User journe	ey:	Cabinet Office
Phases Where does the user journey start? What steps does a user take to complete their journey? When does the user journey end?	Finding out what I need to do	When is the user need served?
Needs What does the user need at this point in their journey? What are their informational needs? Physical needs? Emotional needs?	I need to know what to do and when	
Activities What is the user doing to address their needs? What are they required to do by the service? What else happens along their journey?	Searching online Asking my friends	
Emotional levels How does the user feel? Why?	;) :	
Touchpoints Where does the user come into contact with the service? What digital services might they interact with? Through what other channels is the service delivered?	Call centre	
Painpoints What is causing issues for the user? Where is the user journey disrupted? What bits of the service are failing?	Not knowing what is a reliable source of information	
Who's responsible for this bit of the process Which department, organisation, team or person?		
Processes What's happening behind the scenes to deliver this service to the user?	Capturing user information	
Research questions		
Hypotheses		