

Year 7 Assignments

Second Term

Week 1

1. Describe Community health
2. Write a short note on the following sports, covering their origin and rules and regulations
 - i. Judo
 - ii. Wrestling
 - iii. Karate
3. Explain three rules and regulations of contact and non- contact.

Week 2

Write a short note on Pathogens and Disease, Prevention and Mode of transmission.