PT Dojo Daily Planner

(Accel: 25-35 hours/wk | Flex: 15-20 hours/wk)

[Write Your Name Here]

	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
6:00 AM	leisure	Work	Work	Work	Work	Work	
7:00	leisure	Work	Work	Work	Work	Work	
8:00 AM	leisure	Work	Work	Work	Work	Work	
9:00	leisure	Work	Work	Work	Work	Work	
10:00 AM	leisure	Work	Work	Work	Work	Work	Work on project/s
11:00	football	Work	Work	Work	Work	Work	Work on project/s
12:00 PM	football	Work	Work	Work	Work	Work	Work on project/s
13:00	football	Work	Work	Work	Work	Work	Work on project/s
2:00 PM	football	Work	Work	Work	Work	Work	Work on project/s
15:00	Work on project/s	Work	Work	Work	Work	Work	Work on project/s
4:00 PM	Work on project/s	Work	Work	Work	Work	Work	Work on project/s
17:00	Work on project/s	Work	Work	Work	Work	Work	Work on project/s
6:00 PM	Work on project/s	Work	Work	Work	Work	Work	family time
19:00	family time	Eat/ relax	Eat/ relax	Eat/ relax	Eat/ relax	Eat/ relax	family time
8:00 PM	family time	Work on project/s	Work on project/s	school	Work on project/s	school	family time
21:00	family time	Work on project/s	Work on project/s	school	Work on project/s	school	family time
10:00 PM	bed	bed	bed	bed	bed	bed	bed
23:00							