iMessage 4/11/24, 7:16 AM

Hi lovie i fed lucy

I got up early and need 3 hours to do this work thing before I meet with April Thanos at 10:30 so I'm in the shed but my door is propped open to see the house.

Also the living room shades are down. I have the remote on me in the shed. Call me when you're up and I'll come say good morning

4/11/24, 9:41 AM

\$1,400 from PNC please

## Liked "\$1,400 from PNC please"

I left you a voided PNC check from our joint PNC account.

Two numbers on that you'll need at bank.

You'll use those two numbers when filling out a cash withdrawal slip.

When filling out, make it out to cash, then walk to bank teller.

They are a two numbers on the check you'll use:

- 1) routing number
- 2) account number

There are white slips of paper and pens in the lobby at every PNC.

There youll find slips to fills out and take to teller with your ID.

There are only two slips to fill out. A withdrawal slip and a deposit spot.

You want the withdrawal slip

Edited

Thank you babe!! Yes I got a voided check and have it in my wallet! Gonna head back with Lu soon then I'll go

Liked "Thank you babe!! Yes I got a voided check and have...

Awwwww our song babe love this awwwww

Thank you for doing dishes lovie

4/11/24, 1:08 PM

Hi love just checking in on n you this rain is awful

Travis said he would be by in the afternoon so just checking if you think you'll be back soon. He's unpredictable sometimes I'm worried he'll just show up I asked him to give me an eta so hopefully I hear soon

He said after 4pm eta

Phew you're good lovie have fun shopping

Hi sorry just saw this yes headed home now! Omg this rain and wind! Lmk if you need a ride!

Attachment stored in iCloud: IMG\_3794.jpg (Image)

Attachment stored in iCloud: IMG\_3796.jpg (Image)

Attachment stored in iCloud: IMG\_3793.jpg (Image)

Attachment stored in iCloud: IMG\_3797.jpg (Image)

Attachment stored in iCloud: IMG\_3789.jpg (Image)

Attachment stored in iCloud: IMG\_3791.jpg (Image)

Attachment stored in iCloud: IMG\_3790.jpg (Image)

Attachment stored in iCloud: IMG\_3788.jpg (Image)

Attachment stored in iCloud: IMG\_3792.jpg (Image)

Attachment stored in iCloud: IMG\_3795.jpg (Image)

Attachment stored in iCloud: IMG\_3787.jpg (Image)

4/11/24, 5:59 PM

Attachment stored in iCloud: 73456553792 F400CA9A-CFDA-49B7-82A0-80C5C085989D.HEIC (Image)

These flavors all local and so good

4/11/24, 7:41 PM

Dinner ready by 830!!

Me and Louie have a new game babe

Can't wait to show you we miss ya !!

Can I come play?

I'm packing up

Made new friends

Awwwww that's great love!! No rush!! 4/12/24, 11:19 AM How are you doing babe!!!! Had to pay another \$105 for a carry on bag and to choose my seat so that's how frontier gets ya What!? Couldn't you skip that and be assigned at gate? probably but was only \$36 to choose a seat it was like \$69 for a carry on 🔕 Omg ugh Probably will be the same coming back so whole trip would be like \$300 haha stupid frontier The worst how's your day otherwise Good!! Yours? Good! Sorry meant to text earlier packing up Lucy for a little outdoor lunch then heading to town 4/12/24, 1:40 PM This leftover dinner is so good babe Awwww Great so glad it's yummy! 4/12/24, 3:18 PM I made a video last night to show you later on my phone too long to send it's a good one tho Awwwww cool babe I can't wait to see it How's your day going!! Good working with John we just sat down I'll let Lucy out at 430 and walk for and hour until 530 Then I'll be home just after you Last date night :( Aww that's great!!! Sounds good I can also take Lu!! Awwwww I'm sad 😩

Same

Love you

Love you so much babe

Loved "Love you so much babe"

Omg my flight tom is 545 and boarding is 5am I'll just Uber Iovie because will have to leave by like 330 to get there by 4 and I was able to check in with my TSA so that's good

Omg

Haha another reason flight was so cheap

Hahaha yep

But then they are gonna get me for carry on and picking my seat for \$200 🔘 🞑



All worth it. Stay focused on what excites you!

Haha awww thanks lovie

4/12/24, 6:15 PM

Let's schedule your Uber today

I can do that

4/12/24, 9:32 PM

What time you want to leave via Uber babe? I'll order it. I remembered I can message the driver ahead of time like with the booking request so they will know it's you not me and approve

I already ordered it lovie thank you so much though

I'm gonna lay down lovie but please come in and say good night when you get back no rush

4/13/24, 4:18 AM

At gate babe!! Uber driver was so nice too! I fed Lu half a cup!

On plane! Omg it's so cold on here babe I'm so sad haha miss you and love you awwwww

Taking off in a few!! Text you when I land babe! Love and miss you and Lu

4/13/24, 8:30 AM

Just landed!! Barb is picking me up!

4/13/24, 10:11 AM

Attachment stored in iCloud: IMG 1150.heic (Image)

4/13/24, 11:40 AM

Oh my God baby you're so happy. I love this. You were in your happy place.

How are you babe!

Good! I just finished breakfast with April and she formally brought up a interest. She's been stirring among her in her circle of me being we're running for mayor so she asked me to meet with her group Monday

Edited

Loved "Oh my God baby you're so happy. I love this. You w..."

Loved "Good! I just finished breakfast with April and she..."

Nice babe that is exciting!!

Can't wait to hear more

Omg it's so cold here

4/13/24, 3:13 PM

Attachment stored in iCloud: IMG\_4839.heic (Image)

Attachment stored in iCloud: IMG\_4838.heic (Image)

Attachment stored in iCloud: IMG\_4841.heic (Image)

4/13/24, 5:40 PM

These are unbelievable

I'm so happy

You're so happy

Hank is a BIG boy

I also just slept like baby Hank. Napped from 1-4, fed lucy, then napped 4:05-5:30pm haha wow babe

Loved "I also just slept like baby Hank. Napped from 1-4,..."

Nice! So great babe!! Miss you and Lu so much but having so much fun catching up and hanging with barb

Loved "Hank is a BIG boy"

Hank is huge and so freakin cutie

Attachment stored in iCloud: IMG\_3882.heic (Image)

Omg great pic thank you awwwwww

Great crowd at the rec center just people enjoying the weather it's beautiful today. Cool too like 70 degrees was the high and I'm in the shade now and need long sleeve

Awwwww that's great lovie! So fun and great to be out!

4/13/24, 10:41 PM

Hi love

Sleeping?

Attachment stored in iCloud: 73475642571\_\_ABA575D4-53C0-4DF1-9027-C3C7423DD144.HEIC (Image)

I bet you were so tired. What a day, but what a long day you had . I love you so so much

I can see your at barbs so no worries I just wanted to say good night i really miss you

4/14/24, 6:34 AM

So sorry babe I fell asleep on the couch yes miss you so much I'll call you in a bit!!

4/14/24, 9:48 AM

Ps- MASTERS SUNDAY! You're favorite day yayyy!!!!

Attachment stored in iCloud: tmp.gif (Image)

Attachment stored in iCloud: IMG\_3896.HEIC (Image)

It is! I have to watch I've watched zero masters golf

Look who agrees

Laughed at an image

Babe love this

Laughed at "Look who agrees"

Attachment stored in iCloud: IMG\_3897.heic (Image)

4/14/24, 12:10 PM

Attachment stored in iCloud: IMG\_1180.heic (Image)

Babe thank you Great pic of Lu

Attachment stored in iCloud: IMG\_1183.heic (Image)

Wow this looks so fun babe

Yes we had a great time and weather was so nice

Attachment stored in iCloud: 6D3CAA0B-BD88-4343-8371-C203406484EF.HEIC (Image)

Got my book and a beer waiting for masters Sunday to start

Loved an image

Love this!!

I'm writing a bedtime story for Jack, Maxie, Hank. It's about a super hero team called The Warriors of Weather that ends with the super hero team asking Jack to join them all based on Philadelphia. Written by AI, directed and conceived by Stephen Boerner

Would you be able to read to them?

Awwwww babe that's so cute and special!! I'm going to try and maybe see them Tuesday again but might not so I'll save it for next time for sure!

Aw okay

4/14/24, 2:31 PM

https://docs.google.com/document/d/127UAamyldr6JmmZdj7wt8LZ\_WPly-RlyWSvddjRuqfU/edit

Attachment stored in iCloud: 62481340-BF06-4499-91E5-68813437B314.PNG (Image)

The cover should have said the weather warriors

4/14/24, 5:45 PM

Love how are you. You busy girl you so happy up there and i know youre buzzing around so do your thang and call me later. It's back 9 of the last round of the masters but easy to still talk if you call. Or later works

4/14/24, 7:24 PM

Omg yes sorry babe just going from place to place seeing everyone! So fun! Still at dad and Mary's but gonna head out soon to go to courts and I'll call you there

Miss you so much

Loved "Love how are you. You busy girl you so happy up th..."

Ok I need to rush do your thing. I just got back from walking at the clam with Lucy. SO crowded I've never seen it like this. Kids, families, the works

4/14/24, 11:41 PM

Attachment stored in iCloud: IMG\_3918.HEIC (Image)

Attachment stored in iCloud: IMG\_3917.HEIC (Image)

4/15/24, 12:51 AM

Attachment stored in iCloud: 4.12..24 Demand Letter S. Boerner. Solar First.draft.clean 4.12.24.pdf (Attachment)

Attachment stored in iCloud: IMG\_3921.MOV (Video)

I spotted coyotes!

Three in a pack jogging through town. Just out jogging

(Home safe)

4/15/24, 8:04 AM

Awwwww yes glad you're home safe!

Loved an attachment

4/15/24, 9:18 AM

Just got to aunt Brooke's office to visit her for a bit I'll call you when I leave! Miss you lovie

Loved "Just got to aunt Brooke's office to visit her for ...

Attachment stored in iCloud: 4B7E1577-EDA1-4A54-9428-027CF5523958.jpg (Image)

Attachment stored in iCloud: 58D7C5E4-F08A-4933-AA54-4158F667477B.PNG (Image)

Attachment stored in iCloud: IMG\_3926.jpg (Image)

Attachment stored in iCloud: 945536E6-9709-4296-88A9-B8261046EA40.PNG (Image)

4/15/24, 11:30 AM

Wow!! These are so cool babe!!

Wait did accountants ever get back in touch to confirm if they are filing an extension?

4/15/24, 3:53 PM

You doing ok babe

?

I'm in the inner circle meeting

Call you

Just got to aunt Sals to see her for a bit I'll call you when I leave!!

4/15/24, 7:06 PM

Attachment stored in iCloud: ADEFC5C5-5B41-42E8-94F7-D51BEB69E43C.PNG (Image)

4/15/24, 8:55 PM

Attachment stored in iCloud: 2366D01D-C20E-4C39-816E-5C63BE9C927B.TIF (Image)

Attachment stored in iCloud: 818A3135-F005-4DC2-961C-F42FAC07037E-29387-00000502CBBB6415.MOV (Video)

Attachment stored in iCloud: 7B6FA410-63B7-46A2-9C14-C7F9B6590836.PNG (Image)

Attachment stored in iCloud: DC5D5214-B20F-4178-B058-EFE0CBD602A3.JPG (Image)

awwwwwww I miss Lu and you babe

4/15/24, 10:09 PM

Babe I kiss you!

Miss you!

And wanna kiss you

Sorry I sounded rushed earlier you made my day just hearing your voice

Awwwww thank you love you babe

Attachment stored in iCloud: 4.15.24 - Letter to Mr. Piotter.pdf (Attachment)

This went out this afternoon

Thank you for update babe!!

Attachment stored in iCloud: IMG\_4034.PNG (Image)

Awwwww my little Lu

She misses you

So clear to see it

Awwww babe

Thank you for watching her so I could visit home!!

Love you babe! I'm ready to be back with you and Lu

Yay!

(Side note: I emailed the accountants just now. I'm sorry this is happening. I do recall last year they told me our file had a recurring request for an extension logged and that I didn't need to request confirmation but with these clowns i have no confidence and i explicitly delivered that message just now via email)

Thanks babe yes i can call them too to try and get some answers but just want your go ahead

I'd like to be on with you if that's okay. I don't mind let's do this together

Fuck those guys I mean this is Redic

Unbelievable actually

I want to sue! Haha

Yes I think calling will just get us to get our info we can when I get home!

I forgot to mention in that email I called 2 weeks ago and left a Vm

But yes

Great yes we got this!

4/16/24, 10:58 AM

Hey babe, how are you working at home today with Jon here and we just did some Wim Hof breathing and I feel great. How are you?

4/16/24, 12:04 PM

That's great! I'm good just got back to Philly off the train so heading to barbs

4/16/24, 1:10 PM

Attachment stored in iCloud: Screenshot 2024-04-16 at 1.09.22 PM.heic (Image)

4/16/24, 2:18 PM

Point as in extra point

۸۸

Tried calling to say hi and miss you

4/16/24, 4:00 PM

Hi at dress places with barb can I call you in a bit?

Totally call me when you're available. I love you and no rush. Just checking in.

4/16/24, 5:33 PM

Loved '

Totally call me when you're available. I love you..."

Love you!! Still at dress shop! Emphasized "Still at dress shop!" She didn't see But I loved it thank you I wanted some for me too. I was ready to go Let's bang out when you get back Imma horny for my babe Haha babe so funny yes Also yes it was extra point from the crossword earlier thank you babe!!! I'm on a roll can't stop won't stop Laughed at "I'm on a roll can't stop won't stop" Love this Attachment stored in iCloud: IMG\_4041.HEIC (Image) Awwwww love this thank you Haha you see Karen the accountant replied Omg no let me check Is it to our joint email or just yours Bc I don't see it in our joint I cc d your personal Ok let me check there thank you Omg saw the email Classic 4/17/24, 8:27 AM At my gate babe!! On plane lovie!! Taking off soon can't wait to see ya babe!! Love you so much!!

Yay! Jsut seeing this! Love you! 4/17/24, 11:47 AM Just landed but have to go to gate and deplane I'm at the back! No rush! Hi babe, I am five minutes away Still on plane 🤷 All good in cell phone lot Let me know when you are at pink flamingo. You have to tram it there Thank you yes waiting for shuttle now At the 🦩 Ok Tell me them red or blue and the door number Blue 126 I am coming up soon. You can use that tracker app to see me. Liked "I am coming up soon. You can use that tracker app ..." 4/17/24, 3:12 PM It's crazy busy here Could be a bit No rush lovie! Ugh I just stood in line to get a ticket and they said they don't issue new plates after 4 PM. Haha babe this was a kick in the nuts OMG babe oh no sorry this happened thank you for trying! I'll try again Monday!! I can come back tomorrow Liked "I can come back tomorrow" Want chic fil a? Awwww wait I will def save and eat later if you get it love Ok send what you want I'm stopping Home Depot then chic then home

Loved "I'm stopping Home Depot then chic then home " Chic fil a deluxe sandwich Fries Sure! Thank you so much lovie Babe i called mechanic sounds like such a nice guy. For free he will appraise what's wrong with the AC and has availability Monday That's great thank you babe! Appreciate that! I'm gonna run into Aldi and get some supplies. Do you need anything Can you get me some bananas, Greek yogurt, granola thank you babe Vanilla Greek yogurt if it's an option I can get more too Load me up hmmm let me think I could do my wraps again for lunch so wheat wraps, cucumbers, the dark green lettuce like I had and feta cheese Eeeeek this is a lot if you want me to go with you I can babe haha I got it! Liked "I got it!" How are you lovie!!! Good! I'll be home by 7 I think just paused to do a work thing in the car Got chic f let Liked "Good! I'll be home by 7 I think just paused to do ..." Walking into Aldi now Hungry? I got the good stuff babe I'm good no worries lovie Folding the laundry for us!! Ok phew we have a full cart! Yayyyyy! We miss you babe!! I just wanna be home! In line

Loved "I just wanna be home!" Yessssssss been so long! Can't wait to see you In car! Ugh I didn't to bring grocery bags but it's all good I'm in car! Awwwww yayyyyyy thank you for shopping for us babe!! 12 min! Car is loaded we rich babe Love food and our health Omg love that yes thank you Loved "Love food and our health" Loved "Car is loaded we rich babe" 4/17/24, 9:30 PM https://www.flhsmv.gov/pdf/specialtyplates/tagbrochure.pdf 4/18/24, 9:16 AM At work lovie!!! Loved "At work lovie!!!" 4/18/24, 12:50 PM I had a sweet and nice text typed up to you and I thought I sent it like two hours ago and it never did but this is a new loving text to say I miss you. Hope you're having a great day. Awwww thanks lovie hope you're having a good day! Loved "Awwww thanks lovie hope you're having a good day!" Loved "I had a sweet and nice text typed up to you and I ..." 4/18/24, 4:01 PM How are you doing love? 4/18/24, 7:19 PM Heading home! Yes! Can't wait lovie thanks for letting me know Need anything? Loved "Can't wait lovie thanks for letting me know"

Omg what you cooking babe I'm starving haha

Food ready too

Yay! I'll come back soon just running lu

Ok we eating!

Come on back I can do another walk

4/19/24, 8:33 AM

At work lovie!!

4/19/24, 10:14 AM

At the Bayou!

I don't think I can swing the dmv again today lovie John is arriving soon and we have a packed day . But now I see Luther is coming like Monday not Sunday I'll try and steer it to Monday and then I have Sunday to patch up a few things and you can be gone Monday while he's here

Hi Stephen and Melissa, I will be in St. Pete this Sunday and Monday. Will stop and check on the house and would love to have a coffee or glass of wine with you if your schedule permits. Thanks!

From Luther sorry I thought he texted both of us

Attachment stored in iCloud: IMG\_4101.HEIC (Image)

4/19/24, 11:52 AM

Thank you for the pic lovie and update!

I can try and go to dmv Monday no problem

4/19/24, 5:21 PM

How are you lovie!!!

Loved an image

And just wait I'll show you our little setup other side of the marina at my spot. I set it up for me and John to meet there with Jeremy but it fell through John left and Jeremy can't make it so just me and Lucy and quiet time I need it

Awwwwww yes quiet time is great! Glad you found a nice spot!

Attachment stored in iCloud: IMG\_4111.HEIC (Image)

Loved an image

4/19/24, 7:18 PM

Hey love! Come home:)

Yay yes walking to car now misssss you

Ok I just dropped Lucy off, I am going to go back to bayou and sit in chair to do some focusing but when you get home I can come back to get you and we can go to sunset with Lucy

If you're up for it, if not no worries

But I'd love a sunset date

Awwwwww ok I'm close to home but so hungry just have to eat real quick! No rush take your time babe I'll hang with Lu 😌

4/19/24, 9:33 PM

Attachment stored in iCloud: IMG\_0391.mov (Video)

4/20/24, 8:08 AM

Attachment stored in iCloud: IMG\_4153.HEIC (Image)

Attachment stored in iCloud: IMG\_4152.HEIC (Image)

Lets have a good day!

At work lovie awwww you guys are up early!

Happy Saturday!

Thank you for these pictures they always get me through the day love you

I'm gonna try and crush it today so let's see. Just showered and Lucy just laid back down

Wait wait...nope...she wants to play

Haha

Also so warm today I lovie it. Shower feels so good afterwards like more blood to your head and more awake .

I'm gonna start a 3 hour phone off session but if you call it will ring but not text

Loved "I'm gonna try and crush it today so let's see. Jus..."

Awwwww sounds good love you babe!! You got this!! Hope Lu is ok for you!

Loved "Awwww sounds good love you babe!! You got this!! ...

Starting now

Love you

Will check phone at noon ish

Love you!!

4/20/24, 11:13 AM

Attachment stored in iCloud: IMG\_4154.jpg (Image)

Hmmmmmmmm interesting thank you for sharing babe

What do you think?

I think it's an attempt to circumvent two processes we initiated...one being to communicate through our lawyer, and secondly, to avoid the lawyer to lawyer process we felt was the best route to avoid manipulation and strong arm tactics

Yes totally hear you and it's exactly what they did!

I think this is their way of not taking me, us, or this seriously

And he's possibly becoming concerned I will pursue legal action but this move is disrespectful in my opinion

I've asked Solar first not to contact me

Which was not a respected request

Right and he didn't acknowledge that even like I know you asked not to contact me also he keeps going back to when it was cordial at the 1:1 but what about him being manipulative as fuck after that via email so why does he think you'd want to engage after that

I had same thought as in don't you recall belittling my emails and "alleged" sales made, etc

If I accepted that meeting with him, I would completely wipe away the four months of legal back and forth and be right back to when he asked for this back in December

I've already forwarded this to Debby our lawyer

I won't be responding to him obviously

If this were to go to court, this would be referenced as part of a pattern of coercive, manipulative, CEO behavior

Trying not to fall down the rabbit hole of researching this and what not I'll let Debbie do it. It's not illegal what he did but it's "frowned upon" for so many reasons and if this case goes to jury, there is always an emotional element to how they viewed the parties involves, and this was a really poor move on on his part

I'm glad you sent to Debbie and we can see what she says/recommends! Yes don't respond babe you're doing a great job navigating this I know it's hard when you get correspondence from them and tough not to go down a hole

Loved "I'm glad you sent to Debbie and we can see what sh...

Love you

Thank you

Love you babe! I'm tired haha ready to be home

What a long stretch you've had

I'm taking a break lost focus there but was right at lunch and Lucy and I had a good fast paced jaunt at the clam. It's really hot but the water is still cool

Heading to somewhere quiet to continue today work stuff

Will be back to feed Lu

Awwww yes it's busy but good pace here so not crazy like if I was doing 3 in a row at Penn but got my period so I'm crampy and blah haha

Yes take some quiet time for sure

If you need anything let me know

Loved "I'm taking a break lost focus there but was right ..."

