Table 1: **Table** *Regression model*

|  | Full model | | | |
| --- | --- | --- | --- | --- |
| Predictor | OR | SE | z | p |
|  | | | | |
| (Intercept) | 0.03 | 0.31 | -11.52 | <.001\*\*\* |
| Post | 1.93 | 0.31 | 2.15 | .032\* |
| Training | 1.61 | 0.41 | 1.16 | .246 |
| Trend | 321.44 | 0.34 | 16.8 | <.001\*\*\* |
| Slope | 718.54 | 0.36 | 18.15 | <.001\*\*\* |
| Trend & Slope | 902.9 | 0.37 | 18.33 | <.001\*\*\* |
| Post:Training | 0.75 | 0.4 | -0.73 | .468 |
| Post:Trend | 0.69 | 0.33 | -1.11 | .266 |
| Post:Slope | 0.54 | 0.36 | -1.73 | .083 |
| Post:Trend & Slope | 0.6 | 0.38 | -1.34 | .182 |
| Training:Trend | 0.55 | 0.46 | -1.32 | .187 |
| Training:Slope | 0.68 | 0.49 | -0.78 | .438 |
| Training:Trend & Slope | 0.44 | 0.49 | -1.66 | .097 |
| Post:Training:Trend | 0.23 | 0.43 | -3.37 | <.001\*\*\* |
| Post:Training:Slope | 1.32 | 0.48 | 0.58 | .562 |
| Post:Training:Trend & Slope | 0.33 | 0.48 | -2.31 | .021\* |
| Model | | | | |
| (Intercept) Subject | 0.72 |  |  |  |
| (Intercept) Subject:Time | 0.8 |  |  |  |
| (Intercept) Subject:Effect | 1.47 |  |  |  |
| Residual | 3.29 |  |  |  |
| ICC | 0.48 |  |  |  |
| N Subject | 136 |  |  |  |
| N Time | 2 |  |  |  |
| N Effect | 4 |  |  |  |
| R² Conditional | 0.74 |  |  |  |
| R² Marginal | 0.51 |  |  |  |
| Observations | 10874 |  |  |  |