

iMessage
6/2/21, 5:09 PM

The time with normal traffic
From Gettysburg to Wayne is 2 hours
I will be at the restaurant barring unforeseen traffic by 7:30
Is that ok?

6/3/21, 5:03 PM

What is the address of the restaurant
Leaving now

Dinner Reservation:

June 3rd, 7:15pm
Founding Farmers

255 Main St
King of Prussia, Pa

Right next to KOP mall

Could you please bring a gift bag with some tissue paper for mom's present

Yes

Thanks

6/3/21, 10:01 PM

3 Hedgerow lane
Strafford, Pa

6/13/21, 3:02 PM

Thank you!

6/30/21, 8:59 AM

If you are coming up let's take a ride on the bikes. I want you to ride the
Vaquero.
It is a totally different bike

6/30/21, 10:21 AM

Ok great. Melissa and I are figuring out plans and will call you and mom after
today.

I meant Later today we will call

6/30/21, 11:30 AM

Ok

6/30/21, 6:12 PM

Mom and I went to dinner
Give a call with your plans

6/30/21, 7:44 PM

Stephen

We decided to pick the bike up tomorrow evening and take it to Rock Hall where it will stay... for you and I to ride when either of us are at the condo.

Also - Saturday night fireworks in Rock Hall - cocktails on the Fly Bridge

You and Melissa are welcome to come down

DaD

Ok bike will be ready.

7/1/21, 10:52 AM

Please give me a call when have time.

Thanks

7/5/21, 7:37 PM

Hi Stephen

We will be by around 1:00 tomorrow.

I will pick up the bike.

If that's not a good time please let me know

DaD

7/6/21, 6:43 AM

Hi Dad, That works. See you then

7/6/21, 9:15 AM

May be a little earlier between 12 and 1

ok

7/13/21, 4:58 PM

I'm legal

Passed my skills test in MD.

The story of your DaD getting a motorcycle license is a long one but I finally wrote the final chapter.

Feels GOOD!!!!!!

WOWWWW!!!!!!

That's my Dad!

Read 7/13/21

9/6/22, 10:06 AM

Hi Stephen

Could you send me the Amazon link for the grip you recommend for my driver. I need a larger grip and the materials to replace it with. If you are busy today no problem- but could you do it when you have time.

Thanks

DaD

10/21/22, 10:35 AM

Hi Stephen

Give us a call when you have a minute

No rush

10/22/22, 9:06 AM

Are you reading Moby Dick

I just ordered it. I've been reading about the origins of the story.
That was an ode to your favorite book and good Fall beer.

Wonderful

10/26/22, 11:25 AM

Hi Dad, what day and time should I arrive in rock hall?

10/28/22, 6:08 PM

Leaving now

Ok

10/28/22, 7:40 PM

8:20 eta

Ok
We'll watch the game
Did you eat?

10/30/22, 7:15 PM

Hi Stephen
Great time this weekend.
Just to follow up
The Moby Dick movie about Herman Melville is called
'The Heart of the Sea'
Great movie
I'm watching it again tonight
See you soon
F
DaD

10/30/22, 8:22 PM

Great weekend, I agree. I'll watch your recommendation this week

11/27/22, 12:06 PM

*Attachment stored in iCloud:
Image 11-27-22 at 11.46 AM (1).jpeg (Image)*

*Attachment stored in iCloud:
Image 11-27-22 at 12.08 PM.jpeg (Image)*

4/29/23, 7:12 PM

Heading home now

5/6/23, 3:08 PM

Hi Stephen
Are you betting the Derby today

Hi Dad, I am on my flight back from Boston. I got a good tip on the horse named "Two Phil's" and May place a small bet on that horse

Could you place a bet for me. If I win big I'll buy the beer.

I'm leaning toward Mandarin Hero

Yes. You got it. \$20 bet?

That's fine
I'm still digging into the favorites. Let me know when you are about to place your bet. I'll have pick ready. 20.00 is perfect.

Ok I land in an hour and will be home around 5:15pm to place the bets

Ok

Text message
5/6/23, 4:09 PM

I'm leaning toward Mandarin Hero

iMessage
5/6/23, 4:34 PM

I just put \$20 on Mandarin Hero. If you want another \$20 on a different horse, I can do that as well

I'm all about the underdog
I'll call you after the race and catch you up on our boat. Hope you enjoyed Boston.
DaD

Liked "I'm all about the underdog
I'll call you after th..."

I put \$25 on Mandarin Hero as well and \$25 on Two Phils

What will we do with all our winnings is the big question

5/7/23, 8:35 AM

Give me a call when have a minute

5/7/23, 7:16 PM

I will be home in 15 minutes

All good. Lucy is in the house -

5/8/23, 8:52 AM

Sorry about crashing early last night- I over did it yesterday and my back really hurt - took a pain and it knocked me out.
Feel good this morning. Heading to Rock Hall.
I'll give you a call later on today
DaD

Sounds good to me. Glad you're feeling better. I'm free this evening

5/11/23, 12:17 PM

Hi Stephen
Could you please send the names of Soletech

Owners and an email to contact them - our tenant, Patrick, wants to send some info on his new company.

