

## Fundamental Parameters: $\xi = \text{inter-filament friction } (\text{nN} \cdot \text{s}/\mu \text{m})$ $L = \text{filament length } (\mu \text{m})$ $\mu_e = \text{extensional modulus } (\text{nN})$ $\mu_c = \text{extensional modulus } (\text{nN})$ $\mu_c = \text{extensional modulus } (\text{nN})$ $\mu_c = \text{cross-link spacing } (\mu \text{m})$ $\zeta = \text{medium viscosity } (\text{nN} \cdot \text{s}/\mu \text{m}^2)$