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### Least Squares in Linear Regression

The least squares criterion in linear regression results in estimators for the regression coefficient that have **minimum variance among all linear unbiased estimators** (Gauss Markov Theorem).

#### Variance in Least Sqaures

In some circumstances, least squares estimators have high variance:

- multicollinearity is present (at least one predictor is a linear combination of other predictors), or
- when we have many predictors and a smaller number of observations  $(\hat{\sigma}^2 = \frac{SSres}{n-p})$ .

#### Bias-Variance Tradeoff

There may exist estimators (other than least squares) that are biased but may have a substantially smaller variance than least squares, and hence smaller mean-squared errors (MSE). The MSE of the estimated coefficients can be decomposed into the squared bias plus the variance of the estimated coefficients:

$$MSE(\hat{\beta}) = bias(\hat{\beta})^2 + var(\hat{\beta})$$
 (1)

#### Shrinkage Methods

Shrinkage methods regularize or shrink the estimated coefficients  $\hat{\beta}$  toward 0. Shrinking coefficients toward 0 introduces bias but may reduce the variance enough to **reduce the test MSE**. We will learn about two shrinkage methods:

- ridge regression and
- 2 lasso regression.

Worked Example

#### Least Squares

In least squares, we seek to find the estimates of  $\beta_0, \dots, \beta_k$  that minimize the residual sum of squares:

$$SSres = \sum_{i=1}^{n} \left( y_i - \beta_0 - \sum_{j=1}^{k} \beta_j x_{ij} \right)^2. \tag{2}$$

Ridge regression is similar except that the coefficients are estimated by minimizing a slightly different quantity than (2).

The ridge regression coefficient estimates, denoted by  $\hat{\beta}_{\lambda}^{R},$  are found by minimizing

$$\sum_{i=1}^{n} \left( y_i - \beta_0 - \sum_{j=1}^{k} \beta_j x_{ij} \right)^2 + \lambda \sum_{j=1}^{k} \beta_j^2 = SSres + \lambda \sum_{j=1}^{k} \beta_j^2, \quad (3)$$

where  $\lambda$  is a tuning parameter to be determined separately.

$$\sum_{i=1}^{n} \left( y_i - \beta_0 - \sum_{j=1}^{k} \beta_j x_{ij} \right)^2 + \lambda \sum_{j=1}^{k} \beta_j^2 = RSS + \lambda \sum_{j=1}^{k} \beta_j^2.$$

- Ridge regression seeks coefficients that fit the (training) data well by making the first term, SSres, small.
- The second term,  $\lambda \sum_{j=1}^{k} \beta_{j}^{2}$ , called the **shrinkage penalty**, is small when the estimated coefficients are close to 0.
- The tuning parameter  $\lambda$  controls the relative impact of the two terms. As  $\lambda \to \infty$ , the impact of the shrinkage penalty grows.

**Question:** What happens when  $\lambda = 0$ ?

- Unlike least squares which generates only one set of estimated coefficients, ridge regression will generate a different set of estimated coefficients,  $\hat{\beta}_{\lambda}^{R}$ , for each value of  $\lambda$ .
- Selecting a good  $\lambda$  is important, and is typically done by cross-validation.

#### Shrinkage Penalty

- The  $\beta_j^2$  penalty in (3) is called an  $\ell_2$  penalty. The  $\ell_2$  norm of a vector  $\beta$  is given by  $\|\beta\|_2 = \sum \beta_i^2$ .
- Notice in (3), the shrinkage penalty is applied to the coefficients  $\beta_1, \dots, \beta_p$  but not the intercept. We want to shrink the estimated association of each variable with the response.
- The intercept is just the mean of the response when all the predictors are 0.
- As  $\lambda$  increases, variance decreases but bias increases.

#### Standardizing the Predictors

- The shrinkage penalty  $\lambda \sum_{j=1}^{k} \beta_j^2$  depends on both the tuning parameter as well as the coefficients.
- This means the predictors should be on a similar scale, so that each predictor has similar impact on the shrinkage penalty.
- The predictors should be standardized.
- The glmnet() function that we will use for shrinkage methods performs the standardization by default.

## Advantages of Ridge Regression Over Least Squares

As mentioned earlier, the variance of a least squares regression model can be high due the following reasons:

- multicollinearity is present, or
- the number of predictors is almost equal to the number of observations.

A consequence of a model with high variance is that a small change in the training data can result in a **large change** in the coefficient estimates and predicted response. Ridge regression is used to reduce the variance of a model by introducing some bias.

# Computational Advantages of Ridge Regression Over Least Squares

- If p > n, the least squares estimators do not have a unique solution, whereas ridge regression can still be used.
- Fitting procedure in ridge regression is efficient: the computations required to solve (3) simultaneously for all values of  $\lambda$  are almost identical to those for fitting a least squares model.

Worked Example

We will use the mtcars data set that is available in R. The data set contains information about fuel consumption and 10 aspects of automobile design and performance for 32 classic vehicles.

