

## Download latest version of R

*Even if you already have R on your computer please download the latest version 3.2.2 (released on August 14<sup>th</sup>, 2015)*

Go to <http://cran.r-project.org/>

### Windows users

- at the top of the page choose "Download R for Windows" -> click "base" -> "Download R 3.2.2" -> install with the defaults until you get to "Startup option: Do you want to customize the startup options?" -> Choose Yes (customize startup) -> choose SDI (separate windows)-> Please specify plain text or HTML help -> choose Plain text -> choose Standard -> finish download

-If it is not automatically downloaded please also install RStudio:

<http://www.rstudio.com/products/rstudio/download/>

### Mac users

1. At the top of the page choose "Download R for (Mac) OS X"

2. If you have Mac OS X 10.9 or higher click "R-3.2.2.pkg" OR click "R-3.2.1-snowleopard.pkg" if you have an older version of Mac OS X

\*If you do not know which Mac OS you have, click on the apple button -> "About This Mac"