

MECHANISM OF NORMAL LABOUR

Describes the following features of left or right OA position;	Tick
• Lie	
• Presentation	
• Denominator	
• Position	
• Attitude	
Describes the mechanism of normal labour in correct order of events.	
• Decent	
• Flexion	
• Internal rotation of head 1/8 th circle	
• Crowning of fetal head	
• Extension	
• Restitution	
• Internal rotation of shoulders	
• Lateral flexion	
Identifies two objective ways in which the midwife can ascertain if decent is occurring in labour	
•	
•	
Explains why the fetal head rotates forward in a normal mechanism of labour	
Defines “crowning” of fetal head	
Describes the area of the fetus that sweeps the perineum during birth of the baby’s head	
Explains why restitution of the fetal head occurs in the normal mechanism of labour	
Explains why external rotation of the fetal head occurs in the normal mechanism of labour	

Date:.....

Assessor Signature:

Student Signature:

Comments: