Table 1: **Table** *Regression model*

|  | Full model | | | |
| --- | --- | --- | --- | --- |
| Predictor | OR | SE | z | p |
|  | | | | |
| (Intercept) | 0.03 | 0.32 | -11.19 | <.001\*\*\* |
| Post | 1.88 | 0.32 | 1.97 | .049\* |
| Training | 1.75 | 0.42 | 1.33 | .185 |
| Trend | 374.79 | 0.36 | 16.56 | <.001\*\*\* |
| Slope | 745.75 | 0.37 | 17.65 | <.001\*\*\* |
| Trend & Slope | 1069.37 | 0.39 | 17.92 | <.001\*\*\* |
| Post:Training | 0.66 | 0.42 | -0.99 | .323 |
| Post:Trend | 0.63 | 0.35 | -1.3 | .195 |
| Post:Slope | 0.56 | 0.37 | -1.53 | .125 |
| Post:Trend & Slope | 0.54 | 0.4 | -1.54 | .125 |
| Training:Trend | 0.44 | 0.47 | -1.74 | .081 |
| Training:Slope | 0.63 | 0.5 | -0.93 | .354 |
| Training:Trend & Slope | 0.35 | 0.5 | -2.06 | .039\* |
| Post:Training:Trend | 0.31 | 0.45 | -2.63 | .009\*\* |
| Post:Training:Slope | 1.7 | 0.5 | 1.06 | .287 |
| Post:Training:Trend & Slope | 0.44 | 0.5 | -1.66 | .097 |
| Model | | | | |
| (Intercept) Subject | 0.8 |  |  |  |
| (Intercept) Subject:Time | 0.82 |  |  |  |
| (Intercept) Subject:Effect | 1.43 |  |  |  |
| Residual | 3.29 |  |  |  |
| ICC | 0.48 |  |  |  |
| N Subject | 131 |  |  |  |
| N Time | 2 |  |  |  |
| N Effect | 4 |  |  |  |
| R² Conditional | 0.74 |  |  |  |
| R² Marginal | 0.51 |  |  |  |
| Observations | 10474 |  |  |  |