Thanks
When you get a chance
Thanks

No problem. Just emailed it to you.

Thanks
Boat went in the water today. 🚤🚤🚤

Amazing. I'll call you later to catch up



5/30/23, 6:51 PM

Hi Stephen
It's Mom's birthday Saturday
I was wondering if you and Melissa could be the surprise and arrive at dinner. I'm going to try to make reservations at the Steel Club For 6:30
Let me know
DaD

5/30/23, 9:21 PM

Hi dad, I think I can make it. Not sure just yet. Melissa is working then. I'll call you tomorrow

Ok
Just a thought but if you can't that's ok

Let me know
I would keep it a secret from Mom

5/31/23, 11:01 AM

I can make it. Melissa tried to get off work Saturday but they are short staffed. It will be just me

5/31/23, 1:09 PM

Great - Dinner at the Steel Club at 6:30 - Mom will be surprised.

Plan to stay over. We are coming back here for cake a drinks.

Ok sounds good

6/3/23, 12:14 PM

Melissa and I just called mom to say happy birthday. See you at 6:45pm. I'll find you and sneak up

Great

6/3/23, 6:32 PM

We are here

5 min away

6/4/23, 3:22 PM

Hi Dad,

Great dinner. Great night.

Quick question...do you still have the tools and supplies in Bethlehem to change golf grips?

6/4/23, 4:34 PM

Yes

I'm pretty sure I have the lubricant and the tape. I'll check to be sure

Ok thank you

I may change my grips Wednesday evening

Ok

I'll get back to you tonight

6/5/23, 10:45 AM

Hi Stephen

I only have 6 tapes and the grip solvent is 1/4 bottle- probably not enough to get all your clubs done

I can order more or maybe you can buy what you need from Dicks

6/5/23, 12:24 PM

I ordered the grip kit for you - it will be here tomorrow

Oh great. Thank you. I'm ordering grips now and shipping to 424.

6/6/23, 4:52 PM

Just received the grip kit

And a water golf brush

Great. I have 13 grips waiting for me at golf Galaxy in Allentown. I will pick up tomorrow.

I ordered the Honda outboard today too.
Making progress- but yesterday I fell through the boards covering the garage mechanic pit. I messed up my knee so I am hobbling around. Good news though, I went to the spine center today and the Doctor said I should be healed enough to be able lift things again. Thus the motor for the dinghy.
See you tomorrow
Let's see ladders and mechanics pits are off limits for a while.

6/7/23, 9:07 AM

Stephen
Please bring my black sweater
Thanks
DaD

6/7/23, 11:16 AM

I have it packed with me. See you soon.

6/8/23, 8:31 PM

5 minutes

6/22/23, 12:16 PM

*Attachment stored in iCloud:
IMG_0381.heic (Image)*

The Dawn Treader in St. Michaels

Text message
6/25/23, 8:21 AM

Happy Birthday Stephen!
Mom and I were thinking-but we do not want to interfere with your plans but if your going to dinner tonight we would be happy to join you. After all-38 years ago I was standing in a hospital birthing room holding Moms hand while she brought you into the world. Amazing is an understatement.
Let us know but please don't hesitate if it is not good timing.
Love you
DaD

iMessage
6/25/23, 1:38 PM

Hi dad, can we take a rain check? But great idea. I am taking Morris to the airport this evening. Melissa and I haven't had a moment to ourselves yet so we have plans this eve that are a secret to me at the moment.

And thank you for the Birthday text. It's been a great 37 years. Big things coming in year 38

Happy Birthday

Text message
7/12/23, 8:40 PM

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iMessage
7/12/23, 8:42 PM

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[giphy.com-media-26zyYdiV4pdZZUWEU-200.gif](https://media.giphy.com/media-26zyYdiV4pdZZUWEU-200.gif) (Image)

Wow
Amazing

Dinghy looks just like the USS Enterprise. Perhaps we should name it with a nod to Star Trek

Good idea

Suggestions?

8/4/23, 8:58 AM

Hi Stephen
Hope all is well
I went to play golf yesterday and to my surprise I could not find my two wedges.
Any ideas. I've looked everywhere in the garage and in my truck but no luck.
Give a call when you have a chance.
Thanks
DaD

8/4/23, 11:30 AM

Hi Dad, I just tried calling. Can we catch up this evening and I'll call back then? I just got home from St Pete and working today. As for the wedges, I have not seen them and have not used them or taken them out. I have had clubs taken from me before while they sat outside at a public golf course but that is very rare. I have also left wedges on greens after I putt out and not realized I left them until I got home. Did you try calling the golf club you last played at? Or, maybe they found their way into the wrong golf bag on the cart when you were playing. I've done that too

8/4/23, 1:05 PM

Ok
I probably left them on the green last time I played. That is my guess.
Just thought I would check with you first.
Would love to hear how things are going
DaD

8/4/23, 9:28 PM

How about we meet here at 1pm tomorrow or anytime after?

