

iMessage
4/12/24, 1:58 PM

Attachment stored in iCloud:
B86DC4B2-0AF3-468F-AC13-372F4956F1F3.MOV (Video)

This is a first-person account that is metaphorical and therapeutic, although quite dark.

Even darker, and felt more, with good headphones and 3 minutes.

The story revolves around a villain, who is portrayed as a true embodiment of evil.

The story contains a fictitious background of the villain, but his character is based on a non-fictional, accurate portrayal of himself.

The villain is depicted as having a demented, immature mind that struggles to grasp reality, leading to an unseen crescendo of violence. The story focuses on how evil often wins battles, while good rarely wins the never-ending war. The villain's past is riddled with violence and a difficult childhood, which has contributed to his underdeveloped mind and inability to control his anger.

The story also tackles the inner battles that the villain faces, including his inner homoerotic urges, which are portrayed as the driving force behind his anger towards the world. The story's author uses various metaphors to highlight the inner struggles of the villain.

Overall, the story provides an interesting glimpse into the author's mental state during production and serves as a therapeutic outlet for the author's own struggles.

****this preview was edited and improved by artificial intelligence****

I'm definitely going to need some context into fully understanding this lol

Attachment stored in iCloud:
IMG_1751.jpeg (Image)

I forgot i didnt tell you. Its been a long couple weeks ! But we good now!

4/12/24, 3:15 PM

➔ Replying to you, 2024-04-12 14:03:02: « I forgot i didnt tell you. Its been a long couple weeks ! But we good now! »

Wow. Remind me to NEVER get on your bad side

I'm glad that you're past the initial phase of this all. How's it going now? Mentally?

That video downgraded quality big time I realized

Sending the better one jsut for the record

Laughed at "Sending the better one jsut for the record "

^ this guy Boerner is like, "Fuck therapy. I'm making a Hollywood blockbuster from this" 😂

Attachment stored in iCloud:
B86DC4B2-0AF3-468F-AC13-372F4956F1F3.MOV (Video)

Wow

Hollywood level trailer

4/12/24, 11:19 PM

You got some time whenever? I want to talk to you about a topic that I think only you can relate to.

Yea man. Sunday

Give me a topic teaser if you'd like

If it'll help

My sister wants to be a part of my life again and I don't know what I want. A part of me doesn't want a relationship with her, as much as she does. No bad feelings. Just outgrew each other to such degree that I no longer see her as a sister or anyone other than a stranger. I don't feel the special bond anymore.

But, I'm also forcing myself to think in a positive way about it all. I don't want to end or burn a bridge, then carry guilt with me for having done so. I'm trying to move away from these "absolute" or "ultimatum" type decision making.

I am having a video call with her for the first time in 3 years tomorrow morning. I'm really questioning why I am doing this. But, I'm continuing to remain curious about "What am I here to learn? What is this here to teach me?"

I felt obligated to stay connected with her for the first few years after being adopted. I felt that I owed her for helping me during my early childhood days. Then, I had a realization that it was not fair of me to hold myself to such standard. I was just a kid and that's what her or "adults" have to do. Once the obligation went out, so did much of the relationship.

Edited

If you're asking if you should take the call, take it

If you need to talk now, I got 15 minutes in me

4/14/24, 1:01 PM

Talk late this eve ?

Hope it went well

After the Masters concludes

Yes

I'm watching that too lol

The call didn't happen. I called her twice, but she didn't answer

I'm sorry man

But, I do feel lighter

Ok good

She fucked with your heart but who you were before the call is key

That's exactly the approach I'm taking

Liked "That's exactly the approach I'm taking"

It's okay. I know who I am and what I stand for. Plus, our conversation gave me an additional tool I can use for future events. Win-win

Edited

Which tool you referring to?

To not pre-judge conversations

To go into them with an open heart and mind

To release anger or resentment

To know that every experience is happening FOR me

Now go do some cathedral thinking

Good for you man I'm happy to hear the attitude

Loved "Now go do some cathedral thinking"

What time are you around tonight?

9-10

Cool. Call me then

Liked "Cool. Call me then"

4/14/24, 7:09 PM

Next Tiger Woods in the making? Scheffler?

