Table 1: **Table** *Pre/post post-hoc contrasts of confidence of judgement raitings (Z-values)*

| Condition | Effect | Pre | Post | Difference | SE | t ratio | p |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Control | None | 0.10 | -0.03 | -0.13 | 0.06 | 2.05 | 0.79 |
| Control | Trend | -0.24 | -0.14 | 0.10 | 0.06 | -1.68 | 0.95 |
| Control | Slope | 0.00 | -0.06 | -0.06 | 0.06 | 0.85 | 1.00 |
| Control | Trend & Slope | 0.00 | 0.04 | 0.04 | 0.06 | -0.65 | 1.00 |
| Training | None | 0.08 | 0.12 | 0.04 | 0.06 | -0.67 | 1.00 |
| Training | Trend | -0.09 | -0.17 | -0.08 | 0.06 | 1.37 | 0.99 |
| Training | Slope | 0.15 | 0.30 | 0.15 | 0.06 | -2.52 | 0.46 |
| Training | Trend & Slope | -0.02 | -0.08 | -0.06 | 0.06 | 1.04 | 1.00 |