1. **Health data**

In order to obtain reliable results, we try to avoid some biases. For example, neurological pathologies may be a factor that causes a decrease in attention. In this case, we cannot determine if a decrease in attention is due to doing two tasks at once or to this pathology. Therefore we need this information. Concerning weight and height, these data will not be recorded. They allow us to calculate your BMI (Body Mass Index), which we will always store in a strictly anonymous framework.

1. Do you have one or more pathologies (neurological, motor, ocular, auditory, etc.)?

* Ja
* Which pathologies do you have ?

………….……………………………………………………………………………………………………………..

* Nein

1. What is your weight ?

………………………kg

1. What is your height ?

………………………cm

1. **Carrying out an activity**

The following questions focus on your level in different activities.

1) Do you play a musical instrument ?

* + Ja

Which one(s) do you play ?

………….……………………………………………………………………………………………………………..

What is your level (only for the most practiced one)?

 Beginner  intermediate  Advanced

* + Nein

2) Do you dance ?

* + Ja

Which kind of dance(s) do you do ?

………….…………………………………………………………………………………………………………….

What is your level (only for the most practiced one)?

 Beginner  intermediate  Advanced

* + Nein

1. Are you an actress/actor (whether in your professional life or in your activities outside the professional context)?
   * Ja

How long have you been doing drama ?

……………………………………………………………………………………………………………

* + Nein

4) Do you do sport ?

* + Ja

Which one(s) do you do ?

………….…………………………………………………………………………………………………………

What is your level (only for the most practiced one)?

 Beginner  intermediate  Advanced

* + Nein

1. Are you involved in any activities other than those mentioned above?
   * Ja

Which one(s) do you do ?

………….…………………………………………………………………………………………………………

What is your level (only for the most practiced one) ?

 Beginner  intermediate  Advanced

* + Nein

1. Do you speak several languages ?
   * Ja

how many language and which ones do you speak?

……………………………………………………………………………………………………..

* + Nein

7) Do you bicycle ?

* + Ja
  + Nein

If so, how often ?

* Never
* Once or twice a year
* Many times per months
* Once a week
* Many times per week
* Every day

1. **Physical activity**

The following questions focus on how much time you have spent being physically active in the past 7 days. Answer each of these questions even if you do not consider yourself an active person. The questions are about the physical activities you do at work or when studying, when you are at home, when travelling, and during your free time.

**Bloc 1 : Intense activities over the last 7 days**

**1.** Think of all the intense activities you have done in the past 7 days.

Intense physical activity refers to activities that require a lot of physical effort and make it much harder for you to breathe than normal. Just think of the activities you have done for at least 10 minutes in a row.

**1-a.** In the last 7 days, how many days have you been physically active such as carrying heavy loads, beeching, mountain biking or playing football?

|\_\_|\_\_| **day(s)**

⃝ I didn't have any intense physical activity ***go to bloc 2***

**1-b.** In total, how much time did you spend doing intense activities in the last 7 days?

|\_\_|\_\_| **hour(s)** |\_\_|\_\_|**minutes**

⃝ I don’t know

**Bloc 2 : Moderate activity over the last 7 days**

**2.** Think of all the moderate activities you have done in the past 7 days.

Moderate physical activity refers to activities that require moderate physical effort and make it a little harder for you to breathe than normal. Just think of the activities you have done for at least 10 minutes in a row.

**2-a.** In the past 7 days, how many days have you had moderate physical activities such as carrying light loads, vacuuming, biking quietly or playing volleyball? Do not include walking.

|\_\_|\_\_| **day(s)**

⃝ I didn't have any moderate physical activity ***go to bloc 3***

**2-b.** In total, how much time did you spend doing moderate activities in the last 7 days?

|\_\_|\_\_| **hour(s)** |\_\_|\_\_| **minutes**

⃝ I don’t know

**Bloc 3 : Walking over the last 7 days**

**3.** Think about the time you have spent walking for at least 10 minutes in a row in the last 7 days. This includes walking from one place to another, and any other type of walking you might have done in your free time for relaxation, sports or recreation.

**3-a.** In the last 7 days, how many days have you walked for **at least 10 minutes** in a row?

|\_\_|\_\_| **jour(s)**

⃝ I did not walk ***go to bloc 4***

**3. b.** In the last 7 days, how many days have you walked for **at least 10 minutes** in a row?

|\_\_|\_\_| **Number of 10-minute episodes in a row**

*Examples :*

*Monday: one 60-minute walk  6 episodes*

*Tuesday: one 20-minute walk and 3 5-minute walks  2 episodes*

*Wednesday: one walk of 35 minutes  3 episodes*

*Thursday: one 8-minute walk  0 episode*

*Friday: one walk of 6 minutes then 3 walks of 4 minutes  0 episode*

*Saturday: one 18-minute walk  1 episode*

*Sunday: one 10-minute walk and 3 5-minute walks  1 episode*

*Total : 13 episodes*

⃝ I don’t know

**Bloc 4 : Time spent sitting in the last 7 days**

**4.** The last question is about how long you have been sitting on weekdays in the last 7 days. This includes time spent sitting at work, at home, while studying and in your free time. This may include time sitting at a desk, with friends, reading, sitting or lying down to watch television, in front of a screen.

**4-a.** In the last 7 days, during weekdays, how much time per day, on average, did you spend sitting?

|\_\_|\_\_| **hour(s)** |\_\_|\_\_|**minutes**

1. **After the experiment**

- Did you prefer one story to another?

……………………………………………………………………………………………………………………..

- Was there anything that marked you (example: this word reminds me my family name, this character looks like a cartoon character I really like etc.)?

……………………………………………………………………………………………………………………………………………..

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1. **Instructions**

You are here to participate to an experiment on gestures during spontaneous communication. Our goal is to study your gestures when you are telling a story to someone else.

You will hear stories of aliens coming to Earth to evaluate the possibility of settling there. They come from 4 different tribes and have brought with them a typical vehicle from their planet and want to build a typical house. We ask you to listen and look carefully at the stories, including the appearance and words by which the tribes, vehicles and homes of the aliens are designated. After each story, You are going to restitute what you saw and heard, in one of these four different conditions :

* You are not constrained in any way
* You have to seat on your hands
* You have to bike with the hands
* You have to bike with the legs seated on your hand  or not ??

In each condition, you will be faced to a camera. We record you in order to show this movie to another participant, who doesn’t know anything about these stories. She/He will have to recall what you said.

Remember each detail, each non-words, each event as far as you can. Feel free to talk a lot, and stop only if you don’t remember anything else. Even if you remember something from what you said previously, feel free to tell it.

If you agree, you will come back tomorrow, to recall the stories again, in each condition. We will record you again to measure what do you remember, and compare to what the people who saw you remembers.

If you still agree, we will do the same ten days after, to do the same recall task.

We are putting some markers on your clothes to record precisely each movement, thanks to a motion capture system.

We put some bands around your breast to record your breathing.

There is a micro next to you, to record your speech.