Haha he's a stud

Hey gonna skip tonight's call and stay heads down I hardly watched masters and got lotta stuff to do cool with you?

Yes cool with me

5/6/24, 12:27 PM

Attachment stored in iCloud:
lp_image.HEIC (Image)

Attachment stored in iCloud:
IMG_4021.heic (Image)

For Mother Russia 🇷🇺

How was it

Cold

With the ice and fresh water, I can get it to 42 degrees

5/21/24, 8:32 AM

Attachment stored in iCloud:
Screenshot 2024-05-21 at 8.31.48 AM.jpeg (Image)

Did you write this?

No

Modified for me not to publicize

I like it a lot. Similar to the understanding I've developed over the years. The question about timescale is a good one to keep in mind.

Thank you for sharing!

Another question that has helped me is, "What meaning am I giving to the things around me?"

5/21/24, 11:18 AM

Attachment stored in iCloud:
PNG image.jpeg (Image)

Attachment stored in iCloud:
Screenshot 2024-05-21 at 11.17.26 AM.jpeg (Image)

can you confirm this? this is only drawback if i want to have flexibility like hosting through WebFlow for example. thoughts?

this is cloud flare

shit that was for morris!

I've never used this service before

yea ignore

I use namecheap or godaddy for domain purchasing

And squarespace for website hosting

name cheap is superior but yea me too

Loved "Another question that has helped me is, "What mean..."

What are you cooking up?

my branding for my online education "academy" so to speak

Hell yes

You have much you can teach us

At least, speaking from my perspective

i was building around a strong placeholder name of AI-Minded, but I don't want the correlation to AI and the stigma, bad press, forthcoming fears concerns around AI - plus AI is not what my courses will lead with. its like fourth in line to fundamentals coming first

also very saturated in SEO

Mind Design is free and clear

surprisingly. but the .com is not available and not in use. keyword cost next to zero and no one buying it and no one sponsoring adwords in google results

the only relevant .com is ... minddesignlabs.com

Disliked "the only relevant .com is ... minddesignlabs.com"

no?

i'm at checkout so give me thoughts please

I like the concept. What's the ultimate goal? To empower people to know that they can control things through their mind/mindset?

redesigning their self, way of thinking, technology minimalism stripping down and building it back up on a framework i follow and practice called "second brain"

and then laying AI onto of reorganized personal data for real application and benefit vs. the blur of single use case tools on the market

Why not, "Second Brain?"

i believe we're less productive with AI at the individual user

its highly used, trademark, google Tiago Forte

Oh okay.

i read his books, its very good

I like the word of experiment more than labs

in a domain tho?

No

i need alternatives to lab

Let me think

i don't love it

use NameCheap for ideas you'll see what's taken and what's not

i really prefer a .com

minddesigninnovations.com was another

Mind design
Mind mapping
Meaning making

➔ Replying to you, 2024-05-21 11:28:38: « minddesigninnovations.com was another »

Too long to spell out and the possibility for misspelling is high. In my opinion

Edited

same

but the way people search isn't getting the domain right in a url bar, its what populates on google

What about Free Mind?

so i'm happy that mind design has top 3 with low page strength in results

Or freed Mind?

eh

its about redesigning

Redesign to achieve clarity and freedom. No?

I do like AI-Minded. But, could see how it could be misinterpreted for Ai

At the end of the day, go with your gut. SEO and everything else can be worked around

Look at my business names:
Overcoming Odds
Moments Worth Remembering

Doing just fine

Also, when I first read it. I read it as, "Alike Minded," not "Ai Minded"

Good thoughts

How about:

Mind.1

.1 is actually a domain extension like .com

Kind of like Player 1?

I would reverse the order

One.mind

Lots taken there

I like that too

Is 1.mind taken too?

What about onemind.com

Your.mind

Our.mind

Just check namecheap it's faster than texting appreciate you

Explored.mind

Liked "Just check namecheap it's faster than texting appr..."

What's your opinion on non .com

Like .co

I'm a huge advocate for it

Especially if it makes the brand stronger

Mind design is perfect for a couple reasons let me share it's background

Is mind.design available?

