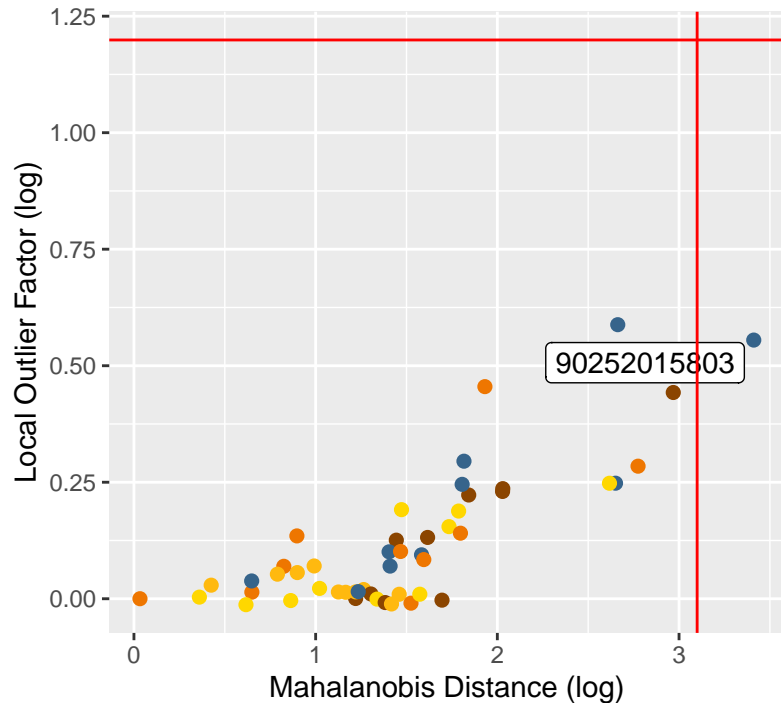


Heart: Multidimensional Distance



Training/Control Group

- Training 1wk
- Training 2wk
- Training 4wk
- Training 8wk
- Control 8wk