**bipolar**

**Beinhaltete Variablen:**

* X
* ID
* Groups
* Gender
* Relationship\_status
* Age
* Employed
* Comorbidities
* Conc\_med
* Family\_history\_mood\_disorders
* Previous\_suicide\_attempt
* YMRS\_1 to YMRS\_11
* Previous\_Ep
* Education\_years
* Onset\_age
* ISEL\_1 to ISEL\_12

Deskriptivstatistik

|  |  |  |
| --- | --- | --- |
| Training  ∑ 128 | Training (EW) | 68  32 weiblich, 36 männlich (∑68) |
| Kein Training (noEW) | 60  37 weiblich, 23 männlich (∑60) |
| Age  Range: 18-73 (6.25% > 65) | Training (EW) | MAge = 40.94, SDAge = 14.11 |
| Kein Training (noEW) | MAge = 39.40, SDAge = 15.08 |

*Anmerkung.* Daten von insgesamt 128 Proband:innen, welche anhand von 37 Variablen beschrieben werden.

**Table 1**

*Descriptive Statistics for YMRS and ISEL (Subscales) by Group (Control vs. Training)*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Variable | Control | | Training | |
| *M* | *SD* | *M* | *SD* |
| YMRS | 31.20 | 4.40 | 26.85 | 4.53 |
| ISEL | 35.20 | 6.58 | 34.84 | 6.48 |
| Appraisal Support | 11.78 | 2.41 | 11.72 | 2.11 |
| Belonging Support | 11.80 | 2.40 | 11.60 | 2.39 |
| Tangible Support | 11.62 | 2.62 | 11.51 | 2.60 |

*Note.* YMRS = Young Mania Rating Scale. ISEL = Interpersonal Support Evaluation List.