Loved "Heading to somewhere quiet to continue today work ..."

Attachment stored in iCloud: Screenshot 2024-04-20 at 1.27.15 PM.jpeg (Image)

What do you think of me sharing these details either lawyer? I know you're working so don't worry about it if you want to talk later.

Awwww yes we can chat later I hear you I feel like we could never prove Sarah read the emails unless she specifically said she did in the email and not sure there would be any repercussions but overall so tough bc of the family stuff

Yea did in her voicemail but you're right. I'm gonna step back now sorry for this . It always consumes me on the worst days

I just got to the library . Doin a chunk of time here Lucy is good to go

4/20/24, 5:44 PM

Awwww ok I didn't realize she said that in the VM. This is all consuming I understand lovie, give kindness to yourself today

Love the library hope all is going well

Can't wait to be home soon!!

Attachment stored in iCloud: 73534227872 901F5082-D60D-41BB-AE98-04B3F31F3A0D.HEIC (Image)

And just ordered a new batch of dog friendly tennis balls

Awwww nice thanks love!!! Loved an image I'm gonna get you through this last hour! 4/20/24, 7:10 PM Taking a quick nap before you home just fyi be safe I love you Yay thanks love!!!! We got a little busy but I'm gonna leave soon can't wait to see you Leaving now!! 4/20/24, 9:01 PM Attachment stored in iCloud: IMG\_7138.heic (Image) Attachment stored in iCloud: IMG\_5915.heic (Image) 4/21/24, 3:35 AM Lucy woke me she has to poop. It's 330am just letting you know I'm going out front and taking her so it's okay, I'm okay. Be right back Edited 4/21/24, 12:15 PM I'm at the cart just parked here Yay we are by the water come join us lovie 4/21/24, 3:03 PM Attachment stored in iCloud: IMG\_4231.HEIC (Image) Clothing swap **OMG DAMNIT** I should come down 4/21/24, 6:54 PM Wanna do a clam run? Yessssss What time!! Leaving now! Yay! YAYYYYY miss you babe

4/22/24, 1:00 AM

I'm sitting in the golf cart next to the marina building so I'm with Lucy and safe

4/22/24, 9:02 AM

Made it exactly 9am. Golf cart makes for a good hairdryer

No word from Luther yet . I've texted him

Laughed at "Made it exactly 9am. Golf cart makes for a good ha..."

Sorry I didn't make bed but overall place is okay. All that stuff is out of the house. Some is in the jeep but it's broken down and laying flat. You can see out the back rear view just fine and it's covered with a blanket: I'm so sorry for this I feel awful

I will bear this cross

I think I'm just gonna tell him straight up that's best

That's what I'm gonna do

Can't lie

Haha babe so funny! Ok sounds good I'm gonna shower and get Lu out then head to dmv! Awww yes you always were upfront about stuff babe

I felt like I was hiding a dead body

Awwwwwww

Attachment stored in iCloud: Tim-mechanic.vcf (Attachment)

His address is in the contact card above

He asked to call this am. He's off work for lunch 12:30-1:30pm then works until 7. Today is quick and easy free inspection of the AC

Ok I can call him thanks also I don't see the new insurance for golf cart in our email

One second I'll send it

Luther coming at 1pm

Attachment stored in iCloud: State Farm Updated Verification of Insurance.pdf (Attachment)

Thank you

4/22/24, 11:38 AM

Title is not in my name so they might not let me do it but I can try

Edited

Lots of people here

My line moving quick!! Keep you posted

Babe! Great to hear and THANK YOU. I actually think Florida DMV are noticeably better than Pennsylvania, right!?

And such an uplift to my spirit seeing you . That is the ultimate pop in that I want more of in my life. Best Wife and best dog do my heart so much good any time any place

Haha yes it's not too bad! Awwww thanks love yes we loved seeing you!!

Loved "And such an uplift to my spirit seeing you . That ..."

I feel great today, our talk really helped me

I was mentally on point all morning . I feel different like a fog is lifted

Awww that's great love to hear this babe

Loved "I feel great today, our talk really helped me"

Loved "I was mentally on point all morning . I feel diffe..."

We are a great team!

Loved "We are a great team!"

John and I are gonna use the outdoor boardroom this afternoon also, I can't wait to see what design you pick for the license plate

Success!!! She didn't give me any options so just got a regular one haha

Loved "John and I are gonna use the outdoor boardroom thi..."

Gonna get Lucy's food then to mechanic then home and I'll take Lu to clam bayou!

This is Stephen Boerner. Please see your email. I just sent another email.

My specific issues have gone on for entirely too long. The level of disrespect is beyond my comprehension. It's stunning actually.

I really enjoyed you as a person, Ed. If you remember me, we met several times and are both Lehigh guys.

Unfortunately, my experience with your firm, and specifically Karen Lanetti, have been awful. As a whole, your firm has resorted to a level of service that I know is not to your standards. The actions have culminated into a disrespect that isn't just professionally disrespectful, but personally disrespectful.

I am available after 5pm by phone, or tomorrow any time. I will remain professional and tuck my emotions on the matter aside to speed resolution of two major issues that are outlined in that email thread and remain unresolved after months of me trying to keep the ball moving as a result of getting next to zero effort or response from your firm.

I am not free now, so please don't call. After 5pm I can pick up, or tomorrow any time.

Thank you, Ed

I sent this above text to Ed Caine the CEO of Caine Associstes

Don't read now if driving see you soon for a Lucy clam run

Attachment stored in iCloud: IMG\_4247.heic (Image)

Heading home yay

Great pic

4/22/24, 6:28 PM

Attachment stored in iCloud: 4864D507-B0AA-4EDD-8ABE-FA5FA076ECEC.MOV (Video)

Just started meeting with Jeremy

4/22/24, 8:31 PM

You ok lovie?

Just finished

Awwww sorry I got so sleepy babe

Heading to cart I love my sleepy babe your hug was amazing earlier.

Clam run!?

Yessssss

4/23/24, 9:44 AM

Lovie

How are you I'm heading to low tide for a bit . Nice sleep for me I just weird dreams

4/23/24, 11:08 AM

Hi babe yes at work!! All good so far! Hope you have a great day lovie

Sorry the cart was out this morning love. Hope everything is okay

Attachment stored in iCloud: IMG\_4260.MOV (Video)

Awwwww it's ok no worries

OMGGGGGG that's something you don't see everyday

In all my days sitting at this here marina I ain't never seen nothing quite like this

Laughed at "In all my days sitting at this here marina I ain't..."

Attachment stored in iCloud: voicemail-12917513280.m4a (Audio)

I got the same. I called he was at lunch I'll take care of it

Ok thanks babe yes was gonna say can you tell him I'm at work thanks lovie

Then I'm doing 3 hour head head session until 4

Ok sounds good babe!!

I spoke to him. I sense they want to get this guy Brian behind bars. He hinted at how he's gotten lucky and is repeating crimes and alludes justice just by getting lucky like not enough evidence etc. He asked if neighbors had video evidence of him driving into our driveway so I can ask that big house across street. Also encouraged me to add the photos of the desk to the evidence with Gulfport PD so the changes would increased to vandalism and/or attempted burglary

Oh man wow well good to know thank you for talking with him and for this update

Would we have to testify

Does he still need to speak with me?

He doesn't need to speak with you but we would have to testify

If he pleads not guilty

If he pleads guilty then no we don't

Ok good to know thanks lovie!!

4/23/24, 2:59 PM

How's work lovie

I miss you

I have call with Ed accountant at 530

Fed Lu and I'm at LT early to meet John we have a lot to do see you when you get home

4/23/24, 4:58 PM

Awwwww great thank you for holding the fort down babe! And for talking with Ed really appreciate you!

4/23/24, 6:06 PM

Pain staking conversation really. I like Ed he's a funny guy but he's bananas and he's leaving for 16 day vacation and doing his best to sort us out

4/23/24, 7:12 PM

You done yet!?

Leaving in a few!

All ok?

Yep

Just miss you. Heading home to get Lucy out

Awwwww ok leaving now see you soon babe

Loved "Awwwww ok leaving now see you soon babe"

https://event.webinarjam.com/channel/thewebinar (https://event.webinarjam.com/channel/thewebinar)

4/23/24, 9:54 PM

Sorry just a bit longer

It's ok!!

Having a hard time getting the clip. It cuts out what we need

Oh no 😩

4/24/24, 6:33 AM

Awwww babe thank you for the lunch!! Made me smile when I opened the fridge and saw your note! Love you so much

I'm so tired babe haha

4/24/24, 9:25 AM

Attachment stored in iCloud: IMG\_4273.MOV (Video)

Woke up to these fuckers just digging a hole in the backyard. No notice. Just men digging holes. they said they have the legal right to come on property and I researched their company and apparently they do in order to service utility poles and don't have to give notice, can just walk on property. I'm all wound up!

OMG BABE that is terrifying yes like wtf we just had a break in they need to be careful

I'm sorry that happened omg babe

I didn't hear them knock but Lucy was barking and I saw men trying to open the gate and one came around the other side and I'm running around the house like where's my weapon

4/24/24, 10:58 AM

Omg that's horrible yes very traumatic and Lu is on high alert I'm sorry love and gosh they should be way more careful at least knock on the door and say what they are doing

They said they did but it's all good. We did our wimhof breathing exercises and I feel great

Working at the house. I don't have that dinner tonight it changed to a zoom call just fyi

Awwww good yes the breathing helps that's great

Liked "Working at the house. I don't have that dinner ton..."

4/24/24, 2:26 PM

How's your day my lovie. More than halfway through this 3 day shift

What can I do to support? Lucy pics?

Attachment stored in iCloud: 73567599212\_\_2D5E7FE7-C90D-4E14-9A0A-CF8929021D65.HEIC (Image)

That's a gem!

Awwwwww omg love this pic thank you

Yes I am ready to be home haha just tired but today is good here

Miss my fam

My right eye is twitching today but probably just tired

4/24/24, 4:45 PM

Babe can you send me pic of the VIN from golf cart I got a text from State Farm:

Hi Melissa, how are you? Taylor at Steve barney State Farm. I know last week you provided the VIN for the golf cart to Deana. Underwriting is requesting an image of the VIN. Would you mind snapping a picture and texting it back to our office here so I can upload it? Appreciate it! Have a wonderful evening.

4/24/24, 7:14 PM

You ok lovie? I'm leaving in a few

Might need to go straight to bed when I get home haha

So beat

I'm on the consulting call intro

Started at 630 almost done went well

4/25/24, 12:13 AM

at Low Tide at a nice table by myself and really getting some good stuff done. Just in case you wake up, I'm here and people around and safe and night is calm and cool too. Might be tired in 20 min maybe an hour, not sure. Either way I'll kiss you when I'm home. Love you. So proud of you. My love. I love you

4/25/24, 1:38 AM

Lucy had to go so I'm out with her now. Safe and pooping

4/25/24, 8:11 AM

At work babe! Miss you!

4/25/24, 10:55 AM

Hi lovie! How's your day? I don't remember you leaving this am :(

Hi it's good!! I gave you a soft kiss on the head but it startled you and me 🤣



How are you!

Oh I kinda remember that why do I do that

Like all the time

Just know I love it

Attachment stored in iCloud: IMG 4287.HEIC (Image)

Attachment stored in iCloud: FullSizeRender.heic (Image)

Oh babe also I drove by Brian Borlands at 1am or so and bunch of cop cars were parked out front his house

> Attachment stored in iCloud: IMG\_4283.MOV (Video)

Omg love you and Lu at the bayou! That cantaloupe granola looks good great

Omg what was going on at 1am at his place

I overheard him talking to the cops and was speaking as if he was the one who called 911 and he seemed distressed like someone attacked him or he was out of breath or something

I heard him say "you could hear it in my voice on the 911 call"

He's trouble for our neighborhood. He attracts his enemies.

Edited

Oh no yeah sounds like something happened for sure and yes not good for our lil peaceful neighborhood

How's your day my love

Ready for babe time now I'm lonely

Awwwww I know me too lovie haha

4/25/24, 5:47 PM

Attachment stored in iCloud: IMG\_4295.heic (Image)

Omg so cute babe love this thank you

Almost done yayyyyyyy

Then 3 days off!!

4/25/24, 7:09 PM

Yes! Taking. Nap see you soon

Leaving in a few!!

4/25/24, 11:23 PM

Just leaving you a text

I'm heading to the clam Bayou with Lucy

4/26/24, 6:45 PM

The house looks so organized, thank you. I'm Hurt you didn't say goodbye to me before you left, especially knowing what we always say about that, but we all make choices. I'm also making a chocie to go away for the weekend. I rented an air bnb 2 hours south so I can clear my mind and take a break from this. I'll let you know when I get there safely.

I fed Lucy and took her out for a while so she's good for a few hours

I was just just packing up can we talk before you leave?

Just left

Got it

Or you don't want to talk be your in Gulfport but okay

I don't even know what means

You said you left but we could still talk you're in Gulfport

Do whatever you need to

We could've talked anytime these last several hours too

I was coming home to do that I didn't know you would be leaving for weekend. I'm hurt too

Ok

The closed door wasn't welcoming to speak to you and I needed a few hours

I collected my thoughts and was coming home

Yep I'm hoping to do the same this weekend

are we not talking until you get home Sunday?

We can talk before then

You're driving so please be safe. I'll wait to hear from you

Liked "You're driving so please be safe. I'll wait to hea..."

4/26/24, 9:18 PM

Made it and I'm here all safe and sound

thank you. Lucy and I are home

Aww good, miss you both and thank you for this time for me

We Miss you too

Loved "We Miss you too"

4/27/24, 9:38 AM

Hey babe good morning, hope you and Lu had good night sleep. Can you write and mail the rent check to Luther today?

Attachment stored in iCloud: 73591793895 07CF04BF-2E40-4947-8840-55AAD483F490.HEIC (Image)

Amazing! Thank you so much!

NP. Anything else I can do?

I don't think so that was the main thing

Liked "I don't think so that was the main thing

4/27/24, 5:32 PM

Meant to update you I put the distilled water in the golf cart yesterday so our Green Ranger is running smooth

AMAZING thank you for doing that babe good we gotta keep her in good shape

Attachment stored in iCloud: giphy.com-media-GKuexTKWpLoQM-giphy.gif (Image)

Loved an image

Can you send me code I'm setting up state farm account for us

232313

Did another come through that code doesn't work

4/27/24, 7:28 PM

Hi locus

Hi Lovie

Coming back in 20 or so finishing up with John

Awwww ok great lovie just came in from out back with Lu

Live music babe. It's like medicine . Changes my spirit

Any interest in walking around down here later just a stroll and pop in and listen. They have guitar and a flute going and it's so good

Awwwww yes I love the live music! Shoot I want to but got so tired so Lu and I laying down for a few

Maybe I can rest til 830 then we could go down!

You ok babe?

So sorry ahh

Got pulled into a convo

4/27/24, 9:59 PM

So I don't forget texting. a symptom I forgot.

When I'm really low, my body arches in a different kind of ache . and what I feel is my normal stiffness in areas I'm used to (like my hamstrings, back, torso) being much much tighter with my overall body having a general ache like one I could not point to as easily as an ache or pain I'm used to consider my activity in the same too. With no other correlated other than the moments I'm low low so I have assumed it's a side affect and wondered if you knew or felt that before

Thank you for sharing this I wonder is it from being really tense like having your muscles tensed up

Because that happens to me and I don't even realize I'm tensing them

So tense. I've just started realizing it. I need to be aware of that and have a tool like a breathing tool for those moments for BP. I want to take it tomorrow please. I haven't been and I need to know where I stand and see my new primary early May. I don't have heart symptoms and this isn't a cry for physical help but it's just surfacing right now and I had trouble thinking or caring much lately so I'm sorry to myself and you and Lucy about that

That's a good focus for me and to have encouragement around my health as that is a controllable like tobacco was

Awwww yes can take it tonight lovie! And tomorrow starts a new day with so much hope

Can I skip it tonight? I just don't want the anxiety and I want to have tonight feeling good and a high reading is what I fear

I can face it tomorrow

I promise

For taking your BP meds you mean?

No my BP pressure

I think life is canceling any meds and that's my fear

Oh sorry I thought you meant your meds no we don't have to take your pressure tonight but take your meds when you get back if you didn't yet today is that ok

Questioned "I think life is canceling any meds and that's my f..."

→ Replying to you, 2024-04-27 22:07:00: « I think life is canceling any meds and that's my fear »

I have fear and anxiety about my BP and what reading I get . My comment was about my worry of having such hard life shit lately that is elevating my BP more than meds are helping it

Edited

Oh got it ok sorry I was co fused yes I hear what you're saying yes lovie and we can tackle one thing at a time just keep taking your BP meds every day and if you need help with it let me know I can help

You ok lovie?

Yes just got to front of Marina. I do one last ball throw at the field right in front of it

Awwwww ok! Thank you for taking Lu out

4/28/24, 3:46 PM

Attachment stored in iCloud: 73602636962\_\_7B1724A5-6DD0-4087-AB58-51C5A332C721.HEIC (Image)

For you my love

A woman here graduated with her yoga certificate 200 hours of training so she brought cupcakes for everyone

Awwwww that's so nice babe yayyy congrats when is the first class we can go!!

Emphasized "Awwwww that's so nice babe yayyy congrats when is ...

You at the other clammy with our Lu

Aw I love you both so much . Today felt so warm for my heart

Awwwww love you!!!!

Loved "Aw I love you both so much . Today felt so warm fo..."

Me too babe!

Honestly us in a good place being together and aligned and speaking kindly and being open - all that. That is the best medicine for me personally.

Need therapy, need probably a pill or whatever and I'm IN for that too, but I need us

Like I'm anxious for tomorrow hearing what the solar first legal response is but bc we had this weekend I'm not feeling the depression like I would otherwisez

I feel taller and apparently I'm physically taller too:)

Awwww I agree babe and I love you so much, we are a team we will get through this and for tomorrow I'm here with you let's call first thing in the morning before I leave for work if you want

All good they will contact me tomorrow the assistant said

Edited

Loved "Awwww I agree babe and I love you so much, we are ...

Aww ok

Wanna go to Aldi together in 30 minutes or so!!

Omg babe I just got notification you're home and just saw your text my phone was muted for texts since brunch date

Sorry I'm just working here I wanna come back in like 45 min wanna scoop me later please or can get a ride too

No worries yes why don't I get you when I leave here!

Ok where you leaving to otherwise than me again?

And whatever works for you I'm ready when you are but no rush I have a nice quiet spot here but whenever most convenient for u

Never mind I misread you're at Aldi now so yes come on over after thanks my love

No worries I'm checking out now and will	swing by and get you
Leaving Aldi now love!	
	Liked "Leaving Aldi now love!"
Here on the side street	
	Please let me know when he arrives
	If I'm not back
Where are you we are at clam bayou	
	Parked where we watch sunsets
	Going to the bar
	I love you. Thank you
	Flove you. Marik you
Love you so much	4/00/04 0.00 PM
Omina	4/28/24, 9:22 PM
	nome . Bathroom then home. Good talk. Real good. Wanna talk when ome so are you up?
Yes I'm up!! See you soon	
	4/29/24, 8:28 AM
Attachment stored in iCloud: IMG_0983.heic (Image)	
I can be on the phone with you when you	talk to the doctor babe!
	Thanks lovie
	I'm gonna go solo
Can I be on the phone with you	
	Sure
	I'm in waiting room
Great	
orou.	With nurse
Loved "Mith purps"	With Hurse
Loved "With nurse "	
	Waiting for doc
Thank you	

Ok thank you lovie

We got this

I feel so sad

Awwwww love we will get through this you are not alone

This doesn't define you

Please don't text and drive

I'm not tracking you but we can talk

I love you

Love you so much

And today is your first day on the floor solo. My babe so proud. He's coming soon i think

Have a great first day . You got this. You are so strong

4/29/24, 12:40 PM

Love you babe

Love you. Cvs only got one med script so we are having lunch. Just finishing actually. Going back for the second med. I took the Zoloft once i picked it up

Waited 45 min at cvs earlier to learn that haha

And my BP meds were \$140 I made the mistake of picking them up I should have waited on getting those

Awwwww babe thank you for the updates yes this is a good first step and I'm so proud of you

You can get the BP meds through the insurance since we have the cobra right either way it's ok no worries

Also your mom sent me a Zelle I can send you for our shared account

The blood pressure medicine was almost \$800 but he said the insurance was kicking in and the balance was \$140 and then the Zoloft was 20 and the other one was \$10. I have filled up that blood pressure medicine before for 90 days and it was not that much. It was only that much when we hadn't paid our cobra 90 days ago, so I feel like something was wrong because it's not the same Rx coverage my head has been in the sand, so I don't know if I'm just missing here

Awwwww love ok no worries I can look at it all tomorrow don't worry

How are you feeling?

I'm at LT now

Good good I think.

My dad is at home taking nap I got Lucy out he is going to feed her I left 1 scoop of food on counter for him to dump at 4pm

Attachment stored in iCloud: IMG\_4339.HEIC (Image)

I'm getting a Tucker special message. He's got the table here today . \$2 a minute

Awwww that's great yea good to get out for a bit thanks for watching Lu! The massage looks great love that babe!!

How's your first day solo babe I'm thinking of you about that it's a big step congratulations

:)

Awwww it's good everyone is helping me so much and they are nice I'm nervous but all is good!

Any word from lawyer?

10am call with Debby tomorrow. They sent me the letter I'm about to read it now

Aw ok yes I'm off and can be there with you :)

Let me know what it says if you want lovie

Attachment stored in iCloud: IMG\_4340.jpg (Image)

It's what I expected . And so wrong

- Paid our Amex statement balance of \$3,700 that was due to be paid by May 7th
- on the Amex, there is \$1,700 of charges in the current statement period we are in now. that's not bad. Next statement period ends in early June so let's aim for conservative spending in May.
- Luther is cashing check soon and there is \$6,500 in the joint PNC account
- I just moved \$15k into my personal PNC and scheduled Mr Cooper old city mortgage for May 6th payment to allow for tenant payments to arrive first. Mr Cooper payments are due before the 17th of each month so not late before the 17th but it's technically due on the 1st each month so good there

Babe thank you so much for transferring everything and making sure our accounts are good I appreciate this so much

Re the letter: UGH but yes as expected

how do you feel?

Slandered

But okay

"Completely"

5 months of completely failure?

Ok I'm moving on I of course just as you know sad by it and worried what is next and who I'm up against but this is also just a sloppy reply by them it doesn't say anything about several items or what their stance is on what they owe me

Aw yes I saw that completely ugh but we know our truth

I started writing my letter. I read my dad's from 1980 and it's helpful.

I won't finish it today. We are going to cook out tonight and tomorrow evening he wants to take us to dinner

Can we have that party on Friday May 10th?

It would be our launch party for the course I'm making

Awwww yes glad you could read his letter and can start yours also, this is new beginning and journey! Yes tomorrow I'm off and can do whatever! May 10th should be good but let me check my work schedule too and let you know

What can I do for you love

Keep being as you're being. It's everything I need and nothing more

Loved "Keep being as you're being. It's everything I need..."

4/29/24, 8:00 PM

Shower is spotless

And unclogged. He insisted he have a project today

Awwwww that is amazing! Thank you to Cap!!

Loved "Shower is spotless"

Loved "And unclogged. He insisted he have a project today"

How are you doing lovie

4/29/24, 9:37 PM

Just finished dinner grilled some steaks was really good now we are about to film the song he wrote for my mom

Awwwww thank you for the update lovie! That's really nice!

I'm going to take the second non Zoloft around 11:30pm tonight when you're getting home do you think I will be groggy in the morning

Hi I'm leaving now!

I don't think you will lovie

Ok took one and just laid down but I'll be up

Loved "Ok took one and just laid down but I'll be up"

4/30/24, 8:55 AM

Call is confirmed for 10am. I will be home at 9:50-9:55am, then early lunch afterwards downtown Gulfport

4/30/24, 1:24 PM

Just wanted to say thank you. Thank you for being here, so present, so mindful of what's happening in our lives and steering the ship - literally. I have so much appreciation for you. I'm emerging from this, I feel it. Being with my dad provides me with something I lost. And you've been so kind and personable and seeing you two have the relationship you're developing is really really rewarding. As I emerge, I mentioned the importance and desire to reconnect with your family. You are my inspiration I love you

Edited

Awww babe I love you so much, am always here for you and always will be. We will take it one day at a time and little steps like you said and thank you for remaining open to our support and love.

Loved "Just wanted to say thank you. Thank you for being ..."

Loved "Awww babe I love you so much, am always here for y...

Dinner will be nice. Good company and our fav restaurant. I'll go there soon and confirm. Would you prefer different timing with work tomorrow? I can definitely move it earlier didn't meant to prioritize myself earlier with the dinner timing

Awww yes dinner will be nice and 7:30p is good babe! If you guys wanna stay out after I can always head home!

Attachment stored in iCloud:

73619362090\_\_50982C30-0CB9-49E1-ADE1-CCF10F362C4D.heic (Image)

Attachment stored in iCloud:

73619365387 A555E494-7073-4659-82A2-AAE230EF5701.heic (Image)

Classic Lu stance

Laughed at "Classic Lu stance"

Classic Lu

Hi just got alert from PNC about the \$1k did you just trigger that or was that yesterday?

Just now I got it. Thought I already saw it.

Yes just sent it now

Ok awesome

We are good lovie. Sitting good I'm okay with it

Loved "We are good lovie. Sitting good I'm okay with it"

8pm is earliest for a reservation at Pia's Trattoria . Lots of big parties tonight she said

Walk-in at Pia's Veranda is an option that could work well on a Tuesday but who knows.

That's why I called what do you think?

Sorry missed you was taking a little rest

Yes let's do 8!

Wait yes could walk-in too

Which do you prefer?

Let's try walking at like 7/730

Walk in

Ok I'll text my dad how is everything? I'm feeling really good

Awww good it's good just fed Lu and gonna take a little rest

Ok great. Lemme know what I can do from here for us

4/30/24, 5:52 PM

Will do lovie!

How's home?

Good!!

Ok miss u babe

Miss you lovie! Wanna come back for a bit before dinner?

Yes please

Just got to clam with Lu!

Dang!

I should've spoke up earlier

Wait let me call your dad he's home and would come scoop you up love

No don't worry

It's okay I'll take the time back and maybe you guys come early

Awww ok yes gonna leave here soon and go back to shower and come to see you 😜

Loved "Awww ok yes gonna leave here soon and go back to s..."

Bring pen!? Sure! Leaving now! Ready! And outside Great just parked Both of you? I'm walking down We are outside Pia's 4/30/24, 9:47 PM You want the pen? Never mind I'll put it in the jar I'm good thanks lovie Lucy just ran her fastest 40 yard dash Like a bat outta hell Omggggggggg she is so fast She was dying to play. Charged the f up out here babe Laughed at "She was dying to play. Charged the f up out here b..." 5/1/24, 1:29 PM

Attachment stored in iCloud: 73627733789\_\_317E4BE4-496A-49FC-9CF1-DB7AB5406A4C.HEIC (Image)

Long lunch with my dad. Out with Lucy now. Then to go work until 7:30pm. Then grilling with my dad and talking about my business stuff

I spoke to him about stuff related to the delivery of things and happy with how I phrased it and we settled on a good direction for me in that regard . I told him I felt like I was in trouble and he understood that

I also called my mom and had a really nice conversation.

I hope you are having a good day and aren't distracted too much . I know I've said I'm sorry for this and I am. I didn't want me to be another person you had to worry about but I need to let that go

And I've taken 1 Zoloft and 2 of the other acute as needed pills, one this morning and one just now and I'll take one tonight and see what that feels like

Edited

Loved "Long lunch with my dad. Out with Lucy now. Then to..."

Loved an image

Thank you for these updates lovie and I'm proud of you for talking with your dad about his approach, none of this is easy and you are doing great and I love you so much. Glad you got to talk with your mom too

Yes does the as needed pill help?

Loved "I spoke to him about stuff related to the delivery..."

Loved "I also called my mom and had a really nice convers..."

Loved "And I've taken 1 Zoloft and 2 of the other acute a..."

5/1/24, 3:19 PM

Actually does

Great!

5/1/24, 6:19 PM

How's your day lovie we aren't texting much I'm working at LT and just wanted to say hi and love you. Kinda not looking forward to this evening but I am. Tough convos I'm just spent a bit

Awwwww I'm good just been a little busy here, yes what's tonight? And I understand feeling spent it's been a lot the last few days whatever convo tonight can it wait until tomorrow or so so you can get a break

Just cookout and we're grilling my business model

Ha!

Awww yes maybe see if tonight can grill and chill haha then tomorrow can work on business model

Liked "Awww yes maybe see if tonight can grill and chill ..."

5/1/24, 8:39 PM

How are you doing love?

5/1/24, 10:02 PM

Dinner was good. He reading my business plan and watching a 20 min video I strung together of my video shoots and stuff to show my vision best I could at this point but it's actually pretty good I think and I don't think he expected the progress I have . Either way way this forced me to simplify my vision so I can transition to sharing it and working on the messaging so it's crystal clear, like how it will make money, when, how, etc

11pm!

Great! I'm leaving now

5/2/24, 9:39 AM

Have a great day today lovie

You got this in the bag and I love you and thank you

5/2/24, 10:54 AM

Tampa general called and only telehealth was available and the absolute earliest they could schedule me was September 12th at 9am.

They said I could call periodically to see if there are cancellations, but he said it doesn't happen often and they can't do in person. That's not available for the first visit.

They said my best option is to call the insurance company and ask for specialty providers that can see me sooner

Sounds good thanks love we will figure it out!! Thank you for update

I'm with my dad he said we have an appointment at a mental health center in north Tampa

Great yes I had called places yesterday and this morning but I think where he found is a good start how do you feel about it

I'm in

We can go together and check it out, love you babe we are in it together always

5/2/24, 5:14 PM

Thank you! I missed your reply somehow. All three of us are going. Can make it fun tho. Ts weird, I don't like it, but i love it - because I have a real suppport team and im so grateful.

How's work lovie?

5/2/24, 6:18 PM

Loved "Thank you! I missed your reply somehow. All three ..."

5/2/24, 8:42 PM

Attachment stored in iCloud: IMG\_4371.HEIC (Image)

My babe is so busy! Hope it's going well! We are missing you

Loved an image

Awwww love this who is there John and Jeremy? Looks like a nice dinner

Miss you!

Almost done

Phew haha

John and Jeremy. They just left. Was a really nice night being on the other side of everything lately so it felt good

Drive safe. I'll wait up for you

Omg yes definitely

On my way! Loved "John and Jeremy. They just left. Was a really nice..." Loved "Drive safe. I'll wait up for you" 5/3/24, 5:03 PM Attachment stored in iCloud: Stephen Boerner - Self Care Plan. JPEG (Image) 5/3/24, 6:36 PM Thanks love! Looks good how are you Good my dad there? He said he was leaving at 630 Oh yes he's still here We wanna come down and get a burger what's a good spot Ok One sec https://maps.apple.com/?address=2813%20Beach%20Blvd%20S,%20Gulfport, %20FL%20%2033707,%20United% 20States&auid=4357421580320961024&ll=27.741751,-82.708075&lsp=9902&q= Siri's%20Gourmet%20Burgers%20%26%20Pizza&t=h I can meet you Also I had a gut feeling about the portfolio guy with the mansion yacht business. Sadly, I was right. I can't work with him . I'm backing out. He's a scam artist. Bruno isn't even his real name. If you thought Brian Borland was bad, this guy is 100 times more dangerous so that's that Attachment stored in iCloud: IMG\_1043.heic (Image) Omg babe oh no yes definitely back out Does Jeremy know? We are leaving soon Yup I had to tell him immediacy Ok I'll head there now

I'm here

5/4/24, 11:27 AM

I have a really nice gift idea for my dad

Attachment stored in iCloud: Screenshot 2024-05-04 at 12.15.48 PM.jpeg (Image)

> Attachment stored in iCloud: PNG image.jpeg (Image)

Hi Babe, I checked LastPass and there is a folder that has our PNC log-in. When you log-in, you'll see my primary personal PNC checking account with a balance of \$12k. Then there is the joint PNC account right under my primary account. The joint PNC checking account has \$7,500 in it at the moment but Luther is cashing the rent check shortly. He texted me to confirm it was received. Wanted you to know where to find PNC and that it was in LastPass under the shared folder titled "MELISSA - PAYMENT METHODS"

If you want to write it down to have it outside of LastPass I will give the user name and password when we are in person instead of texting it for security reasons

I have awful service and WiFi here so I'm leaving for low tide now

Greta thank you so much for this info

Maybe later too we can review the crypto

Would love to show and teach you that part. Would make me feel much better

Yes great thank you me too

It's a little complicated but easy if I show you the steps

Great I can write everything down

What's your plan lovie

Heading to take Lu out

Liked "Heading to take Lu out"

Thanks for updating Verizon just got a text from them confirming

Which did you use?

Amex

Ah I was excited for the FaceTime

Edited

Awww yes my screen is acting up doing stuff I'm not directing it to do 🞑

Mine is weird too

Very odd today and yesterday

I'll take a look at yours

You going to beach lovie?

I'm out picking up some stuff for work tomorrow little cinco de mayo party

Ok

5/4/24, 3:58 PM

630 is new leave time texting with the my dad he's out downtown having fun

Nice babe!!! Ok meet 630 at home?

Yep

That work?

Yes sounds good want me to come pick you up Beforehand

Please yes:)

615 ok?

Yessss can't wait to see you love

Loved "Yessss can't wait to see you love "

Wanna meet at rec center for a bit with me and Lu

She's eating now then we were gonna head there

Yes please

Scoop me?

Great we are leaving in 5!!

Loved "Great we are leaving in 5!!"

Here

Side street

Ok one sec finishing. With John

Liked "Ok one sec finishing. With John"

5/4/24, 6:30 PM

Plain cheesesteak with American cheese no other toppings 🍪 🍪 thanks lovie

We are headed back now and we are going to watch the Dave Portnoy review while we eat

5/5/24, 7:33 AM

Attachment stored in iCloud: IMG\_4427.heic (Image)

Fits even better than the other one and look stunning. It's 730am and she's already got one complement in the bag. How bout that!

She looks great love!

Just pulled up back home

5/5/24, 11:02 AM

Attachment stored in iCloud: Screenshot 2024-05-05 at 11.01.35 AM.jpeg (Image)

HI love, just an update here, here is a response I got from the lawyer at the end of the week on Friday mid-afternoon. This email went to a different folder of mine so I did not see it until now. It is what we suspected.

Thank you for this update love!!

Attachment stored in iCloud: PNG image.jpeg (Image)

My response

Thank you for sharing this!

Yup my dad approved but said to say less and he's right

Have a fantastic day

I love you so so much ugh just so much my lovie

Awwwww yes keep me posted and I love you so much example 1



I like that advice too:)

Loved "Awwww yes keep me posted and I love you so much ...

Hi love, what time was that appointment tomorrow again my dad and I have different notes on time

11:10 am:)

I can send link to join appt later when im home if that's ok

Ok I'll get the details later. And can I get your perspective later on why I may or may not be on the right meds? Curious your professional opinion and what your observations are of me on current meds

Yes absolutely lovie!

Ok just want to understand thank you . I feel like I'm better and I'm not cured or even close but likely naive to what I can't see. I respect your concerns and would help to hear them. I love you

Awww yes I agree! I think in general will be good to see a psych provider who specializes in mental health and can review the meds with you and make adjustments as needed, not that the primary care doctor doesn't know it was good you saw him but doesn't have the specialty in mental health if that makes sense

Kind of like how you see cardiology for your heart

I'm all for it and thank for all this initiative around my well being I'm so grateful. Do you think I'm better, the same, or worse ?

We can talk later i just like your feedback. Let's discuss when you're home I love you have a good afternoon and thank you again. I promise I'm focused on being better, nothing to hide, and putting all the cards on the table for this

Thank you love for your openness and willingness appreciate it so much yes can talk later just a little busy so don't wanna text but all is good!

When you can can you send me pic of your FL ID

Attachment stored in iCloud: FullSizeRender.heic (Image)

Here ya go what's this for tomorrow's appointment?

Yes for the appt thanks love

5/5/24, 7:32 PM

Hi love. Had long dinner with my dad. Another good talk. Starting to get a little tired of the analysis and examinations but I'm really trying. He's doing a great job. Did nothing wrong and all is good just a lot to hear

Just when I think I turning a corner I'm learn that nobody believes that but me and so now I just don't know what to think and I felt my anxiety for the first time in a couple days. I wasn't feeling it since Friday's lead up to that weird appointment

Right now I feel okay. Just tired. No need to reply in full or be concerned. My dad was so helpful hearing me out and I just want to be with you and aligned with you

I'm looking forward to tomorrow's appointment tho. That's important

I love you so much and thank you for sharing this, it's a lot and has been this week I understand and hear you so much. This all takes time and you're doing great being open and working towards getting better.

Wish I was home with you lovie, we just have to take things one day at a time

Take a little rest if you need to lay down and get a little break I understand that too

Ready for a big hug

Thanks babe

Feeling sad about it all

5/5/24, 10:49 PM

Awwww babe love you so much and I can't wait to see you

Means so much

I'm at LT hanging will John and Jeremy just wanted some space tonight

Awww totally understand yes get some space that's good

5/6/24, 7:39 AM

Fed Lu

5/6/24, 9:25 AM

Babe omg saw our friends the dad and son who match and today they had their dog in the front basket a little chihuahua and he had a helmet on omg never seen that so cute

5/6/24, 12:09 PM

How are you love

That was a terrible experience. The woman couldn't figure out the audio and kept blaming me saying it was on my end. It was her. We are both so frustrated.

I'm really struggling with how we are approaching this. I can't get a straight answer from anyone, I'm being managed, my dad is in the middle and is crumbling, and we had momentum and a plan and this nurse practitioner wasn't going to be the answer

Oh no babe I'm so sorry this happened ugh so frustrating yes we are all navigating this together

I love my team and I love you but we are not all on the same page

Ok yes what do you think should be the next step

Pause

Breathe

Let me pause

Let me breathe

My dad is smothering. He did a great job. Amazing. I need space

Let me be on what I'm on. Let me move the plan forward I started.

Thank you for sharing this and I hear you

And my dad is relieved of duty. He can't survive in the middle of things anymore. He's going to flip a switch soon and turn off. I have to ask that we all come together and talk and sherry can join, but I'm in this conversation. I'm taking ownership of this. I'm taking ownership of myself again.

Edited

And I just need you. You and me. And Lucy. These six days just us

I need you too and I don't want your dad to shut down so whatever I can do please let me know

5/6/24, 4:29 PM

Thinking of you love how are you

5/6/24, 7:48 PM

You doing ok love?

5/6/24, 9:22 PM

Hope you're ok love haven't heard and I'm thinking of you

5/6/24, 10:37 PM

Hi I'm sorry I have been sleeping so much today

I'm okay

Until waking up to the cops being here. My dad called them and two ambulances are here and the same police officers as the night of the break in. I don't know babe this is all too much

Aw babe I'm coming home so soon I love you so much

All I was doing was sleeping and trying to get a little space

Aw love, what are they doing now

Leaving soon. They want to give me a tablet something about it have by help on it. I'm declining ambulance ride. Apparently my mom is a riot and sherry is throwing advice at my dad. He just snapped like I said he would

Honestly I need this to stop

All of it

This is a circus here

Omg I need to be home

5/7/24, 12:38 PM

How's your day my lovie

Calm here

5/7/24, 1:42 PM

Busy! It's nurses week so lots of nice food and gifts and stuff

How are you!!

Loved "Calm here "

5/7/24, 4:27 PM

Nurses week!

I wish I knew ugh how did I miss that one

Haha no worries I barely knew until I showed up here



Sounds like they do more than Penn did tho

I completely agree

So that's nice:)

How's your day going?

I also called the place from yesterday morning and said it was a horrible experience and we won't be re scheduling bc they called me twice to re schedule

Thanks for doing that. Glad to move on from that one. My day is okay. My mind is so tired I believe from the meds I can't tell but I was home for a few hours my dad is somewhere I'm not sure

Attachment stored in iCloud: 73680905003\_808D1EBF-B6B0-4A46-B19D-30B31C213D2E.HEIC (Image)

So I came to my spot to work

Awwwww love to see you and Lu out that's great, yes been a busy and long week I understand feeling tired lovie

5/7/24, 7:35 PM

Attachment stored in iCloud: voicemail-12938554336.m4a (Audio)

I got this Vm from Tampa General

This is great! Let's call them tomorrow! Hopefully they can help make the appts with psych provider!

Ok what sparked this?

No idea! I didn't do anything I promise

It's okay if you did. I only want your help

I'm so grateful for you

I would tell you and I didn't at all!

Awwww love you so much babe

It's okay love No I really didn't babe haha i swear Babe I'm not saying you did Haha ok sorry just wanted to be clear I'm clear. Today was a real struggle. That one drug makes me incredibly tired Aw did you take it mid day too? No just the morning I slept four hours 12-4 I had no choice Ok got it My dads flight is 645pm (or around there) Thursday evening It was the only flight he could get ok no problem!! 5/7/24, 11:11 PM Come home to me:) Yay leaving now babe miss you Loved "Yay leaving now babe miss you" I'm in bed come in You did it:) 3 long days 5/8/24, 11:01 AM Hi love. Good morning. You were so sweet sleeping this morning. Could have creepily watched you sleep but had to run. I love you. Come see me? lunch? Love you babe just kind of getting up now needed that sleep!! Totally! Me too. I slept great. Wild dreams so I know it was some good REM That's great and good update about the nurse navigator!! What can I do for you today Not sure your plans but seeing you is what I want to balance the work day with Awww love that I have no plans

Ok well wanna do a lunch? Does my dad want to join? I'm ready to be just us these 6 days you have. He's very restless I can sense

Awwwww I can do lunch! I was gonna ask you be barb surprised me she wants to come for weekend it's Mother's Day and just wanna hang with her if that's ok she is very chill and won't be work and only here short time

Friday morning and leaves Monday morning I hope it's ok babe

Attachment stored in iCloud: giphy.com-media-4SY3TCJBZEQkEp23Fl-giphy.gif (Image)

Attachment stored in iCloud: giphy.com-media-t8NS61XJsPM3wlzEdy-giphy.gif (Image)

Attachment stored in iCloud: giphy.com-media-70YaDoZ1VqBZ8SgYiz-giphy.gif (Image)

Short answer: absolo freakin lutely

Omg thank you babe I'm sorry I know so many visitors so thank you and love you

It's more than okay. The right visitors are ideal and I love and miss Barb. Just this morning I was looking at the fam calendar and her pic in is was so cute I'm like "aw miss my b"

Awwwww love that yayyy I know I can't wait to see her

I'm gonna get up and get dressed and prob take Lu out but let me know if you wanna do anything

I do!

Lunch!

Invite my dad I'm guessing he's putzin' around the house or reading

Ok yes let me go awake from the dead and see if he wants to come

I'll text him too

Also I can come to therapy with you only if you want lovie! No pressure!

