

Stephen Cadieux

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EDUCATION

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| Ph.D., Psychology University of California, Riverside Advisor: Sonja Lyubomirsky | 2023 – |
| B.A., Sociology, <i>cum laude</i> The Ohio State University, Columbus, Ohio | 2007 – 2010 |

RESEARCH INTERESTS

Social connection; spiritual practices; well-being

FUNDING

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| Committee on Research of the Riverside Division of the Academic Senate <i>Contributor</i> , “Spiritual Practices, Social Connection, and Well-Being” | 2025 |
| Tiny Blue Dot Foundation <i>Contributor</i> , “Effects of High-Quality Listening on Psychological and Biological Well-Being Through the Expansion of the Perception Box” | 2024 – 2027 |

PUBLICATIONS

- Montemayor-Dominguez, M., Chinn, J., **Cadieux, S.**, & Lyubomirsky, S. (under review). *Culture and well-being: Five empirical approaches*. In M. Yik (Ed.), *The Oxford Handbook of Emotion and Culture*.
- Dhawan, N., **Cadieux, S.**, & Langer, E. J. (2024). *The effect of Langerian mindfulness on the consumption and conveyance of fake news*. PsyArXiv. <https://doi.org/10.31234/osf.io/zqn4e>

BOOK

Cadieux, S. (2023). *The Sanskrit Handbook: A Guide for Yoga Students*.

POSTERS

- Cadieux, S.**, & Lyubomirsky, S. (2025, February 20-22). *Elements of Chanting and Their Effects on Well-Being* [Poster presentation]. Society for Personality and Social Psychology Conference, Denver, CO, United States.
- Montemayor-Dominguez, M., Martinez, R., **Cadieux, S.**, & Lyubomirsky, S. (2024, February 8-10). *Understanding How We All Seek Awe: Descriptive Analysis of a Novel Awe Intervention* [Poster presentation]. Society for Personality and Social Psychology Conference, San Diego, CA, United States.

Cadieux, S., Dhawan, N., & Langer, E. J. (2022, August 4-6). *Seen and Not Seen: How Mindfulness Affects Fake News Consumption* [Poster presentation]. American Psychological Association Conference, Minneapolis, MN, United States.

PRESENTATIONS

Cadieux, S. (2025, May 1). *Elements of Chanting and Their Effects on Well-Being*. Proseminar on Current Research in Social/Personality Psychology, University of California, Riverside, Riverside, CA.

Cadieux, S. (2024, April 23). *Multiple Regression: The Importance of Religious & Spiritual Predictors of Well-being*. Current Research in Quantitative Psychology Seminar Series, University of California, Riverside, Riverside, CA.

RESEARCH EXPERIENCE

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| University of California, Riverside Graduate Student, Positive Activities and Well-Being Lab | 2023 – |
| Harvard University Research Assistant, Langer Mindfulness Lab | 2020 – 2023 |

ACADEMIC SERVICE

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| <i>Ad Hoc Reviewer:</i> <i>Emotion</i> <i>Social Psychological and Personality Science</i> | |
| Co-organizer, California Well-Being Conference 2026 | 2024 – |
| Founder and Organizer, PAW Lab Journal Club | 2024 – |
| Reviewer, Student Poster Award, SPSP 2025 | 2024 – 2025 |
| Member, Dept of Psychology Diversity, Equity, & Inclusion Committee, UCR | 2024 – |
| Volunteer, Graduate Student Recruitment Weekend, UCR | 2024 – |
| Graduate Student Coordinator, Social/Personality Proseminar, UCR | 2023 – |
| Lead Administrator, Black People Space, Columbia University | 2021 – 2023 |
| Volunteer Sanskrit Tutor, Rutgers University | 2019 – 2021 |

TEACHING

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|---|------------------|
| Personality Psychology | FA25 |
| Psychological Methods: Statistical Procedures | WI25 |
| Social Psychology | FA24 |
| The Science of Well-Being | SU25, SP25, SU24 |

PROFESSIONAL EXPERIENCE

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| Sanskrit Tutor | 2019 – |
| Columbia University Administrative Lab Manager, Marlin Lab | 2021 – 2023 |
| Joe Coffee Company General Manager | 2015 – 2019 |

Verve Coffee Roasters
General Manager

2014 – 2015

PROFESSIONAL MEMBERSHIPS

Society for Personality and Social Psychology

2023 –

CERTIFICATIONS

CITI Training

Data Science: R Basics - Harvard EdX Certificate

SKILLS

Statistical Analysis and Software Development: R, GitHub

Survey Platforms: Qualtrics, MTurk

Administration: IRB Protocol

Software: Microsoft Office, Google Suite, Zoom, Slack, Windows OS, Mac OS

Languages: English (native), Sanskrit (can read with dictionary)