

## OCTOBER NEWSLETTER: FOCUS ON 11TH ANNUAL MEETING OF AEPCOS SOCIETY

The November newsletter is dedicated to 11th Annual Meeting of AEPCOS Society that was held in Newport, RI, USA from 17 to 18 October 2013. The meeting was a great success not only for the participation of experts from many different countries or for the beautiful avenue but mainly for the quality of the presentations and the interesting discussions. We received a lot messages just saying: *really a great meeting!* In this issue we publish a general commentary written by Anuja Dokras, M.D., Ph.D., who chaired the Annual Meeting Committee.

As every year, the annual meeting is the time when the Board changes and a new President and some new Board members start their period of service for the Society. In this issue of the newsletter, we have published the letter that the new President, David Abbott, Ph.D., has sent to all members. It is also time to thank the experts who are leaving the Board, so this year we would like to give a special appreciation to Doctor Futterweit for all his past and ongoing contributions to the AEPCOS Society.

The Board has also decided to renew all AEPCOS Committees. A form that members who are interested, may use to indicate their availability, is included in the newsletter.

VOLUME 1, ISSUE 10

OCTOBER 31, 2013

### In this issue:

- \* Commentary on 11th Annual AEPCOS meeting by Anuja Dokras, M.D.
- \* Letter to members of the new President of AEPCOS Society, David Abbott

### Editorial Board

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## FORTHCOMING AEPCOS MEETINGS

- 12th Annual Meeting of Androgen Excess & PCOS Society, Sicily, Italy, October 2014
- 13th Annual Meeting of AEPCOS Society, San Diego, CA, USA, June 2015

Anuja Dokras, M.D., Ph.D., Chairman of Annual Meeting Committee and Director of PENN PCOS Program at the Department of Obstetrics and Gynecology, University of Pennsylvania, Philadelphia, PA, USA, has summarized the highlights of the 11th Annual Meeting of AEPCOS Society.

It gives me great pleasure to report to you on the 11th Annual AE-PCOS meeting held in Newport, RI, USA on October 17-18, 2013.



One of the highlights of this meeting was the presentation of two consensus statements commissioned by the guidelines committee of the AE-PCOS Society. Paolo Moghetti presented the evidence-based guidelines for long-term management of hirsutism and the chronic hormonal, reproductive, and metabolic disorders frequently associated with hirsutism (Hum Reprod Update. 2012 Mar-Apr;18(2):146-70). Marla Lujan presented a systematic review of the literature on PCO morphology and the suggested, new criteria for PCO (unpublished).

Dr. Rick Legro, the president of the AE-PCOS Society, gave a thought provoking talk on the limitations of randomized clinical trials in infertility with a special emphasis on outcome measures and safety end-points. He also highlighted potential improvements in future trials. Our keynote speaker, Dr. Andrea Dunaif, lucidly reviewed the complex topic of genetics of PCOS. She presented the world wide literature and critiqued the approaches used so far. Both these topics were timely and the lectures were very well received.

A variety of topics related to PCOS were covered during the meeting including presentations on the impact of obesity and nutrition on oocyte quality, pregnancy and second-generation offspring in mouse models. During the 'Controversies in Fertility' session, speakers discussed options to fast-track to injectable medications versus use of oral agents for ovulation induction, indications and outcomes of gastric bypass surgery, and the possibility of the reproductive window and menopause being extended in women with PCOS. The 'Long-term Cardiovascular Morbidities' session focused on the limitations of current studies to assess subclinical atherosclerosis and the outcomes from longitudinal follow up of metabolic risk factors in PCOS.

Dr. Helena Teede gave a special presentation on the successful journey of the Australian PCOS Alliance. This has been a combined effort on part of healthcare providers from several fields, patients, and local authorities to further the awareness of PCOS through education, improved access and implementation of guidelines. We also heard excellent contributions from members of AACE. The AE-PCOS members from India discussed unique features of the Indian PCOS phenotype.

I would like to thank Dr. Enrico Carmina for his leadership in organizing this successful meeting. We encourage you to attend our next meeting and participate in the lively discussions that ensue during the Q&A times and over meals.