Ok please come

I would really like that

I'll text mark heads up. He replied to me yesterday but all good on that front

Your dad isn't here hmmmm

He just texted me he's on the beach

He's in

Amazing

I'm up and dressed just out back with Lu but what time and where should I meet I'm ready and hungry Let's eat at neptunes or tiki Same haha Ok dads treating too Dog in Dig in! Dog too. Bring Lucy We can do a beach run after or before or both Haha nice! I was gonna ask ok I'll bring her and we will leave now! Let's meet at tiki I'm here Wow so fast Def hungry haha Grab a table for three I just texted my dad and I am getting in the cart as we speak 5/8/24, 2:03 PM Mark said yes to you joining. See you 430. Thank you again my lovie And glad my dad saw our affection. I'm proud to hug such a wonderful wife Awwww love you babe thank you for letting me support you at the appt! Lunch was so nice Wasn't it? Just rewarding given how strenuous meals have been lately just working through everything like I/we earned a relaxing lunch for once Loved "Wasn't it? Just rewarding given how strenuous meal..." Yessss agree 5/8/24, 3:26 PM Do you have Barb's flight info? What time she leaving Sunday? 5/8/24, 9:03 PM Let's do the crypto walkthrough and a finances overview tomorrow evening

That work for you? Yes absolutely! Great It's going on the ol' calendar 6pm too late? 5? Or just whenever After my dad leaves around 430 Sure any time but yes that's a good time he told me today he was going to leave around 3 5/9/24, 9:43 AM Noon lunch at Stella's with my dad if you're up for it lovie Thanks love! Taking Lu out now Love you. Loved our mornings waking up and Lucy finding a spot with us. Thanks for feeding her and taking her out giving me just a little extra sleep. Slept great. Feel amazing today So light Loved "Love you. Loved our mornings waking up and Lucy fi..." 5/9/24, 12:01 PM In your way? Here 5/9/24, 5:33 PM Hi babe checking in how are you Just waking up! Haha all is good here! Did you feed Lu I forget haha Yes At 4 Ok thank you We have the crypto review tonight can we do that later tho or would it be too late? Or Sunday evening or Monday right after Barb leaves during my lunch break Monday might be ideal. You pick. Just wanted to stay on top of it. It will take maybe 45 minutes or so I'm guessing it's an intricate process

Juliana is calling me at 630 this evening. I set up a time to just get her opinion so we have those details

Edited

For the condo

Yes we can do the crypto meeting Monday that's perfect thank you

And for talking with Juliana to get the info

Ok I'll move it on calendar

Burgers tonight ?!

Sure but I'm not hungry just yet are you haha

Getting there. John is here I might invite him over but not sure his plans is that okay or wanna have just us night would be nice actually

Just typing out loud

Yes can absolutely invite him

Want a Kratom?

No I'm ok thanks lovie

When are you coming back no pressure just wondering

30-60 min I'm thinkin I'm teaching something could take 30 minimum

Liked "30-60 min I'm thinkin I'm teaching something coul..."

I can leave before him to get Lucy out then meet him at house he said okay to coming over

Great!

He's arriving 7pm

I'll come 645

5/9/24, 7:24 PM

Got delayed leaving in 2 min for realz this time

Liked "Got delayed leaving in 2 min for realz this time"

5/10/24, 5:13 AM

Fed Lu

5/10/24, 9:50 AM

I was making eggs and breakfast for Barb but you guys eating downtown?

Edited

Hi yes just went to gulfperk sorry thought you were meeting John at 9am

I should've mentioned I pushed it back. I wanted to welcome Barb and that's totally fine my bad.

We are on our way home

Barb and I gonna go get our nails done lovie! Can't wait!

Yay! So happy for you

Enjoy



5/10/24, 12:28 PM

Pizza delivery tonight? I just got a good tip on a great new pizza place called Cappy's

Yes would love that babe! I'm craving pizza

Wait can you send wifi password to me and Barb

Nvm I got it!!!

You good!? Okay great I'll get delivery for us. What time?

For the delivery

Let me ask Barb I'll be back in a bit just getting Lu out while she has a quick work call

Attachment stored in iCloud:

73705216824\_\_48A1E061-BCFF-44DA-A608-EDB8898712BA.heic (Image)

Omg I thought this was a puppy photo of her from back in the day

I love her so much

Awwwww yes it does look like that babe good call

Loved "I love her so much "

5/10/24, 1:51 PM

Thank you again babe.

Really helped.

Minus a woman with Tourettes groaning and hollerin' every three seconds, library is cool, quiet, and calm. I have my own table and going to come here more

Got my headphones tho so I'm good. Home by 6-630.

Here is the pizza place. They aren't on grub hub or uber eats (I think). But good menu and they deliver.

https://www.yelp.com/biz/cappys-pizzeria-st-petersburg#query:cappys%20st% 20pete

Awww babe thank you for calling me we will get through this together! Love you so much and enjoy the library and let me know what I can do for you!

I'll take care of ordering thanks for sending the info

Forwarded Juliana's email

Thank you babe!!

Attachment stored in iCloud: IMG\_4487.PNG (Image)

Here it is tho

Costs higher than I forecasted

Still good tho

5/10/24, 4:23 PM

John and I thinkign of working outback and get outside that okay?

Thanks babe yes absolutely

How are you feeling

Way better

#Drugs

Awww I'm glad you're feeling better babe

You did the right thing today

Calling me and working together

What time you coming back no pressure jw

Edited

I'm coming back now, but Jon decided to take a break and head home

Ok sound good barb is resting when you get back I'll take Lu out for a run

I have some stuff I want to do but want a break too

I'll join you

Loved "I'll join you"

5/10/24, 7:26 PM

Attachment stored in iCloud: D04AF61F-E0DA-45B8-A1B6-6001E5E5922E.MOV (Video)

Laughed at a movie

Haha babe so funny

https://maps.app.goo.gl/bydbq6rxx5BT5cMH6?g st=i

From John

Great thanks love

5/11/24, 11:49 AM

Really nice convo with aunt Sherry

I really just love that woman.

She tells it how it is. No sugar coating. I respond well to that. Respect that. Feel good about her advice and we are moving her advice forward already. She wants the "best version of Steve back" in her words and we can't kid ourselves until we get there. And getting there is going to take time. So she's happy to hear me say I'm accepting of that and she was happy to hear I have a genuine plan in place with a supporting inner circle I can share everything with. She emphasized leaning on that circle like it's an acute treatment for myself. She said basically that living those thoughts moments alone in my mind will spill over into setbacks and I won't be aware that it's happening but I can be aware if I'm harboring emotions in a series of moments that add up to the setback it will cause. But it's two parts, the family (which I'm so fortunate that the family part of my support circle comes with strong medical professionals), but also my circle of care-giving medical professionals versed in what I need specifically (psychology and psychiatric professionals). She said for how badly the medical community failed me, having a screening booked for May 29th with a real appointment just weeks after that, that it's great to have scheduled so we can put to practice the other parts of my plan while being on meds that certainly aren't hurting

That's all from me! Let me know what time to be home please so I can plan my day

That's great glad you got to talk to her! We are not far from home gonna stop one other place then head back I can take Lu out

How are you?

I'm good. I think good is great right now. A little anxiety with noises in here like the ice machine and stuff just a high auditory sensitivity but I have calming music on my headphones cancelling some of it out and it's cool in here

Liked "That's great glad you got to talk to her! We are n...

What time to come home to leave for chill room. John knows it. It's an upscale kava bar that makes other stuff but most the menu is kava and Kratom infused but taste is better more like GrassRoots . He said it's a chill spot and likes it says we will like it

Awww yes those noises are hard maybe go over to the library or even home for a bit to take a break it's ok to do that right now I think love

Liked "Awww yes those noises are hard maybe go over to th...

I'll come home to eat in an hour or two when I get hungry I ate a lot this am

Ok sounds good we will meet you back at home around 1:30pm how does that sound :)

I meant what time are we leaving for chill room. What time to be home for that bc I'll be coming back to low tide after lunch break

We will leave at 7

Liked "We will leave at 7"

5/11/24, 1:55 PM

How are you lovie!

Coming back in 5!

Hungry!

Pizza time

Yes I'll put some in air fryer for you!

Hey babe you ok?

Literally, the kindest wife

Thank you

5/11/24, 3:29 PM

Tell Barb I'll be there in 20 minutes

5/11/24, 6:51 PM

What you guys up to??

Just got back hanging and running Lu out back

Ready to grill soon does that work for you babe

Yep leaving in 10 that okay?

Sounds great! We can eat then if you wanna go back downtown can love

Does that work?

I wanna eat with you!

Yes absolutely please do

I want you to too! Loved "I want you to too!" Leaving mown Now See you soon! My mom lkvgupphuph It appears I butt texted you 5/12/24, 5:30 AM Fed Lu 5/12/24, 9:47 AM Wow I slept No orange theory? No she doesn't wanna go Good morning:) Good morning lovie! What's going on out there? I'm still tired Yall hanging? can make bfast for us Barb on the hammock and I'm laying on the couch haha Ok I'm getting up in 20 Wanna fool around? Or another time? Sorry just seeing this babe yes perhaps another time:) 5/12/24, 11:45 AM You doin ok love? Didn't meant to leave you just wanted to give you some space Thank you. I'm okay. I'm at LT feel free to bring Barb by it's just me at my big table in the back nice and cool. Super chill here so far Awwwww no worries yes we are just strolling til we eat at Stella's We can stop by after we eat!

Ok John will be here by then so Barb can work her game

Laughed at "Ok John will be here by then so Barb can work her ..."

5/12/24, 2:27 PM

Checking in love how are feeling? I know this time of day can be tough! Let me know if I can do anything for you

Thank you! I'm about to take one of the pills from the contacts case now . First glance didn't find in bag did I leave at home?

Awww ok good idea! Hmm I'll check soon heading back with Lu from clam bayou!

I don't see it in kitchen or anything

Ok I'll check my bag and I'll be hungry too so might return soon for a grilled burger I'm craving again

Ok I can come pick you up let me know!

I'm starving

Can you come down?

Sure I'm on my way

Ok thanks lovie I'm outfront

5/12/24, 5:50 PM

5363

5/13/24, 4:53 AM

Fed Lu

5/13/24, 8:12 AM

Took Lu out and got a poop

And I took all my meds

5/13/24, 10:44 AM

Thanks babe

How are you? I miss my babe. Wanna get some time together before you start work again

Yes would love that!

I'll be back for lunch at noon-ish. We have crypto review . Still good with that?

Yes I'm looking for info for dump so I can drop off the stuff in the jeep I thought it was in text with you and John but can you send it again if you have it

Found it!!

Ok I can help we can go together. That's my mess I'm embarrassed it's still there ugh

No worries yes can go together if you want

Ok where is it

https://maps.app.goo.gl/bydbq6rxx5BT5cMH6?g\_st=i

Ah wow far

Closed at 6. Can we go at 5?

Then we can call Ed the accountant together I have that at 5:15

I'll probably go over earlier just cause it might take some time to unload etc

I'm sorry I feel awful about that

I'm cleaning up my act

Will be taken care of today:)

Ok well I owe you a massive favor so use it as you see fit



Please let me know when you get back and I'll come meet you at home for crypto overview I'm getting on calls with people John set up for us and have to take em over lunch

Ok so you aren't coming home at noon? Was waiting for you

Ok I'm coming home

No it's ok

Sorry I can move this

I want to now I'm starving

I just wanna be clear so I can take Lu out etc

I'm coming

Let's go together sorry this was confusing

Leaving in two minutes

Promise

See you soon babe!

5/13/24, 5:06 PM

Hi lovie checking in on you

Yes all good thanks love how are you

I'm good at low tide so the John. Is a good day

Wanna take Lucy out at 630?

Great! Sure yes was gonna take her now too for a bit

Ok any interest in meeting at beach or rec center?

Out with Lu at marina now if that's ok!!

Liked "Out with Lu at marina now if that's ok!!"

https://www.bokharimedical.com

5/14/24, 5:44 AM

Fed Lu

5/14/24, 9:55 AM

Attachment stored in iCloud: IMG\_1308.heic (Image)

Saw this on the counter is it an extra?

Ah it's from last night I set it down when I was going to take it earlier than normal, then forgot about it, then ended up taking one early anyway

set it down then we talked for like 45 minutes and telling stories distracted me

:)

I took that one this morning with the others

Ok sounds good!

5/14/24, 11:49 AM

Hi love hope your day is good. Accidentally gmail LastPass put your email in and you got a notification for a code but ignore, I was going into our shared email/google drive to put the video recording from last night I'm working on all that still

Awwww ok thanks love yes good day so far how is yours

Slept so well I'm just loving that feeling

Solid 8 hours

Heading back to Lucy in like 30-60 min

That's great lovie! So glad to hear!!

Loved "Heading back to Lucy in like 30-60 min"

HUGE RAIN storm just swept through and now it's beautiful again

And humidity completely gone for a bit

Wow yes it was rain free when I drove over then it started pouring

5/14/24, 2:22 PM

Had a lovely lunch with Lucy. Took her out for a nice walk and she had a nice poop. Grilled a burger outback and took a rest. Just closed my eyes and did some breath work for a bit even though I do feel good today. I still took my mid day med

Edited

Awwww great thanks for update lovie yes was gonna check in with you I know afternoon can cause a little anxiety

5/14/24, 4:24 PM

Attachment stored in iCloud: IMG\_4941.heic (Image)

Barb took this over the weekend of us all cuddling

I loved that moment so glad she got it

Makes me smile

Me too :) how are you doing lovie

Good good. Packing up now heading home. Feed Lu and get her out and I'm gonna nap I'm really tired for some reason

How's work babe?

Awww I understand yes def nap! Will John come by for dinner?

Work is good:)

No im going to bring Lucy back here tho and hang outside in the patio near Stella's

Him and Jeremy will be here playing cornhole

Awwwww that will be so fun babe and Lu will love it

I am calling it a day and putting together a picnic for Lucy and I at the marina. I'd like to bring the weed pen. Do you know where it is?

That's great love so fun and amazing! I put it in the bathroom I think in the pink bin in the cabinet

Try there

5/14/24, 7:16 PM

Attachment stored in iCloud: 921EF7E5-09A9-4E47-9D62-6C8883898B50.MOV (Video)

Nice babe love this!!! So fun

We had a nice couple hours maybe more outside at the clam and marina.

I'm reading at the marina at my spot and then going to low tide until 10:30-11pm to hang down there

Sounds good lovie you doing g ok?

Attachment stored in iCloud: IMG\_4600.HEIC (Image)

So hot!

Attachment stored in iCloud: Image 5-14-24 at 9.47 PM.heic (Image)

Thank you for update on lawyer stuff lovie!

How are you?

Attachment stored in iCloud: 73743355675\_\_CA9167EB-192E-4C07-A3E4-981F50BDFFC6.HEIC (Image)

Just finished open mic night

Heading home soon.

Ok ready for my babe to come home

Yay leaving now!!!

5/15/24, 6:29 AM

Fed Lu

5/15/24, 8:42 AM

I am going to gulgperk for one hour and I will be back at 9:50 AM so we can leave at 10 AM which gives us good timing

Let me know if you would like me to pick you up anything to bring home for the ride

Thank you lovie! I'll keep you posted but I think I'm all set for now

Okay! Lucy ate and pooped I took her bayao for a full run this morning

Omg than you babe so much

It's my dads birthday today

Just texted him and let him know you found us an appointment today

Loved "It's my dads birthday today" Loved "Just texted him and let him know you found us an a..." It starting to rain. Would it be okay to pick me up and go in the jeep? I can drive. Then I can keep cart here and get dropped off after our appointment I'm at Samitra. Gulfperk was closed being Wednesday I forgot Sure! Just need a few minutes :) We are good one timing so no rush. And thank you. Any breakfast bar too if possible feeling the blood sugar. Took all my meds this am as well sounds good yes I was going to say any muffins there maybe you could get me? Yep. Text when leaving or I can snap a photo for you if you'd like no problem Leaving in 2 sorry babe haha On my way Ok packing up and getting you a muffin! 5/15/24, 2:07 PM All done! Phew thanks love. Success! And now nap with my babe please Nice!! Just running lu a bit but starting to drizzle Ok I can't keep eyes open Awww yes take a rest will you open garage door so I can park in there when we get back!! Thank you lovie Yes Loved "Yes" Done thanks for charging it while I nap. It was feeling low for some reason. Awwww yes no worries 5/15/24, 4:41 PM Attachment stored in iCloud: Screenshot 2024-05-15 at 4.40.37 PM.jpeg (Image) Ready! Thanks babe! Wait what about the tegretol one

No notification yet

Ok good point maybe they are still filling it thanks love Setting up a. Time to call my dad if it's later I'll come home for it :) Liked "Ok good point maybe they are still filling it than... That's nice babe! 5/15/24, 6:29 PM What time you coming back lovie!! 30! Lucy need to go out? Liked "30!" Yay! We miss you! Ok I can come back I'm doing creative stuff and getting stuck awwww yes come see us Attachment stored in iCloud: IMG\_4607.HEIC (Image) Ok I'm designing a background for a page we need and my mind is mush today so I'm just enjoying making a cool weave like thing but totally don't have to be here not doing what I gotta do so I'll work a little tonight but thought I'd share. Ps...looks busy but my mind is okay with this not like my notebook haha I like those colors!! Same! Ok saving and packing Thanks for pulling me out Yessss come home to us for a bit!! Attachment stored in iCloud: IMG\_4608.HEIC (Image) Ok done done now. Getting in cart. This how it looks Looks cool babe!! 5/15/24, 10:19 PM Attachment stored in iCloud: View recent photos.jpeg (Image) Awwwwwww love this Her little ear

Attachment stored in iCloud: IMG\_4617.heic (Image) Awwwwwww Attachment stored in iCloud: IMG\_4614.heic (Image) Attachment stored in iCloud: IMG\_4612.heic (Image) Attachment stored in iCloud: IMG\_4613.heic (Image) She's so cute I can't stand it Great pics babe Coming backz Yesssssss I gotta lay down lovie Attachment stored in iCloud: 19811C59-044A-415F-BFB9-7B47BC717B72.PNG (Image) 5/16/24, 9:09 AM Attachment stored in iCloud: Screenshot 2024-05-16 at 9.09.27 AM.jpeg (Image) 5/16/24, 10:48 AM Got all meds for under \$30!!! Insanity! I love my medical babe My girl turning tricks up in da pharm-A-cy! Hahaha babe so funny Laughed at "My girl turning tricks up in da pharm-A-cy!" Loved "I love my medical babe" 5/16/24, 1:11 PM LOVIE! Oops all caps by accident.

Though I'm always excited to text you hello, I didn't mean to CAP THAT

Page 66 of 131

How's work going?

Love you miss you love you missing you. Beautiful day today

Haha awwww it's good here! Miss you how's your day

How are you feeling lovie

Loved "Love you miss you love you missing you. Beautiful ..."

I'm embracing the vibrant hue!

Loved "I'm embracing the vibrant hue!"

Any feelings of anxiety?

5/16/24, 4:23 PM

Sorry just seeing this yes I was today for sure but I took the hydro an hour ago

Heading back to get Lucy to beach and Rec center gotta get out

Awwwww so fun yes enjoy the rec center awww ok love yes take the hydro thank you for doing that

Let me know if you need anything I can sneak to bathroom and call you :)

Thank you for offering

Going to grab Lucy now and feed her and I will send you some pictures

Awww thanks love

I'm having beers with Willie tomorrow

NICE! That will be fun lovie

Wanna go to sunken gardens Saturday or Sunday?

Yes please

Thank you for this bid love.

I accept this rose

Attachment stored in iCloud: IMG\_4720.HEIC (Image)

I got the best spot on the beach. The only 10 feet of shade currently

Awwww love this babe hiiiiii

Wish I was there with you and Lu

5/16/24, 7:19 PM

Attachment stored in iCloud: IMG\_4729.heic (Image)

Attachment stored in iCloud: IMG\_4731.heic (Image)

Attachment stored in iCloud: IMG\_4726.heic (Image)

Attachment stored in iCloud: IMG\_4727.heic (Image)

Attachment stored in iCloud: IMG\_4728.heic (Image)

Attachment stored in iCloud: IMG\_4732.heic (Image)

I took another hydro just now . Was feeling down

But am okay

It was a little over 4 hours ago around 330 is it okay I took another I didn't get what I normally get I should have asked first

5/16/24, 8:47 PM

I am absolutely crushing salt water taffies.

Also I'm going to grassroots tomorrow with John in the am. I'll run her before he picks me up. Leaving around 830-9 I think. Will confirm

Sounds good awww I can do Lu too tomorrow morning if that helps love

How are you feeling?

Did the hydro help?

Yes helped I think the two in short period was good. I'm at 3 today

I feel pretty mute

Like not numb but level

Yes ok good it helped your anxiety that's good lovie

I can really tell bc I think I hold tension in my chest muscles (obvi  $\,$  bc they are so big , so naturally my body would store tension there ) but I feel calmer in my bodily tension I carry

Hey love I'm going to close my messenger app on my laptop and Moon my phone until 10:55pm I'm just getting distracted

If you call it will ring though

I'm okay. I'm at LT and feel okay nothing to worry about. Just wanted to say that

I love you so much babe!

Thank you for the update lovie and hope you're doing ok I can't wait to be home love you

Loved "Thank you for the update lovie and hope you're doi...