8/5/23, 1:09 PM

Where are we're here

8/13/23, 8:39 PM

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[Resized_20230812_142700_50848071211539.heic](#) (Image)

Your Mom the Pirate Rock Star

8/13/23, 9:40 PM

She'd make one hell of a groupie for Kiss or Motley Crew!

We had Fun at Pirates weekend. See you soon
DaD

8/30/23, 7:03 AM

Are you in Florida?
Please let Mom and I know

9/13/23, 6:09 PM

Hi dad, I'm on an airplane about to take off leaving philly heading to st Pete for two nights. I can call when I land.

That sounded concerning is everything okay?

All good

9/13/23, 9:01 PM

Please listen to VM and call whenever works. Just landed so I am traveling in cab soon to hotel

Tomorrow works as well

9/13/23, 10:37 PM

Hi Stephen
I'll talk to Mom to work out the 22nd but if you can break away for few hours in the afternoon that would great. Then check with Melissa for the 29th. Again if that is putting too much on your plate we understand.
Bruce and I heading to Canada tomorrow on the bikes and Mom and Kim are going by car. We'll be back on the 21st.
I understand what is like to work as hard as you are working plus handle the move. Just know that we are proud of you and Melissa and we stand ready to help in any way we can.
Love
DaD

THANK YOU!

will do. I'll talk to Melissa tomorrow

10/17/23, 1:35 PM

Hi Stephen
Mom and I are looking at VRBO on Indian Rocks Beach for the three days we will be in St Pete
Is that close to you?
DaD

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IMG_9303.PNG (Image)

Hello! Yes we will be in St Pete then and the VRBO is closer to Clearwater and 40 minutes away. Bradenton (where Adam and the wedding is I believe) is South of St Pete so that VRBO might be further than you'd like

I already booked a place for Adams wedding- thinking more in terms of visiting you and Melissa

I would look to St Pete Beach, Sunset Beach, Treasure Island, etc.

Or you would love Gulfport. Our Airbnb is in Gulfport currently and we love it there.

11/16/23, 5:46 PM

Sent you an email today. Let me know what you think.
DaD

11/16/23, 7:13 PM

I love an email with some anticipation. I will read it tonight

11/16/23, 9:15 PM

What a thoughtful email and we really appreciate it. I just called Melissa as she is in Philly getting ready for the engagement and she felt the same. Thank you. I'm leaving tomorrow to join her.

Naturally, i see a grill and really miss having one and melissa loves a Boerner man on a grill , so that's a strong contender but we may think of something else soon.

11/17/23, 3:18 PM

We will let you know soon about the gift . Thank you again.

Also, I have been trying various new web browsers lately looking for something better than Google Chrome and am trying Opera now. It's off to a good start but I'll see after a couple weeks how I like it. So far it looks like it could be what I was looking for

Yes
I like Opera because of the way it is set up and I don't feel comfortable with Googles dominance. Just my way of using something other than Google. Enjoy.
Hope you are doing well. Please feel free to call anytime- we love to hear how things are going.
DaD

12/12/23, 8:25 PM

I'm ready.

12/13/23, 9:20 AM

Hi Stephen
I had a thought- not really about the current situation but more a way forward.
Could I call you sometime today?
Please give me a good time.

Of course how about 5pm

Ok

12/13/23, 11:24 AM

Do you still have the box for the grill

No

Ok
When you get a chance send me pictures of the damage

Ok

12/13/23, 12:49 PM

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Ok thanks
You need a new hire and regulator that you can get at HD.
The connection to the grill should be done with Teflon gas connection tape. Wrap it around the threads. Don't over tighten.
Looks like that is all you need.
I still don't see how a fire started at the tank but you are lucky it wasn't worse.
Talk to you this afternoon.
DaD

Is that a typo "new hire"

Hose

12/31/23, 3:47 PM

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Resized_20231230_183250_98803731838973.heic (Image)

Loved an image

1/1/24, 1:30 PM

Hi Stephen
How did you make out in Rock Hall?

1/1/24, 6:03 PM

Mom and I are wondering how everything worked out for you and melissa in Rock Hall

1/2/24, 5:30 PM

Everything is great. We haven't been feeling well so we are still here. Leaving tomorrow morning. It has been the perfect spot to reset

We are so happy. Rock Hall is the perfect place. Especially this time of year.
Love you

1/2/24, 9:52 PM

Just saw Godzilla minus one!!!
The best Godzilla movie ever!!!
Hope your travels are going smoothly. We are glad you could decompress in RH.
Please keep in touch.
Love you
DaD

1/3/24, 4:07 PM

I will watch it in Gulfport and report back. Drive is going great.

