

# Demographic Questionnaire

PTID: \_\_\_\_\_

Gender (m/f/d):

Age:

Are you visually impaired (z. B. colour blindness , near-sightedness , far-sightedness)?

Do you have any restriction in the ability to move?

Are you right-handed or left-handed?

Occupation:

If student, course of study:

How do you estimate your knowledge with computer and computer-related systems (for example Smartphones, Tablets...)?

Do you have any experience with Virtual Reality (VR) devices or applications? For example videos or games on a Samsung Gear VR, Playstation VR, Oculus Rift, HTC Vive, Valve Index or other VR glasses?

If yes, please elaborate your experience:

Do you have any experience with digital media to learn movements?

If yes, please elaborate your experience:

If yes, how helpful did you find these media to learn movements?

PTID: \_\_\_\_\_

Did you had a job where you had to move heavy loads? (For example storekeeper, craft or comparable)

Has ergonomic conduction of handling heavy load has ever been a topic for you?

What is your knowledge about moving yourself ergonomic?

Did you ever suffer from handling heavy loads not ergonomically? (For example back pain, knee pain and comparable)

Do you try to move yourself ergonomic if you have to handle heavy loads?