5/16/24, 11:21 PM

Heading home lovie

Yay! Same

5/17/24, 9:04 AM

Attachment stored in iCloud: 73764381978\_\_48EAF784-84B0-49CB-9BFC-3B73D984E89D.HEIC (Image)

These four I took. Didn't take the GuanFACINE will take that tonight before bed

Took Lucy out twice no poops I'm gonna leave back open a little but shade mostly down if that's ok

Yes

I won't be long here until noon then lunch and Lucy time

Ok thanks love ugh sorry

She will be ok

She will be thanks lovie. I want make a conscious effort to be the one to get her out before your shifts so you have the extra time and aren't rushing I know that can be an annoying to-do before work

Thanks love no I feel bad she didn't get to poop but it was busy on the street with street cleaner and lots of cars and trucks coming through too

5/17/24, 11:54 AM

Hi lovie how's your day. Leaving in 30 or so when John's done his meeting here

I feel good today

It's good! Glad you feel good babe how are you doing!

Good I'm at grassroots I like the change of sceneries

5/17/24, 1:51 PM

Attachment stored in iCloud: 73766105228\_\_5FBFEEE4-4FB2-4C61-AB96-F312FEBA9BFD.HEIC (Image)

Aren't you just my little medi-angel

Awwwww yes got a little med box!!! Love you babe

And a package for you

Attachment stored in iCloud: 73766189016 D6D6C318-00CE-4071-B36D-C044AE9E6DB8.HEIC (Image)

Attachment stored in iCloud: 73766193098\_\_F829A5EE-D5EB-4818-A478-472B1B8D1EF1.HEIC (Image)

Omg love this Lu sunbathing

How are you

5/17/24, 4:21 PM

Good!

Attachment stored in iCloud: 73767007926 42156CB4-3655-4B56-A3FB-AB5748B6AC24.HEIC (Image)

Attachment stored in iCloud: 73767009186\_\_82379924-9603-4BD7-9A98-761F5138ED81.HEIC (Image)

Awww love these

I don't feel well babe I'm coming down with something

Headache and nauseous

Nooooo so sorry to hear this, but I am at the ready for all things personal care and well-being

Consider me at your disposal or anything you need

Also Morris just sent me a screen shot of plan ticket to St. Petersburg after I told him about my diagnosis and all that

May 30th-June 4th. He said he's staying at Willie's and is here with no pressure for anything

Just here

Which i appreciated

Also im going to mute my phone for two hours starting now but if you call I will see only your call so please call if your unwell or need anything I'm here

Awww thanks lovie! I'm ready to be home with you and Lu! That's great so glad morris is coming to visit you that's a good friend babe

How are you feeling?

Good I took a hydro around 6pm with dinner

Better than yesterday and don't feel depressed today

Awww thanks for sharing this babe, we will take things day by day and I'm glad you're feeling good

5/17/24, 8:58 PM

Checking in you okay my love I'm heading home now in 5-10 min

I'm doing ok definitely ready to be home

How are you did you see Willie

Nah he was such a moving target today then he tried to swindle me into taking an Uber North, and then sharing a ride all the way past our house and then 10 minutes south so classic and I bailed

5/17/24, 10:47 PM

Oh man yeah I would've too that's too much! Clsssic Willie!

Leaving yayyyyy

Loved "Leaving yayyyyy'

Love this

Ready for you

Loved "Ready for you"

Where are you lovie you ok?

5/18/24, 12:38 AM

Pizza is arriving

Omg amazing TY

Babe thank you for your little love notes def needed them today awwwww

Pizza is here bug free!

5/18/24, 1:20 PM

Babe omg I can't wait to tell you about our newest friends

You're going to love this

5/19/24, 6:55 AM

Fed Lu

5/19/24, 1:32 PM

I took a hydro just letting you know I'm def okay just feeling it today

Awww thanks for letting me know lovie and I'm here if you need anything ok!

Ok! Just settling in. Took me a little bit am gonna try and feel better by getting this accounting thing done

Ok sounds good love!!

5/19/24, 3:16 PM

4-415 good for eta back?

Sounds good then Lu probably will wanna pop you

Out Attachment stored in iCloud: IMG\_4747.PNG (Image) Wanna make this tonight?? Yes looks delish!! Ok packing up Loved "Ok packing up " Debby emailed me said she has a call with their lawyer tomorrow Thank you for update! 5/20/24, 11:07 AM How are you lovie Good! I wrote and meditated this morning and feel calm af That's amazing! I'm at Lowtide now with John. Home at 1 to get Lucy out I left a little later this am How's work I loved our weekend together and feel very well rested but still tired funny how that happens but I'm not on fumes so maybe that's why Awwww I loved our weekend together too love! Have a good day and keep me posted:) Work is good! Can we have a cookout dinner with John and Jeremy mid week? What day is best? We have all this extra food Sounds good yes we should

I'm off Tuesday and Wednesday

Do you wanna schedule your lab work for tomorrow or Wednesday at quest? You have to be fasting so try to do it early in the morning:)

Wednesday morning what can I do to help schedule?

Also..

John just introduced me to a licensed psychology / life coach we just talked for 20 minutes outside tap house here in Gulfport. Such amazing people here. I really liked him. Not sure if something will develop but I may pursue it

Misread your text. I can schedule

Quest or labcorp? And do I provide a referral number or anything or is that all in the paperwork at home? I can check when I get back and schedule this today

Quest and the "order" for the labs are in our shared email

Ok

Did you take meds this morning?

Liked "Wednesday morning what can I do to help schedule?"

5/20/24, 2:31 PM

I did yes

Promise

Thank you love!!

5/20/24, 5:05 PM

3 poops in a row. This morning, lunch, and now!

Good ones too

Feel good about that right there, babe

That's good babe!!

5/20/24, 7:10 PM

How are you love! Only 2 more hours for me yay

I like 9a-9p!

I love this schedule!

Me too! haha

Good I'm working at home. Took the trash and recycling I packed all the piling up cardboard into those bags we were throwing away but is tomorrow recycling?

Great appreciate that so much thank you! Yea tomorrow is recycling! They won't take if it's not in a recycling bin  $\bigcirc$ 

Ok so I'll put the bags in the bins

just cardboard in the bins

5/20/24, 9:17 PM

Leaving!!

Attachment stored in iCloud: 21DE20CC-F9DB-48A5-83E3-E5FA3B6ED591.PNG (Image)

Attachment stored in iCloud: DA8A8546-85AA-4A7E-B19F-2136DC2E7FDA.TIF (Image)

Attachment stored in iCloud: 0FFA9B09-B1D9-4DF7-A0E7-90179E1A1C76.TIF (Image)

Omg she is so cute

Thank you

Made it for you. Drive safe

Traffic at the exit ah!

I watched you weave home. Waiting for you. So close!

5/20/24, 11:15 PM

I set my alarm for 6:30am. Going to bed now. Wanna get up early and have a good work morning. So I will leave before you're up. I'll feed Lucy and take her to the clam and kiss you goodbye then come meet at library if you can after 10am or after lunch I'll be back for too

Awwwww love this babe!! Love you!

And I can take jeep unless you need it so you have the cart

I insist

I don't need it! But also I can use car to take Lu to other clam either way I'll use whichever!

Ok love you stop by on your way back from the bathroom and give yo man a kiss please

Haha I will!

5/21/24, 7:31 AM

Hi love, strange I'm still locked out of our shared gmail. So would mind please going in and forwarding me the blood work email?

No rush

5/21/24, 10:12 AM

Hi lovie! We aren't at library just updating you. At our table at LT

Thanks babe for update!!

Will send you the email now

Take pictures!

Ignore email from Doree the accountant she already has a voicemail from me and her partner Karen said by end of week she needs my work already so I just caught doree up on that

Thank you babe

Coming back for lunch

Attachment stored in iCloud: IMG\_1325.heic (Image)

Attachment stored in iCloud: IMG\_1326.heic (Image)

Nice. Leaving now. Lunch date?

Sure!

5/21/24, 2:16 PM

Fresh market is up for another hour

Awwwww so fun

Love the fresh market

Attachment stored in iCloud: Screenshot 2024-05-21 at 2.39.44 PM.jpeg (Image)

Just keeping you in the loop on my session tomorrow time change that's all

Thanks lovie!:)

How are you feeling?

Calm and cool . Felt slightly anxious ending my time here at LT. took that hydro and time spent you my girls and I'm okay

Awww ok sounds good lovie let me know if you need anything!

Same! Here for you

Loved "Same! Here for you"

5/21/24, 4:41 PM

How are you love? Wanna do a Lu run and I'll take a break?

I'm hitting a wall gonna head out in like 30

Attachment stored in iCloud: 73802017072\_\_8D31B52C-9595-46D6-A5BD-AE629D8E1782.HEIC (Image) Sitting down at Tiki on the beach. Just ordered a brew. Join in a bit and then we can do rec center but no rush I have stuff I'm working on so need a bit

Hey babe yes wanna meet home we can go to clam bayou with Lu

driving back now

Yay!!!

5/22/24, 6:27 AM

fed lu

5/22/24, 11:07 AM

can you close the garage door, please?

also, I took my meds this morning. Just wanted you to know and last night too, which you knew already feel good about all that.

Great thanks babe and yep I'll close it

5/22/24, 1:07 PM

taking a hydro babe. feeling it today. linked to started late for sure

Aw ok yes take what you need lovie and late start due to getting sleep which is also important so ok to be gentle with yourself

well that's just the sweetest perspective thank you so helpful. also i was a little stalky on the windows and outside this morning with whatever was outback def mostly likely a raccoon but something with some weight breaking sticks and running into the shed behind it to get away from lucy. thank gawd for her but i didn't smell it this time and she was so scared afterwards just wanted to rush back inside to safety and laid on my for like 30 min was cute but don't like it. i started hearing things and had to breath to calm myself. just letting you know.

i'm okay tho. mentally stronger

Aw babe please wake me up if this happens again if I'm home

ok lovie i will

Promise me

i promise i will wake you up if that happens again. not just saying it. promise

Thank you love!

Loved "Thank you love!"

i'll do therapy alone today and come home after for late lunch then lucy run then back to low tide we have good momentum right now happy about it will share details so you know

Sounds good love! We will be here and maybe we can all do a swim today

5/22/24, 4:13 PM

There are at least five cop cars, two ambulances and a full fire truck at Brian Borland's house

also took another hydro that's 2 today

Oh no he's a frequent flyer for them

Thank you for update! Here if you need me babe can def talk with you or anything

Me and Lu can come see you downtown for a bit

ok no problem for now thank you but i'm less anxious overall and settling in here nice and cool i just miss you

Awwww miss and love you babe!! Let's check in again in a half hour!

ok

5/22/24, 5:51 PM

How are you lovie

i'm good:) promise

Loved "i'm good:) promise "

you okay?

Yep!!

All good here

See you soon babe!!

yep! 730 still okay?

Yep!

or you coming here!?

ok got it

5/23/24, 9:31 AM

massive MASSIVE poop

i will be thinkin about you all day. i love so so much. I have a massive amount of love for you.

**MASSIVE** 

Haha awwww love so funny! Love you babe

5/23/24, 12:25 PM

leaving for lunch and my mom said to expect the "package" ..i asked the size and she said:

Three pounds.
The size of a big box of cereal.

so not a inflatable canoe haha

i'll let you m ke

Omg yes let me know what it is :) but also where is the kayak haha

How are you feeling love

feeling pretty solid not bad at all

focus is good actually

Great!

how's work

miss my love. also the dogs here are nuts today and the sound is annoying but my heart isn't racing

Awwwwww that is stressful! Definitely take a break at the library

Work is good slow right now

5/23/24, 1:51 PM

Attachment stored in iCloud: 73817946635\_\_E273D8D6-FE8C-4883-AD3F-3127A39725DC.HEIC (Image)

Damn! Ok we can pick it up Saturday

Attachment stored in iCloud: Screenshot 2024-05-23 at 2.21.06 PM.jpeg (Image)

I just took Lucy for a nice long romp but left my cell phone at home by accident, but I'm back now and my dad texted me that the package is from him so look how close it is. I can get there by cart so I will go today.

Awwwwww that's great love I can't wait to see what it is

How are you doing how's your day

Thanks for taking Lu out

we had such a nice time. It is such a beautiful day and I got all the way in the water with her so I'm showering up and heading back to Low Tide . I'm going to bring Lucy with me and then bring her back for dinner time.

Awwwww sounds great thanks love!

Loved "we had such a nice time. It is such a beautiful da..." Attachment stored in iCloud: 73818174983\_\_1795067A-C9CB-48B4-A1EF-2C0F533260B9.HEIC (Image) got her good! tired Omg yes she must be exhausted also so hot out She gets really hot and tired quick I got the package. I'm heading back to Low Tide to open it. Amazing!!! Let me know what it is Haha don't have to wait! 5/23/24, 5:46 PM haha i want to its fun i'll make a fun vid for them of us opening erin said to touch base next week she's busy this week with "memorial day" so i dunno she's flaking hard on getting quick business i'll find a backup Awwww yes that sounds good we can find someplace else or wait til next week what do you prefer! 5/23/24, 8:10 PM getting close to done! I can't wait!!!! How are you lovie good! packing up heading home! what a good day That's great love!! 5/23/24, 11:16 PM bust outta that jaunt! Haha omg I am!!! In car now wahooooo drive safe i love you Love you babe!! Attachment stored in iCloud: IMG 1329.mov (Video)

5/24/24, 9:05 AM

Fed Lu around 8am

5/24/24, 1:04 PM

How are you lovie!!

good! at LT heading back before 2 to get lucy out i have calls at 2 and 3pm to take at home.

this morning was brutal...that was single handily one of the worst toilet experiences of my life. awfully difficult to poop. i started when you left and just now finished. too dmuch information but letting you know maybe it's the meds?

Awwww oh no babe sorry to hear hmmmm we can def ask if it's the meds do you feel like it's been harder to poop since starting them

Also maybe a stool softener will help

Liked "Also maybe a stool softener will help"

5/24/24, 4:44 PM

gandy dog beach. new recommendation

on the way from gulfport to tampa im told so maybe close to your commute route

how's your day lovie

miss you. lucy joined me for a meeting that turned out to be in person with a lady from st pete aquarium and john. she was such a nice compliment to the meeting lucy crushed it

Omg babe love all of this yayyy how was the meeting!!! Omg so cute glad Lu was there! Miss you day is good here def busy

Make sure john gets some food haha 🧀



Loved "miss you. lucy joined me for a meeting that turned..."

Loved "gandy dog beach. new recommendation"

5/24/24, 6:45 PM

we didn't end up working at the house but he's already committed to what he wants and i will bring it to lowtide this weekend

meeting was so good. we had two, one was a virtual call with david gritz my old biz partner and his partner this lawyer lady they were both in nyc at their office. we have a real opportunity with them so it's developed further today, too much detail to write here can't wait to see you later and tell ya!

Awwww babe that's great yes I look forward to hearing more!! What are you up to I'm ready to be home but then have work Sunday 😂

Loved "meeting was so good. we had two, one was a virtual..."

I am putting my feet up for a second while the cart charges because I was driving it so much today, but we are going to catch the end of the sunset at my hidden spot where we put the chairs that will finally mess around with the iPad

Attachment stored in iCloud: IMG\_4981.HEIC (Image)

5/24/24, 10:41 PM

Awwww babe looks so nice there yay can't wait to be home!!!

Attachment stored in iCloud: 73829782542\_\_4C9AFEBA-1E4C-4D96-BDE5-F62AB2E4508B.HEIC (Image)

Wow that looks delicious

Heading home!

Drive safe we love you!!!!

5/25/24, 9:09 AM

alarm set for 945am. still tired

snoozed alarm til 10am

5/25/24, 11:05 AM

rescheduled for wednesday at 10:30am . monday is Memorial Day, tuesday you're working,

and i scheduled wednesday's appointment location on the way to st pete beaches

can we can have a beach date after the test?

5/25/24, 12:28 PM

also i'm at LT staying cool inside just organizing and life maintenance stuff for us.

i emptied the dishwasher. garage door closed, back door closed but unlocked im sorry about that, emptied trash in kitchen replaced bag, took lucy out she pooped and cooled down in the water before we left. i took the jeep so you have the cart to come to town with lucy

Edited

5/25/24, 1:29 PM

Attachment stored in iCloud: Screenshot 2024-05-25 at 1.28.54 PM.jpeg (Image)

and my hydro is ready for pickup at CVS

Great!

what's your plan love

wanna go to st pete beaches or gandy dog beach!?

sorry lovie finishing something cool leaving in 5

Ok see you soon!!

walking to car now

Attachment stored in iCloud: MACBOOK WALLPAPER.jpeg (Image)

5/25/24, 9:05 PM

let's watch that show about that company getting hacked

5/26/24, 6:33 AM

Fed Lu

5/26/24, 10:02 AM

bye lovie

have an amazing day i love you so much :)

5/26/24, 11:35 AM

so glad we got time together yesterday, babe. I'm glad it meant so much to both of us. We are on the right track and i'm grateful to take everything one day at a time. i love you.

Awwww babe me too I loved the time at the beach with you and Lu thank you so much for that and yes one day at a time we got this

Miss you both so much today

Loved "Miss you both so much today"

5/26/24, 12:59 PM

Loved "so glad we got time together yesterday, babe. I'm ..."

Attachment stored in iCloud: IMG\_5015.PNG (Image)

lovie i filled out the pre appointment questionnaire online for wednesdays EliteDNA appointment i made. they said on phone it was telehealth but the invite they sent has a zoom link and an address with text saying where to physically in the building. i think it's an oversight and im pretty positive its telehealth but will confirm. anyway your my authorized everything and emergency contact so you have 100 percent access to all my medical stuff just fyi

Attachment stored in iCloud: Screenshot 2024-05-26 at 1.41.57 PM.jpeg (Image)

^ telehealth for sure right ?

Awwwww thanks love appreciate the update and for you filling out the pre visit stuff! It seems like is Telehealth but we can call the nurse navigator Tuesday to confirm too

Loved "Awwww thanks love appreciate the update and for y...

how's your day?

It's good a little busy here but not too bad!

Would rather be home/beach with you and Lu!

How's your day?

good i feel pretty good it's quiet at LT will head home in an hour or soon. touched base with john but is chill he's got plans. what about tomorrow what are you feeling just so i can plan a little with john and my to-do list and what not. i want to have balanced day and get us time and work stuff done

Awww sounds like a good day/good plan! I'm good with anything tomorrow would love a little beach time again with you and Lu or can do something else!

fort de soto!?

Yes love it!!

early in day or later in day?

Later maybe!! Or whatever is best for you

Don't want you to be stressed love

ok let's chat about it thank you trying my best to do it right

Awww ok yes I understand love and if tomorrow you want the day that's fine we can plan to have dinner together

5/26/24, 4:03 PM

Just sent you a Zelle for our shared account babe

ok i see it thank you!:

Loved "ok i see it thank you!:)"

Attachment stored in iCloud: 73844991461 35FC7A4B-86DA-4071-8ED9-93EF050412EF.HEIC (Image)

**OMG** 

these are amazing and a container

Love!!!

another score!

Attachment stored in iCloud: IMG\_0006.heic (Image)

Omg amazing yes love this!!!

5/26/24, 7:49 PM

How are you lovie!

I'm in the 4th quarter here haha

JUST woke up good 2 hr napper powwow

Great love that!

Attachment stored in iCloud: IMG\_5019.HEIC (Image)

Attachment stored in iCloud: IMG\_5021.HEIC (Image)

got her good! running like a mad woman. so pretty out and cooled down so much near the water

Awwww babe love these thank you!!!

Loved "Awwww babe love these thank you!!! '

5/26/24, 11:09 PM

come home!

Edited

Omg I'm so ready

Can leave in 5!

Yayyyy leaving

5/27/24, 9:27 AM

I fed Lucy and everything is straight and tidy. I left my medication bottles on the counter only to show you the medication's that I took this morning because I have to fill up my next weeks little holder for meds, but I promise I took all the bottles that are, neatly presented on the counter. Also, I close the garage door and took the golf cart and the back door is cracked. Lucy went out and peed, but I had to hustle, but she should be good napping with you now

i love you so so much you were just adorbs this morning sleeping

5/27/24, 10:42 AM

Aw thanks love for this message and update!!

Loved "Aw thanks love for this message and update!!"

so hot out!

Omg I'm ded

hi love how was the walk? i found a quiet spot at drinkin taco low tide was to distracting just gonna get some time in here but wanna do something later?

Attachment stored in iCloud: 73852163643 C496D040-CC7B-4EDD-AC9F-F14CE098B290.HEIC (Image)

crepes outside of sumitra where i just moved to. so peaceful in here and got a couch spot for two if you'd like to join me for reading and such

good day for reading and writing

Hiii it was good very hot out!! Would love to see you later maybe we can run Lu to the beach not for a long set up just a swim and some playing then come back!!

Oh those crepes look delicious!!

fort de soto at 4?

Love that yes

https://www.stpetecoastalcruises.com/stpete-sandbar-party-cruise/

also do you want to do this saturday morris and willie wanna do it and already booked their tickets

per willie:

"It's this sandbar in John's Pass, which is Madeira Beach, and a bunch of boats pull up and a bunch of people just party and there's dogs running around in the 3 inches of water at the sandbar"

it's a boat ride or john's pass sand bar for four hours

Oh nice yes looks like could be fun! I'll think about it but you should go for sure babe!

