

DISCIPLESHIP GROUPS

This structure is based on Life Transformation Groups as developed by Neil Cole.

- Three people (please ensure every group starts with three)
- Single gender; no leader
- People are free to form groups themselves but please inform leadership who is in the group and when it meets and if it stops meeting for any reason

Covenant with each other at the start of every meeting regarding the following:

- (i) Complete trust and confidence
- (ii) Zero tolerance regarding gossip and criticism
- (iii) Equal involvement, where no one dominates the discussion

One hour split* between:

(A) Bible reading (aim to repeatedly read around four chapters every day, maybe from a different Bible version each time e.g. read Colossians every day for the week before the meeting or read Mark twice during the week).

Ask each other these questions (approx. 5 mins each person)

1. What is God saying to you?
2. What are you going to do about it?

(B) Discipleship questions (approx. 10 mins each person)

1. Have you been a testimony this week to the greatness of Jesus Christ with both your words and actions?
2. Have you been exposed to sexually alluring material or allowed your mind to entertain inappropriate sexual thoughts about another this week?
3. Have you lacked integrity in your financial dealings or coveted something that does not belong to you?
4. Have you been honoring, understanding, and generous in your important relationships this week?
5. Have you damaged another person by your words, behind their back or face to face?
6. Have you given in to an addictive behavior this past week?
7. Have you continued to remain angry toward another?
8. Have you stewarded your time well this week?

(C) Focussed prayer (approx. 15 mins)

1. For each other
2. Each member is to identify 2 or 3 people whom the Lord lays on their hearts that need Jesus. The names are written down by each member to pray for these people daily in their time with the Lord.
3. Remain focussed within the group rather than digressing to wider needs.

***It is probably wise to actually use a timer in order to be disciplined about timing of each part of the meeting.**

Suggestions for prayer for those who need Jesus

- Lord, I pray that You draw _____ to Yourself (**John 6:44**).
- I pray that _____ hears and believes the Word of God for what it really is (**1 Thess. 2:13**).
- I pray that _____ seeks to know You (**Acts 17:27**).
- I ask You, Lord, to prevent Satan from blinding _____ to the truth (**2 Cor. 4:4; 2 Tim. 2:25-26**).
- Holy Spirit, I ask You to convict _____ of his/her sin and need for Christ's redemption (**John 16:7-14**).
- I ask that You send someone who will share the gospel with _____ (**Matt. 9:37-38**).
- I also ask that You give me or _____ the opportunity, the courage and the right words to share with _____ (**Col. 4:3-6**).
- Lord, I pray that _____ turn from his/her sin and follow Christ (**Acts 17:30-31; 1 Thess. 1:9-10**).
- Lord, I pray that _____ would put all of his/her trust in Christ (**John 1:12; 5:24**).
- Lord, I pray that _____ confess Christ as Lord, take root and grow in faith and bear fruit for Your glory (**Rom. 10:9; Col. 2:6-7; Luke 8:15**).