**From left, Helena Teede (Australia), Elisabet Stener Victorin (Sweden) and Anuja Dokras (USA) during a coffee break at the meeting.**

## **AEPCOS NEW BOARD**

President: David Abbott (USA)

President Elect: Anuja Dokras (USA)

Past President: Richard Legro (USA)

Board Members: Ethel Codner (Chile), Hector Escobar Morreale (Spain), Jie Qiao (China), Elisabet Stener Victorin (Sweden), Selma Witchel (USA), Bulent Yildiz (Turkey)

Director & CEO: Enrico Carmina (Italy)

Senior Director: Ricardo Azziz (USA)

Treasurer: Antoni Duleba (USA)

## INTERESTED IN PARTICIPATING TO AEPCOS COMMITTEES?

If you are interested in participating to the activity and the decisions of AEPCOS Committees, please complete this form and send to:

[enrico.carmina@ae-society.org](mailto:enrico.carmina@ae-society.org)

Name.....  
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Position.....  
.....

Email.....  
.....

I wish to be part of the following AEPCOS Committee:

Research Committee.....

Educational Committee.....

Fundraising Committee.....

Publication Committee.....

Guideline Committee.....

Membership Committee.....

Website Committee.....

Annual Meeting Committee.....

## ANDROGEN EXCESS & PCOS SOCIETY

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David Abbott, Ph.D.

In this month's Newsletter we publish the letter that the new President of AEPCOS Society, David Abbott, Ph.D., has sent to all members. David Abbott is Director of Wisconsin National Primate Research Center at the University of Wisconsin, Madison, WI, USA and Professor at the Department of Obstetrics and Gynecology at the same University. He has studied for many years the possibility to induce PCOS in monkeys by fetal androgenisation. His studies have opened the way to many other studies on different animal models and have given an important contribution to our understanding of pathogenesis of PCOS.

Dear Members,

I am deeply honoured to be the first basic scientist to be elected President of the AE-PCOS Society. It well reflects how our Society has developed in its inclusion of many aspects of androgen-related research and androgen-related areas of clinical practice. We are a vibrant Society, as evidenced by increasingly dynamic and interactive Annual and Update Meetings. These successful meetings have culminated to date in this year's highly lauded Annual Meeting in Newport, RI. Our 2013 Annual Meeting provided cutting-edge insight into both research and clinical advances, and provided ample opportunity for discussion and debate. We are an inclusive Society, as reflected by the diversity of our international membership that extends to elected Board members and Officers of the Society. Thanks to excellent relations between our international membership and the Society's Officers and Board members, each year we hold Society meetings in a variety of countries. Our Societal focus on androgens provides a unique academic forum that attracts clinicians and basic scientists, alike. I plan to increase encouragement of our basic scientist colleagues to join AE-PCOS and contribute more to our scientific meetings and discussion.

In my year as President, I plan to add an increased flavour of basic and translational research to our next Annual Meeting in Palermo, Italy in October 2014, and to our next Update Meeting accompanying ENDO 2015 in San Diego. These will include advances in understanding androgen biosynthesis and androgen action that contribute to androgen excess, as well as areas of research in which normal, or even low, levels of androgens are considered "excess" in certain circumstances, such as prostate cancer. I look forward to the coming year with AE-PCOS contributing an increasingly strong platform for androgen-related biology supporting both basic and clinical research advances for the betterment of clinical care.

Respectfully submitted

David H. Abbott, Ph.D.

President, AE-PCOS Society



**ANDROGEN  
EXCESS &  
PCOS SOCIETY**

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## 12TH AEPPOS ANNUAL MEETING, SICILY, ITALY, OCTOBER 2014

The Board has decided that 12th Annual Meeting of AEPPOS Society will be held in Sicily, Italy, October 2014. The venue and the exact dates of the meeting will be decided in next few weeks.

This meeting will be the most important meeting on PCOS in 2014 but also a great opportunity to visit one of the most beautiful places in the world.