\$75 each

ok hoping you can join

5/27/24, 2:18 PM

wanna grill around 330? i could invite john then we leave for beach just us two

i'm debating just me coming back as well

haven't invited or brought it up

we both aren't feeling it today hard to get through stuff today

Whatever you wanna do lovie!!!

miss me? what's going on at home

Of course! We are just cooking off

Cooling

ok cool gonna pass on the cook out just not feeling company today

Awww ok love

packing up

5/27/24, 9:52 PM

Telehealth doctor psychiatrist 813 821 8032

Great thanks love

5/28/24, 9:28 AM

Lucy ate, ran, and pooped. Stephen ate, pooped, and watched lucy run. He also took all his meds (minus the hydro). He's also scheduling the Quest appointment for tomorrow as well as a haircut tomorrow (or Thursday) before his friend, Morris, lands at TPA airport. Please drop off the rent check today on way to work. i ensured the account is well funded. Your hubby loves you and misses you so much

Thanks babe so much so so much and love you

Loved "Thanks babe so much so so much and love you"

Thanks for responding babe, just got to work and I mailed rent check

thanks love i got this no prob

i think we should list the place in July as juliana recommended just my gut telling me it's a money pit and we can get a profit now this summer we should really consider it

The number you sent me for Alexa the nurse coordinator is a general TGH number is that her direct line if not it's ok I can try and find it another way

i'll check her emails sorry

Ok yeah I don't want to make any big decisions right now esp if we will be moving home and need to stay there for a bit

Attachment stored in iCloud: Screenshot 2024-05-28 at 10.42.59 AM.jpeg (Image)

Attachment stored in iCloud: Screenshot 2024-05-28 at 10.43.04 AM.jpeg (Image)

Attachment stored in iCloud: Screenshot 2024-05-28 at 10.42.39 AM.jpeg (Image)

Thanks babe

→ Replying to Melissa, 2024-05-28 10:35:47: « Ok yeah I don't want to make any big decisions right now esp if we will be moving home and need ... »

okay yes i agree just wanted to surface the idea and discussion. we can also always list it as a back up plan if we don't move and selling it the best option, and if we have to move back we delist it. late june is our window to make the decision tho just fyi

Ok

5/28/24, 11:53 AM

tomorrow:

10:00 zoom call with Elite DNA

11:30am quest appointment (i just scheduled it)

12:30pm - 1:30pm: therapy with Mark

Great thanks babe

For the quest you have to fast so I would suggest maybe scheduling for a time bc by 11:30am you might be hungry so maybe Thursday morning first thing

ok thanks lovie i may just keep it as well ill think about it, i have done morning fasts when i was eating healthy there for awhile and i can typically get to noon so ill mentally prepare if i keep this appointment. also just want to knock out all three tomorrow and be done

Edited

I understand! Ok sounds good!

took a hydro babe. feel okay just a little anxious but good

Awwww ok thanks for update love let me know if I can do anything for you ok!!

Liked "Awwww ok thanks for update love let me know if I c...

have a great rest of your shift lovie

Haha ok I will but will be checking in with ya in a bit

5/28/24, 1:54 PM

I love our check-in. I didn't mean we wouldn't check in until 11 PM!

getting Lucy out I'll send you a pic

Attachment stored in iCloud: 73861249921\_\_4880E5E0-E429-4414-807C-A82568B39183.HEIC (Image)

Haha I was like wait I wanna still check in haha

Awwww omg great pic lovie

How's your anxiety?

eh

What can we do for you love

Thank you for responding to our tenants and organizing Steve to go there babe really appreciate you

Also mailed our rent check

Liked "Thank you for responding to our tenants and organi...

→ Replying to Melissa, 2024-05-28 14:11:00: « What can we do for you love »

more watermelons

→ Replying to Melissa, 2024-05-28 14:11:00: « What can we do for you love »

and florida sunshine

lucy just ran right into the water and swam no hesitation!

and again!

Awwwww omg she loves to swim now haha

Yes I want watermelons!!

Attachment stored in iCloud: IMG\_5218.MOV (Video)

Omg yes she loves it babe

Awww miss my babes and wanna be home with you both

she's like jumping over waves while swimming you see that!

Omg yes literally so cute

Love her confidence going up in the water

This is what we need from Costco haha and it's a 2 pack!!

https://www.costco.com/big-joe-pool-noodle-sling-chair%2c-2-pack.product.4000251390.html

nice babe i'll ask him soon just got back to house

Haha no rush just found it so I wanted to send

5/28/24, 4:34 PM

How are you love!

good back at LT. fed lucy early and stayed at house longer so i didn't have to immediately go back to feed and take her out. played so much at home too then she ate her butt out for 20 min and i left

Awwwww that's great love! Thinking of you so much!

Loved "Awwwwww that's great love! Thinking of you so much...'

ditto cutie

5/28/24, 7:15 PM

How are you babe!!

good!

Attachment stored in iCloud: 109E0414-DFD0-4D69-810D-CB3F020767A4.PNG (Image)

Attachment stored in iCloud: 8177E025-53CA-4B3D-BD10-9489ABF2A6DF.PNG (Image)

Cool babe wow the top one is awesome too never seen anything like that

Attachment stored in iCloud: 41278B1A-E58E-4427-B208-9C62A9CC3953.PNG (Image)

Attachment stored in iCloud: 7BAC703B-562F-4269-A4C4-58341E6B3F78.TIF (Image)

Attachment stored in iCloud: 4FCD743E-AFD6-4DB1-9AF6-1F4BB0F7BEC2.PNG (Image)

Attachment stored in iCloud: 73863244964\_\_E036A1E6-FB35-44EC-A653-D0EA0E58436A.fullsizerender. JPG (Image)

Wow these are so cool babe did you do on the iPad

Awwww our Lu love this

some of it. it's a multi step process

slowly doing more and more stuff in general on it

Awwww I hear you

Attachment stored in iCloud: 447CB2C8-528B-49C5-8836-03D86DF860B2.PNG (Image)

Awwwwww wait it's like paw patrol so cute

5/29/24, 6:49 AM

Fed Lu

5/29/24, 10:38 AM

ahoftreasureisland@gmail.com

727-360-5545

Animal Hospital-Treasure Island 155 108th Ave Treasure Island, FL 33706

I'm sorry I was agitated earlier for no reason

It's ok love it's frustrating about this morning with the appt thank you for meeting at 2

Loved "It's ok love it's frustrating about this morning w...

done!

i'm gonna grab a deli sandwich and treat myself would you like anything?

I'm good babe

I'll brb just popped out for a minute

Ok sitting down to eat here it's near my 12:30 see you afterward for the 2pm

Great see you in a bit

5/29/24, 3:46 PM

our clinic called me and spoke to them

confirmed the psychiatry appointment on June 13

also confirmed that I am on the waiting list for in person therapy through the same clinic

since I was on the spot to decide, I made sure to clarify that if I talk to you and we decide the other option is the better option and we want to do virtual therapy (then delaying the starting of the wait-list clock for in-person therapy) then i can call back today or tomorrow and change it,

otherwise, that clock has started as of just now, i have Mark scheduled for next Wednesday morning at 9:45am and psychiatry is scheduled for june 13th

Edited

5/29/24, 6:31 PM

How are you babe

getting catching up on stuff for sure feel good.

got a kratom second wind. wanna come down?

music playing

That's nice babe!

coming or want me back soon? lucy needs to be out soon

I can take Lu out!!

No rush!

i can pick up some dinner lovie

date night

Awwww I just made fries in the air fryer haha but we prob have stuff here we can make/grill too love!

Fries are just a little snack haha

When do they have yoga on the Gulfport beach we should go!

ok lovie wanna walk lucy around downtown and get out it will cool down i'd love to do something with you out of the house. no pressure either i can just hang too no issue

also it's gulfport pride weekend friday - Sunday and mark told me shore blvd and beach blvd closed down for two days and big music stages and good vendors. morris is excited. he loves a good pride fest

not kidding. he's genuinely excited. they are fun people i suppose

Nice sounds fun! Yes we can take a walk downtown will you come back to scoop us up!

yep in 30 min cool?

Sure!!

packing up

Liked "packing up"

Hey lovie you doin ok!

I'm driving in the car right now voice texting. Sorry it takes me a while to pack up.

get ready to hop in!

Attachment stored in iCloud: 73871996854 20376648-6FE0-48F5-9710-534079040BBC.heic (Image)

Waitin for ya!

https://www.zillow.com/homedetails/5620-29th-Ave-S-B1-Saint-Petersburg-FL-33707/349547155\_zpid/?utm\_campaign=iosappmessage&utm\_medium=referral&utm\_source=txtshare

5/29/24, 9:32 PM

Attachment stored in iCloud: IMG\_5275.mov (Video)

Nice spot!!

it's my third secret spot i have in gulfport

now you know the third



I won't tell anyone!

plus this corner booth is a coveted weekend brunch table. number one requested location. i get it in the evenings with the music

Loved "plus this corner booth is a coveted weekend brunch..."

alarm set to go off in 50 min then i'm leaving the phone silenced except for you babe. ringer on. mooning my phone it's distracting me

Edited

Ok sounds good love and keep me posted



all good tho. quiet time and calm feel alright :)

Loved "Ok sounds good love and keep me posted w



Loved "all good tho. quiet time and calm feel alright:)"

5/30/24, 6:03 AM

Fed Lu

5/30/24, 10:03 AM

i m at haircut i left garage open please close

i love you

Will do love you

I just finished, but I'm stopping back at home quick I forgot some stuff rushing

5/30/24, 11:45 AM

Attachment stored in iCloud: IMG\_5279.PNG (Image)

this is good news. we have \$2,595 left in our \$7,500 original retain with lawyer . i thought we had exhausted the \$7,500 and the invoice for \$830 i got was to pay additional and that the \$7,500 was exhausted but its not! good news for sure

Yes good news I agree

how's everything with lucy?

thinkign about you two

Just got back all good

what's the update what did they say

tried calling you went to voicemail

5/30/24, 3:07 PM

Hey babe you mentioned wanting to take Lu out do you still wanna do that or should I take her

i'm walking out. now my call went long

No worries just wanted to check I'm gonna head out and pick up her food then if you'll be back soon to take her for a run

Is that ok

yep

come join me??

Might get ready to go over to fort desoto!

ok:)

i have to stay back i have another call at 6 to deliver the proposal i was mentioning last night so need 4-6pm to finish it

What time do you have to pick morris up

10:15pm

Ok

5/30/24, 8:10 PM

i will take care of all morris related stuff. his flight got cancelled and he has another now. lands at 11:50pm. In Sarasota which is a 45 minute drive so i have to get him. i was on the phone with him so i just saw this text about lucy.

i'll come back in 10 minutes

I'm taking Lucy now and we have time til morris comes so no rush back

5/31/24, 12:51 AM

Got morris

5/31/24, 6:05 AM

Fed Lu.

Im laying on the hammock. I can't fall back to sleep will try here for a few hours. All is peaceful and okay. Nothing to worry about love

5/31/24, 12:22 PM

Thinking of you babe how are you

Awww my love you are so sweet and I love you so much yes when you get home take a nice long rest and let me know if you need anything

5/31/24, 3:04 PM

Going home now solo

Need to do this stinkin proposal i cant do what i meed to do right mow

Awww ok yes good take some time for you and rest and I can help with proposal tomorrow if you need lovie

Some rest and you'll feel much better

These meds are also making me so constipated. Im pooping every other day and today would he the day but i dont feel it coming, but feel my stomach bloating and stiffening which is not good.

just took two of my dads poop softener things

And when i do poop its rock hard and so painful to get out like ive never experienced before. I feel like im giving birth each time

Oh no babe I'm so sorry okay let's reach out to the NP we saw the first time and get her advice let me find her phone number

Attachment stored in iCloud: Screenshot 2024-05-31 at 4.25.06 PM.heic (Image)

Here is the number to the place where we saw the NP a few weeks ago who prescribed the meds so can call and ask about the constipstion

I can help call tomorrow too babe

5/31/24, 6:17 PM

How are you love

Good took nap no poop morris just got here heading downtown gulfport me and him for phillies game he wants to watch i do too will be nice

Awwww glad you got some rest and yes Phillies game will be fun! Awwww ok hmmm maybe can get some high fiber food for dinner

5/31/24, 8:32 PM

Attachment stored in iCloud: IMG\_5309.MOV (Video)

Finding humor in this respectfully and destroyed it after

Attachment stored in iCloud: IMG\_5310.HEIC (Image)

At fergs

Me, john, willie, willie's new fling, and morris

Hahaha babe the mallet chuck so funny and I miss you doing your nun chuck routines!

Awwwww seems so fun! Ong Willie dating a man wow unexpected for him but no judgment of course

Attachment stored in iCloud: IMG\_4150.HEIC (Image)

Haha babe omg remember we went there

Lmk if you guys want me to pick you up I leave here at like 11:15pm

Liked "Lmk if you guys want me to pick you up I leave her...

Ok coordinating ...herding cats

Haha I get it! No pressure just throwing it out there

I'm going to get a ride with John who is not drinking a little after 1115 so thank you but I'll be back before Morris. I imagine but I'm cutting the night feel great.

Edited

Awwww ok sounds good I'm leaving in a few I'll see you at home u less you want ride on my way no pressure

Gonna get ride with john lovie not too late.

III call you when i see youre home

Leaving now

I'm getting a ride back with John Morris is staying back

Sounds good I'm gonna bring Lu to marina real quick

Attachment stored in iCloud: IMG\_5317.MOV (Video)

6/1/24, 12:12 AM

In car

Yayyy awwww that video so cute babe thank you

Can't wait to see you babe!

Im comign to you

I see ya

I put distilled water Golf Cart batteries today before I forget to tell you good to go

Great thank you babe!!

6/1/24, 11:12 AM

ľm

Starving haha babe we going without morris

6/1/24, 5:20 PM

Fed Lu

6/1/24, 7:54 PM

How are you love

Good just out back with Lu

How are you guys

Oops i didnt see this

I miss you Attachment stored in iCloud: 73898151708\_\_F8DC6674-B562-4F84-8F12-9555FE2AD5EE.HEIC (Image) At stellas I can come get you Can you join us? And lucy Awwww nice babe!!! Did you guys eat Loved an image Awwwww miss you saw that pic so cute Street food Nice I can get goy anything you want Do you want to come? Awww thanks love I'm ok I'm really enjoying the quiet here right now Ok i can also come get lucy and bring her down to clam or here shed love her What about phone Awwww sure yes she would love that babe What phone!! Food! Oops Haha I'm having cereal now 🤣 Its so calm and cool outside and peaceful sitting here just wish you were here But its okay for sure Just love you Love beijg with u Awwww love you babe Want me to bring Lucy down?

If you want love she would love it I know but also don't feel like you have to come back just to get her

Back in 15 is that cool

Absolutely!

Just you or and morris too totally fine jw

Ran into mark my therapist

We talked with his wife and morris for 20 minutes i think

It was so good to see him out. He was half drunk smoking a cig. I loved it and we had such a good talk

Awwwww babe that's great so glad you could catch up with him!

Laughed at "It was so good to see him out. He was half drunk s..."

6/1/24, 11:20 PM

Im sorry to cause concern. Im adjusting. Want to always be honest with you. Thank you for being kind you didnt have to be. Im hard on myself with this one and want to show you smart decisions and to feel what i am starting to feel which a day by day turn of the corner

6/2/24, 12:25 AM

Wrappin up morris bathroom

6/2/24, 2:25 PM

Attachment stored in iCloud:

73904546507\_\_4E8B1C5E-72D7-4625-BAA9-54EF5D83FD2D.heic (Image)

Sorry I wasn't looking at my phone. I don't mind anything you think I'm cool with even if it has some sodium.

6/2/24, 8:39 PM

Did i leave my grey zipper pouch there with my chords and stuff in it?

I don't see it

Its under the front seat jeep forgot i took it out to get a drink with wallet. Dont need it thanks

6/3/24, 12:17 AM

Home by 1230

6/3/24, 8:58 AM

Love.

Please close garage door, i fed and walked lucy who has the beach runs pretty good and uber got to the house early so i rushed out the door not my favorite way to start a Monday. Ill be back early afternoon for lucy and to take my meds im dissapointed i missed taking them. Also my grey zipper wire case is under the drivers seat would you mind leaving it inside

Morris approached me on everything last night. We talked for a few hours about it all. He's truly a good friend. He has our best interest in mind.

He called me out on what i frankly needed to hear. Im so sorry for so much and its just time to get my shit together. I don't have words for how i feel. Just ready and wanting so bad to be what you need and to return to who i am. Who i see i don't like and im concerned as well

My heart and mind are just straining in every possible way to be anything besides what i am currently and the guilt i put on myself is incredible. Im spinning and folding in upon myself and the weight isnt allowing me move, like im frozen mentally stuck inside my own brain watching another version of me fail at living my life.

I dont have to be everything at once, i just have to focus on me, you, and us and go from there. The only things i love dearly are those.

Morris was the right person to call me out on many related things it was very direct.

I feel like im losing you. I want to talk until its all on the table. Its the only way to start

Edited

6/3/24, 10:01 AM

Thank you for sharing this and please please also share with mark your therapist too. I started dishwasher to make room for dishes in the sink, brought your gray cord pouch in and left back sliding door open a little for Lu in case she needs to go out. Hope you guys have a good day and don't forget it's your moms birthday

6/3/24, 3:04 PM

How are you babe!

6/3/24, 4:57 PM

Hi lovie, just seeing this. I love seeing you appear on my phone. Grassroots was good after we talked. Thank you again. I had a really good call then john set up and have another really good short term opportunity to stand up tech stuff for a new medical spa he knew needed help. They loved it so 1-2 weeks will know and they want to move quick. Im not excited nor have fanciful this or that, but i know when people have budget and pain points i can solve and am good at. The feedback i got felt nice.

And it fits the profile of what work we want to do and the type of company i suspected we could do it for and seems right so far

Also, I meant to tell you, I took my meds when I got back today

Love you babe thank you for this update and sounds like a good next step to work on setting up the tech for the med spa and so glad John can support you in that too!

Loved "Also, I meant to tell you, I took my meds when I g..."

Loved "And it fits the profile of what work we want to do..."

Im going to be sharing a lot more. I know i havent been and it means i dont get your feedback i value so much and need frankly. Ill explain what i believe as ive thought it through and will ask a couple things to help me help us in that department as i know what i need help with

That was an awful sentence

Yes sounds good! Wait what sentence?

My writing was poor i mean disregard haha

Ohh got it!!

Tomorrow I have work so I feel bad about morris and getting to the airport

What time is his flight do you know

Hows your day love

Oh thats right ok its totally no problem. Has been a cheap trip he doesnt mind

Not bad!

Ok good phew

We could get a ride to tampa with yoh and work there that would be fun but with lucy id have to bring her

Hmm

Oh hmmmm yes true hmmm

Or you guys could drop me off I could Uber home tomorrow night but might be like \$40/\$50

6/3/24, 8:50 PM

Attachment stored in iCloud: IMG\_5398.HEIC (Image)

6/3/24, 9:52 PM

Attachment stored in iCloud: 73915871876\_\_FE1B40B5-C81E-4FCC-ADA5-E838E9A7AABD.HEIC (Image)

6/3/24, 10:59 PM

Awwwww love this and I know she does too

Loved an image

Loved an image

Leaving!

6/4/24, 6:53 AM

Fed Lu

6/4/24, 10:48 AM

I love. And I love your commitment to caring for people. Have a great day.

Sincerely, Big Babe

Awwww love you babe!! Have a great day!!!

Loved "I love. And I love your commitment to caring for p..."

Liked "Awwww love you babe!! Have a great day!!!"

6/4/24, 1:15 PM

Paid mortgage, ordering groceries trying for delivery for today, might come tomorrow, and i called Steve the handyman and left a VM asking about washer and dryer

I also called three therapists in the Florida BC/BS network leaving them messages inquiring about marriage therapy. Ill let you know what i hear. I read on my heathcare account that we only have emergency services covered outside the state of florida.

Do you know if thats correct or not?

Babe thank you omg I forgot about Steve and the tenants thank you so much for following up about that! Ah! I have a service I think we can get like 6 free therapy sessions but I'll look more tomorrow

Thank you for ordering groceries and paying mortgage really appreciate you and I'd like to know process of paying mortgage too sometime

Hmmmm re coverage I'm not sure let me look into it do you mean for MH services or any health services I think we have it as long as they're in network?

6/4/24, 6:11 PM

Our network seems to be just florida and only emergency services outside of out of state/in-network providers but that amount is purposely next to zero because in florida is so strong in providers. I see the benefits if someone is in-state the large majority or their healthcare and work

just something to know about if we are visiting anywhere else outside of florida or seek coverage for a claim we need done outside of florida

Anyway how is work, how are you feeling

6/4/24, 7:22 PM

Ok hmmm good to know re insurance! It's so busy here ah!!

How are you lovie

All good here thanks love:)

Tell me about your day later.

busy = good stories

Awww sounds good! Did morris head to airport

Yep. Complete coincident, but john gets his hair cut in tampa go figure and he literally was going to be driving right by the airport on the same highway at the same time morris needed to get there

Awww that's nice wow John is the best

I have two of the best friends in those two i tell ya what. So grateful. Both so there for me

Edited

Loved "I have two of the best friends in those two i tell..."

6/4/24, 11:04 PM

Leaving work!

Loved "Leaving work!"

Im at marina

Wanna come down

?

Just got back I'm so best if it's ok I'll meet you back home

Opened garage for you

Aw alright

Also couldn't find the hide a key in the plant

In pocket

Accident

Ok

6/5/24, 11:35 AM

Im at lowtide woke you to say hi and text me when up please love you

John and i got the yoga schedule for the gulfport beach yoga group. Its tuesday, Wedneaday, thursday, and saturday at 10am each dat, every week.

Would you like to join us tomorrow?

Ah you work tomorrow, how about saturday?

