McMaster VS Lakehead

January 16th and 17th 2019

Overview

Teams	PTS	DEF REB	OFF REB	aFG%	TO%	3 PT%	FT%
McMaster	79.9	25.1	9.7	47.60%	15.30%	32.70%	68.20%
Lakehead	76	25.3	8.2	45.20%	15.80%	30.10%	69.20%

Although Mac is clearly the better team, Lakehead has preformed very well all season and in the past 5 games have only lost by 1 possession.

McMasters has had the same goals to improve on all season. Rebounds and Free Throws.

Lakehead Action

Lakehead Action	USG%	Poss	PTS	PPP	Score %
Spot Up	26.70%	503	399	0.793	30.60%
Transition	23.90%	450	435	0.967	44.90%
P&R Ball Handler	12.20%	230	156	0.678	32.60%
Put Backs	5.60%	105	95	0.905	45.70%
P&R Roll Man	5.30%	100	77	0.770	32%
Iso	5.10%	97	72	0.742	38.10%
Hand Off	4.50%	85	60	0.706	31.80%
Off Screen	4.10%	77	56	0.727	29.90%
Misc	12.60%	210	142	0.676	34%

Lakehead's offense is actually statistically better than Guelph's, Algoma's, Waterloo's and Windsor's even though they are all ranked higher in the standings

LakeHead Shot Type

Shot Type	USG%	Poss	PTS	PPP	Score %
Short	8%	49	22	0.449	22.40%
Medium	8%	49	34	0.694	34.70%
3 Point	84%	512	430	0.840	27.90%
Shot	USG%	Poss	PTS	PPP	Score %
Guarded	58.70%	244	190	0.779	25.80%
Unguarded	41.30%	172	182	1.058	35.50%
Shot Type	USG%	Poss	PTS	PPP	Score %
Jump Shot	55%	610	486	0.797	28%
Lay Up	34.40%	378	361	0.955	45.80%
Post Up	4.30%	47	36	0.766	36.20%

Notes on Shot types

- Lakehead shoots a ridiculous amount of 3's with 84% of their shots coming beyond the 3 point arc
- When examining the midrange shots,
 Lakehead has a 34% score percentage while
 only having the same amount of possessions
 as layups/postups which means they are able
 to draw lots of shooting fouls in the midrange.
- Above a point per possession for unguarded shots is well above league average and should not be left uncontested

Lakehead Defense

Lakehead Defense	USG%	Poss	PTS	PPP	Score %
Spot Up	22.40%	431	390	0.905	35.70%
Transition	19%	365	304	0.833	38.90%
P&R Ball Handler	11.60%	223	187	0.839	40.80%
Iso	7.60%	146	117	0.801	38.40%
Post Up	6.70%	129	113	0.876	45.70%
Put Backs	6.70%	128	133	1.039	53.10%
Cut	6.50%	126	143	1.135	59.50%
Off Screen	5.60%	107	95	0.888	35.50%
Misc	7.20%	138	58	0.42	21.70%

Lakehead has one of the worst post up defense in the OUA and an even worse cut defense. Lakehead struggles with movement on offense and does not do well with offensive screens.

Lakehead Notes

- Lakehead has the most possessions in the OUA and almost 300 more than McMaster
- Taylor, Lam, and Wright all have 275 possessions for their team in an attempt to divide their offense
- Lakehead tries to make all team members a threat and give everyone open looks but truth be told not everyone is good enough on their team. They rely on having 3 or 4 streaky players and hoping one of them gets hot

McMaster Notes

- Dave ranked 20th in all of Canada for Defensive efficiency rating
- Connor ranked 40th
- McMaster's Offense ranks 7th in the OUA, just below Laurier and Brock
- This being said Mac's Defense is ranked 12th
 (only above Waterloo, Algoma, Guelph and
 Laurentian (tied with U of T))

McMaster Notes (Cont)

- McMaster's turnover percentage is one of the best in the league and is even better than Ryersons
- Sefa and Kwasi hold Field goal percentages both in the top 15 of the OUA
- Although McMaster only get 30% of their shots unguarded, they lead the league is scoring % from these unguarded shots.