1/8/24, 4:41 PM

Wow
Great wheels
Did you buy that Jalopy?
Fun!

We did. It's a restored 2001 Club Car. We needed a second car and this is street legal so it's perfect. Melissa is close to getting a nursing job and will be using the car if that happens.

Pathfinder 2.0

Good news
Thanks for the update

No real news on the Solar First front. Nevan called me on our drive down and increased the offer slightly but I haven't seen it in writing since. We would still decline it. I have a call with a lawyer tomorrow morning based in Florida. As of now, we intend to move it forward

I'm behind you 100%
Expect that offer to increase. Just a feeling.

Agreed. We aren't rushing it either. Need to keep a life balance with this. Much of the cost with pushing this forward is non-financial.

1/10/24, 3:28 PM

Sent you an e mail
Interested to hear what think

Ok will take a look. getting home in a couple hours

Been reading the other ones you've sent from Bill S. Thanks for sharing

1/10/24, 5:30 PM

Ok
I'll keep it coming

1/11/24, 2:40 PM

Hi dad, do you have time tomorrow to catch up?

1/11/24, 11:45 PM

Yes
Just give me a time - I'm home all day

1/12/24, 8:14 AM

Good morning, Ok let's do 530pm I'll call you close to that time

1/12/24, 9:18 AM

Could we do 4:30?
We may go out with Campbells tonight and they like to go early

That will work. I'll call you then

Ok

1/12/24, 4:21 PM

I'll be ready for your call at 4:30

Ok

1/30/24, 9:32 AM

Hi dad, free early evening today for a phone chat? Will have some updates by then and would like to get your thoughts. I'm free today around 5- 7pm today

1/30/24, 10:52 PM

Sorry Stephen- I was coming home from Rock Hall today and did not check my text messages- are you free tomorrow?

1/31/24, 12:16 AM

No problem at all. Yes, I'm free tomorrow late morning

1/31/24, 6:24 AM

Ok
I have a Dentist appointment at 11:00.
I will call you as soon as I get out from that.
DaD

1/31/24, 11:13 AM

I am playing a little golf today, so I might not be able to pick up when you're out of your appointment. Just in case, are you free late tonight or tomorrow?

2/1/24, 11:27 AM

Leaving now for Rock Hall. I'll call you just after we get there.

2/1/24, 2:42 PM

I'm home in Rock Hall
Call anytime

2/15/24, 2:37 PM

Hi Stephen

Great seeing you and Melissa the other day.

Mom and I drove straight through to Bethlehem yesterday. Not something we wanted to do but the Annapolis bridge was closed due to high winds so by the time we were near Washington it was too late to do another route to Rock Hall. Long day.

Thanks for all the info on the AI websites. Please send me info as you see fit. I am extremely interested.

Did you get Entrepreneur Magazine. There are some good articles in it this month. I ordered you the subscription before Christmas so you should have received it.

Talk soon.

DaD

2/16/24, 11:43 AM

Hi Dad, I will put together a few steps to get you started then it would be easiest to share a screen over a virtual call to walk you through it. I'll send over an email with some info by end of weekend. Glad you got home safe and hope the pipe cleaning went well

All good

2/16/24, 4:05 PM

Hi Dad, quick update on the legal case.

We had a consultation with a Florida lawyer that thinks we have good case.

It cost us \$750 to get the initial appraisal and it's another \$3,000 for a retainer the lawyer will bill hourly against.

They kick off the engagement with a "demand letter" on their legal letterhead. This firm came highly recommended and this female lawyer seems sharp and right for this case.

Last correspondence from Nevan was last Monday, February 5th where he responded to an email from me asking for clarification. I was asking for Solar First's final position on whether they were planning to pay me the owed commissions and expense reimbursement that is still pending.

Their last stance stated that in order to receive that payment, they required me to sign their Separation Agreement. I needed to know if they were standing firm on that or not. It's unlawful to hold those amounts.

His response on Feb 5th was that he was in Japan with Sarah and that it sounded reasonable to settle up on that tab but asked if he could get back to me upon his return from Japan.

Today is Friday, February 16th and I am yet to get any follow up communication.

Therefore, I am moving forward with the lawyer process and will pay the \$3,000 to expedite the demand letter

He is the one making the problem worse- not you... so you have no choice - but once you do, all communication will probably be through your attorney- if he advises you otherwise I would be surprised- that starts to add up.
If you want to talk it over I'm here for you.
Dad

OK thank you I will keep in touch

2/17/24, 1:39 PM

Hi Dad, I'm unable to log into the Entrepreneur Magazine website using the emails that you forwarded. I think it is all under your name. When I tried this months ago, it did not work, but I prefer the magazine anyway so I just decided to wait for the monthly magazines to arrive by mail. I have not received any copies so far, so I'm not sure what might be wrong. I very much like the magazine and am looking forward to it. How can I help?

