

PRAYER AFTER COMMUNION

Accompany with constant protection, O Lord,
those you renew with these heavenly gifts
and, in your never-failing care for them,
make them worthy of eternal redemption.
Through Christ our Lord. **Amen.**

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NINETEENTH SUNDAY IN ORDINARY TIME

ENTRANCE ANTIPHON *cf Psalm 73:20, 19, 22, 23*

Look to your covenant, O Lord,
and forget not the life of your poor ones for ever.
Arise, O God, and defend your cause,
and forget not the cries of those who seek you.

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COLLECT

Almighty ever-living God,
whom, taught by the Holy Spirit,
we dare to call our Father,
bring, we pray, to perfection in our hearts
the spirit of adoption as your sons and daughters,
that we may merit to enter into the inheritance
which you have promised.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. **Amen.**

FIRST READING *1 Kings 19:9, 11–13*

Stand on the mountain before the Lord.

When Elijah reached Horeb, the
mountain of God, he went into the cave
and spent the night in it. Then he was
told, "Go out and stand on the mountain
before the Lord." Then the Lord himself
went by. There came a mighty wind,
so strong it tore the mountains and
shattered the rocks before the Lord. But
the Lord was not in the wind. After the

wind came an earthquake. But the Lord
was not in the earthquake. After the
earthquake came a fire. But the Lord was
not in the fire. And after the fire there
came the sound of a gentle breeze. And
when Elijah heard this, he covered his
face with his cloak and went out and
stood at the entrance of the cave.

The word of the Lord.
Thanks be to God.

RESPONSORIAL PSALM *Psalm 84:9–14 response v 8*

**Let us see, O Lord, your mercy
and give us your saving help.**

- 1 I will hear what the Lord God has to say,
a voice that speaks of peace.
His help is near for those who fear him
and his glory will dwell in our land.
- 2 Mercy and faithfulness have met;
justice and peace have embraced.
Faithfulness shall spring from the earth
and justice look down from heaven.
- 3 The Lord will make us prosper
and our earth shall yield its fruit.
Justice shall march before him
and peace shall follow his steps.

SECOND READING *Romans 9:1–5*

I would willingly be condemned if it could help my brothers.

What I want to say is no pretence; I say
it in union with Christ – it is the truth
– my conscience in union with the Holy
Spirit assures me of it too. What I want
to say is this: my sorrow is so great,
my mental anguish so endless, I would
willingly be condemned and be cut off
from Christ if it could help my brothers
of Israel, my own flesh and blood. They
were adopted as sons, they were given

the glory and the covenants; the Law
and the ritual were drawn up for them,
and the promises were made to them.
They are descended from the patriarchs
and from their flesh and blood came
Christ who is above all, God for ever
blessed! **Amen.**

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION *Luke 19:38*

**Alleluia, alleluia!
Blessings on the King who comes,
in the name of the Lord!
Peace in heaven
and glory in the highest heavens!
Alleluia!**

OR Psalm 129:5

**Alleluia, alleluia!
My soul is waiting for the Lord,
I count on his word.
Alleluia!**

GOSPEL *Matthew 14:22-33*

The Lord be with you.
And with your spirit.

A reading from the holy Gospel according to Matthew.
Glory to you, O Lord.

Tell me to come to you across the water.

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a headwind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. 'It is a ghost,' they said, and cried out in fear. But at once Jesus called out to them, saying, 'Courage! It is I! Do not be afraid.' It was Peter who answered.

'Lord,' he said, 'if it is you, tell me to come to you across the water.' 'Come,' said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said, 'why did you doubt?' And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, 'Truly, you are the Son of God.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

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PRAYER OVER THE OFFERINGS

Be pleased, O Lord, to accept the offerings of your Church,
 for in your mercy you have given them to be offered
 and by your power you transform them
 into the mystery of our salvation.
 Through Christ our Lord. **Amen.**

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COMMUNION ANTIPHON *Psalm 147:12, 14*

O Jerusalem, glorify the Lord,
 who gives you your fill of finest wheat.

Or cf John 6:51

The bread that I will give, says the Lord,
 is my flesh for the life of the world.

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