#### > head(mtcars, 8)

```
mpg cyl disp hp drat wt qsec vs am gear carb
Mazda RX4
                 21.0
                        6 160.0 110 3.90 2.620 16.46
Mazda RX4 Wag
                 21.0
                        6 160.0 110 3.90 2.875 17.02
Datsun 710
                 22.8
                        4 108.0 93 3.85 2.320 18.61
Hornet 4 Drive
                 21.4
                        6 258.0 110 3.08 3.215 19.44
Hornet Sportabout 18.7
                        8 360.0 175 3.15 3.440 17.02
Valiant
                 18.1
                        6 225.0 105 2.76 3.460 20.22
Duster 360
                 14.3
                        8 360.0 245 3.21 3.570 15.84
Merc 240D
                 24.4
                        4 146.7 62 3.69 3.190 20.00
```

mpg:

## Worked Example: Gas Mileage

```
cyl: Number of cylinders
disp: Displacement (cu.in.)
hp: Gross horsepower
drat: Rear axle ratio
wt: Weight (1000 lbs)
qsec: 1/4 mile time
vs: Engine (0 = V-shaped, 1 = straight)
am: Transmission (0 = automatic, 1 = manual)
```

Miles/(US) gallon

gear: Number of forward gears
carb: Number of carburetors

#### Coefficients:

```
Estimate Std. Error t value Pr(>|t|)
(Intercept) 12.30337
                     18.71788
                               0.657
                                      0.5181
xcyl
          -0.11144
                     1.04502 -0.107
                                      0.9161
xdisp
           0.01334
                     0.01786
                               0.747
                                      0.4635
xhp
          -0.02148
                     0.02177
                              -0.987
                                      0.3350
           0.78711
                     1.63537
                               0.481
                                      0.6353
xdrat
                     1.89441
                              -1.961
                                      0.0633 .
xwt
          -3.71530
           0.82104
                     0.73084 1.123
                                      0.2739
xqsec
           0.31776
                     2.10451 0.151
                                      0.8814
XVS
           2.52023
                      2.05665
                              1.225
                                      0.2340
xam
           0.65541
                      1.49326
                               0.439
                                      0.6652
xgear
xcarb
           -0.19942
                     0.82875
                              -0.241
                                      0.8122
```

Residual standard error: 2.65 on 21 degrees of freedom
Multiple R-squared: 0.869, Adjusted R-squared: 0.8066
F-statistic: 13.93 on 10 and 21 DF, p-value: 3.793e-07

Consider using ridge regression to reduce variance of the model. Randomly split the data set into 2 equal parts, a training and a test set.

```
Check the test MSE for various values of \lambda = 0, 4, 10^{10}.
ridge.pred.0<-predict(ridge.mod,s=0,newx=x.test)
mean((ridge.pred.0-y.test)^2)
[1] 12.66556
ridge.pred.4<-predict(ridge.mod,s=4,newx=x.test)
mean((ridge.pred.4-y.test)^2)
[1] 7.723544
ridge.pred.l<-predict(ridge.mod,s=1e10,newx=x.test)
mean((ridge.pred.l-y.test)^2)
[1] 40.4016
```

Use cross-validation to find the  $\lambda$  that is optimal. By default, the function cv.glmnet uses 10-fold cross validation.

```
set.seed(12)
cv.out<-cv.glmnet(x.train,y.train,alpha=0)
plot(cv.out)
bestlam<-cv.out$lambda.min
bestlam
[1] 2.643695
ridge.pred<-predict(ridge.mod,s=bestlam,newx=x.test)
mean((ridge.pred-y.test)^2)
[1] 7.398034</pre>
```

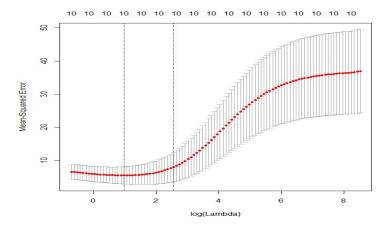


Figure: MSE with ridge regression against various values of tuning parameter (in logarithm).

4 D > 4 A > 4 B > 4 B >

```
Fit ridge regression using all observations using optimal \lambda, and
compare coefficients with least squares.
cbind(coefficients(out.ridge), coefficients(out.ols))
(Intercept) 21.164674099 12.30334580
            -0.371614420 -0.11143684
cyl
disp
            -0.005238229 0.01333516
hp
           -0.011645632 -0.02148211
drat.
           1.052609540 0.78711436
wt.
           -1.244587522 -3.71529660
            0.162770783 0.82103979
qsec
             0.763638514 0.31776368
VS
             1.635361847 2.52022649
am
             0.545524257 0.65541591
gear
            -0.552818552 -0.19942219
carb
sqrt(sum(coefficients(out.ridge)[-1]^2))
[1] 2.585053
sqrt(sum(coefficients(out.ols)[-1]^2))
```

[1] 4.693825

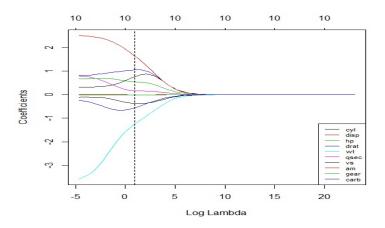


Figure: Ridge coefficients against various values of tuning parameter (in logarithm).