I'll contact them

2/21/24, 4:09 PM

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AUDIO_0887.caf (Audio)*

2/25/24, 7:24 PM

Hi Dad, I just forwarded the latest email exchange.

2/25/24, 11:41 PM

Ok

3/15/24, 6:06 PM

Hi Stephen
I just finished watching Dynasty on Apple TV about the New England Patriots
Must watch!!!
Dad

It's on the list! Thank you.

Talk Monday for legal updates and catchup?

Great

3/18/24, 10:53 AM

Hi dad, free any time after 5pm for a call?

Yes - anytime after is perfect

3/18/24, 7:35 PM

Ok great i will call close to 8pm

Ok

3/28/24, 1:13 PM

Hi dad are you free later this evening or tomorrow to catch up?

Tomorrow any time
Heading out tonight
Look forward to talking with you as always
Dad

Ok I'll aim for tomorrow late afternoon / early evening

3/29/24, 7:21 AM

Ok

3/29/24, 4:57 PM

Hi Dad, Does 7pm work? It would be around that time give or take 20 minutes or so, I'm just finishing up my Friday and spending some time in the sun with Melissa and grabbing dinner together until then

Yes

I'm in Rock Hall so if it is still light out I'll be on the boat
If I don't answer keep trying

Ok after sun set is better actually so I'll aim for 830pm then less rushed

Ok

4/18/24, 7:18 AM

I hope you are getting value out of Entrepreneur Magazine- I get it also and even though I am not starting a business, it has some good stuff even for an old entrepreneur like me. Page 12 in the January/February issue is a one page article about using failure. I experienced the feeling of failure and real failure several times in my business career-and I look back and see how I emerged. I am proud of the way you have emerged from the Solar First situation and I know you will gain more than you lost in the long run... nothing to do with money but something much more valuable. Just a thought.
Dad

I just read that exact article yesterday. The one from the editor , correct? It was really good. I read it monthly and really enjoy having it again

4/29/24, 4:31 PM

Hi Dad, I forwarded you an email from my lawyers assistant. We have a call tomorrow at 10am or 1:30am. I requested 10am. The email also contains the response from the Solar First lawyer as a PDF attachment. It is along the lines of what we expected, is fundamentally incorrect, and doesn't even address half of the specifics we issued in the demand letter. I'm mentally good. I have a nice spot to myself writing. Thank you . I'll See you around 7pm

Edited

Ok thanks for letting me know.

On a brighter note- I bought some good looking steaks for dinner. You're the grill master.

There are beers on the black corner table in the living room. Please place those in the fridge for us. They were a gift from a friend of mine here. Some look good

Got it

Not finding any beer- maybe grab a six pack when you come home

Attachment stored in iCloud:
73611900878__3CBE0CA4-0BAA-4C0B-939E-0588A6D93538.HEIC (Image)

I've searched

Maybe Melissa put in fridge

Attachment stored in iCloud:
73611914241__162E89EE-C3A8-4555-8774-E8B2E5619D0D.HEIC (Image)

Bingo thank you nice and cold I'll be back in an hour or so. Making good progress

4/30/24, 8:55 AM

Call is confirmed for 10am. I will be home at 9:50-9:55am

Ok

4/30/24, 4:20 PM

Pia's, the restaurant for tonight, is walk-in only reservations aren't available. Let's do 7:30pm and meet in this area around 7:15

4/30/24, 5:40 PM

Ok

5/1/24, 3:11 PM

Hi Dad, just an FYI - My therapy is next Wednesday, not today. I will talk to him then and we have until next Wednesday to see how everything plays out. Just wanted you to know. Doing well here getting things done

5/1/24, 4:14 PM

Ok - good

5/1/24, 7:25 PM

Home in 30

Take your time. Lucy and I are playing ball

Ok leaving in 5. Ready to share

5/2/24, 10:55 AM

Tampa general called and only telehealth was available and the absolute earliest they could schedule me was September 12th at 9am. They said I could call periodically to see if there are cancellations, but he said it doesn't happen often and they can't do in person. That's not available for the first visit. They said my best option is to call the insurance company and ask for specialty providers that can see me sooner

I have a better option - I think you will be pleased

Liked "I have a better option - I think you will be pleas..."

Ok see you soon

5/2/24, 1:13 PM

Hi Dad, John and Jeremy (my other friend you haven't met) proposed a steak cookout tonight.

We do it every week and rotate the location. Are you down for 8pm steak night? Our house.

We can still record (with a small crowd) or push recording to another night no problem

Push recording to another night
What can I do to help with dinner. Sounds like fun

5/2/24, 2:53 PM

Would you mind please grabbing four ribeyes?

