	name	calories •	vitamins
1.	Mueslix Crispy Blend	160	25
2.	Muesli Raisins; Peaches; & Pecans	150	25
3.	Muesli Raisins; Dates; & Almonds	150	25
4.	Nutri-Grain Almond-Raisin	140	25
5.	Total Raisin Bran	140	100
6.	Just Right Fruit & Nut	140	100
7.	Oatmeal Raisin Crisp	130	25
8.	Basic 4	130	25
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