# **Stephen Decker**

MS, CEP

#### **Curriculum Vitae**

Updated January 2021 using R version 4.0.3

Dalton, Massachusetts

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## **Academic Training**

## Exp. Feb 2022 **Doctor of Philosophy, Kinesiology**

Amherst, Massachusetts

University of Massachusetts Amherst

➤ Primary Mentor: Gwenael Layec, Ph.D. [PubMed]

➤ Dissertation Project: The Role of Sirtuins in Cigarette Smoke-Induced Skeletal Muscle Dysfunction

# Jul 2017-Aug 2018 Doctor of Philosophy, Nutrition and Integrative Physiology

Salt Lake City, Utah

University of Utah

Primary Mentor: Gwenael Layec, Ph.D.

> Transferred to University of Massachusetts Amherst

#### May 2016-Jul 2017 Research Clinical Exercise Physiologist

Houston, Texas

**Baylor College of Medicine** 

➤ Primary Supervisor: Dennis T Villareal, MD [PubMed]

#### Aug 2016 Master of Science, Kinesiology

Nacogdoches, Texas

Stephen F. Austin State University

➤ Primary Mentor: James Rowe, Ph.D.

➤ Thesis Project: Effects of High-Intensity Interval Training on Postprandial Lipemia and Glycemia

# May 2014 Bachelor of Science, Kinesiology

Nacogdoches, Texas

Stephen F. Austin State University

➤ Graduated with Honors, Cum Laude

#### **Publications**

#### Peer-Reviewed

➤ Li, X, Conlin, CC, **Decker, ST**, Hu, N, Mueller, M, Khor, L, Hanrahan, C, Layec, G, Lee, VS, Zhang, JL (2019), Sampling Arterial Input Function (AIF) from Peripheral Arteries: Comparison of a Temporospatial-feature Based Method Against Conventional Manual Method, *Magnetic Resonance Imaging*, [PubMed]

#### In Development

- ➤ Decker, ST, Kwon, OS, Zhao, J, Hoidal, JR, Hueckstadt, T, Sanders, KA, Layec, G (Under Revision in the American Journal of Physiology Endocrinology & Metabolism), Skeletal muscle Mitochondrial Adaptations Induced by Longterm Cigarette Smoke Exposure
- ➤ Decker, ST, Kwon, OS, Zhao, J, Hoidal, JR, Hueckstadt, T, Sanders, KA, Layec, G (In Preparation), The Receptor for Advanced Glycation End Products (RAGE) Mediates Cigarette Smoke-Induced Skeletal Muscle Adaptations in C57BL/6 Mice
- ➤ Matias, AA, Thurston, T, **Decker, ST**, Hart, CH, Zhao, J, Le Fur, Y, Jeong, EK, Trinity, JD, Kwon, OS, Layec, G (In Preparation), Central and Peripheral Cardiovascular (CV) Response to Submaximal Plantar Flexion Exercise in Chronic Obstructive Pulmonary Disease (COPD)
- ➤ Matias, AA, **Decker, ST**, Nagarajan, R, Le Fur, Y, Layec, G (In Preparation), Phosphorus Magnetic Resonance Spectroscopy (<sup>31</sup>P-MRS) of Alkaline Inorganic Phosphate (Pialk) in Young, Sedentary Adults: A Reproducibility Study

## **Selected Posters & Abstracts**

- ➤ Decker, ST, et al. (2020), Oxidative Stress Induced By Long-Term Cigarette Smoke Exposure Does Not Alter Mitochondrial Respiration in Skeletal Muscle of C57BL6 Mice, Keystone Symposium: New Insights into the Biology of Exercise (Keystone, CO)
- ➤ Decker, ST, et al. (2019), Knockout of the Receptor for Advanced Glycation End Products (RAGE) Increases Skeletal Muscle Mitochondria Content and Alters Mitochondrial Function, Muscle Biology Conference (Gainesville, FL)
- ➤ Layec, G, Conlin, C, Dong, J, **Decker, ST**, et al. (2018), Assessment of Perfusion-metabolism matching in exercising muscle from dynamic contrast-enhanced MRI and T2 mapping, *International Society for Magnetic Resonance in Medicine (Paris, FR)*

- ➤ Conlin, C, Dong, J, **Decker ST**, et al, 2018, Reproducibility of calf-muscle perfusion measurements from dynamic contrast-enhanced MRI, *International Society for Magnetic Resonance in Medicine (Paris, FR)*
- ➤ Decker, ST, et al. 2018, Effects of Tetrahydrobiopterin on Limb Blood Flow and Muscle Metabolism in Patients with COPD, American College of Sports Medicine Annual Meeting (Minneapolis, MN)
- ➤ Decker, ST, Rowe, J, 2017 Effects of Acute Exercise on Postprandial Lipemia and Postprandial Glycemia, Texas American College of Sports Medicine Regional Conference (Waco, TX)