John is bringing sweet potatoes and Brussel sprouts

Edited

Ok

5/2/24, 4:46 PM

Just got home. Had a good road trip. I got 4 Rib Eyes for tonight.
Also - please bring the notebook pad home that you showed me when we were talking to John this morning. I didn't have a chance to see it.
See you tonight ... and no problem- we can record the song tomorrow or over the weekend. I have some more treats to do on it anyway.

Ok sounds good. 745 eta for all three of us. Thank you for getting the steaks. Will be fun

There is live music here starting at 6:30pm if you'd like to come down. I will join you around 7:15 and be around here in general. The bar next to my kava shop office just opened. Good beer there

Ok
I'll come down - sounds good

Would you mind please feeding Lucy. Will save me a trip. I'll run her when I return at 7:30pm. The scooper is in the dog food bag in the laundry room. 1 scoop

Edited

5/2/24, 6:13 PM

I did it already

THANK YOU!

I'm here - getting a beer

Use my open tab

I'll meet you at bar

Nicole's no

5/3/24, 9:48 AM

I'm sorry I made you angry at me. I just thought it would be a good idea to have the notebook with you this morning. So you can explain the work you are doing- that's all.
Love you
Dad

It is okay. I wasn't mad. I was exposed for a moment to where my mind was the day i drew that and I was racing that day very hard so I will bring it to show not what I'm working on but my mind during the work. The reaction wasn't anger. Just getting used to the exposure and facing the past

I'll be home in 10 minutes. Thank you, Dad

5/3/24, 5:05 PM

*Attachment stored in iCloud:
Stephen Boerner - Self Care Plan.JPEG (Image)*

Hi Dad, this is my self-care plan we discussed in the car. You'll have to open this screen shot and zoom in on each part to read it. It doesn't show well on cell phones.

This is also a mind map that helps me organize and visualize project plans. I saw an email from you about a psychologist and will read soon.

This is really good!
What I have found out is that Clinical psychologists and standard psychologists can give the same level of counseling and therapy. But Clinical psychologists have their MD. That is the main difference so med monitoring has to be done by an MD. Mark should be looking for a psychiatrist mostly so you have the med monitoring. I think Mark is right for you right now and you can add the psychiatrist as needed or an appointment comes available.
The clinical psychologists at TGH are not taking new patients so I thought just as an experiment try the virtual one I sent you. His bio seemed interesting. It is totally up to you.
Dad

Ok I will reach out. Can't hurt. Thanks, Dad. I feel good about the plan that is forming

Melissa is sleeping so if she does not get up by 6:30 I will drive down for the music and leave her a note

Ok

5/4/24, 8:37 AM

Dinner this evening at Violet Stone, the best cheesesteak place outside of Philadelphia. 12 minute drive. Let's leave around 6:00pm.

Its 8:30am now I'm heading to a coffee shop in downtown Gulfport called "GulfPerk" - it is on Beach Blvd on the same street we walked along last night

Come join me for a coffee. They have light breakfast nothing special

5/4/24, 3:57 PM

Still on for Cheese steaks?

I am at the hanger but I am not eating because I want to be hungry for the best cheese steak in the country. 🍗

Yes. Let's leave at 630 Melissa is out shopping still. Have a small bite to hold you over

Ok

Kentucky Derby last race is around 6:30. Do you get it on your TV? No big deal if you don't. I just saw it come on at the bar here - I had forgotten it was even coming up.
See you soon

I can get it I think

5/5/24, 9:35 AM

<https://maps.apple.com/?address=2700%2053rd%20St%20S,%20Gulfport,%20FL%20%2033707,%20United%20States&aid=15855847800313133721&ll=27.743069,-82.705438&lsp=9902&q=Chase%20Park%20Tennis%20Courts&t=h>

5/5/24, 11:02 AM

*Attachment stored in iCloud:
Screenshot 2024-05-05 at 11.01.35 AM.jpeg (Image)*

Dad, here is a response I got from the lawyer at the end of the week on Friday mid-afternoon. This email went to a different folder of mine so I did not see it until now. It is what we suspected.

*Attachment stored in iCloud:
PNG%20image.jpeg (Image)*

This was my response sent this morning.

My thoughts:

We figured he would not respond in fact I think we spoke about that possibility last night. I think your prediction about Nevan's father could be a stretch. If I were the father in this case and I knew my son's brother-in-law was involved on the opposite side I would steer clear.

My thought to you is to answer the questions your attorney asks you without commentary. A simple answer is all. She ask more questions if she needs more information. Your thoughts in this case are understandable but not necessary and may be misinterpreted in some cases.

My two cents...

Dad

You are right

Good advice

Thank you.

