#### Discussion Assignment #2

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#### Question 1: What is the goal of the article?

The goal of the article is to provide an example of using the parametric g-computation formula to estimate the impact of various behavioral and lifestyle interventions on CHD risk using data from the Nurses Health Study. It's the first large scale application of the parametric g-formula in an epidemiologic study.

Question 2: Consider the effect of diet on the cumulative risk of coronary heart disease (CHD) while controlling for time-dependent diabetes.

#### Question 2(a): Why is diabetes a time-dependent confounder?

Diabetes is a time-dependent confounder because:

- 1. Diabetes is a risk-factor for the outcome, CHD
  - 2. A diagnosis of diabetes could impact future exposure status, diet, and
  - 3. Prior diet may impact whether or not a person is diagnosed with diabetes.

So, this covariate can both be impacted by the exposure and can impact future exposure.

## Question 2(b): Specify the corresponding structural causal model $\mathcal{M}^F$ using the following notation:

- Let  $L_k$  be diabetes status at time k.
- Let  $A_k$  be diet at time k. Then we can set it according to a static intervention: "good"  $A_k = 1$  or "bad"  $A_k = 0$  at time k.
- Let  $Y_k$  be an indicator that the subject was diagnosed with CHD by time k.

$$O=\{\bar{L}(k),\bar{A}(k),Y(k)\}$$

 $\bar{L}(k) = \text{Diabetes diagnosis at time k}$ 

 $\bar{A}(k) = \text{diet at time k}$ 

Y(k) = CHD at time k

$$\bar{L}(k) = f_{L(k)}(\bar{U}_{L(k)}, \bar{A}(k-1), \bar{L}(k-1), \bar{Y}(k-1))$$

$$\bar{A}(k) = f_{A(k)}(\bar{U}_{A(k)}, \bar{A}(k-1), \bar{L}(k), \bar{Y}(k-1))$$

$$Y(k) = f_{Y(k)}(\bar{U_{Y(k)}}, \bar{A}(k), \bar{L}(k), \bar{Y}(k-1))$$

## Question 2(c): Specify the counterfactuals of interest and the target causal parameter.

Our counterfactuals of interest are the values of  $Y_{\bar{a_k}}$  we would have observed if  $A_0$  had been set to values 0, 1, 2, 3,...18 at each time point, with these values representating all the 18 possible lifestyle interventions at each time point. We are able to generate these counterfactuals by plugging in every combination of treatment level across all time points and observing the outcome for each.

The target causal parameter is given by the following marginal structural model:

$$E(Y_{\bar{a_k}}) = m(\bar{a}|\beta) = logit(P_{U,X}(Y_{\bar{a}=1})) = \beta_0 + \beta_1 a$$

Our target causal parameter is  $\beta_1$ , where  $e^{\beta_1}$  gives us the causal OR for CHD associated with the 18 lifestyle interventions.  $\beta_1$  represents the causal parameter if the relationship between the interventions and CHD is unconfounded by measured or unmeasured factors. **From the discussion in class:**  $\psi^F(P_{U,X}) = E[Y(2)_{\bar{a}=1} - Y(2)_{\bar{a}=0}]$ 

## Question 2(d) What are the observed data O? Factorize the observed data distribution $P_0$ according to the time-ordering.

N i.i.d. copies of  $O=(L_0,A_0,L_1,A_1,L_2)\sim P_0$ 

(with Y as a subset of the Ls)

Basic probability reminder for factoring:

- $P(A,B) = P(A \cup B) = P(A|B) \times P(B)$
- If we know that say 10% of the class drinks coffee, and that of coffee drinkers 50% like ginger cookies, then 5% of the class drinks coffee AND likes ginger cookies.
- So then,  $P(A, B, C) = P(A|B, C) \times P(B|C) \times P(C)$

Because we have something that is a function of the joint distribution  $(P_0)$  we can factorize it using probability rules into conditional distributions that we can use.