Hi babe omg sorry just getting up but needed that sleep Yes yoga Saturday sounds great Liked "Yes yoga Saturday sounds great" Fed lu and ran her around 930-10am Forgot to tell you. And took meds Thanks so much babe I'm gonna get her out now What time do groceries come so I can be home also what do you need from me today love Between 2:30 and 3:59pm It says you can still add stuff to order Any requests? Edited I have to do a three hour mooning of everything starting soon. Let me know what to add and then ill stsrt Nope all set ok sounds good love! Yes start whenever you need to Thank you. Love you Love you 6/5/24, 2:12 PM I have 445 therapy today fyi. Will come home after for dinner does that work? Yep Any word from maintenance Steve from the condo Nothing left him a Vm yesterday Ok I can text tenants to follow up too if needed Attachment stored in iCloud: Steven Condo Handyman.vcf (Attachment) If you wanna try here is his number. Thank you please try. Very unlike him Steve says we need a new stove bc can't find new parts for it Dryer he needs to go to appliance store to get a part Standard 30 inch stove electric that we would need to get Ok dryer is fixable. Need to get dimensions for current oven

Perfectp

Ugh ok

Steve said he could pick up new stove and install

Amazing what a guy

He really is

Pick up from where? Did he specify where to ship

He said he could pick up a stove for us he's always at Home Depot and Lowe's so he is gonna let us know

Ok should we pick one out?

Assume so

They are like a grand

If we find one we like we can order and pay and he will pick it up

We need "slide in electric"

For 30-inch electric ovens specifically, the cost ranges are as follows:

## ### Home Depot:

- \*\*Freestanding Electric Ranges\*\*:
- \*\*Low cost\*\*: Approximately \$600
- \*\*Average cost\*\*: Around \$900 to \$1,100 \*\*High cost\*\*: Up to \$1,600
- \*\*Slide-In Electric Ranges\*\*
- \*\*Low cost\*\*: Around \$900
- \*\*Average cost\*\*: \$1,200 to \$1,500
- \*\*High cost\*\*: Up to \$2,300
- \*\*Single Electric Wall Ovens\*\*:
- \*\*Low cost\*\*: Approximately \$1,100
- \*\*Average cost\*\*: Around \$1,500 to \$2,000 \*\*High cost\*\*: Up to \$2,600
- \*\*Double Electric Wall Ovens\*\*:
- \*\*Low cost\*\*: Approximately \$2,000
- \*\*Average cost\*\*: Around \$2,500 to \$3,000
- \*\*High cost\*\*: Up to \$3,700

## ### Lowe's:

- \*\*Freestanding Electric Ranges\*\*:
- \*\*Low cost\*\*: Around \$600
- \*\*Average cost\*\*: \$800 to \$1,100
- \*\*High cost\*\*: Up to \$1,500
- \*\*Slide-In Electric Ranges\*\*:
- \*\*Low cost\*\*: Around \$900
- \*\*Average cost\*\*: \$1,200 to \$1,500
- \*\*High cost\*\*: Up to \$2,000
- \*\*Single Electric Wall Ovens\*\*:
- \*\*Low cost\*\*: Approximately \$1,100
- \*\*Average cost\*\*: \$1,500 to \$2,000
- \*\*High cost\*\*: Up to \$2,500
- \*\*Double Electric Wall Ovens\*\*:
- \*\*Low cost\*\*: Approximately \$2,000
- \*\*Average cost\*\*: \$2,500 to \$3,000
- \*\*High cost\*\*: Up to \$3,500

Ok got it yeah so probably about 1K we will have to spend

Attachment stored in iCloud: CleanShot%202024-06-05%20at%2015.00.59@2x.jpeg (Image)

update from lawyer

Thank you!

What does it mean in golf to "play from the tips"

aw i love golf questions from you

you know how at golf courses, for each of the 18 holes, there are mens tee boxes and women's tee boxes from where golfers start each of the 18 holes from? these are designated areas. women's tee boxes are closer to the hole you're trying to get it. one tee box and one hole for each of the 18 different holes on the course. If man, you play the men's tees from each hole, drive up, and then the women tee off. however, for men, there are normal tee boxes that are right behind the women's tee boxes, but then the difficulty goes up as courses put additional tee boxes even behind the men's tee boxes. typically 2. The furthest tee box from the hole is the tip. so the tips are playing from the hardest, furthest tee box from all 18 holes

you got the long version. the "I'm on the toilet version"

Attachment stored in iCloud: CleanShot 2024-06-05 at 15.29.59@2x.jpeg (Image)

Attachment stored in iCloud: CleanShot 2024-06-05 at 15.31.36@2x.jpeg (Image)

Hahaha omg babe thank you this is great

Have you ever played from the tips haha

Is the pope catholic?

6/5/24, 8:46 PM

You ok?

6/5/24, 11:21 PM

Babe I hope you come home soon (a) and what I want to say is that I don't want you to feel like there's all this pressure on you to do some kind of magic trick for us to stay here. Let's find a therapist and talk through this with them I think it would help us find a path forward.

I just wanna cry

And hold u

Awwww I'm gonna shower but let's lay together and try and rest so we can get up tomorrow have good days!

Liked "Awwww I'm gonna shower but let's lay together and ...

6/6/24, 3:56 PM

How are you doing babe? How's your day going?

6/6/24, 5:00 PM

I know you're upset with me but can you let me know if you're ok

Im okay. Finishing something gotta do for work and then home to lucy for dinner and running. Im late getting back to her. Im upset. I have far more love for you than short term hurt feelings. Im trying to distract myself and make good you proud and turn the corner which i can only try each day. I did yoga at 10am on the beach and im gonna do it minimum 3 days a week

Thank you for your message and so glad you got to do yoga how was it? Thank you for trying your best today that's all I ask and I'm trying my best too. Lu will be ok.

6/6/24, 7:57 PM

Hi babe, did you order a new oven? I saw it was scheduled for Friday afternoon. I called Katie to feel out whether they wanted to renew and let her no pressure either way and she said they intend to renew as of now and dont want to move again, love the area, etc. but would confirm before the 60 day mark which is their deadline per the lease they signed

Hi! I didn't order a new oven but I know Steve will go Friday to fix the dryer. Thank you asking them about the renewal!

Dont we have to order a new over from lowes or home depot for steve to pick up friday?

And ill ask if we pay steve i never know

Oh he can pick it up anytime if we let him know it's ordered doesn't have to be tomorrow and I can looomfor ovens tomorrow sometimes with nursing can get appliance discounts!

I told Steve let me know how much dryer part was and to install and we can pay him

6/6/24, 11:54 PM

Be home soon

Im sittimg with lucy on beach blvd working

6/7/24, 11:06 AM

I took lucy for a long walk and fed her. She has the runs and may need to be outside quickly. I also didnt get her out as much as she needs yesterday so i will easily be able to have her outside. I have a really important call to me at 430pm today. So im just settling in with lucy she loves it here. Please take the day to not worry about us. Great day for the beach and to regroup from a long day yesterday. I have everything important under control so please dont worry and be free to relax without lucy whining or waking you up from naps on the hammock or beach. Its your day and whatever you want to do, need to do, ill be at low tide, the beach, and around town. Im okay. Lucy is cool here next to a fan and good AC and dog friends that welcomed her this morning

Attachment stored in iCloud: IMG\_9179.heic (Image)

Plus its "bring your daughter to work" day

Talk soon and i love you

If you call ill hear and see it but im mooning my phone for three hours to try and focus to be ready. Just letting you know. Im at LT as you know

Hi babe just getting up thank you for this rest omg Lu looks so cute there I will definitely be able to watch her 4:30 while you have your call

Loved "Plus its "bring your daughter to work" day"

Love you and I can come scoop her whenever I'm just gonna get up and change etc just let me know what's best but if you like having her there I understand!

Ok please come at 1

Or around there and thak you i really need focus

Yes sounds good lovie!!

Do you want anything from home

No yhank you ill come out to meet you

Sorry just saw this lovie!!

6/7/24, 5:28 PM

How was your call babe!!!

Do you wanna go for a dip at fort desoto!

Just finished. Wanna pick me up at 6?

III go

You have the car lovie 🤪



Or no rush we can go tomorrow after yoga too!!

Im packing up home in 10

See you soon!

6/8/24, 9:37 AM

Fed Lu

6/8/24, 6:04 PM

Leaving soon to come home and eat dinner then i have to get back to work. I spent last two hours on finances for us and moving crypto to cash and proccessing transfers to my PNC account which i will then move to our PNC once it clears in 1-3 days.

Ah but i dont have the cart so will walk

6/8/24, 9:48 PM

Attachment stored in iCloud: IMG\_5451.MOV (Video)

6/9/24, 6:05 AM

Fed Lu

6/9/24, 9:41 AM

Morning, im just getting to LT. not sure if you want to be up or not but please get rest and its okay we need it. I slept well and feel okay. Just need to focus and accomplish getting this proposal done but its going to take awhile. Its a complex one and i can do it. I have financials to share. Current state of things. Can we do a convo over dinner perhaps around 730? that doesnt mean i not available to see you until then tho. Ill be home for a late lunch as i brought my breakfast here and i always love when you come visit me. But i want you to have your time and get out of the house to the beach or wherever. This morning was beautiful. So calm and peaceful. I hope its not too hot today. I love you always

Sounds good babe thank you yes 7:30pm will work and let me know if you need anything!!!

What are your plans today? Do you need the car for anything? I might meet john and his friend which got cancelled that one day previously who is helping me with something specific on my proposal and john wants me to meet

That's great love I was gonna leave around 1:30 to meet Angel at the beach but I also don't have to do that if you need the car honestly it's not a problem

She's going with her husband it's not like she's there by herself!

Please go and have fun timing works for me

if i need the car (still mot confirmed and id need to make good progress beforehand) it will be later in afternoon

Ok yes we can touch base a little later and see how it's going!

6/9/24, 12:01 PM

Wanna come to the bayou then home for lunch!!

Hi...yes i have to run to best buy then is that okay? What time do you leave 1:30pm right?

Both my headphones are officially dead. Never buy JLab brands. They ate so cheap and break and dont hold a bluetooth connection

Oh no! Stupid JLab! Yes I'll leave by like 1:30pm!

Ok ill hustle

III leave here in a couple min. I can just leave my stuff and not pack up

Sounds good we are just taking a rest on the bench!!

Across from the fish cleaning hut

That sometimes moonlights as a car cleaning hut

Can you bring me some water babe

Sure i have sone

Thank you!!

Do you want John to pick up that float from Costco today? OMG YES PLEASE! I can Venmo him thank you! He uses zelle Ok I have that yes! OK, can you send me the details again? Sure!! https://www.costco.com/big-joe-pool-noodle-sling-chair%2c-2-pack. product.4000251390.html It's a 2 pack!! 6/9/24, 1:19 PM sent John \$54 because I am already connected to him in zelle Im next in line if i leave in 3 minutes im home at 1:36 Ok no rush lovie!! Its ok!! Love you! Ok phew im walking out 1:35 eta See you soon love!! Thank you I will Venmo you \$54!! 2 min away 6/9/24, 3:36 PM Mooning my phone for 3 hours. Will resurface at 7pm and start packing to go back to tifton I can go home and feed lucy. If i dont hear back please have fun and ill jump home at 445 Dont leave just for her if youre enjoying yourself i got it I'm gonna head home soon so I can feed her babe!! Attachment stored in iCloud: voicemail-12934649952.m4a (Audio) Just got to cart and packed to leave and come back

I got it

## Hmmmmmm June rent check didnt clear bank

I called Luther yesterday about it because I noticed it on our statement was a clerical error on my end. I did not move the rent paid to us for Philly. Let Luther know that I would be sending June and July into checks tomorrow have checkbook and envelope with me to fill out two checks Tomorrow

He left me a voicemail an hour ago, but my phone has been on silent

Edited

Hes fine with it he said no issue

I just spoke to him. Returned his call. Such a nice person. Ill share details later what we discussed. All is fine. Clerical error on my end , he said no fine or late charge and we caught up. I will take 2 checks to mail drop tomorrow. I transferred enough into pnc from crypto to cover more than enough to pay final rent payments and paid off credit card to \$0 so we are good there. My mistake tho just glad we have good landlord

I fed lucy and just got back to Lowtide

Thank you for calling him and doing all that

Does Lucy need to go out

She peed out front but i didnt take her for a run

Ok got it I'll get her out thanks

Did you gave fun with Sams mom? How was it

If you want to do the rec center i could join. I dont have much charge left on cart tho so would walk to beach

Or a stroll around town would be nice too if youre up for coming this way

Yes it was a nice time we went in the pool! It was great!

Wanna meet at home like 7pm we can take Lu to bayou!!



I will need a break but still lots to do on this unfortunately but is fun just time consuming

Needs to be tho

Awww I hear you babe and I'm glad you're enjoying it! If you think of anything I can do to help please let me know!

6/9/24, 7:05 PM

Packing up

6/9/24, 11:34 PM

Coming home soon. Having major stomach issue

6/10/24, 12:01 AM

I just threw up

Cold sweats and barfing babe

6/10/24, 6:58 AM

Fed Lu

Still sick. Will rest today

6/10/24, 11:42 AM

How are you lovie I'm thinking of you

Our case manager here is lovely and I asked for her help in getting the September appt moved up so we will get a call tomorrow or so just wanted to give you a heads up! Then we can get you into TGH system earlier

Im way better. I walked lucy and then couldnt sit still. Cart had enough charge for in-town and back and i just sat down. Im scheduling golf cart repair i know whats wrong with it i just dont like the risk of electrical work its too dangerous.

I asked Mark if you could join this Wednesday at Noon after the 10am in-person follow up with Zainab in Largo. Are you up for coming with me? Its better than nothing this week and i trust him in that he wont pick a side or anything.

We have lots of medical mental health stuff on the calendar this week which im happy about. As for the call tomorrow, you are working so do you want to pick a different day. You said "we" are getting a call so just wondering if youll be with me or at work and im 100% fine either way not confirming.

The golf cart repair guy is meeting me today in town where the cart is parked and thinks he can fix it on site

Great news about cart repair guy thank you so much yes I'm free to join you tomorrow and can absolutely do so. I think you'll most likely be getting a call and hopefully it's just to schedule you earlier than September

I'm think we can prob cancel the Thursday appt but let's play it by ear for now

Are you off tomorrow?



Do you mean join me wednesday with mark?

I meant free to join you Wednesday sorry

Ok

Thank you. I love you. So i know tomorrow im getting a call only to reachedule the sept appt to earlier

Love you yes they said you should get a call within the next 48 hours ish!

Loved "Thank you. I love you. So i know tomorrow im getti..."

Attachment stored in iCloud: Screenshot 2024-06-10 at 1.40.40 PM.jpeg (Image)

Ok this is what i have for this week plus the scheduling call tomorrow you moved up (way to pull strings i love it)

Yes all looks good I have the same thank you

Glad you're feeling better too lovie

Liked "Glad you're feeling better too lovie"

John got the floaties. No 2 pack on sold individually but was \$22 each so we overpaid by \$10 ill treat us to something:) but they are on the cart now

YAYYYYY amazing thank you John!!! Can't wait to try them with ya love

Same:)

We have to go high tide otherwise we are sitting ducks

Edited

Hahahaha babe so funny

Either way I'll float in any tide

6/10/24, 6:06 PM

How are you babe!!

6/10/24, 8:55 PM

You doing ok babe?

Hi, yes. I napped 6-8pm then woke up to my dad calling and we caught up

Sorry to cause any worry. I am fine and home with lucy. Storm rollin in and sitting outside

Awwww great so glad you're ok just wanted to check thanks love

Yes everyone said lots of rain coming!!

6/10/24, 10:19 PM

Im in bed but please wake me if im sleeping when you get home. The rain is super heavy. Wild storm. please be careful. Want to know youre home safe. Im in your bed but you can choose to join me or not i understand. I prefer to be next to you and i sleep just fine in this bed. I hope. you come lay with me. I miss you

I plan to be up early to work from home so i can see you before you leave for work. A few updates to talk through as well.

Everything here is okay. Happy and safe. Lucy remembering what rain sounds like and cuddling when it thunders. I think shes wondering where he mommy be at.

I love you. Come home safe to me

6/10/24, 11:25 PM

Awwwwww yes and I'm leaving now lovie see you soon!!!

6/11/24, 10:28 AM

I meant to discuss with you the idea I had of us taking a long weekend cruise. They have them during the week. I think we could schedule around your work. they are also very cheap and all inclusive. I think it would be good for us to get erin to watch Lucy and take some time to get out of Gulfport. I just wanted to plant that idea and I can book it for us after we talk about it I would love to take you on a fun trip so if you have a different idea, I'm off for that. The cruise is just to kick off the conversation.

Thanks for thinking of this babe it sounds really nice! Yes def let's talk through ideas and when we meet for finances too! Sorry I missed Sunday meeting but can meet another time too lovie let me know what's good for you!!

Maybe we could do it as a birthday gift to ourselves and then also do little things to open for each other like things we make personally for each other instead of buying so then we have thoughtful things and then something fun to do together

That's so nice yes a little birthday gift! I know we have some upcoming expenses like a flight home for you and NH and what not so totally understand if we have to do it later in the summer or can just see the pricing!! I also want to pick up some overtime to help too!

Whatever we do i want to celebrate us

I want to celebrate you

You deserve it

Aw that's really nice babe! Yes we will celebrate us

Letting luther know the july check was mailed. You dropped it at usps just checking

6/11/24, 12:49 PM

Also i have been taking my meds on schedule. I have to fill up my weekly pill holder but i havent missed any except for the night i came home after throwing up i just fell into bed with you but thats the only miss

And i know what pills to take in morning and night. So its easy

Im low on guanfacine so tomorrow we can get another scriipt hopefully. Ill write out my inventory of whats left for each again and update that based on what is left

Thank for for this update babe really appreciate it and yes I am hoping she will prescribe more tomorrow and I can pick up for you! We can ask her about the guanfacine I'm not sure how long it takes to work but also might be one that isn't a good fit if you don't think it's helping with your focus and what not

I read up on it and its 4-8 weeks to work. I look at it more of a Bp thing as im not optimistic it will help with focus. Id like to take my BP in the morning. I keep saying that but i really need to know and i feel like its low. I took a hydro today too. Just feeling down and its raining not sure that matters but hydro isnt really for that i think it helped tho.

Edited

Awwww yes babe I agree we really need to take your BP and make sure it's not getting too low aw yes take hydro if you need and the rain always makes me feel down I'm def cranky at work today!

I'm sorry you're feeling down lovie I'm here for you! Love you so much

Also sorry I have the car babe I can get you an Uber if you wanna go into town or even st Pete

Im in town now. Came in around noon ish i think. Had enough charge. Im meeting the repair guy in town not at the house. We meet at 4. I gave lucy a lunch and cracked the back door incase she needs to go outback and she always does when we are gone she loves it and it stopped raining. Fed her lunch incase the repair guy takes awhile but after yeaterday he knew what part to get to finalize the fix today

Awwww ok sounds good love! Yes great idea for Lu and she will be fine no worries! Glad golf cart guy can meet you in town!!

Loved "Awwww ok sounds good love! Yes great idea for Lu a..."

6/11/24, 3:19 PM

Attachment stored in iCloud: Screenshot 2024-06-11 at 3.19.10 PM.jpeg (Image)

They called. In person i asked for it not telegealth

Amazing thank you babe!! Did they say you're meeting with intake person or nurse or doctor etc?

Also let's look into switching to t-mobile I think we might be able to save a lot on our bill!!

Attachment stored in iCloud: IMG\_1344.heic (Image)

We can get this discounted oven with my TGH/nurse discounts but let me know what you think!

John has Tmobile and loves it. Good call on the discounted oven. Can you please send to Steve or i can and make sure its the right dimensions and all that he would know. I can youre at work

6/11/24, 5:42 PM

Cart fixed

Hiiii omg that's amazing yes I can send it to Steve if needed still and we can look tomorrow too together at some options

6/11/24, 7:33 PM

Attachment stored in iCloud: IMG\_5491.HEIC (Image)

Omg you two are so cute

Needed this thanks babe

Miss you both 😔



Loved an image

There were 11 dogs inside Low Tide at one time it literally felt like a dog specific destination. It was just too distracting for me and Lucy. She was hiding under my legs and then she was pushing her ball out into the middle of the floor and everyone wanted to talk to her and her which was so cute but I just ran her some more. She pooped again and now I need to get back to work.

Awwww oh my gosh babe 11 dogs yes that's so many! And with that many she prob wants to socialize she is so cute  $\bigcirc$ 

I'm so ready to be home haha

Loved "I'm so ready to be home haha"

I have call with John Jonson my sisters x boyfriend we all loved and he wanted to hire me for that one job couple years ago but couldnt at last minute if you recall then he left that company said it was toxic and did me a favor and he just texted me asking if im looking for anything. Not sure what hes thinking but what a coincidence. 3pm tomorrow i call him

Omg babe that's great yes I remember you talking with him and that you always liked him and he was kind of a mentor at times!!! Can't wait to hear how the call goes!

6/11/24, 11:16 PM

Leaving work!!!

Loved "Leaving work!!!"

Im oacking up now sorry you will beat me home

I wanted to tiddy up im sorry was rushing earlier

Want a ride? It's pouring!!

Yes pls

No worries about tidying it's ok

I'm on my way just passing our place

Here on the side

6/12/24, 3:29 PM

Shoot i have your keys

III run them back

Text me when you get up. I spoke to john jonson for an hour so im delayed getting started. They talked to a guy here at low tide who is a nurse higher edu instructor and practices as well. Youd love him. Hes like teachers you mentioned you had at Nova. Lots of insights to things i wanna share. Not so much about me and my health but his thoughts on the next covid and shared information i want to get your opinion about

6/12/24, 5:32 PM

Love you sleeping still?

No problem if so just seeing when you need me back

Ill come back now to feed lucy thinking my girls both be sleeping. Will run her too please rest its okay i have to get back to this proposal tho

Hiiiii babe how are you

I can do Lucy no worries!!

Im packing soon u need keys i have them and wanna go to clam together?

I wanna eat too

Yes let's do it I'm feeding Lu now

this my "B" date . B for Bayou. Youre "A"

Haha awwwww love you babe

6/12/24, 8:47 PM

Attachment stored in iCloud: IMG 5503.MOV (Video)

Reminded me of our opening wedding brass brand with that new Orleans sound. Missed the best part of Georgia on my Mind i love that song

Awwwww love this babe!!!