You're welcome, Stephen

5/5/24, 1:02 PM

Heading home for lunch and Lucy run at bayou

I'm heading out for a little while
Will be back in an hour or so

Ok sounds good

I decided to stay
I was going to run some errands

Liked "I decided to stay
I was going to run some errands "

5/5/24, 4:16 PM

Tap House is open now until 10pm - same spot as the last time. Live music starts 645-7pm

Not sure who is playing or what kind of music

Are you staying down there after 7:00- if so I will come down around 6:30.
Have you ever heard or been to Fort De Soto Park - maybe we could go there tomorrow evening-and take Lucy.
It looks really nice

Yes it's nice. Nature preserve. Big open beaches. I plan to return around 6 for a quick bite I have 8pm meeting ahead of me my studio appointments this week for filming

Ok
See you then

5/5/24, 8:43 PM

Heading your way in 10-15 min

5/6/24, 12:38 PM

I'm exhausted and am going to nap. I have Lucy with me in my room but will set an alarm and leave to go work around 2pm just an fyi of my plans

Ok

5/6/24, 4:57 PM

I've been at a Tiki all afternoon.
How are you
Let me know-I'll stop somewhere on the Gulfport Main Street at some point for another beer. All good
See you soon

5/6/24, 11:07 PM

Please call Mom

5/7/24, 6:00 PM

I'm at Neptunes
Or is it the next one down

Neptunes works Lucy was backed up so it taking me a little longer. I'll be there shortly.

Actually the one next door has some very good live music
See you there - hitting the head first

I will be 15 minutes

Take you time
It's the same singer we stood and listened to the other night with Melissa
I'm at the bar

Your

Ok on my way now

5/7/24, 9:02 PM

Hi Dad, thanks again for the beer and chat earlier. I'm glad we both feel better.

I am meeting with the film studio guy I was supposed to meet with the other night. He is free to meet in 15 minutes. I'll be here likely until Melissa gets home tonight.

Given my four hour nap, I feel pretty good in that department but if I'm tired again, I'll come home early.

There is open mic night at the stage at the same stage you sat at with the rambling drummer

Just got back from Tiki's
All good

And we are recording tomorrow night. So be ready to go!

Ok

5/8/24, 11:33 AM

Melissa is getting up and we are thinking lunch downtown Gulfport

Can you join us?

Sure
Let me know when...
Just found a shady spot along the beach to read and commiserate with this amazing place. I'm close so just let me know time and place.
DaD

Meet at the same bar we had a beer at yesterday in 10 min

5/9/24, 12:02 PM

Do you have a usb hard drive? If not, I can load song to your laptop.

5/11/24, 12:45 PM

Hi Stephen
Checking in to see how you're doing. Hope your visit with Barb is going well. All good here- mom and I are going out with Bruce and his wife tomorrow for Mother's Day.
Please Keep in touch.
Love
DaD

Hi dad I will keep in touch. I feel pretty good. Still some anxiety especially with loud noises so I just have to respond with leaving and can take my acute response med which I did yesterday. No longer frustrating with that process or it happening in general. I have a plan and will take time. Overall however, I'm much much much lighter and free to think, forget things far less, sleeping 7 hours a night roughly and still up early, even earlier than last week which I like for me

Spoke to Aunt Sherry (Shirley) this morning to say thank you and she gave good advice and liked my plan looking ahead

Thanks for letting me know. Please say hello to Barb for us and big hug to Melissa as always.

Loved "Thanks for letting me know. Please say hello to Ba..."

5/12/24, 3:08 PM

Hi dad I can send you the audio file today but the music video won't be done today

Are you planning to give to her today?

Yes
Please do

Wonderful-mom will love it

Send via email

Can you make it the last thing you do today so I have a little time to get it to you? Does 3 hours work? I have some time to possibly get the music video done

Don't rush
Send it whenever
I played the song for Mom this morning so getting the recorded song will be special but it does not have to be today.
DaD

Ok

5/13/24, 8:30 AM

Good Morning, Dad,

I finished the first draft of the music video. It's in a zip file attached to an email I sent this morning.

Super large File size means it will deliver through Google Drive.

It may say it's not accessible but there is a button to navigate towards downloading the zip.

Let me know if you have trouble opening as I can send another way.

The Audio quality sounds pretty solid, but it could sound better. I can adjust levels. Happy to make adjustments like bass, treble, etc.

The audio in the video is just a slight enhancement from original recording quality. Let me know. Enjoy

I am in the process now of downloading- it's almost done.
Will let you know.
Thanks very much for doing this.
DaD

Just watched it
Wow - what an amazing job Stephen- I never expected it to be so professional. But you have an amazing talent and skill. Mom is going to love it. I have to figure out how to play it on our TV.
Thanks again for all the time you must have put into this. It means the world- keep us posted on the other work you are doing. I have told mom all about the digital art you showed me - send one of those along sometime so I can show her.
Thanks again
DaD

Great! Glad you enjoyed. I'll hold off on any adjustments. Don't hesitate if you want a change. I can also share the audio only file.

To play on the big screen, use a HDMI to HDMI for cabled connection then pick the input that matches.