#### **Oral Presentations**

| Nov 2019 | The Physiological Role of Sirtuins: A Target for Aging or More Hype?  UMass Amherst Department of Kinesiology                                                             |
|----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| May 2019 | Effects of Tetrahydrobiopterin on Limb Blood Flow and Muscle Metabolism in Patients with COPD International Society for Magnetic Resonance in Medicine - Montreal, Quebec |

# **Funding**

| Mar 2020 | Research Travel Award Recipient UMass Amherst Department of Kinesiology                         | Awarded \$500                           |
|----------|-------------------------------------------------------------------------------------------------|-----------------------------------------|
| Jun 2019 | Predoctoral Fellowship American Heart Association                                               | Not Funded                              |
| May 2019 | <b>Trainee Stipend Award Recipient</b> International Society for Magnetic Resonance in Medicine | Awarded \$200 & Conference Registration |
| Mar 2016 | Student Research Development Award Recipient Texas American College of Sports Medicine          | Awarded \$500                           |

## **Honors & Awards**

| Feb 2017 | Student Research Poster Finalist - Masters Category Texas American College of Sports Medicine              |
|----------|------------------------------------------------------------------------------------------------------------|
| Feb 2014 | SFASU Undergraduate Research Conference Top Scholar<br>Stephen F. Austin State University School of Honors |

## **Teaching Experience**

\* Denotes Graduate-level Class

# **Instructor of Record**

| Fall 2015 & Spring 2016 | KIN 100 - Physical Fitness Concepts and Activities Stephen F. Austin State University |
|-------------------------|---------------------------------------------------------------------------------------|
| Spring 2015             | KIN 120 - Foundations of Kinesiology<br>Stephen F. Austin State University            |
| Fall 2014               | KIN 200 - Fitness Activites for Life<br>Stephen F. Austin State University            |

## **Teaching Assistant**

| Spring 2021             | KIN 470 - Exercise Physiology<br>University of Massachusetts Amherst             |
|-------------------------|----------------------------------------------------------------------------------|
| Fall 2020               | KIN 270 - Anatomy & Physiology I<br>University of Massachusetts Amherst          |
| Fall 2019               | *KIN 570 - Advanced Exercise Physiology<br>University of Massachusetts Amherst   |
| Fall 2018 & Spring 2019 | KIN 110 - Human Performance and Nutrition<br>University of Massachusetts Amherst |

#### Fall 2015 & Spring 2016 KIN 417 - Analysis of Movement Lab

Stephen F. Austin State University

## **Professional Development and Training**

Jun 2019 Oroboros Instruments

Schröcken, Austria

Oroboros O2k-Workshop on High-Resolution Respirometry (HRR)

Ongoing A Guide for the Analysis of High-Resolution Respirometry Data Using R

Creator

Amherst, Massachusetts

➤ In Development - Version 2 Available on GitHub

Current American College of Sports Medicine

Member

Indianapolis, Indiana

Certified Clinical Exercise Physiologist

➤ Certified Exercise Physiologist

Current American Physiological Society

Member

Rockville, Maryland

➤ Primary Section: Endocrinology & Metabolism

Current International Society for Magnetic Resonance in Medicine

Member

Rockville, Maryland

➤ Primary Section: MR Spectroscopy

## **Undergraduate Mentoring**

\* Denotes students who worked on undergraduate honors thesis projects

2018-Present \*Jyotika Vallurupalli

Undergraduate Honors Thesis: TBD

➤ Trained the assessment of vascular function using Doppler Ultrasound and continuous non-invasive arterial pressure

2019-Present John Madden

➤ Trained how to collect skeletal muscle mitochondrial respiration data using the Oxygraph O2K

2018-2020 \*Sebastien Rauch

Validity and Specificity of Tetramethylrhodamine, Methyl Ester (TMRM) Dye in Mice Gastrocnemius Muscle Fiber Bundles for Assessing Mitochondrial Membrane Potential

➤ Trained how to collect skeletal muscle mitochondrial respiration data using the Oxygraph O2K & assessment of vascular function using Doppler Ultrasound

2018-2020 Todd Maniscalchi

➤ Trained how to collect skeletal muscle mitochondrial respiration data using the Oxygraph O2K & assessment of vascular function using Doppler Ultrasound

2018-2020 Joseph Howard

➤ Trained how to collect skeletal muscle mitochondrial respiration data using the Oxygraph O2K

2020 Mia Calderone

➤ Trained how to collect skeletal muscle mitochondrial respiration data using the Oxygraph O2K