Stephen Cadieux

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EDUCATION

Ph.D., Psychology   2023 - 2028
University of California, Riverside
Advisor: Sonja Lyubomirsky

B.A., Sociology, *cum laude*   2007 - 2010
The Ohio State University, Columbus, Ohio

RESEARCH INTERESTS

Conceptualizing and measuring well-being; religion and spirituality; cross-cultural positive psychology

PUBLICATIONS

Dhawan, N.*, Cadieux, S.*, & Langer, E. J. (Submitted for Initial Review). The Effect of Langerian Mindfulness on the Consumption and Conveyance of Fake News. *Mindfulness*. Department of Psychology, Harvard University. *Co-authors

POSTERS

Dhawan, N., Cadieux, S., & Langer, E. J. (2022, August 4-6). *Seen and Not Seen: How Mindfulness Affects Fake News Consumption* [Poster presentation]. American Psychological Association Conference, Minneapolis, MN, United States.

BOOKS

Cadieux, S. (2023). *The Sanskrit Handbook: A Guide for Yoga Students*.

RESEARCH EXPERIENCE

Harvard University   2020 – 2023 | virtual
Research Assistant, Langer Mindfulness Lab

- Worked with a graduate student to design, run, and write up a study investigating the relationship between mindfulness and fake news. Conducted a literature review. Completed IRB protocols. Created survey materials using Qualtrics. Worked with the study pool coordinator to gather pilot data. Recruited participants through the Harvard Journalism Extension School and MTurk. Analyzed data in R and Excel. Presented preliminary data at lab meetings. Presented findings at the 2022 APA Conference. Co-wrote the paper. Prepared the manuscript for journal submission.
- Led a team of research assistants and undergraduates investigating mindful language in textbook design. Directed the team's work, including the literature review, IRB protocol, study design, Qualtrics survey construction, and collaboration outreach to a local school.
- Adapted a study on smell to accommodate quarantine conditions during the pandemic by designing an

at-home placebo smell test. Presented this study design during lab meetings and implemented feedback from the PI, affiliated professors, and graduate students. Worked with the lab manager to re-adapt portions of this study to in-person research conditions.

PROFESSIONAL EXPERIENCE

Columbia University
Administrative Lab Manager, Marlin Lab   2021 – 2023 | New York City

- Managed administration and finance of Dr. Bianca Jones Marlin's psychology and neuroscience research lab at the Zuckerman Institute

Joe Coffee Company
General Manager   2015 – 2019 | New York City

- Hired, managed, and trained more than 50 employees on all aspects of coffee, operations, and service in the busiest and most profitable Joe location, a coffee bar in Grand Central Terminal, achieving $2M+ sales per year and mentoring four staff members into management roles
- Opened a new store on Manhattan's Upper West Side, driving first year sales to nearly $1M

Verve Coffee Roasters
General Manager   2014 – 2015 | Los Angeles

- Hired, managed, and trained more than 20 employees on all aspects of coffee, operations, and service while assisting in opening Verve's first out of market cafe, a joint venture with a local juice company and mentoring three staff members into management roles

SERVICE

Black People Space, Columbia University, Lead Administrator   2021 – 2023
Volunteer Sanskrit Tutor   2019 – 2021
Volunteer Yoga Teacher   2018 – 2019

CERTIFICATIONS

CITI Training
Data Science: R Basics - Harvard EdX Certificate

SKILLS

Statistical Analysis and Software Development: R, Github
Survey Platforms: Qualtrics, MTurk
Administration: IRB Protocol
Software: Microsoft Office, Google Suite, Zoom, Slack, Windows OS, Mac OS
Languages: English (native), Sanskrit (can read with dictionary)