Question 2(d) What are the observed data O? Factorize the observed data distribution  $P_0$  according to the time-ordering.

$$P(L_0, A_0, L_1, A_1, L_2) =$$

$$P(L_2|A_1 = a_1, L_1 = l_1, A_0 = a_0, L_0 = l_0) \times$$

$$P(A_1|L_1 = l_1, A_0 = a_0, L_0 = l_0) \times P(L_1|A_0 = a_0, L_0 = l_0) \times$$

$$P(A_0|L_0 = l_0) \times P(L_0 = l_0)$$

$$P(L_0, A_0, L_1, A_1, L_2) =$$

$$\prod_{0}^{2} P(L_k = l_k | \bar{A}_{k-1} = \bar{a}_{k-1}, \bar{L}_{k-1} = \bar{l}_{k-1}) \times$$

$$\prod_{0}^{1} P(A_k = a_k | \bar{A}_{k-1} = \bar{a}_{k-1}, \bar{L}_{k-1} = \bar{l}_{k-1})$$

Question 2(d) What are the observed data O? Factorize the observed data distribution  $P_0$  according to the time-ordering.

$$P(O = o) = \prod_{k=0}^{2} Q(L_k = l_k | \bar{A}_{k-1} = \bar{a}_{k-1}, \bar{L}_{k-1} = \bar{l}_{k-1}) \times \prod_{k=0}^{1} g(A_k = a_k | \bar{A}_{k-1} = \bar{a}_{k-1}, \bar{L}_{k-1} = \bar{l}_{k-1})$$

## Question 2(e): What assumptions are needed to identify the causal parameter from the observed data distribution?

In order to identify our causal parameter from the observed data distribution, we must assume:

1. Sequential Randomization, which assumes each A is independent of Y (and which allows us to control for a different set of covariates at each time point), and that we have measured all confounders sufficiently for identifiability.

$$Y_{bara} \perp A_0 | L_0 = l_0 Y_{bara} \perp A_1 | L_1 = l_1, A_0 = a_0, L_0 = l_0$$

2. Positivity, which assumes that no strata of the exposure, given covariates, have few or no observations.

$$P(A(k)|barL_k, barA_{k-1} > 0 - a.e., fort = 0, 1$$

### Question 2(f): Specify the G-computation formula (i.e. the statistical estimand) for this example.

The general longitudinal G computation formula is:

$$E(Y_{\bar{a}}) = \sum_{\bar{l}} E(Y_{K+1} | \bar{A}_K = \bar{a}_K, \bar{L}_K = \bar{l}_K) \times \prod_{t=1}^K P(L_t = l_t | \bar{A}_{t-1} = \bar{a}_{t-1}, \bar{L}_{t-1} = \bar{l}_{t-1})$$

Therefore in this specific example it would be:

$$E(Y_{\bar{a}}) = \sum_{\bar{l}} E(Y_2 | \bar{A}_1 = \bar{a}_1, \bar{L}_1 = \bar{l}_1) \times \prod_{0}^{1} P(L_t = l_t | \bar{A}_{t-1} = \bar{a}_{t-1}, \bar{L}_{t-1} = \bar{l}_{t-1})$$

(Given that timepoints run from t = 0 to t = 2, and thus K = 2)

# Question 2(g): How would you implement a longitudinal parametric G formula (i.e. non-targeted substitution) estimator for this parameter?

- 1. Use a pooled logistic regression to model each time-varying risk factors using time-varying and baseline risk factors for the 2 previous time points (2 years and 4 years prior) among those with no prior diagnosis of CHD
- 2. Use a pooled logistic regression model to model non-CHD death for the 2 previous time points (2 years and 4 years prior) among those with no prior diagnosis of CHD
- 3. Use a pooled logistic regression to model CHD using time-varying and baseline risk factors for the 2 previous time points (2 years and 4 years prior) among those with no prior diagnosis of CHD
- 4. Simulate data (n=10,000) using Monte Carlo simulation
- 5. Simulate covariates by predicting their values using the risk factor models' coefficients from step 1. If the value you are simulating is a continuous variable, then it's simulated from a distribution with the expectation as the mean but with some variability.
- 6. Use a logistic regression model to model each level of the intervention using time-varying and baseline risk factors.
- 7. Predict the probability of non-CHD death at each time point based on the simulated and intervened upon risk factors.
- 8. Predict CHD at each time point for each individual based on the simulated and intervened upon risk factors.
- 9. Calculate the cumulative risk across all individuals
- 10. Repeat 4-9 above for each level of A to get a estimate for every treatment regime of interest
- 11. Use bootstrapping to calculate 95% confidence intervals

#### Question 3. Discuss the hypothetical interventions on risk factors for CHD.

#### 3(a) How are interventions 1 and 2 different?

Intervention 1 (quit smoking) is a static intervention in that everyone receives the same exposure intervention (no smoking) whereas intervention 2 is dynamic because anyone that exercises less than 30 minutes a day is intervened upon to increase their exercise to more than 30 minutes per day. Those already exercising 30 minutes per day, don't have any change made. Thus, what intervention is received is dependent on the participants current exercise time.

