

## Interview Protocol

<b><i>Introduction</i></b>
Nice to meet you, ( <i>participant name</i> ). Thank you for participating in this study. We want to learn about how people feel when they are in various types of social/public contexts. For example, having a conversation, meeting unfamiliar people, eating or drinking while being observed by others, or giving a speech.
<b><i>Questions</i></b>
1. Recall the last time you had these experiences and lay it out for me. (Who was this with? / Who started this conversation? / What did you say? / How did you respond? / What was the setting? / What were you thinking and feeling when you said this, and they said this?)
2. In which of these situations do you feel unusually anxious? In those situations, how do you usually cope with your anxiety? Think about a recent experience and tell me. (Do you pretend like you are okay on the outside? / Do you try to avoid those situations as much as possible? / Can you give me an example of how you were able to avoid this situation?)
3. In one of these situations, what do you think is the most challenging part? (Do you feel like there are times where you just don't know what to say? / Can you tell me about a situation like that? / What led up to it? / Who was there? / Where were you?)
4. Sometimes people can give off nonverbal/verbal cues that can make us nervous. Can you think of a time when you noticed nonverbal/verbal cues from someone that triggered anxiety for you?
5. Are there times where you feel socially awkward? If yes, tell me about those times. (Does it get more comfortable if you are already familiar with some of the people in the audience? If yes, tell me about a situation where you felt more relaxed than usual. / What happens when you cannot avoid those situations? Do you sweat? Do you blush? Do you skip stuff you prepared?)
6. Do you find yourself comparing yourself with others who are better at dealing with social situations? In those moments, what is it that you tell yourself?
7. Everyone has those moments that are particularly embarrassing in life. Can you share with me one of the most embarrassing moments in your life? (Do you think that particular experience may have affected how you respond more generally in social situations?)