https://ocrworldchampionships.com/how-to-qualify/

"Athletes may also compete in our Journeyman & Journeyman divisions at select events. There are no finishing results requirement to compete in these divisions. Instead, athletes are required to complete any three obstacle course races prior to race day."

"Results must be from an event that occurred within one year prior to race day."

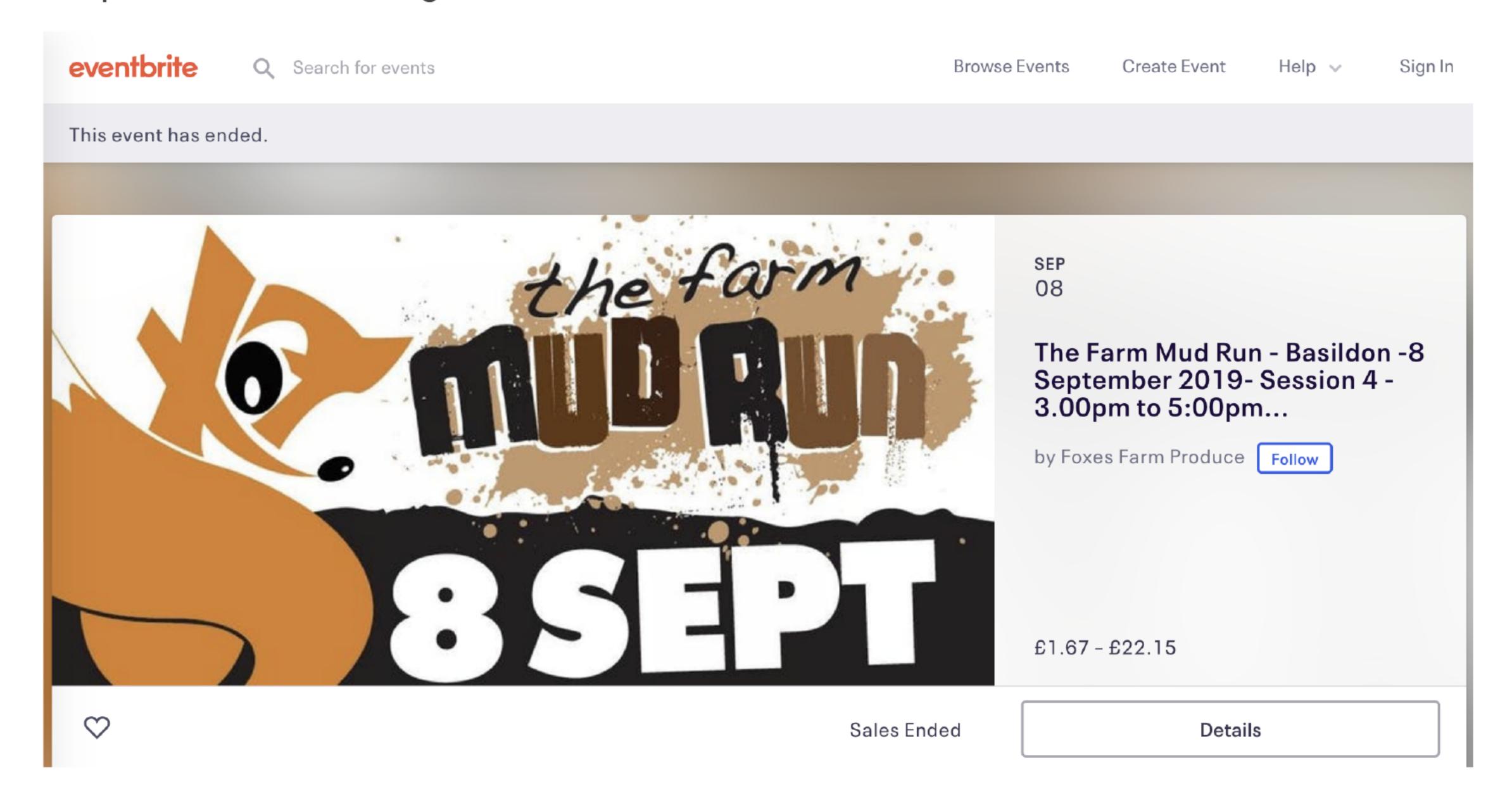
Here are my qualifying races.

I got a knee injury earlier this year but luckily I was able to fit in three races and qualify!

https://www.facebook.com/events/462886634188306/



https://www.eventbrite.co.uk/e/the-farm-mud-run-basildon-8-september-2019-session-4-300pm-to-500pm-runners-with-dogs-tickets-63564934430#



https://raceforlife.cancerresearchuk.org/find-an-event/clapham-common-pretty-muddy-5k-2019-09-28-0000