<https://direct.mit.edu/books/edited-volume/4889/Mind-Design-IIPhilosophy-Psychology-and-Artificial>

Onemind.design is a available but I read SEO google crawlers will lump it into design categories but not majorly impactful

I already have a couple from long time ago like

Reinventionsby.design

Reinventionbydesign.com

➔ Replying to you, 2024-05-21 11:46:23: « I already have a couple from long time ago like

Reinventionsby.design

Reinventionbydesign.com »

Not bad

Again, spelling might be an issue. Reinvention is a hard word for a lot of people to spell

The company name doesn't have to match the domain. Many use prefixes

Like : yourmind.design is available

"The 'how' and 'what' of the mind" would be a great podcast.

Spell that out for me please

Not a url. Just an idea for a podcast to supplement your work. How the mind works, why it does what it does ...

Truemind.design is free

Eh

➔ Replying to Oleg Lougheed, 2024-05-21 11:50:35: « Not a url. Just an idea for a podcast to supplement your work. How the mind works, why it do... »

But what was your title idea I didn't follow with all the " "

I feel like what you're trying to do is so much more than that

One sec

Let me get on name cheap

MindDesignIQ.com is open

MindDesign.one is available

MindDesign.Elite is available

<https://direct.mit.edu/books/edited-volume/4889/Mind-Design-IIPhilosophy-Psychology-and-Artificial>

This has been an inspiration. Read the abstract summary

*Attachment stored in iCloud:
PNG image.jpeg (Image)*

(ALSO, thank YOU for jumping in to help. i value your opinion)

Loved an image

Of course brother!

If you google mind design the pages are crap and no one bidding that's attractive. And trademark is free and clear . It does check boxes other don't

Loved "If you google mind design the pages are crap and n..."

It's a great concept.

Reminds of Human Design

Another methodology for understanding how our minds work

Better

TrueMinded.co is available

But loses that connection and backstory that mind design has

Mind design is more descriptive

Yes and makes it one sided

Mind design is broad

I want broad

It overly but don't want to be niched and can't pivot

I'd work with mind design

Minddesign.co

Ok lemme know if you think of any prefixes or clever ways to domain this

Minddesigned.com

\$9300 is out of budget

Lol

Go daddy says "\$.01"

I'll think on this

Themind.design is the leader for me

That's a good one

Best one of all so far

How much?

minddesignIQ.com is the other

Both are \$10

Disliked "minddesignIQ.com is the other"

I don't like the IQ part. Doesn't really fit in

EQ

What about yourmind.design

Available

I like that more than "the"

More personal

Then just call the company Mind Design

Liked "Then just call the company Mind Design"

I don't love your

I read as "me" "mine" it's not your mind it's mine

Yes, but don't you want them to know that it's their mind they can redesign?

Mymind.design

This may be a great resources for pricing, structuring of your academy ...

<https://www.mindvalley.com/ultramind/sales>

themind.design

I like better than your

Ok let's give it a rest too in the weeds

Liked "Ok let's give it a rest too in the weeds"

Attachment stored in iCloud:
Screenshot 2024-05-21 at 12.26.07 PM.jpeg (Image)

threw in the last two at the end. take a look. talk to you later. lend me your final thoughts and i'll circle back. thanks again. helpful for sure

Iminddesign.com

5/23/24, 1:09 PM

Just got an email from one of the people we helped create a MWR book for:

"My mom (who we sent the book to) passed yesterday. She kept the book on her nightstand."

Wow! I may truly never know the impact of these books.

5/23/24, 11:18 PM

Loved "Wow! I may truly never know the impact of these bo..."

incredible

6/12/24, 4:06 PM

Attachment stored in iCloud:
CleanShot 2024-06-12 at 16.06.18.jpeg (Image)

over a year later

Hahahahahaha

Tell him to F off

Jk

Not really though



I wish

You back on the LinkedIn grind?

LOL

How is the mind design stuff going

*Attachment stored in iCloud:
tmp.gif (Image)*

Is that one of hobbit days?

Yesss dude yes



He's your buddy

Probably working with him

No first time opening it since January

112 requests

Decline decline decline decline

Good lets catch up froday

I dont know to what you tefer

Refer

Delivered