Table 1: **Table** *Pre/post post-hoc contrasts of confidence of judgement raitings (Z-values)*

| Condition | Effect | Pre | Post | Difference | SE | t ratio | p |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Control | None | 0.08 | -0.04 | -0.12 | 0.06 | 1.86 | 0.89 |
| Control | Trend | -0.24 | -0.15 | 0.09 | 0.06 | -1.43 | 0.99 |
| Control | Slope | 0.00 | -0.08 | -0.08 | 0.06 | 1.25 | 1.00 |
| Control | Trend & Slope | -0.01 | 0.02 | 0.03 | 0.06 | -0.43 | 1.00 |
| Training | None | 0.08 | 0.13 | 0.05 | 0.06 | -0.91 | 1.00 |
| Training | Trend | -0.10 | -0.16 | -0.06 | 0.06 | 1.13 | 1.00 |
| Training | Slope | 0.16 | 0.32 | 0.16 | 0.06 | -2.67 | 0.35 |
| Training | Trend & Slope | -0.01 | -0.06 | -0.05 | 0.06 | 0.89 | 1.00 |