal of a donkey. He will banish

chariots from Ephraim and horses from Jerusalem; the bow of war will be banished. He will proclaim peace for the nations. His empire shall stretch from sea to sea, from the River to the ends of the earth.'

The word of the Lord.
Thanks be to God.

RESPONSORIAL PSALM *Psalm 144:1-2, 8-11, 13-14 response v 1*

I will bless your name for ever, O God my King.

or

Alleluia! *(may be repeated two or three times)*

- 1 I will give you glory, O God my King,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever.
- 2 The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures.
- 3 All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God.
- 4 The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed down.

SECOND READING *Romans 8:9, 11-13*

If by the Spirit you put an end to the misdeeds of the body, you will live.

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION *cf Matthew 11:25*

Alleluia, alleluia!
Blessed are you, Father, Lord of heaven and earth,
for revealing the mysteries of the kingdom to mere children.
Alleluia!

GOSPEL *Matthew 11:25-30*

The Lord be with you.
And with your spirit.

A reading from the holy Gospel according to Matthew.
Glory to you, O Lord.

I am gentle and humble of heart.

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

May this oblation dedicated to your name purify us, O Lord,
and day by day bring our conduct closer to the life of heaven.
Through Christ our Lord. Amen.

COMMUNION ANTIPHON *Psalm 33:9*

Taste and see that the Lord is good;
blessed the man who seeks refuge in him.

Or *Matthew 11:28*

Come to me, all who labour and are burdened,
and I will refresh you, says the Lord.

PRAYER AFTER COMMUNION

Grant, we pray, O Lord,
that, having been replenished by such great gifts,
we may gain the prize of salvation
and never cease to praise you.
Through Christ our Lord. Amen.

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ORDINARY