Table 1: **Table** *Average confidence (possible values 0 to 3)*

|  |  | Pre | | Post | |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Group condition | Effect condition | M | SD | M | SD | Mean difference | Cohen's d |
| Control | None | 1.99 | 0.72 | 1.90 | 0.73 | -0.09 | -0.12 |
| Control | Trend | 1.76 | 0.75 | 1.82 | 0.70 | 0.07 | 0.09 |
| Control | Slope | 1.93 | 0.74 | 1.88 | 0.70 | -0.06 | -0.08 |
| Control | Trend & Slope | 1.93 | 0.68 | 1.95 | 0.68 | 0.02 | 0.03 |
| Training | None | 1.99 | 0.78 | 2.03 | 0.67 | 0.04 | 0.05 |
| Training | Trend | 1.86 | 0.75 | 1.81 | 0.68 | -0.05 | -0.07 |
| Training | Slope | 2.05 | 0.72 | 2.16 | 0.67 | 0.11 | 0.16 |
| Training | Trend & Slope | 1.92 | 0.71 | 1.88 | 0.66 | -0.04 | -0.05 |