Mumford and Honey LSQ

Your learning style results

The highest score reflects your main learning style. If you have two equal scores please give both when asked.

Your scores

Pragmatist: 14 Reflector: 16 Activist: 3 Theorist: 12

Theorist: your score 12

These learners like to understand the theory behind the actions. They need models, concepts and facts in order to engage in the learning process. Prefer to analyse and synthesise, drawing new information into a systematic and logical 'theory'.

- Models
- Statistics
- Stories
- Quotes
- · Background information
- · Applying theories

Activist: your score 3

Activists are those people who learn by doing. Activists need to get their hands dirty, to dive in with both feet first. Have an openminded approach to learning, involving themselves fully and without bias in new experiences.

- Brainstorming
- · Problem solving
- · Group discussion
- Puzzles
- Competitions
- Role-play

Pragmatist: your score 14

These people need to be able to see how to put the learning into practice in the real world. Abstract concepts and games are of limited use unless they can see a way to put the ideas into action in their lives. Experimenters, trying out new ideas, theories and techniques to see if they work.

- · Time to think about how to apply learning in reality
- Case studies
- Problem solving
- Discussion

Reflector: your score 16

These people learn by observing and thinking about what happened. They may avoid leaping in and prefer to watch from the sidelines. Prefer to stand back and view experiences from a number of different perspectives, collecting data and taking the time to work towards an appropriate conclusion.

- · Paired discussions
- Self analysis questionnaires
- Personality questionnaires
- Time out
- · Observing activities
- Feedback from others
- Coaching
- Interviews