

Office Visit - Nov 27, 2023

with Anastasios Mavrakis at TGMG Family Care Center ST Pete



Notes from Care Team



Progress Notes

Tech Jessica at 11/27/2023 2:30 PM

An After Visit Summary was printed, given to the patient, and explained. Interpreter not needed. The patient expressed understanding of the instructions.

Referral to CARDIOLOGY , given to patient. Advised no authorization required and may schedule own appointment. Patient given instructions and pertinent medical records.

Quest requisition given to patient for lab work

Anastasios Mavrakis at 11/27/2023 2:30 PM

Date of visit: November 27, 2023

DOB: 6/25/1985

CC/HPI

Reason for visit:

Stephen Boerner is a 38 y.o. male with pacemaker, hypertension who is here to establish care.

The pacemaker was placed at the age of 17 after diagnosis of heart block/fainting.

He denies history of heart catheterization.

The patient denies chest pain, palpitations or shortness of breath.

The patient denies abdominal pain, nausea, vomiting or gastrointestinal bleeding, upper or lower.

He denies tobacco.

Augmentin causes hives.

He denies family history of early heart disease or cancer.

Current Outpatient Medications on File Prior to Visit

Medication	Sig	Dispense	Refill
• amLODIPine 5 mg Tab 5 mg, hydroCHLOROthiazide 25 mg Tab 25 mg, olmesartan 40 mg Tab 40 mg	Take by mouth daily.		
• dextroamphetamine- amphetamine (ADDERALL) 5 mg tablet	Take 5 mg total (1 tablet) by mouth 2 (two) times daily.		

No current facility-administered medications on file prior to visit.

Patient Active Problem List

Diagnosis	Date Noted
• Pacemaker	11/27/2023
• Secondary hypertension	11/27/2023
• Immunization counseling	11/27/2023

Not on File

ROS

Review of systems:

Negative for fevers, sweats or chills.

Negative for headache.

Negative for ear discharge or bloody discharge from ear.

Negative for diplopia or double vision.

Negative for dysphagia or odynophagia.

Negative for cough, hemoptysis or shortness of breath.

Negative for chest pain or palpitations.

Negative for abdominal pain, hematemesis, hematochezia (red blood in stool or black stool), nausea, vomiting, diarrhea or constipation.

Negative for burning sensation on urination, increased frequency of urination or hematuria.

Negative for weakness, numbness or tingling.

Negative for rash.

PHQ-9 Total Score: 0 (11/27/2023 2:57 PM)

A follow up plan was documented:

PHYSICAL EXAM

Vitals:

Vitals:

11/27/23 1458

BP: **(!) 129/91**

BP Location: Right arm

Patient Sitting

Position:

BP Cuff Size: Large Adult

Pulse: 84

Resp: 16

Temp: 97.5 °F (36.4 °C)

TempSrc: Temporal

SpO2: 100%

Weight: 90.7 kg (200 lb)

Height: 185.4 cm (6' 1")

No LMP for male patient.

BMI: Body mass index is 26.39 kg/m².

Exam:

Physical Examination:

General: Patient in no acute distress, alert and oriented times three

HEENT: oropharynx clear, no tonsillar enlargement, no tonsillar exudates, pupils equally round and reactive to light and accommodation

Lungs: clear to auscultation and percussion bilaterally

Cardiovascular: regular rate and rhythm, no murmurs, no rales, no rubs, no gallops

Pacemaker on upper left abdomen.

Abdominal: soft, nontender, nondistended, no pain on palpation of abdomen, presence of bowel sounds, no rebound, no guarding

Extremities: no clubbing, no cyanosis, no edema

Neurological: able to walk without difficulty

ORDERS

Orders

Orders Placed This Encounter

- COMPREHENSIVE METABOLIC PANEL (CMP), SERUM
- CBC AND AUTOMATED DIFFERENTIAL RFLX MANUAL DIFF

- THYROID PROFILE W/THYROID STIMULATING HORMONE (TSH), SERUM
- HEMOGLOBIN A1C (HBA1C)
- LIPID PANEL WITH LDL:HDL RATIO, SERUM/PLASMA
- Ambulatory referral to Cardiology

ASSESSMENT AND PLAN

	ICD-10- CM	ICD-9- CM	
1. Pacemaker	Z95.0	V45.01	Ambulatory referral to Cardiology
2. Secondary hypertension	I15.9	405.99	COMPREHENSIVE METABOLIC PANEL (CMP), SERUM CBC AND AUTOMATED DIFFERENTIAL RFLX MANUAL DIFF THYROID PROFILE W/THYROID STIMULATING HORMONE (TSH), SERUM HEMOGLOBIN A1C (HBA1C) LIPID PANEL WITH LDL:HDL RATIO, SERUM/PLASMA
3. Immunization counseling	Z71.85	V65.49	

A&P notes from Problem List:

Pacemaker

The pacemaker was placed at the age of 17 after diagnosis of heart block/fainting.

He denies history of heart catheterization.

No family history of early heart disease.

I will refer him to Cardiology - I would recommend Echo.

Secondary hypertension

Diet less than 2 g salt/day was recommended and agreed.

I will screen him for dyslipidemia, diabetes and thyroid disease.

On amlodipine 5 mg orally once daily.

On HCTZ 25 mg/olmesartan 40 mg orally once daily.

Immunization counseling

He has received COVID19 J and J once.

I offered fluvaccine.

Patient declined.

I explained risks and benefits to the patient.

Patient expressed understanding.

I will still offer it to the patient, if the patient changes their mind.

Return in about 2 months (around 1/27/2024).

Discharge Counseling:

Patient understands and agrees with the assessment and plan. Patient agrees to follow up as agreed during the clinic visit or sooner with lack of improvement or with worsening of symptoms.

All questions were answered to the patient's satisfaction.

Written instructions have been provided to the patient.

Dr. Anastasios Mavrakis

Tech Erica at 11/27/2023 2:30 PM

Health Maintenance review with pt.

Pharmacy reviewed with pt.

Medication reviewed with pt.

PHQ-9 Total Score: 0 (11/27/2023 2:57 PM)

Patient declines flu vaccine today

Patient Instructions

Tech Jessica at 11/27/2023 2:30 PM

Instructions for Family Care Patients

To reschedule an appointment, please call (727) 828-6370.

If you need to speak to a nurse, please call (727) 828-6370.

Follow cough, cold, hand washing, and infection control tips.

If you have been ordered for labs and you need to be fasting for the labs, do not eat or drink anything other than water after midnight the night before the test.

Please bring all medication bottles to every visit.

You may be receiving a survey in the mail regarding your visit here. Please share your thoughts and feelings about your visit and experience by mailing back the survey. Thank

you.

**** PLEASE NOTE** - THESE PAPERS CONTAIN YOUR PERSONAL MEDICAL INFORMATION. PLEASE KEEP THEM IN A SAFE PLACE OR DISPOSE OF THEM CAREFULLY. ******

Referral to CARDIOLOGY , given to patient. Advised no authorization required and may schedule own appointment. Patient given instructions and pertinent medical records.

Today your medical assistant technician was Jessy Perez . We hope you a pleasant visit today!

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