#### 3(b) Why do the authors consider the BMI intervention to be "unrealistic"?

The BMI intervention is specifying "an attribute rather than a behavior" so the method of intervening on this is ambiguous, and different interventions could affect CHD differently. Also for some people it might require a large BMI change in a short period of time which is impractical, and because it would be unlikely to happen it could lead to practical positivity violations.

### Question 4. How is censoring handled in the primary analysis? Discuss the relevant assumptions.

The authors handled censoring by setting  $C_k$  (loss to follow up) as not occurring (i.e.,  $C_k = 0$ ) for all subjects. Therefore, their real target causal parameter equaled  $E(Y_{\bar{a},C_k=0})$ . The sequential randomization assumption is then extended, because the authors assumed that the measured past is sufficient to deal with any informative censoring. This can be notated as:  $E(Y_{\bar{a},C_k=0}) \perp C_t | \bar{L}_t, \bar{A}_t = 1, \bar{C}_{t-1} = 0$  across all values of t.

They also extended their positivity assumption, now also making the assumption that there is some positive probability of being censored and uncensored. This can be notated as:  $\min(\mathbb{P}(C_t=1|\bar{L}_t,\bar{A}_t=1,\bar{C}_t=1))>0$  and  $\min(\mathbb{P}(C_t=0|\bar{L}_t,\bar{A}_t=1,\bar{C}_t=0))>0$ 

### Question 5. How is death by another cause handled in the primary analysis?

Unlike with censoring, the authors chose to treat death from other causes the same as other covariates; essentially they allowed competing risks to be treated as part of the overall data generating process, with no intervention.

#### Question 6. What exclusion restrictions do the authors make?

Within their multi-dimensional L nodes, they make the strong assumption that all components of the node are independent of one another, and that no risk factor causes any other concurrent risk factor. By assuming all the components of othe L nodes are independent of each other, no time-ordering is necessary within a particular node; therefore, the authors were able to use the same set of parametric models regardless of where they chose to intervene.

# Question 7. What parametric assumptions do the authors make? How much might these impact results (alluded to in the sensitivity analyses)? How might you approach the estimation problem differently?

The authors use a parametric model for probability of CHD and risk of death given a variety of time-varying risk factors (Ls): pooled logistic regression. The order in which the covariates are included in the regression model (the order in which the time-varying covariates are generated) affects the risk estimates. Model misspecification may also bias the estimates because of improper extrapolation beyond the limits of the data, or improper fitting of a line or curve based on assumed relationships of the treatment and outcome (i.e. they have assumed the wrong distribution or functional form of one or more the time-varying risk factors or the outcome). In this case, the authors found through sensitivity analyses that their parametric model choices impacted the absolute measures of risk, but not the relative measures.

I might approach this estimation problem using nonparametric estimators, such as TMLE. This would allow for utilization of SuperLearner or other strategies to generate estimates, not subject to model misspecification in the same ways (though also not a panacea)!

# Question 8. On page 1604, the authors describe the simulation of risk factor histories not present in the observed data. What assumption does this refer to? What is the danger here?

This refers to the positivity assumption, specifically the assumption that there is a non-zero proportion of each observed treatment value within strata of covariates. The danger here is that this assumption could be violated for a number of reasons, including a small sample, certain groups that rarely or never receive treatment, any many levels of treatment (which is the case here) ultimately leading to sparse data. Violations of the positivity assumption that are obscured by simulation of risk factor histories without direct support in the data may lead to models that fail to converge or estimators that fail due to undefined fractions (i.e. zero-value denominators), or biased estimates that do not properly represent the true relationship between the risk and outcome.

Question 9. Bonus: The authors say they used cross validation to fine tune prediction models. What do you think they mean? How would you use cross validation to fine tune prediction models?