Jeremy left his job and just signed on to next chapter for him and big move up and happy for him. Avoided that mafia villain i exposed to him. Happy for this. Just bear hugged it out and got the updates. Steak celebration this week when your off. He invited us over. Hes buying haha

Plus he opted to work remote 3 days a week instead of 5 but point being he can be around low tide during the days and will be nice to have another hard worker around just to join the daytime crew here its a good group

Attachment stored in iCloud: 73993488692\_DD4AB6B3-75EF-4F57-B83D-F1B537DC41D7.HEIC (Image)

I can drive it back now if you want love i must have put it there this morning packing up. I dont want it now ill be toast

Awwww no worries no need to drive back! Wow so glad it worked out for Jeremy babe and you really stepped up and saved him! You're such a good friend!

6/13/24, 9:23 AM

Fed Lu

6/13/24, 11:40 AM

hi i'm heading into town

Can you take Lucy out

Please let me know if you want anything from grocery store I'm getting some basics

yogurt and granola

Liked "Can you take Lucy out "

Ok

6/13/24, 1:23 PM

Can you send me code you just got

Just saw this. Yes send it again ill be ready

Ill just fix this so you dont need me in the way to see accounts that okay? Give me 10-15 min ill do this now

Sounds good thank you!

Adding your cell what code did you just get please

4988553

Thanks!!

They make this so annoyingly difficult im still workin on it

I'm trying to add you as a independent user with your own username and password and two factor authentication so when you login the passcode goes to your phone number not mine but they don't seem to allow that and you can only have one phone number for two factor authentication, but you can have two phone numbers for SMS alerts, which are just worthless this or that texts not helpful or what you need

Just read i have to call or visit a branch

I can call now. You should be able to login under my user name and password and when i give you the texted passcode, that will get you in to everything you need

For now

Sounds good no worries about setting up my own login for now and I'm out with Lu so not gonna login right now

I just got off the phone with PNC . To add you as authorized user to my personal checking account with PNC we have to go in person and you have to bring two forms of identification, and then you would have your own username and login to access my checking to get your username and password with your two factor authentication for the joint account, you have to enroll in online banking on the PNC website which I can do for you but you have to share the code that you get and I have to enter your Social Security number which I have saved safely and can do this for you. That way you would have a username and password of your own that can allow access to our shared account, but it will not allow you to see my personal checking account unless we go to PNC branch and add my personal checking to your account so at that point, you would have one set of credentials to login and see both accounts.

Ok thank you yes I was trying to access shared account and only saw the one in LastPass so wasn't sure if it was your personal or the joint

Either way I can try and set up my own login for the joint account! Thank you!

Its just me here at lowtide if you want to swing through on way home and sit with me we can do it together. Your call

Please share code

Mr cooper sent a code

Adding your phone number to that account and recording a video walkthrough of paying monthly mortgage

821351

Thank you yes just got back want to clean the bathroom and do a little more computer work

If you want to go to fort desoto later let me know!

finishing up the video i did for you for all mr cooper mortgage related stuff. Where do you prefer i send it when its done? I have to skip the beach which brings me great sadness .

Can send it to me via text or email

I scheduled a full house cleaning. Met someone who is doing a favor for me in exchange for a favor and its being arranged for next week.

Not confirmed yet just letting you know. Shes calling me this evening

Please share amazon code just arrived

Or let me know when ready incase i have to have it resent

Im aligning you to as much access to as much as i can

And If you want to go to beach without lucy ill take care of her or run her or whatever u need

467009

Omg cleaner that's great babe and thank you for the access

Resent

Can you pls share code again the last one expired

We can do it later all good. Ill come home to check on you and lucy i can take her out before i return

6/13/24, 7:40 PM

Left u note on counter

Phone mooned

6/13/24, 9:08 PM

Feeling better? Wanna come into town? Catch some live music?

Should we take Lu to run at the corner of the beach by the pier

That would be nice yea lets do it. Next to omaddys right?

Where we usually go yes! We will leave in 5!

Here

She pooped and we saved a turtle we almost crushed driving past it. I wasn't hundred percent sure where to put it so I drove it to a grass area away from saltwater.

6/14/24, 6:50 AM

Fed Lu

6/14/24, 8:32 AM

Hi how is training so far?

Just checkin in and saying good norning

6/14/24, 10:10 AM

Wanted to touch base before i moon my phone but either way its okay i know youre training. Im mooning for 3 hours starting now but call and ill see it. I invited john to fort de sota but havent seen him yet today we are meeting from 1-3pm today then im free to go

Hi babe! Thanks for your message we are wrappping up training early wahoo and I'm gonna head to main hospital to get your meds then I'll be home!! Sounds great re: fort desoto!

6/14/24, 3:06 PM

Hi love. Done meeting with john and can come home just checking on your timing and if youre ready to go soon

Hi!!!

Yes!

6/14/24, 6:29 PM

https://cabinethealth.com/blogs/journal/hydroxyzine-hcl-vs-hydroxyzinepamoate-understanding-the-differences

6/15/24, 7:12 AM

Fed Lu

6/15/24, 10:56 AM

Have a great shift i love u

Love you babe! I said bye 3x but you were sound asleep 🤣 🤡 😢



6/15/24, 12:20 PM

Slept so hard. Ran lucy so hard. Was a good kickstart to today. At LT now staying cool

That's great babe! Great start to the day!

Love you/)

Fat fingers today. Thats a smile

Awwwww thanks lovie!!! Good crew here today co



If you come across a good face front pic of Lu let me know I wanna get a little thing printed of her but need a good front pic that also isn't too dark hahaha

> Love this. What is the format of the pic like what setting will it be placed? In a frame on the wall. You want portrait or landscape up or sideways. And any preferred lucy shot like outside with blurred nature just her face? I have so many

Awwww yes I'll show ya what I'm thinking for it!!

https://www.etsy.com/listing/1712464914/custom-pet-badge-reel-personalizeddog

For my work badge haha but her face is so dark might not work

6/15/24, 4:10 PM

How are you love!!!

Good day shift going home for lucy and a long walk and dinner then brining lucy down to LT for evening

Beach run too

Hawt hawt today

Missin u

Awwwww nice glad it's a good day!! Miss you both so much babe

6/15/24, 8:27 PM

How are you doing babe!!!

6/15/24, 9:46 PM

Just calling to check in and see how you are doing lovie

i'm good. i napped i think 3 hours needed a good one

my phone is other room.

all is okay

promise

Awwww great glad you got some sleep and thanks lovie! Not too much longer here wahoo

We are getting busy here babe I might stay for a little while longer is that ok!!

Totally!

We miss you but just chillin

Awwww ok thanks love keep you posted! Miss you both!!

6/16/24, 12:04 AM

Let me know when you leave babe u gotta get good sleep and be back tomorrow but i know youre helping people and i love you. I mat be asleep but please text updates

Awwww ok I def will thanks lovie! They said they could prob have me come in late tomorrow but yes will let you know when I leave!!

Ok. Happy birthday my love

Awwwww thanks lovie!!!

Leaving now lovie!!!

Ok see you soon drive safe and i love you

Taking lucy to marina shes staying up waiting for you she said

Awwww be safe and see you soon!!

Be tight thefe

Liked "Be tight thefe"

6/16/24, 12:54 PM

Have a nice shift lovie i left a voicemail nothing urgent just love in the form of words

LOVE YOU BABEEEEEE

thank you lovie I'll check in soon!

Loved "thank you lovie I'll check in soon!

6/16/24, 2:34 PM

Miss you babe!! How's your day

Good! Is the door ipen for lucy? Going back soon just checkin t

Nevermind heading back now

Yes the back door I left open for her!!

6/16/24, 5:09 PM

Lucy is all set how's work?

It's good! Great crew here they got me some flowers and stuff! So sweet! How are you!

Im great. Feel great. Good sleep again so im as stable as a rock wedged between other rocks

Made that analogy up so maybe just my analogies are off today

Everything else is solid tho haha

Awww that's good babe yes good sleep is everything!!!

6/16/24, 8:09 PM

How are you doing!! I'm ready to be home!!

6/16/24, 9:35 PM

Attachment stored in iCloud: IMG\_5614.HEIC (Image)

We got soaked and found cover!

So happy inside. I had several towels and extra clothes and snacks and treats and bones and toys. So prepared

Awwwww babe yay you two are so cute!! Where did this rain come from haha

Loved "So happy inside. I had several towels and extra cl..."

I love it. We were driving to downtown together and it came on SO fast

Attachment stored in iCloud: IMG\_5615.HEIC (Image)

Oh my gosh! Must've been crazy! Awwwww love this pic

Shes so good. Keeping her on leash tied to my stool and shes a gem. People here just love her like shes been inaugurated (or hazed at first couple months back) and now part of the crew

Awwwww so cute babe love this and thanks for bringing her with you I know she loves being out of the house and people watching

You workin late again lovie? No problem just checkin in

Here I come! Leaving now wahoooooo

Yay!

On my way, but I'm stopping for a Lucy P and maybe a poop

Want me to pick you up?

Awwwww sure sounds good

6/17/24, 6:16 AM

I fed Lucy and she seemed like she really had to go outside so I'm out with her now

It's a beautiful morning. I'm going to try and stay up and will either go back to sleep or start my day.

6/17/24, 7:53 AM

Cool if i order a instacart babe? Need steaks and those things for tonight and also just groceries in general. I can do it and share the list before i goof it again. Lemme know and hope youre sleeping well my lovie

Also check this out from this morning ...

Attachment stored in iCloud: 7414E560-834B-46C4-9DB4-81A0E4B802F0.TIF (Image)

Attachment stored in iCloud: IMG\_5650.HEIC (Image)

Attachment stored in iCloud: IMG\_5646.heic (Image)

Pretty cool.

6/17/24, 9:31 AM

Wow yes beautiful pics thanks babe

Also babe can you message your PCP on mychart asking for referrals to cardiologist and electrophysiologist so we can set up those appts for a check up on your heart and to ask about the ADHD meds because we need clearance from them before the psych NP will prescribe anything

I can draft the message if needed/let me know how I can help

Yes. Real quick do you still want to have the bbq tonight? Your call. Its your day so you pick what you wanna do and nobody will Mind at all

6/17/24, 11:52 AM

Haha awwww babe I mean you know me I'm like I'd rather just have dinner with you even if it's in town but I don't wanna be a buzz kill haha

Indont feel like it either and also just wanna be us. Jeremy passed out at low tide over weekend and wants to lay low. John said totally cool. Wanna go to beach soon or later? Im coming home for lunch

Leaving now sorry

6/17/24, 5:35 PM

From luther:

Received June rent chk PNC Bank #121 And July rent chk PNC Bank #116 Both deposited today. Thanks!

6/17/24, 7:59 PM

Loved "From luther:

Received June rent chk PNC Bank #121..."

Amazing thanks lovie

Cava is here!! Babe you read my mind!!!

One quick stop and then I'm coming home. I had something else I am picking up I'm waiting and it's not ready yet so I'm going to head back so I can eat with you and I will show you what it is on my iPad but I can pick it up locally tomorrow.

Awwwww it's ok lovie no worries thank you!!!

Feel free to eat. Im in line and then 4 min drive home

I'm gonna wait for you babe!! And there's absolutely no rush ok!!!

Leaving now!

Loved "Leaving now!"

Stopped to fill up for gas

OK, I'm officially done and I'm heading your way so serve up those plates and let's get busy with some cava and birthday celebrations!

6/18/24, 10:33 AM

I want to move out ASAP but stay in Gulfport so I can help with Lucy and will give me time to update my resume and apply to jobs back home. I found a place on furnished finders but need some of the savings in order to pay for July and August. Please let me know if this sounds doable.

Why are you opting to make an enemy of me?

Am i driving you out? Am i that intolerable?

Or is it me

As in im the problem for both of us

I will talk if you want but your parents and my dad and Mary need to be present. Won't change me wanting to move out and you said last night you'd help me with this.

6/19/24, 12:07 AM

Attachment stored in iCloud: IMG\_5777.HEIC (Image)

In a moment of habit, I took a picture to share. Then, this sadness is so strong. To not send it means so much. It's our family. It's our Lu. We raised her together and we have grown with her, shes seen us every day loving each other, always seemingly nudging her self into a space we make room for - that little head getting between our knees to just get a piece of every loving moment. I cant bring myself to not send it but i took this picture hours ago. Before it, i took 5 others i couldnt bring myself to share and then the guilt that came from deleting a small gift - one sharing a moment while youre at work, the family that is so accustomer to that amazing of you coming home from work.

I've read and reread your two texts all day, drafted a half dozen responses, deleting every lucy picture you always appreciate so much,

I'm in a space of only lost sadness. I have no fight in me to contend with you. I reiterated to you my unconditional love to last night. No conditions, only love and any support or effort you need of me, i wanted you to know its okay and im always going to love you more every day. So you have it. If these are your conditions, terms are your setting to challenge my unconditional promise, then you have it, you have whatever resource we have together, without terms, without resistance, without conditions.

I replay yesterday over and over. This cloud over has existed for so long- we acknowlegde it's there. We talk about it. But when we agree in the foundation of love that survives despite, we nod to its existence because we have always overcome our own selves, and any circumstance, any imperfection. You understand that cloud so intimately, far better than i do. I want so badly to face it with you.

The level of pain i see in your eyes, how it surfaces, how it speaks, it makes me lose any care for myself. I have no guard to fake. Im broken. Im losing you.

I replay the last few days, yesterday's birthday, and yesterdays conversation at the bayou over and over.

I think about how foolish I am or how dissapointing i have become to you. I keep kidding myself, falling for the existence of a love I swear exists, because it exists so strongly in me, for you, at a mutual level of love that gets challenged in every way but has only gotten stronger, making us stronger, our little family stronger. We kept proving ourselves right, and love always conquered on our behalf.

For me, despite my imperfections, your imperfections, I felt so thankful to be loved by you regardless and to reciprocate the same...to get, and to give, those small moments that are so important, that represent what carries us through anything... love we both nod to and acknowledge, in agreement, it exists...unconditional love. I know what that is, and I know how beautiful it is. And i know how fleeting it had become in you, for me.

I carry no blame or resentment for this. Ive let go. I am deeply sad that I cannot understand your feelings. I am here to hear the harshest of opinions of me, my wrongdoings, and who you see ad your husband in these life struggles.

I am the central point of months of my loved ones' attentions, and I see it unraveling as I'm approached from each corner within the smallest of family circles - unraveling all at the expense of me. Im done. Im only going to give moving forward. Love, money, help, conversations, if you want any of those and more, take it.

Please consider coming to therapy tomorrow at 4:45 pm with me. I will respect your request to leave you alone before and after, but please sleep on it. You dont have to talk in the session, only listen

Will sleep on it

6/19/24, 7:56 AM

Fed Lu

I hear you. Ive listened to what little youve shared. I should abide by that. And i will.

I was kindly asked that you be left alone. So, as difficult as that is, im honoring that. I won't be coming home tonight. Or any time in the future.

Your desire to find your own place and for our money to fund two places isn't necessary if i leave. Its no longer a burden. You don't have to endure that of moving out, moving in somewhere else, then only to quickly move again back to Philly

You are focused now on just you. I wanted that. Im accepting it and getting in your way is all i am doing simply be being, and existing in the same home as you.

Since im not in your current equation or focus, there is no room in that equation for you, or i needing to know each others location. Those alerts, coming and going and having that visibility doesnt align with your ask of me. So i removed my location permission from the life360 app. Please do the same.

You have no more responsibilities to burden you. I am not kidnapping Lucy. I want that to be known. Lucy is part of the "us" equation. It cant be part of the on focusing on you equation.

Im focusing on us, that includes me, but also includes you, and that included us, all three of us. In my mind, every day in the past and every day moving forward will be consumed with that focus, and to allow you the space you kindly asked me to provide you.

The lease is paid in full now. You have that house until August 31st to use as you please. It's yours. I won't be coming back. Everything there is yours to keep, sell, or take with you. I only took what i needed to live and what lucy needed to live. Lucy is ours. She's focused on us forever. "Us" is one person to her. For me, "us" is collectively the three of us

me + you + lucy. Thats the equation im focused on. With only love.

If you need to talk to me for whatever reason im going to make myself available. If you cant reach me, say my phone is off or not next to me, there only a few places ill be in that moment. So you know where to find me, you know how to reach me, you know what im doing, and you have a good idea of where i am. Im available to you, just speak up. Until then, im going to hold my word. You have the space and i hopefully less a burden with me, without us, and a place to rest and plan whats next, whats best, for you.

I texted barb. I want you to know that before i speak to her. Shes your sister and shes a great one to have. Im going to tell her what i see and feel. My concerns for you. Thank you for offering me the your blessing in doing that. I will not be calling Sherry, your dad, mary, or anyone else. I will hand over my love for you to barb as i trust her completely. You may join me at 4:45 at Marks to listen only if you want to. Im not requiring any commitment from you, especially one day later after you asked for space and shared the news that you wanted to not live in the same home as me, as us, and to do so for you. I will not leave out what my role is in this to barb, i will not present myself to be a victim. I am responsible for my role in this. But i can no longer support what you need. I have check. It was dated for yesterday but if you cash it, it will bounce. Ive sold pretty much every last investment to prepare it in an account that will be visible and available to you. Venmo has a cap in terms of how much i can send at once. If you need any amount immediately, i will venmo you as much as i can today. Our money is your money. I wont be a gatekeeper to our money if your telling me you need it for the benefit of your immediate well being

And the jeep is yours to keep indefinitely. Whether you drive it home to philly, or leave it wherever, you can consider it yours. If i have to transfer the title to you so you can register it in your name, i will draft up a bill of sale and label it a gift so you dont incur PA sales tax and you can then register/insure in your name

6/19/24, 2:50 PM

I won't be joining you for your therapy appointment but please return home and stay/sleep here

6/19/24, 4:30 PM

Attachment stored in iCloud: Marriage counseling, June 2024.pdf (Attachment)

Would you want me to drop Lucy off? I am leaving downtown Gulfport now. John offered to watch her at Low Tide if I don't hear from you or you don't want that I'm attaching a document. I am in the middle of working through and add to, but this is a PDF snapshot of where I am with my search for marriage counseling, and all my notes.

6/19/24. 8:16 PM

Attachment stored in iCloud: IMG\_5789.jpg (Image)

Attachment stored in iCloud: IMG 5788.PNG (Image)

I spoke to Letha Miller. The woman on the first page of the document i sent earlier. The one i hoped would call me back.

Letha is in-network for us and is only an 8 minute drive

she practices EFT - which stands for Emotionally Focused Therapy.

says "couples that go through EFT have a 90 percent success rate, 75 percent no longer need treatment, compared to a 35% success rate for the next leading couples therapy." EFT was started by a woman named Dr. Sue Johnson, if you want to learn more.

I only spoke to Letha Miller for 15 minutes. She offered you the same, so we are coming into the same environment together.

I booked the appointment for Thursday, June 27th at 3pm. If that overlaps with your flight to the wedding, she said Tuesday, June 25th at 11am am also available. I will do either one.

Im coming home.

6/20/24, 1:31 PM

I love you babe, we will get through this. You are not alone. I've been where you are and I'm here for you.

Headed home! Lmk if you want me to pick you up or anything! I can't see where you are

I left my stuff w john at low tide but ill go back and can come home



I left my stuff w john at low tide but ill go back and can come home

When do you want to leave

No rush we can leave whenever

Do you mind bringing me a Kratom or we can pick you up whichever you prefer

Thank you for your location babe

Can you come

Sure ok let me change real quick and get Lucy together/our towels then I can get you I'll text you before I leave!!

Need anything from home?

Im set thx

Leaving now!

Here, are there any towels on the cart? We need 2 if possible and a leash

And a bowl for Lucy water

Waitong for guy to come back he knows im waiting

No worries!! No rush

6/21/24, 5:19 AM

Fed Lu

6/21/24, 9:56 AM

Hi love! Said goodbye but you're sound asleep and don't want to wake you also I put your ring in the key thing out front bc don't want to wake you up and open the door again! Love you and I'll text you soon to say hi

And I want you to know I'm not going anywhere babe I'm here and I'm sorry for saying I wanted to leave because I don't and I won't ok. Love you so much

6/21/24, 11:48 AM

You ok love? Just checking in



Hi yes I'm up why so much sleep

Loved "And I want you to know I'm not going anywhere babe...

→ Replying to Melissa, 2024-06-21 10:31:55: « And I want you to know I'm not going anywhere babe I'm here and I'm sorry for saying I wante... »

This means so much to me

Awwww yes sleep is good and I understand, our minds and bodies need a rest. Yes I am 100% here for you babe

6/21/24, 2:08 PM

How are you doing babe!!!

6/21/24, 5:01 PM

Sorry I'm stalking you love can you let me know how you're doing when you get a chance. Love you

Sleeping and eating

→ Replying to Melissa, 2024-06-21 10:31:55: « And I want you to know I'm not going anywhere babe I'm here and I'm sorry for saying I wante... »

Ran Lucy forgot phone

→ Replying to Melissa, 2024-06-21 10:31:55: « And I want you to know I'm not going anywhere babe I'm here and I'm sorry for saying I wante... »

Is ok

Ok phew thanks love how are you feeling

So tired

Sad

Hungry can't stop eating

Awwww yes want me to order you some food? I can let me know

Awwww love Im sorry you're feeling sad, I'm here for you

And can call if you need me let me know

I'd like to sleep please no one needs to come drop off anything I just ate so much

Delivered

Ok love sounds good

Let's check in around 7 does that sound ok?

6/21/24, 7:37 PM

How are you doing love?

Hi love I'm leaving work it was slow so I get to come home!!