Q: What is Energy??



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A: Energy takes many forms, but *Mechanical Energy* is the energy due to the motion and position of a mass.

There are two kinds of Mechanical Energy; *Kinetic Energy* and *Potential Energy*.

$$KE = \frac{1}{2}mv^2$$

$$PE = mah$$

(Note: the above equation for PE is for *gravitational potential energy*. There are other kinds of potential energy. For example; PEwhich is stored in a spring.)



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What is the kinetic and potential energy of the satellite?

The mass of Sputnik was 84 kg. Assume the gravitational force is the same as it is at the surface of the earth.



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Notice that mechanical energy (KE and PE) are scalar quantities. WE ARE NOT CONCERNED WITH DIRECTION HERE, only POSITION and SPEED.



Energy is conserved in the universe.



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Therefore:

$$\mathsf{KE}_\circ + \mathsf{PE}_\circ = \mathsf{KE}_f + \mathsf{PE}_f$$

Suppose someone drops a 3kg bowling ball, initially at rest, off a 100m high cliff. How fast will it be going when it hits the bottom?



Units

We see that mechanical energy has units of kg \cdot m $^2/$ s 2 . We give this a name, "Joule."

$$\frac{1 \text{ kg} \cdot \text{m}^2}{\text{s}^2} = 1 \text{J}$$