Or, I believe you have an Apple TV Black Box connected to the tv (or at least you used to). If so, from laptop click top right drop down on menu bar called "control center"...this has a "mirror screen" icon that looks like a square on top of another square . That will mirror your laptop to the TV

5/13/24, 10:07 AM

I figured it out and got full 60 inch screen a Bose sound!!!
Mom loved it.

See email with Dali art

I'll text them so you have them handy on your phone as well.

Attachment stored in iCloud:
dali6-clock.jpeg (Image)

Attachment stored in iCloud:
dali1.jpeg (Image)

Attachment stored in iCloud:
dali5.jpeg (Image)

Attachment stored in iCloud:
dali3.jpeg (Image)

Attachment stored in iCloud:
dali2.jpeg (Image)

Attachment stored in iCloud:
dali4.jpeg (Image)

Attachment stored in iCloud:
1715604154.jpeg (Image)

Attachment stored in iCloud:
1715609344.jpeg (Image)

Attachment stored in iCloud:
father son dali.heic (Image)

Attachment stored in iCloud:
1715609321.jpeg (Image)

Attachment stored in iCloud:
Create_a_surreal_Salvador_Daliinspired_artwork_showing_a_father_guiding_his_son_s_first_step_in_a_vividly_accented_black_and_white_painting_with_vivid_color_highlights_in_key_areas_Include_floating_clocks_&_dalistyled_blimps,_distorted_faces,_and_a_c.jpeg (Image)

Let me know you got them

5/15/24, 8:20 AM

Attachment stored in iCloud:
father son dali.heic (Image)

My favorite one above- going to print it and hang it.
Hope all is well.
Talk soon
71 today- I feel 31... well maybe 41
Dad

That's a good one. I have another version of that one. I will share later. Melissa got a call back yesterday from a clinic 30 minutes away. We have an 11am appointment with a nurse practitioner in psychology. Looks like a good place so we will see. I will report back.

And happy birthday! 71 and still the same dad since day one

Thanks

I'm happy to hear you're getting the appointment. Good news.

Mom is making Hotdog soup and angel food cake for tonight's meal. We are lucky men to have great wives.

Talk soon.

Dad

5/23/24, 2:14 PM

Hi Stephen

The package was delivered to Advanced Auto Parts Store
4901 Gulfport Blvd S., in Gulfport.

I don't know why but probably because it needs a signature.

DaD

ok heading there today we got a attempted delivery slip on door so that explains it

5/28/24, 8:16 AM

<https://www.microsoft.com/en-us/worklab/work-trend-index/ai-at-work-is-here-now-comes-the-hard-part>

6/9/24, 9:42 AM

Hi Dad, ill be free to call later this evening. Can i call around 630-7pm today?

Yes

That's a good time

Ok will call then

Text message
6/9/24, 7:11 PM

We are on a walk. Can I call you later? Will you be up around nine?

iMessage
6/9/24, 7:11 PM

Yes

Text message
6/9/24, 8:57 PM

Will be a little bit longer I apologize but before 10Pm sorry to keep you waiting

iMessage
6/9/24, 8:59 PM

I'll be in bed Stephen- I had a long day. I am golfing in the afternoon so tomorrow evening will be best. No problem

DaD

6/17/24, 7:48 AM

Hi dad, i didnt have a good opportunity late last night to talk to melissa about her calling. I left for the morning to start my day but melissa worked late so shes sleeping in. I dont want any uneasiness imposed and wil talk to melissa today as we have plans this afternoon together but if she calls before then, you can choose to pick up or not pick up but just know she and i will talk this through without an issue i believe. I know how to best start the conversation after giving it some thought so we are all on the same team for the same cause. Thanks for everything. Shes an angel and even angels need some help so thats what im going to do

Ok

I want you to tell her that Mom and I are there for you both in so many ways and especially in any emergency. We feel you are on track to put the pieces back together and put Solar First behind you once and for all. How you handle your marriage and those very personal things is up to you. We hope...no we know... that your intuitive ability to handle your most personal issues are qualities that were instilled in you years ago.

I'm here to listen anytime and to only offer my advice or opinion when asked. So ask away.

Love you.

DaD

PS. between you and me ...and don't make it a big deal now but when you can - please ask Melissa that I would hope she could go back to calling me Cap or any other nickname and not Jeff. It just doesn't fit the family relationship that I feel as a Dad.

Ok thank you for this. Noted and well said

6/17/24, 8:49 PM

Hi Stephen

I hope all went well with Melissa- I want to be sure she knows why I did not return her phone call.

Thanks

DaD

I am finding the right time and will deliver it with love and right timing. Shes been working since you mentioned it sunday and today is the birthday celebration we are just finishing soon here with a walk with lucy and im not sure now is the time but i can be soft about it and its important. I will honor this the right way.

Delivered

Ok