

LIFE GROUP QUESTIONS



REVIEW: Read **Luke 10:38-42**. Is there anything in this story that caught your attention, like to comment on or had a question about?

1. This message really centered around life's distractions. Martha was busy serving, which is a good thing, but not when it keeps us from quiet times with Jesus. What are the differences between overloaded Martha and quiet time Mary?

Martha _____

Mary _____

2. Which one of the two can you relate to the most and why?

3. Read LUKE 10:39. Mary obviously has picked serving (because in verse 40 it says, "she left her sister." So we know she was serving) but she not only served. She sat in stillness with Jesus. What, if anything, is distracting us from having a regular quiet time with Jesus? And what can you do to change this?

4. What do these verse teach us about quiet times with God?

Ecclesiastes 5:1-2 Psalm 46:10

NOW ABOUT THE FAMILY

1. Read Luke 10:40. Martha is distracted. Distracted literally means, "To be pulled away and drawn to something else. It is a focus that should be in one place but is scattered in other places."

On Sunday, Pastor Jim said: "Good things become bad things when they take us away from the most important things." There are many things that can distract us from really connecting with our families or friends but let's start with technology. What are some positives and negatives that social media have in our lives? Explain.

2. In Luke 10:40 it is obvious that Martha is on overload. She is so overloaded that she basically calls her sister "lazy." AND demands that Jesus set her sister straight. Oh the joy in home! Martha is turning into someone the family has to walk on eggshells around. Martha seems to have "no peace and no love." How does a lack of peace and love in our lives affect closeness in family or friendships? And how are you doing in the peace and love department with family behind closed doors?

3. Bonus Jeopardy question: In Luke 10:40 Martha demands that Jesus set her sister straight. "Tell her to help me," she demands. Tell us why James 4:1-2 might fit into this situation.

4. In Luke 10:42 Jesus tells Martha that the only "one thing" is necessary and Mary has chosen that "good part." What do you think that "one thing" is and WHY is it "necessary" for the emotional and spiritual health of our lives and families?

TAKING IT HOME: What is the one item spoken about tonight or on Sunday that you need to take home and put into practice in your life?

PRAYER REQUESTS:

