



**Polytechnic University of the Philippines**  
College of Social Sciences and Development  
Department of Psychology

## INTERNATIONAL LINKAGES AND CONSORTIA

Narratives for AACCUP  
Level IV Accreditation

Bachelor of Science in  
Psychology Program





## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

#### TABLE OF CONTENTS

1.	Introduction	3
1.1.	Brief History of the International Linkages and Consortia Relevant to the Bachelor of Science in Psychology Program	3
1.2.	International Linkages and Consortia in line with the University's Vision and Mission	4
2.	Matrix of International Partners 2020 - 2023	6
3.	International Linkages and Consortia Relevant to the Bachelor of Science in Psychology Program	9
3.1.	Abo Akademi University	9
3.1.1.	Memorandum of Understanding/Memorandum of Agreement	10
3.1.2.	Undertakings between Abo Akademi University and the Bachelor of Science in Psychology Program	14
3.1.3.	Future Plans	14
3.2.	United People Global	15
3.2.1.	Memorandum of Understanding/Memorandum of Agreement	16
3.2.2.	Undertakings between United People Global and the Bachelor of Science in Psychology Program	18
3.2.3.	Future Plans	19
3.3.	Chandigarh University	19
3.3.1.	Memorandum of Understanding/Memorandum of Agreement	20
3.3.2.	Undertakings between Chandigarh University and the Bachelor of Science in Psychology Program	21
3.3.3.	Future Plans	25
3.4.	Universitas Muhammadiyah Magelang	25
3.4.1.	Memorandum of Understanding/Memorandum of Agreement	26
3.4.2.	Undertakings between Universitas Muhammadiyah Magelang and the Bachelor of Science in Psychology Program	29
3.4.3.	Future Plans	34
3.5.	Universiti Tunku Abdul Raman, Malaysia	35
3.5.1.	Memorandum of Understanding/Memorandum of Agreement	35
3.5.2.	Undertakings between Universiti Tunku Abdul Ramam and the Bachelor of Science in Psychology Program	36
3.5.3.	Future Plans	37
3.6.	INTI International University, Malaysia	38
3.6.1.	Memorandum of Understanding/Memorandum of Agreement	38
3.6.2.	Undertakings Between INTI International University, Malaysia and the Bachelor of Science in Psychology Program	39
3.6.3.	Future Plans	41
3.8.	"Isko at Iska: Thinking Out of the Box, Thinking Global!"	41
3.8.1.	Undertakings for "Isko at Iska: Thinking Out of the Box, Thinking Global!" wherein which the Bachelor of Science in Psychology Program Participated	41
3.9.	Student Exchange	42
3.9.1.	Fulbright	42



## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

#### 1. Introduction

##### 1.1. Brief History of the International Linkages and Consortia Relevant to the Bachelor of Science in Psychology Program

Anchored in Pillar 7 – Global Academic Standards and Excellence, to support its vision of becoming a National Polytechnic University (NPU), the Polytechnic University of the Philippines (PUP) recognizes the need of the academic institution to further enhance its international image and reputation. It aims to integrate an intercultural dimension into teaching, learning, research and service functions in response to the changing national and international Higher Education Environment particularly during this time of pandemic.

In line with said thrust, the University established the Office of the International Affairs (OIA) to serve the following functions: **(1)** Explore, establish and administer the forging of linkages with overseas universities; **(2)** Ensure the smooth and efficient implementation and execution of PUP's responsibilities specified in agreements/understandings entered into with international institutions/agencies; **(3)** Provide information and assist grantees/recipients of academic exchanges, study tours and presentation of papers and researches in international fora/conferences; **(4)** Facilitate, oversee and monitor entry and departure of international students in coordination with the Office of the Vice President for Student Services and other concerned offices inside and outside of PUP; **(5)** Coordinate and assist international visits to the campus; **(6)** Assist in holding international conferences; and **(7)** Provide the PUP president and other executive officials, education agencies and foreign institutions with progress reports, feedback and other pertinent information about international programs, projects and activities of the University.<sup>1</sup>

International Linkages and Consortia is beneficial for all those involved in academic collaborations like those of the PUP. These international partnerships help by, among others, offering students the opportunity to travel internationally via exchange programs and vice versa for students in partner-universities, and enabling the University's faculty members and students to better understand the culture of other nations which could potentially market them for better job opportunities in the future.

As of date, the University is affiliated with three (3) distinguished Institutional organizations, namely, Association of Southeast Asian Institutions of Higher Learning (ASAIHL)<sup>2</sup>, the Association of Universities in Asia and the Pacific (AUAP)<sup>3</sup>, and International Association of University Presidents (IAUP)<sup>4</sup>.

<sup>1</sup> <https://www.pup.edu.ph/international/vm>

<sup>2</sup> The Member's Directory of ASAIHL may be accessed through this link: <https://asaihl.stou.ac.th/page>Showdata.aspx?idindex=19552>

<sup>3</sup> The Member's Directory of AUAP may be accessed through this link: <https://auap.org/auap-directory>

<sup>4</sup> The Member's Directory of AUAP may be accessed through this link: <https://tiikm.com/university-partners/>



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

The ASAIHL was founded in 1956 as a non-governmental organization at a meeting in Bangkok of the heads of eight state universities in Southeast Asia. Field Marshal Pibulsongkram, the Prime Minister, supported its foundation and approved setting up the Secretariat in Thailand. His government began by giving financial and material support, which continued for several years until the Association had other sources of funds. More recently, in addition to physical facilities, the Thai government has been supporting the Association with a grant of US\$ 5,000 annually.

Meanwhile, AUAP will assist the University to build important relationships in the Asia-Pacific region as well as internationally and will provide its vast knowledge repository and outreach to greatly enhance the reach and reputation of your institution.

In addition, AUAP has developed exchanges and industry immersion programs, international competitions and cultural exchanges like sports activities that greatly enhance the students' international exposure and experiences. This in turn, increases their employability prospects in the future.

The IAUP is a unique worldwide platform that facilitates the exchange of professional experience to strengthen the international mission and quality of education in an increasingly interdependent world, promoting global awareness and competence as well as peace and international understanding through education.

Academic units and other offices supporting internationalization initiatives of the University actively collaborate with international institutions, particularly the Department of Psychology – Bachelor of Science in Psychology Program (BSPP).

#### 1.2. International Linkages and Consortia in line with the University's Vision and Mission

The International Linkages and Consortia of the BSPP has been designed to be in line with, and be guided by, the University's Mission, Vision, and Goals vis-à-vis its Ten-Point Reform Agenda, to wit:

##### Mission

Ensuring inclusive and equitable quality education and promoting lifelong learning opportunities through a re-engineered polytechnic university by committing to:

- **provide democratized access to educational opportunities for the holistic development of individuals with global perspective**



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

- offer industry-oriented curricula that produce highly-skilled professionals with managerial and technical capabilities and a strong sense of public service for nation building
- **embed a culture of research and innovation**
- **continuously develop faculty and employees with the highest level of professionalism**
- engage public and private institutions and other stakeholders for the attainment of social development goal
- **establish a strong presence and impact in the international academic community**

#### Ten Pillars:

- Pillar 1: Dynamic, Transformational, and Responsible Leadership
- Pillar 2: Responsive and Innovative Curricula and Instruction
- Pillar 3: Enabling and Productive Learning Environment**
- Pillar 4: Holistic Student Development and Engagement**
- Pillar 5: Empowered Faculty Members and Employees**
- Pillar 6: Vigorous Research Production and Utilization**
- Pillar 7: Global Academic Standards and Excellence**
- Pillar 8: Synergistic, Productive, Strategic Networks and Partnerships**
- Pillar 9: Active and Sustained Stakeholders Engagement
- Pillar 10: Sustainable Social Development Programs and Projects

The PUP-OIA is engaged in a wide variety of programs and activities aligned with the vision of the University. Thus, the Office provides leadership and coordination for all University-wide international activities for coherence and integration of the institution's international linkages, cooperation, exchanges, programs and services:

- International Exchange Students
- International Seminars/Fora
- International Scholarship Grants
- International Faculty Exchange
- International Organizations Affiliation
- International Linkages<sup>5</sup>

#### Objectives

- Promote PUP as a premier institution of higher learning in the Asia-Pacific Region;
- Underscore productive collaboration with international institutions, linkages and affiliations;

<sup>5</sup> <https://www.pup.edu.ph/international/>



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

- Prepare stakeholders to meet the challenges of global competition;
- Offer wider opportunities for educational, cultural, and scientific exchange;
- Increase PUP's international exposure and participation;
- Attract a greater number of international visitors.<sup>6</sup>



As explained above, the BSPP takes advantage, and is greatly assisted by the services of said Office.

## 2. Matrix of International Partners 2020 – 2023

Currently, PUP has the following International Partners that automatically allows by nature and privilege, all the colleges and departments to collaborate with.

<sup>6</sup> <https://www.pup.edu.ph/international/vm>



## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

#### MATRIX OF INTERNATIONAL PARTNERS 2020 – 2023

NO.	INTERNATIONAL PARTNER	COUNTRY
1.	INSTITUT OF TEKNOLOGI BANDUNG	Indonesia
2.	KRIRK UNIVERSITY	Thailand
3.	UNIVERSITAS KRISTEN INDONESIA	Indonesia
4.	PROSPLE	Australia
5.	UNIVERSITI TUNKU ABDUL RAHMAN	Malaysia
6.	KOREA CULTURE AND EXCHANGE ASSOCIATION	South Korea
7.	KYUNG IN UNIVERSITY	South Korea
8.	UNIVERSITAS MUHAMMADIYAH MAKASSAR	Indonesia
9.	RV UNIVERSITY	India
10.	ABO AKADEMI UNIVERSITY	Finland
11.	KANSAI UNIVERSITY	Japan
12.	LE TAMELIER SDN., BHD MALAYSIA	Malaysia
13.	KAMPUS TANPA DINGDING ENDE	Indonesia
14.	BINUS UNIVERSITY	Indonesia
15.	UNIVERSITI PUTRA MALAYSIA	Malaysia
16.	ASEAN COOPRATIVE ORGANIZATION	Malaysia
17.	THAI NGUYEN UNIVERSITY	Vietnam
18.	CHANDIGARH UNIVERSITY	India
19.	GUANGZHOU RAILWAY POLYTECHNIC	China
20.	SYIAH KUALA UNIVERSITY	Indonesia
21.	NATIONAL TECHNICAL UNIVERSITY OF UKRAINE	Ukraine
22.	VAN LANG UNIVERSITY	Vietnam
23.	SILLA UNIVERSITY	South Korea
24.	UNIVERSITAS MUHAMMADIYAH MAGELANG	Indonesia
25.	FACULTY OF TEACHER TRAINING AND EDUCATION	Indonesia
26.	KYUNGIL UNIVERSITY	South Korea
27.	UNIVERSITY OF NICOSIA	Cyprus
28.	TAYLOR'S UNIVERSITY	Malaysia
29.	PEOPLE'S FRIENDSHIP UNIVERSITY OF RUSSIA	Russia
30.	INTI INTERNATIONAL UNIVERSITY AND COLLEGES	Malaysia
31.	UNIVERSITY OF PAMULANG	Indonesia
32.	PRINCE OF SONGKLA UNIVERSITY, PHUKET CAMPUS	Thailand
33.	UNIVERSITI TEKNOLOGI MARA	Malaysia
34.	GO STUDY GLOBAL EDUCATION	China
35.	POLITEKNIK NEGERI MALANG	Indonesia
36.	MANIPAL ACADEMY OF HIGHER EDUCATION	India
37.	OPEN UNIVERSITY HONGKONG LI PACE	Hongkong
38.	UNIVERSITAS BRAWIJAYA	Indonesia
39.	UNIVERSITY SAINS MALAYSIA	Malaysia
40.	THE UMONICS METHOD	Singapore
41.	NORTH CHINA UNIVESITY OF SCIENCE AND TECHNOLOGY	China
42.	MAHARSHI KARVE STREE SHIKSHAN SAMSTA'S DR. BHANUBEN NANAVATI COLLEGE OF ARCHITECTURE FOR WOMEN	India



## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

NO.	INTERNATIONAL PARTNER	COUNTRY
43.	ALGOMA UNUVERSITY	Canada
44.	AYUDE FOR A NEW DAY	Belgium
45.	GUANGXI POLYTECHNIC CONSTRUCTION	China
46.	NEPAL INSTITUTE FOR INTERNATIONAL COOPERATION AND ENGAGEMENT	Nepal
47.	ZHEJIANG WEIDU CULTURAL CREATIVE CO. LTD	China
48.	UNIVERSITY 17 AGUSTUS 1945 SEMARANG	Indonesia
49.	KASETSART UNIVERSITY	Thailand
50.	ASSAM DON BOSCO UNIVERSITY	India
51.	BULOSAN CENTER FOR FILIPINO STUDIES OF THE UNIVERSITY OF CALIFORNIA DAVIS	U.S.A
52.	KAMPUS TANPA DINGDING ENDE	Indonesia
53.	SARAWAK RESEARCH SOCIETY	Malaysia
54.	TRADEPRENEUR GLOBAL ACADEMIC	United Kingdom
55.	KC GROUP OF INSTITUTIONS	India
56.	UNIVERSITY OF HAWAII - MAUI COLLEGE	U.S.A
57.	AJEENKYAD Y PATIL UNIVERSITY	India
58.	ZHENGZHOU RAILWAY VOCATIONAL AND TECHNOLOGY COLLEGE	China
59.	ANUBAN FONTIP SCHOOL	Thailand
60.	NATIONAL TAIWAN OCEAN UNIVERSITY	Taiwan
61.	THE INTERNATIONAL INSTITUTE KNOWLEDGE MANAGEMENT	Sri Lanka
62.	SOMAPANUSSORN SCHOOL	Thailand
63.	EDUCATIONAL RESOURCE CENTER	Thailand
64.	UNIVERSITY OF AMIKOM YOGYAKARTA	Indonesia
65.	RATCHAMANGKHALAPHISEK NATIONAL LIBRARY OF CHIANG MAI	Thailand
66.	CALIFORNIA POLYTECHNIC STATE UNIVERSITY	U.S.A
67.	UNIVERSITY OF ALICANTE SPAIN	Spain
68.	REGENTS OF THE UNIVERSITY OF CALIFORNIA ON BEHALF OF ITS LOS ANGELES CAMPUS	U.S.A
69.	UNIVERSITAS NEGERI SURABAYA	Indonesia
70.	GUANGZHOU RAILWAY POLYTECHNIC	China
71.	INSTITUT OF TEKNOLOGI BANDUNG	Indonesia
72.	KRIRK UNIVERSITY	Thailand
73.	UNIVERSITAS KRISTEN INDONESIA	Indonesia
74.	UNIVERSITI TUNKU ABDUL RAHMAN	Malaysia
75.	KOREA CULTURE AND EXCHANGE ASSOCIATION	South Korea
76.	KYUNG IN UNIVERSITY	South Korea
77.	UNIVERSITAS MUHAMMADIYAH MAKASSAR	Indonesia
78.	RV UNIVERSITY	India
79.	ABO AKADEMI UNIVERSITY	Finland
80.	KANSAI UNIVERSITY	Japan
81.	TRADE UNION UNIVERSITY	Vietnam



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

#### 3. International Linkages and Consortia Relevant to the Bachelor of Science in Psychology Program

The BSPP as one of the programs under the College of Social Sciences and Development (CSSD) has initiated the following partnerships:

##### 3.1. Abo Akademi University

The Åbo Akademi University (AAU) [Swedish: *Åbo Akademi* ['o:bu akade'mi], Finland Swedish: ['o:bu akade'mi] is the only exclusively Swedish language multi-faculty university in Finland (or anywhere outside Sweden). It is located mainly in Turku (Åbo is the Swedish name of the city) but has also activities in Vaasa. Åbo Akademi should not be confused with the Royal Academy of Åbo, which was founded in 1640, but moved to Helsinki after the Turku fire of 1827 and is today known as the University of Helsinki.<sup>7</sup>

Åbo Akademi was founded by private donations in 1918 as the third university in Finland, both to let Turku again become a university town and because it was felt that the Swedish language was threatened at the University of Helsinki. The Finnish University of Turku was founded in 1920, also by private donations and for similar reasons. Åbo Akademi was a private institution until 1981, when it was turned into a public institution.<sup>8</sup>

As the only uni-lingually Swedish multi-faculty university in the world outside Sweden and consequently the only one in Finland, Åbo Akademi University is responsible for higher education for a large proportion of the Swedish-speaking population. This role has many implications for education and research as well as for the social environment. As there are few students in most subjects, cooperation between faculties and with other universities is very important.<sup>9</sup>



<sup>7</sup> <https://www.abo.fi/en/about-abo-akademi-university/>

<sup>8</sup> Id.

<sup>9</sup> Id.



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

#### 3.1.1. Memorandum of Understanding/Memorandum of Agreement

A memorandum of understanding (MOU) is a legal document describing a bilateral agreement between parties. It expresses a convergence of will between the parties, indicating an intended common line of action, rather than a legal commitment.

As part of our process, the International Higher Education Institution Partners starts with MOU. This MOU will start the binding in the institutional level before it can proceed specifically to each college or department for a specific activity or program that both parties agreed upon and enters into another form of binding which is Memorandum of Agreement (MOA). This MOA, in turn, is very specific in terms of who to work with (Colleges/Department) and what to work with (Program).

The Memorandum of Understanding and Agreement between AAU were signed on February 21, 2023 through a ceremonial signing conducted at PUP and was attended by the Dean of the CSSD, Dr. Raul Roland Sebastian; Department of Psychology Chairperson, Asst. Prof. Lorraine Charmayne Manansala - Enriquez, Chairpersons from other Programs under the CSSD and OIA officials. The agreement was specifically made for organizing the project entitled "*Young Adults and Religion in Global Perspective*". This will be collaborated on by AAU and PUP through the CSSD.



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

Between

The Polytechnic University of the Philippines (PUP), Manila

And

Abo Akademi University (AAU), Turku, Finland

This document constitutes an understanding between the Polytechnic University of the Philippines (PUP) through College of Social Sciences and Development (CSSD) in Manila, Philippines and Abo Akademi University through the Faculty of Arts, Psychology and Theology, in Turku, Finland. This understanding is bound by common academic interests in fostering programs and activities through academic collaborations and exchanges in their respective fields of expertise.

#### 1. Background

The Polytechnic University of the Philippines (PUP) and the Abo Akademi University are reputable institutions of higher learning which are bound by their respective visions of academic excellence. These institutions of higher learning are committed to the promotion of academic excellence in the areas of instruction, research, extension and other areas of academic endeavors in the social sciences and development. Both of them are committed to collaborations and exchanges in the international arena for their mutual benefit and progress.

#### 2. Purpose

This MOU becomes the written basis of an understanding and declaration of commitment between the PUP through College of Social Sciences and Development (CSSD) and Abo Akademi University through the Faculty of Arts, Psychology and Theology in the cultivation and promotion of a healthy academic relationship.

This understanding is a non-binding arrangement, yet it elicits the nature and scope of the complementary programs and activities which they will undertake for their common and equal advantage. The programs and activities shall rest upon the subjects and areas of research within humanities and social sciences of mutual interest to both parties, and in the amalgamation of such disciplines using inter- and multidisciplinary perspectives like Philippine Studies, Finnish and Nordic Studies, and International Studies.

Programs and activities must be done through a complimentary or reciprocal basis. To facilitate a healthier implementation of programs and activities, consultation between institutions must always be made.

#### 2. Objectives

In the attempt to foster academic excellence in the areas of instruction, research, extension and other areas of academic endeavors, both institutions agree to extend collaboration with the spirit of collegiality while respecting each other's independence and equal status.

Both universities agree to explore cooperation on the following programs and activities:

- a. Planning, development, and organizing of programs and activities.
- b. Development of materials needed for the pursuance of programs and activities.
- c. Exchanges involving faculty and students (undergraduate and graduate levels).
- d. Educational and benchmarking visits of officials and faculty.
- e. Conducting of joint research in the Philippines and/or in Finland.
- f. Collaborative extension works in the Philippines, Finland or elsewhere in Southeast Asia



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

PUP and AAU encourage academic exchange and collaboration to advance teaching and research in their respective institutions. Both universities have mutually agreed to have an exchange of online lectures, collaboration in research projects, conduct of webinars, conferences, talk shows, and other related activities, exchange of academic materials, publications, data and information.





## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

<b>MEMORANDUM OF AGREEMENT</b>	
KNOW ALL PERSONS BY THESE PRESENTS.	
This <b>MEMORANDUM OF AGREEMENT (MOA)</b> made and entered into this _____ Day of _____ at the Manila, Philippines, by and between:	
<p><b>ÅBO AKADEMI UNIVERSITY</b>, the Swedish-language multidisciplinary academic university in Finland, with office address at Åbo Akademi University Tuomiokirkontori 3 FI-20500 TURKU FINLAND, represented herein by the Dean, Faculty of Arts and Sciences, <b>PROF. PETER NYNÄS</b>, herein referred to as "AAU" -and-</p>	
<p>The <b>Polytechnic University of the Philippines (PUP)</b>, a government educational institution governed by Republic Act Number 8292 known as the Higher Education Modernization Act of 1997, and its Implementing Rules and Regulations contained in the Commission on Higher Education Memorandum Circular No. 4, series 1997, with office address Anonas Street, Sta. Mesa, Manila represented herein represented by the Vice President for Research, Extension, Planning and Development, <b>DR. EMANUEL C. DE GUZMAN</b>, herein referred to as "GRANTEE."</p>	
WITNESSETH	
<p>WHEREAS, the <b>Abo Akademi University</b> is the Swedish-language multidisciplinary academic university in Finland. Their faculty, <b>PROF. PETER NYNÄS</b>, leads the Young Adults and Religion in Global Perspective Project;</p>	
<p>WHEREAS, the <b>Polytechnic University of the Philippines</b> as an Institute of Higher Education, is mandated by CHED to perform core functions namely Instruction, Extension, Research and Production;</p>	
<p>WHEREAS, the <b>College of Social Sciences and Development</b> of the Office of the Vice President for Academic Affairs offers academic programs in Cooperatives, Economics, History, Philippine Studies, Psychology, and Sociology and whose faculty regularly engages in research to improve instruction and student formation;</p>	
<p>WHEREAS, the PROJECT entitled "Young Adults and Religion in Global Perspective Project (Philippine Phase)" is particularly described in the Project Proposal attached hereto as Annex A", and the Proposed Line Item Budget attached hereto as Annex "A-1." The attached annexes are made integral parts of this agreement.</p>	
<p>WHEREAS, the Grantee recognizes the true worth of the Project as contributory to the understanding of contemporary Filipino youth society and has seen it fit, proper and convenient to adopt the same for its own purposes;</p>	
<p>WHEREAS, the PROJECT, as proposed by AAU and the GRANTEE, was approved and supported by way of financial assistance in the amount of _____ Euros.</p>	
<p>NOW THEREFORE, the parties hereto mutually agree to undertake, execute and implement the PROJECT as specified herein in close collaboration and coordination with each other subject to the following terms and conditions:</p>	

AAU and the GRANTEE are used on the above-referenced signage, logos of each party will be of equal size.	
Both parties shall endeavor to settle any misunderstanding that may arise in the implementation of the project. Disputes must first be brought to arbitration before bringing the matter to any court of law. Any question on interpretation and/or construction of the provisions of this Understanding must be resolved in a way that will best attain the objective of the project.	
IN WITNESS WHEREOF, the parties hereto caused this Understanding to be duly executed on the date and place above-mentioned:	
POLYTECHNIC UNIVERSITY OF THE PHILIPPINES	ÅBO AKADEMI UNIVERSITY
By:  DR. EMANUEL C. DE GUZMAN Vice President for Academic Affairs	By:  PROF. PETER NYNÄS Dean, Faculty of Arts and Sciences
 DR. ANNA RUBY P. GAPASIN Vice President for Research, Extension, Planning and Development	
Witnesses:	
Prof. Raul Roland R. Sebastian, DPA Dean, College of Social Sciences and Development PUP Manila 	NAME AAU



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

#### 3.1.2. Undertakings between Abo Akademi University and the Bachelor of Science in Psychology Program

The AAU Dean of the Faculty of Science Dr. Peter Nynas conducted a workshop on Understanding and Using Q-Methodology: Logic and Practice as part of the agreed activities of the academic exchange and collaboration to advance teaching and research in their respective institutions. It was attended by the PUP CSSD Chairpersons, faculty members, and students.



#### 3.1.3. Future Plans

PUP and AAU encourage and shall continue with its agreement of academic exchange and collaboration in the areas of teaching and research, among which are



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

online lectures, collaboration in research projects, conduct of webinars, conferences, talk shows, and other related activities, exchange of academic materials, publications, and data and information.

#### 3.2. United People Global

United People Global (UPG) is a community that encourages and enables people to participate in making the world a better place. This is achieved in various ways and especially by contributing to the Sustainable Development Goals (SDGs). UPG works to raise awareness, strengthen belief, facilitate collaboration, and foster community. UPG uses publications, projects and events to achieve its mission. UPG's mission is to encourage and to enable people from all walks of life to contribute to making the world a better place. UPG's activities support the Sustainable Development Goals of the United Nations.<sup>10</sup>



<sup>10</sup> <https://unitedpeople.global/about-us/>



## Polytechnic University of the Philippines

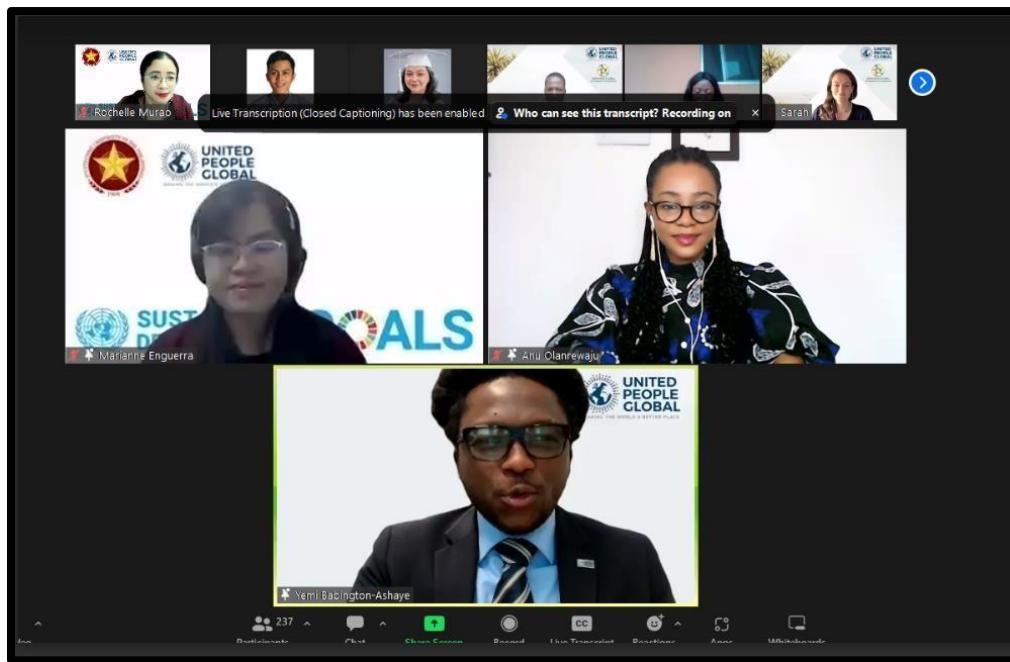
College of Social Sciences and Development

Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

#### 3.2.1. Memorandum of Understanding/Memorandum of Agreement

Through a Virtual Ceremonial Signing, PUP President, Dr. Manuel M. Muhi and UPG President, Yemi Babington-Ashaye signed the Memorandum of Understanding between the two institutions on June 1, 2022.





## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

**UNITED PEOPLE GLOBAL**

**MEMORANDUM OF UNDERSTANDING**

**Parties:**

**Between:** Fondation United People Global hitherto known as UPG having its registered offices at Chemin de Balexert 9, 1219 Geneva, Switzerland.

**And:** Polytechnic University of the Philippines having its registered offices at A. Mabini Campus, Sta. Mesa, Manila, Philippines.

**Background:**

A. United People Global (UPG) is a community that encourages and enables people to participate in making the world a better place. This is achieved in various ways and especially by contributing to the Sustainable Development Goals (SDGs). UPG works to raise awareness, strengthen belief, facilitate collaboration, and foster community. UPG is registered as United People Global Foundation, an independent not-for-profit organization based in Geneva, Switzerland. UPG is not a political or religious organization.

B. The Polytechnic University of the Philippines (PUP) is a state educational institution, with its goal for internationalization, the objectives of which is to establish linkages with foreign organizations and institutions in order to expose with the best practices and trends in areas of curriculum and instruction, research and extension.

C. The parties are entering into this memorandum of understanding (MOU) to explore the possibilities of establishing a collaboration to run and co-host a joint virtual conference. The purpose for which is to make significant contribution to the international and intercultural education of people and to mobilize individuals and organizations to support positive citizen leadership on sustainability in line with #UPGSustainability Leadership. This movement encourages and enables citizens at all levels to take positive action. Through this joint conference, UPG and PUP aim to engage a broader public in the Philippines and beyond, in particular PUP's national and international students, alumni and staff, as well as the UPG Community, to raise awareness about sustainability and the United Nations Sustainable Development Goals (SDGs) and to take action towards a more sustainable world. The parties acknowledge that such understanding will bring - not only the members of their respective organizations, but also - the students and the people that they serve closer together in their pursuit of educational ideals.

**1. Responsibilities**

1.1. UPG shall be responsible for

- Identifying and nominating a person to jointly co-host the virtual conference with a representative from the PUP.
- Providing relevant speakers from the UPG Community and staff to address sustainability-related issues in the form of presentations, workshops, etc.
- Co-creating supporting communication material (flyers, speaker bios, etc.).

MOU

Page 1 of 5

Initials \_\_\_\_\_

The MOU with UPG was signed on June 1, 2022. The said agreement focuses on exploring the possibilities of establishing collaboration to run and co-host a joint virtual conference, the purpose for which is to make significant contribution to the international and intercultural education of people and to mobilize individuals and organizations to support positive citizen leadership on sustainability in line with #UPGSustainability Leadership.



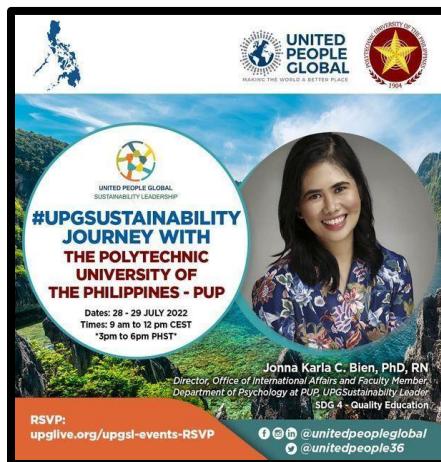
## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

#### 3.2.2. Undertakings between United People Global and the Bachelor of Science in Psychology Program

The UPG and PUP conducted a webinar about Sustainable Development Goals. The Department of Psychology Faculty Members as the invited speaker discussed SDGs number 3, 4 and 5 as part of the agreed activities on the academic exchange and collaboration to advance teaching and research in their respective institutions. Said webinar was attended by the PUP Faculty members and Students.





## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

Likewise, a Sustainability Leadership Training organized by the UPG was attended by a faculty member from the Department of Psychology. This was held last June 23 to July 1, 2023, at the Hurricane Island Center for Science and Leadership, Maine, United States of America.



#### 3.2.3. Future Plans

As part of the agreement between the institutions, the exchange of resource persons – faculty or students, and learning materials will be carried out throughout the partnership.

### 3.3. Chandigarh University

Chandigarh University (CU) offers a unique and inspirational academic model designed to match international standards. A wide spectrum of programs is paired with flexibility, experiential learning and interdisciplinary orientation. CU is involved in world-class research, with outstanding results in the contemporary research excellence framework. CU also provides a global perspective to facilitate the students with international learning opportunities, through partnerships with 443 top-ranked universities worldwide. Their students come from all 28 Indian states, 8 Union Territories and 40 Nations with more than 65% of them coming from other states and Countries. Chandigarh University is a not-for-profit university that is underpinned by ethical, professional and



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

transparent e-governance, involving the students and staff in the creation of a healthy, vibrant and sustainable society.<sup>11</sup>

#### 3.3.1. Memorandum of Understanding/Memorandum of Agreement

<p><b>MEMORANDUM of UNDERSTANDING</b></p> <p>BETWEEN</p> <p> THE POLYTECHNIC UNIVERSITY OF THE PHILIPPINES</p> <p>AND</p> <p> CHANDIGARH UNIVERSITY Discover. Learn. Empower.</p> <p>CHANDIGARH UNIVERSITY, INDIA</p> <p>2021</p>	<p>IN WITNESS WHERE OF, the parties have set their signatures hereunder on the date and place first above-written.</p> <p>POLYTECHNIC UNIVERSITY OF THE PHILIPPINES CHANDIGARH UNIVERSITY, INDIA</p> <p>By:</p> <p> DR. MANUEL M. MUHI President</p> <p>By:</p> <p> PROF. (DR.) R. S. BAWA Pro-Chancellor</p> <p>SIGNED IN THE PRESENCE OF:</p> <p> PROF. ALBERTO C. GUILLO Executive Vice-President</p> <p> PROF. (DR.) B. S. SOHI Pro Vice Chancellor</p> <p> JONNA KARLA C. BIEN Director, Office of International Affairs</p> <p> PROF. (DR.) RAJAN SHARMA Director International Relations</p>
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The Memorandum of Agreement with CU was signed on May 31, 2018. The said agreement was made to cooperate on the academic exchange program for faculty training and extension program.

The Memorandum of Agreement was then signed by PUP officials and CU officials. PUP and CU encourage academic exchange and collaboration to advance teaching and research in their respective institutions. Both universities have mutually agreed to have a faculty exchange for training and extension program.

<sup>11</sup> <https://www.cuchd.in/about/>



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA



**AGREEMENT ON FACULTY EXCHANGES FOR TRAINING & EXTENSION  
PROGRAM BETWEEN POLYTECHNIC UNIVERSITY OF THE PHILIPPINES, THE  
PHILIPPINES AND CHANDIGARH UNIVERSITY, INDIA.**

Based on the Memorandum of Understanding on Academic Exchanges between Polytechnic University of the Philippines, the Philippines and Chandigarh University, India, both universities agree to cooperate on an academic exchange program for faculty training and extension program according to the following guidelines:

1. The length of stay for faculty trainor/s by each university will be for a maximum of two weeks.
2. The number of faculty accepted by each university under this agreement in any one year will be limited to a maximum of 2 faculty members.
3. The home university will select and recommend faculty with skills and excellence in the field of communication and journalism studies. The host university will accept their preferred faculty trainors based on their standards and needs.
4. Faculty trainor/s from partner university will be training faculty members of host university. Participants in the training for extension program will be subject to the rules and regulations of the host university.
5. Selected faculty trainor/s will be asked to submit training module and extension proposal. The selection of topic and corresponding module will be at the discretion of the host university.
6. The host university will be responsible for the evaluation of faculty trainor/s and issuance of certificate.
7. The host university shall provide accommodation and hospitality to faculty trainor/s.
8. Provision of honorarium will be based on the host university's resources.
9. Travel expenses will be shouldered by home university subject to availability of funds.
10. Responsibilities of each university under this agreement are limited to faculty trainor/s only. These responsibilities will not apply to students.
11. This agreement is effective from the date signed and remains effective until the expiration of the memorandum of understanding.
12. This agreement may be amended or terminated by mutual consent, if proposed by either party. For the amendment or termination, either party should give six months' notice in writing to the other party.
13. This agreement shall be officially executed in English.

  
Emanuel C. De Guzman  
President  
Polytechnic University of the Philippines

  
Prof. (Dr.) Rajinder Singh Bawa  
Vice Chancellor  
Chandigarh University, India

### 3.3.2. Undertakings between Chandigarh University and the Bachelor of Science in Psychology Program

Chandigarh University invited Prof. Jonna Karla C. Bien and Prof. Felicitas Trinidad from the College of Social Sciences and Development, Department of Psychology to be part of the International Faculty Development Program held in Chandigarh University, India last July 4-8, 2022.



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA





## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

Apart from the Faculty Exchange Program, PUP Department of Psychology has co-organized a Research Conference with Chandigarh University's Psychology Department.

The International Conference on Behavioural Sciences for Sustainable Development of Society (ICBSSDS) will be organized in blended mode by the Department of Psychology, University Institute of Liberal Arts & Humanities, Chandigarh University on 23 - 24 June 2023. The conference is aligned with Sustainable Development Goals (SDGs) given by UNESCO that were adopted by most countries; namely SDG 3 (Good Health and Well-Being), by deliberating upon the psychological perspective of group behavior, social cognition and other psychological dimensions to create a model of sustainable growth for the world. Good health and well-being are essential for sustainable development as the current statistics predict increased prevalence of anxiety and depression among all ages of people due to the pandemic.

The conferences prominently featured aspects of human behavior specifically advocating the magnitude and significance of an integrated notion of well-being. The evolutionary perspectives of behavior converse with comprehensive perception of total health, and its role in enhancing human potential. Applied psychology fields like positive psychology, rehabilitation psychology, mental health, and health psychology, all conceptualize the importance of holistic well-being.

The conference's objective is to identify research suggesting new techniques, processes and methods of psychological assessment, diagnosis and intervention to ensure well-being of everyone. The focus is to experience enhanced understanding and appreciation for the science of Psychology and its positive applications in society. The conference intends to draw attention to the tenets of Psychology as applied in Industry, Social Environment, Clinical Setting, Rehabilitation, Design and Technology etc.

The conference intends to provide an intellectual platform for all the concerned global leaders, policy-makers, academic researchers, and doctoral scholars to deliberate upon their measurable inputs for sustainable development with reference to behavioural sciences.

Faculty members from the Department of Psychology served as an International Advisory Committee and Session Chairs in the said event.



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA



#### NATIONAL/INTERNATIONAL ADVISORY COMMITTEE:

##### Dr Debbie Joff Ellis

Psychologist (Australia), Mental health counselor (New York),  
Adjunct Professor at Columbia University TC

##### Dr Mamman Joseph C

Associate Professor (Applied Psychology), Dept of Applied Psychology  
School Behavioural Sciences, Central University of Tamil Nadu, Thiruvarur, Tamil Nadu, India

##### Prof (Dr) SPK Jana

Professor, Department of Psychology,  
University of Delhi, South Campus, Benito Juarez Marg, New Delhi, India

##### Dr Akhilesh Sharma

Associate Professor, Department of Psychiatry, PGIMER. Chandigarh, India

##### Prof (Dr) P. Malhi

Child Psychologists and Professor, Dept of Advance Paediatric, PGIMER,  
Chandigarh, India

##### Dr Parvinder Singh

PhD (Counseling Psychology), Assistant Professor, IIT, Ropar, Punjab, India

##### Ms Jonna Karla C. Bien

Director, Office of International Affairs, Assistant Professor, Department  
of Psychology, Polytechnic University of the Philippines, Philippines



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA



DAY: 1		SESSION: 1	Time: 2:30PM-3:30PM (IST)
THEME: MENTAL HEALTH & PSYCHOLOGICAL WELL-BEING (SDG – GOAL 3)			
VENUE: VIRTUAL			
SESSION CHAIRS (Online)		Prof. (Dr.) Priscilla B. Marzan Chairperson & Professor Department of Psychology Polytechnic University of the Philippines, Philippines	
FACULTY COORDINATOR		Dr. Parvinder Singh Assistant Professor IIT, Ropar Punjab, India  Dr. Shahnazwar Mushtaq, Assistant Professor, Chandigarh University Mr. Saurabh Sinha, Assistant Professor, Chandigarh University	Dr. Jonna Karla C. Bien, Director, Office of International Affairs, Assistant Professor Department of Psychology Polytechnic University of the Philippines, Philippines
PRESENTER NAME	TITLE OF PAPER		MODE
Mr. Varun Kumar	Emotional Intelligence as Predictor of Psychological Well-being among Adolescents		Video call link: <a href="https://meet.google.com/6jwz-afu">https://meet.google.com/6jwz-afu</a> Meeting ID: 862 625 1024
Mrs. Gurmeet Kaur	Impact of Digital Engagement on the Mental Health among teens		Video call link: <a href="https://meet.google.com/2kqo-ewsl">https://meet.google.com/2kqo-ewsl</a> Meeting ID: 862 625 1024
Ms. Ziya Farooq* & Dr Kamaljeet Sandhu	Comparative Analysis of Suicidal Ideation and Aggression of Convicts and Inhabitants of Prisons of Agra city		Video call link: <a href="https://meet.google.com/6jwz-afu">https://meet.google.com/6jwz-afu</a> Meeting ID: 862 625 1024
Vibhuti Mehta* & Dr Tanushree Sharma	Street Children & Holistic Well Being Interventions: Towards Achieving Sustainable Development Goal 3 – A Systematic Literature Review		Video call link: <a href="https://meet.google.com/2kqo-ewsl">https://meet.google.com/2kqo-ewsl</a> Meeting ID: 862 625 1024
Ms. Jyoti* & Dr Guneet Kaur Cheema	Construction of a validated and reliable achievement test of mathematics for better mental health		Video call link: <a href="https://meet.google.com/6jwz-afu">https://meet.google.com/6jwz-afu</a> Meeting ID: 862 625 1024

#### 3.3.3. Future Plans

Under the Agreement, the parties will continue collaborations on the areas of academic exchange for faculty training and extension.

#### 3.4. Universitas Muhammadiyah Magelang

Universitas Muhammadiyah Magelang (UNIMMA) is a private university located in the Magelang region of Central Java province. It was established on August 31, 1964, and is a higher education institution under the aegis of Muhammadiyah. The University of Muhammadiyah Magelang takes part in developing and disseminating science and art to advance the welfare of the people and participate in the intellectualizing of the people and participate in the nation's intellectual life. As an institution that carries the religious mission of the Muhammadiyah University of Magelang, it tries to prepare students to become scholars and experts with religious insight into the nationality of the superiority of unity and togetherness to overcome every dynamic that occurs in society.<sup>12</sup>

UNIMMA offers courses and programs leading to officially recognized higher education degrees such as bachelor's degrees and master's degrees in several areas of study. International applicants are eligible to apply for enrollment. It also provides several

<sup>12</sup> <https://educativ.net/universities/indonesia/universitas-muhammadiyah-magelang/>



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

academic and non-academic facilities and services to students including, study abroad and exchange programs.<sup>13</sup>

#### 3.4.1. Memorandum of Understanding/Memorandum of Agreement

<p style="text-align: center;"><b>MEMORANDUM of UNDERSTANDING</b></p> <p style="text-align: center;">BETWEEN</p>  <p style="text-align: center;">THE POLYTECHNIC UNIVERSITY OF THE PHILIPPINES</p> <p style="text-align: center;">AND</p>  <p style="text-align: center;">UNIVERSITAS MUHAMMADIYAH MAGELANG INDONESIA</p>	<p style="text-align: center;"><b>MEMORANDUM OF UNDERSTANDING</b></p> <p>KNOW ALL MEN BY THESE PRESENTS:</p> <p>This agreement entered into the 26th day of October, 2018 in the Republic of the Philippines, by and between:</p> <p>The POLYTECHNIC UNIVERSITY OF THE PHILIPPINES, a state institution of higher learning established on October 1904, with principal office at A. Mabini Campus, Sta. Mesa, Manila, Philippines, represented herein by its President, DR. EMANUEL C. DE GUZMAN, herein referred as "PUP";</p> <p>The UNIVERSITAS MUHAMMADIYAH MAGELANG, Islamic Private University under Muhammadiyah Organization established in August 31st, 1964, with principal office at Jl. Mayjend. Bambang Soepong KM 5 Meroyudan, Magelang, Central Java, Indonesia, represented herein by its Rector, IR. EKO MUH WIDODO, MT, herein referred to as "UMMagelang";</p> <p>WITNESSETH THAT:</p> <p>WHEREAS, in the interest of educational cooperation and in the spirit of making significant contribution to the international and intercultural education of people, the PUP and the UMMagelang have agreed, as they hereby agree, to form and develop a cultural and educational collaborative understanding;</p> <p>WHEREAS, the parties acknowledge that such understanding will bring not only the faculty members of their respective institutions, but also the students and the people they serve closer together in their pursuit of educational ideals;</p> <p>WHEREFORE, in consideration of the above premises, the parties hereby agree as follows:</p> <ol style="list-style-type: none"><li>1. The PUP and UMMagelang shall assist one another to carry forward joint research collaboration on mutually-agreed upon areas of study;</li><li>2. The PUP and UMMagelang shall enter into an agreement creating a program of exchange of their respective faculty members and students for instructional research and cultural purposes. The agreement covers all disciplines offered by the respective institutions;</li><li>3. The PUP and UMMagelang shall explore the potential of co-sponsoring international conferences and academic exchanges in areas of joint interests, the arrangements of which shall be subjected to terms and conditions as may be mutually agreed upon by the parties;</li><li>4. The PUP and UMMagelang shall exchange educational materials, research publications and instructional information beneficial to both parties;</li><li>5. The PUP and UMMagelang shall explore the possibility of offering dual or joint-degree programs subject to terms and conditions as may be mutually agreed by the parties.</li></ol> <p>The terms and conditions specified in this mutual cooperation shall be discussed and agreed upon in writing by the appropriate responsible officers of both parties prior to the initiation of any particular program or activity.</p>
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The Memorandum of Understanding was signed on February 2018 and the Memorandum of Agreement was signed on February 23, 2022. Both documents focus on academic exchange and collaboration in order to advance teaching and research in their respective institutions.

The Memorandum of Agreement through MOA Virtual Ceremonial Signing was then signed by the PUP officials and UNIMMA Officials. It was attended by the Dean of the Graduate School, Dr. Elmer De Jose. MAP Chair Dr. John Mark Distor, The Office of International Affairs Officials and Graduate School Master of Arts and BSPP faculty and staff.

PUP and UNIMMA encourage academic exchange and collaboration to advance teaching and research in their respective institutions. Both universities have mutually agreed to have an exchange of online lectures, collaboration in research projects, conduct

<sup>13</sup> Id.

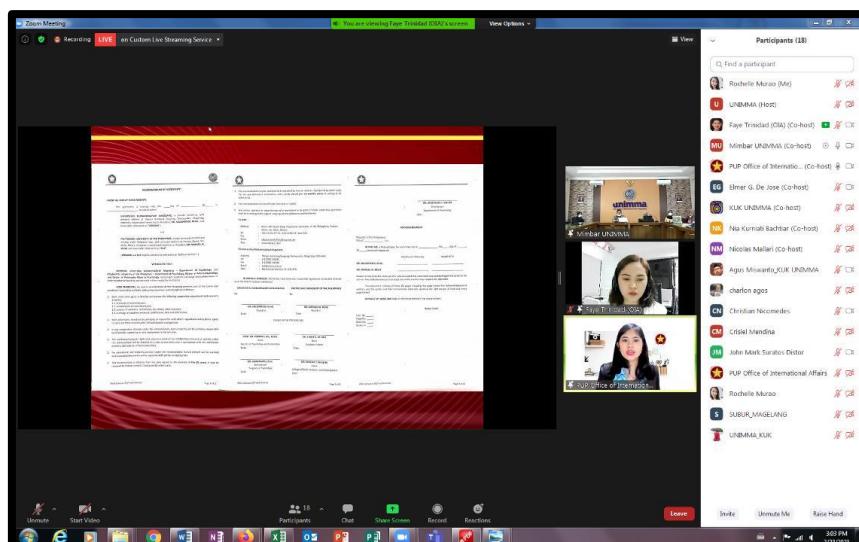
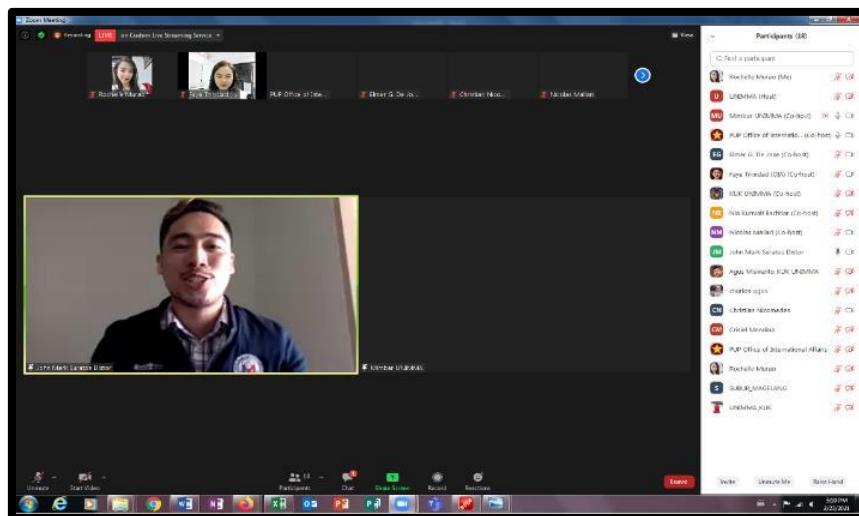
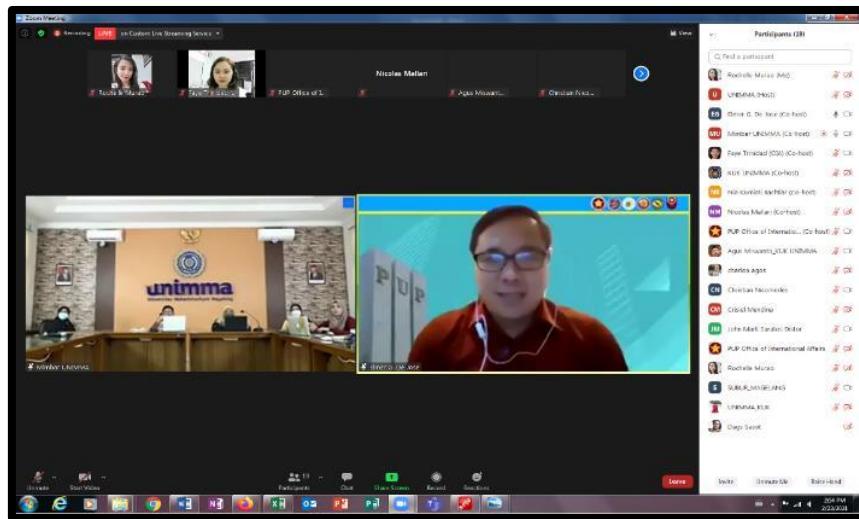


## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

of webinars, conferences, talk shows, and other related activities, exchange of academic materials, publications, data and information.

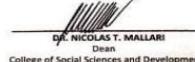




## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

<p style="text-align: center;"><b>MEMORANDUM OF AGREEMENT</b></p> <p><b>KNOW ALL MEN BY THESE PRESENTS:</b></p> <p>This agreement is entered into this _____ day of _____, 20_____, in</p> <p>UNIVERSITAS MUHAMMADIYAH MAGELANG, a private university with principal address at Mayjen Bambang Soegeng Mertoyudan, Magelang, Indonesia, represented herein by its President, DR. SUISWYADI, M.AG., and hereinafter referred to as "UNIMMA";</p> <p>and</p> <p>POLYTECHNIC UNIVERSITY OF THE PHILIPPINES, a state university created and existing under Philippine laws, with principal address at Anonas Street, Sta. Mesa, Manila, Philippines, represented herein by its President, DR. MANUEL M. MUHI, and hereinafter referred to as "PUP".</p> <p>(UNIMMA and PUP shall be collectively referred to as "both universities".)</p> <p><b>WITNESSETH THAT:</b></p> <p>WHEREAS, Universitas Muhammadiyah Magelang - Department of Psychology and Polytechnic University of the Philippines - Department of Psychology, Master of Arts in Psychology and Doctor of Philosophy Major in Psychology, encourage academic exchange and collaboration in order to advance teaching and research in their respective institution.</p> <p><b>NOW THEREFORE</b>, for and in consideration of the foregoing premises and of the terms and conditions hereinafter set forth, both universities have mutually agreed as follows:</p> <ol style="list-style-type: none"><li>1. Both universities agree to develop and pursue the following cooperative educational and research activities:<ol style="list-style-type: none"><li>1.1 exchange of online lectures</li><li>1.2 collaboration in research projects</li><li>1.3 conduct of webinars, conferences, talk shows, other activities;</li><li>1.4 exchange of academic materials, publications, data and information</li></ol></li><li>2. Both universities, based on the principles of respect for each other's regulations and systems, agree to carry out these activities after full consultation and approval.</li><li>3. In any cooperative activities under this memorandum, each university will be primarily responsible for financially supporting its own involvement in the activities.</li><li>4. The intellectual property rights that arise as a result of any collaborative research or activity under the memorandum will be detailed on a case-to-case basis and in consonance with the intellectual property rights policies of both universities.</li><li>5. For educational and research activities under this memorandum, mutual consent will be reached and associated documents will be signed by both parties as appropriate.</li><li>6. This memorandum is effective from the date signed for the duration of five (5) years. It may be renewed by mutual consent, if proposed by either party.</li></ol> <p>MOA between PUP and Unimma</p> <p style="text-align: right;">Page 1 of 3</p>	<p>7. This memorandum may be amended or terminated by mutual consent, if proposed by either party. For the amendment or termination, either party should give six months notice in writing to the other party.</p> <p>8. This memorandum shall be officially executed in English.</p> <p>9. Any notice, approval or request required or permitted to be given or made under this Agreement shall be in writing and in English Language to the addresses specified below.</p> <p>To PUP:</p> <table border="0"><tr><td>Address :</td><td>Room South 304 Office of International Affairs – Polytechnic University of the Philippines</td></tr><tr><td>Tel :</td><td>+63 53351787 or 53351777 local 622</td></tr><tr><td>Fax :</td><td>+63 53351326945</td></tr><tr><td>Email :</td><td>internationalaffairs@pup.edu.ph</td></tr><tr><td>Attn :</td><td>Jonna Karla C. Blem</td></tr></table> <p>To Universitas Muhammadiyah Magelang:</p> <table border="0"><tr><td>Address :</td><td>Mayjen Bambang Soegeng, Mertoyudan, Magelang, Indonesia</td></tr><tr><td>Tel :</td><td>+62293 326945</td></tr><tr><td>Fax :</td><td>+62293 326945</td></tr><tr><td>Email :</td><td>kuk@unimma.ac.id</td></tr><tr><td>Attn :</td><td>Nia Kurniati Bachtiar, SE, S.Si, MSc</td></tr></table> <p>IN WITNESS WHEREOF, the Parties have hereunto caused this Agreement to be duly executed as at the date first above mentioned.</p> <p>UNIVERSITAS MUHAMMADIYAH MAGELANG POLYTECHNIC UNIVERSITY OF THE PHILIPPINES</p> <p>By:  DR. SUISWYADI, M.AG. President</p> <p>By:  DR. MANUEL M. MUHI President</p> <p>SIGNED IN THE PRESENCE OF:</p> <p>PROF. DR. PURWATI, MS., KONS. Dean Faculty of Psychology and Humanities Date: </p> <p>DR. HERMAN D. JU, M.SI. Chairperson Program of Psychology Date: </p> <p>DR. NICOLAS T. MALLARI Dean College of Social Sciences and Development Date: </p> <p>MOA between PUP and Unimma</p> <p style="text-align: right;">Page 2 of 3</p>	Address :	Room South 304 Office of International Affairs – Polytechnic University of the Philippines	Tel :	+63 53351787 or 53351777 local 622	Fax :	+63 53351326945	Email :	internationalaffairs@pup.edu.ph	Attn :	Jonna Karla C. Blem	Address :	Mayjen Bambang Soegeng, Mertoyudan, Magelang, Indonesia	Tel :	+62293 326945	Fax :	+62293 326945	Email :	kuk@unimma.ac.id	Attn :	Nia Kurniati Bachtiar, SE, S.Si, MSc
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Attn :	Nia Kurniati Bachtiar, SE, S.Si, MSc																				

It was during the coordination meeting where both parties agreed as to what program they can both offer for the benefits of each institution in reference to the above Memorandum of Agreement. An International Webinar Series was finally decided upon with a main theme "Mental Health during COVID-19 in the Industry and Academe: Issues, Impact, Coping strategies, and Best Practices". The task to be carried out by both institutions was discussed and other matters relevant to the actual conduct of activity.



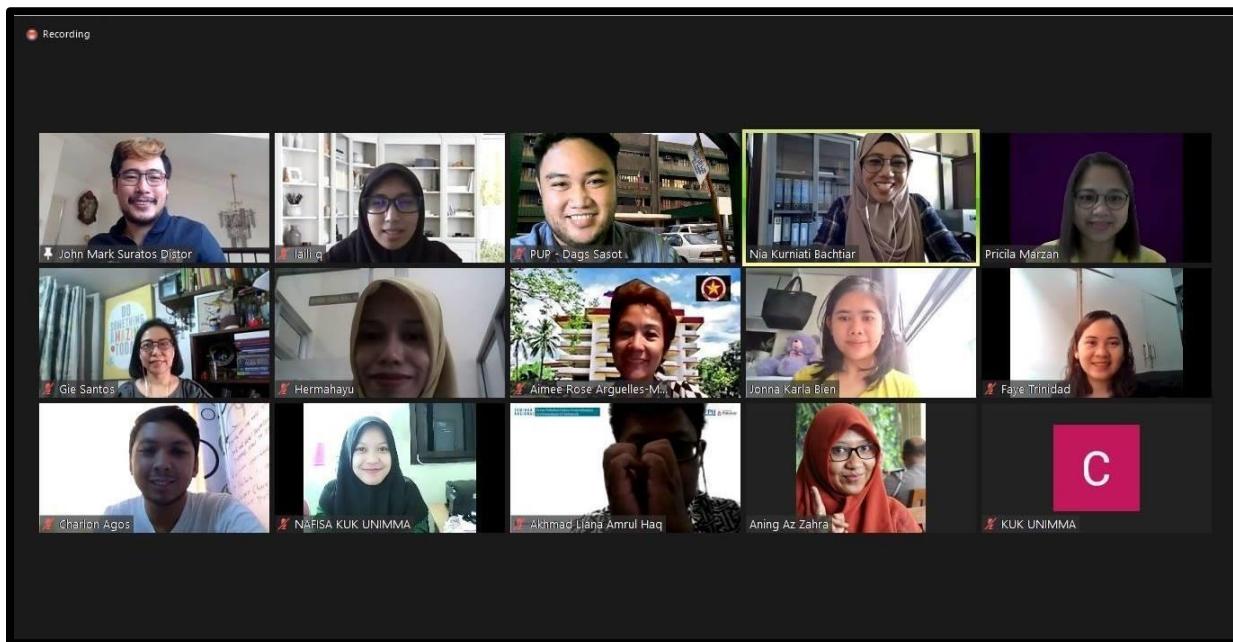


## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA



#### 3.4.2. Undertakings between Universitas Muhammadiyah Magelang and the Bachelor of Science in Psychology Program

Mental health is identified as one of the health priorities under the ASEAN Post 2015 Health Development Agenda; with the thrust to promote a caring, sustainable, healthy, and productive educational institutions and communities that practices resilient to health threats and has access to universal mental health care. Thus, the Polytechnic University of the Philippines - Department of Psychology, Graduate School Master of Arts in Psychology Program and Office of International Affairs in partnership with Universitas Muhammadiyah Magelang - Department of Psychology and International Relations Office organized an International Webinar Series on "*Mental Health during COVID-19 in the Industry and Academe: Issues, Impact, Coping strategies, and Best Practices*".

The partnership further aims to share the different best practices, contexts, and issues, to provide space in improving mental health care, mutual support and accountability across the Philippines and Indonesia. With this initial project, both Universities aim for greater dedication towards mental health care, increasing awareness of the need to improve mental health care in general across their respective countries. The said webinar series held a monthly webinar, kick-off started on July, and was concluded in October 2021. Experts from the Psychology Department of both Universities served as speakers for the said project.



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

First out of its five topics discuss about the Mental Health Policy from the Philippines and of course from our partner institution Indonesia. The speakers were Dr. Pricila Marzan from PUP and Prof. Rayinda Faizah from UNIMMA.

**DAY 1**      **OVERVIEW OF MENTAL HEALTH POLICY  
OF MENTAL HEALTH BETWEEN COUNTRIES  
(GENERAL PARTICIPANTS)**

WILL BE HELD ON **JUNE 11, 2021** (9AM PHILIPPINE TIME/8AM INDONESIA)



**Dr. Pricila Marzan**  
Speaker from PUP



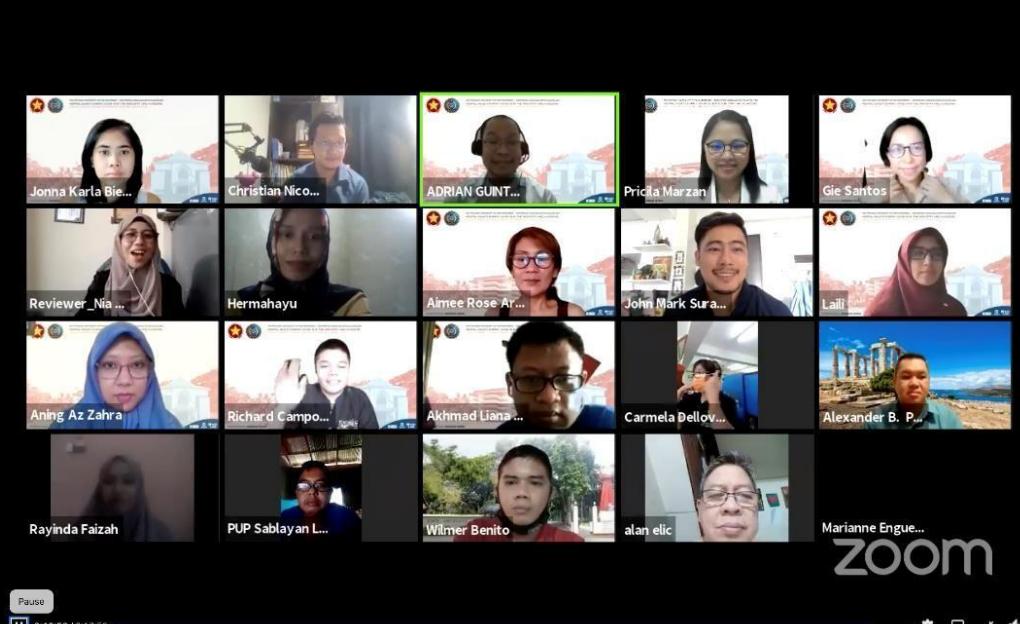
**Rayinda Faizah**  
Speaker from UNIMMA



**MENTAL HEALTH DURING COVID-19 IN THE INDUSTRY AND ACADEME:  
ISSUES, IMPACT, COPING STRATEGIES, AND BEST PRACTICES**

**INTERNATIONAL WEBINAR SERIES**

**LIVE**   **ZOOM**   **YouTube LIVE**



The Zoom interface shows a grid of 25 participant video feeds. The participants are identified by their names and some are also labeled as "Reviewer". The names visible include: Jonna Karla Bie..., Christian Nico..., ADRIAN GUINT..., Pricia Marzan, Gie Santos, Reviewer\_Nia ..., Hermahayu, Aimee Rose Ar..., John Mark Sura..., Lailit, Aning Az Zahra, Richard Campo..., Akhmad Liana..., Carmela Dellov..., Alexander B. P..., Rayinda Faizah, PUP Sablayan L..., Wilmer Benito, alan elic, and Marianne Engue... . The Zoom logo is at the bottom right of the interface.



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

Second out of its five topics discuss about the Mental Health Issues, Impact and Coping Strategies of Student Amidst the Pandemic from the Philippines and Indonesia. The following speakers were Dr. Geraldine Santos and Dr. Aimee Rose Manda from PUP and Prof Akhmad Liana Amrul Haq of UNIMMA.

**DAY 2 WORK PLACE ISSUES, IMPACT, COPING STRATEGIES, AND BEST PRACTICES (ACADEME SETTING, TARGET PARTICIPANTS: STUDENTS)**

• WILL BE HELD ON JULY 16, 2021 (9AM PHILIPPINE TIME/8AM INDONESIA)

Prof. Geraldine Santos & Prof. Aimee Rose Manda  
Speakers from PUP

Akhmad Liana Amrul Haq  
Speaker from UNIMMA

MENTAL HEALTH DURING COVID-19 IN THE INDUSTRY AND ACADEME: ISSUES, IMPACT, COPING STRATEGIES, AND BEST PRACTICES

f LIVE zoom YouTube • LIVE

INTERNATIONAL WEBINAR SERIES

**ISSUES, IMPACT & COPING STRATEGIES OF STUDENTS AMIDST THE PANDEMIC**

July 16, 2021  
9:00 am Philippines/8:00 am Indonesia

Fadillah Sand...

zoom



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

Third out of its five topic discuss about the Mental Health Issues, Impact and Coping Strategies Amidst the Pandemic from the Philippines and Indonesia this time for the faculty and in the field of Academe. The following speakers were Dr. Geraldine Santos and Dr. Aimee Rose Manda from PUP and Prof Aftina Nurul Husna of UNIMMA.

**DAY 3** **WORK PLACE ISSUES, IMPACT, COPING STRATEGIES, AND BEST PRACTICES**  
(ACADEME SETTING, TARGET PARTICIPANTS: FACULTY MEMBERS)

• WILL BE HELD ON AUGUST 13, 2021 (9AM PHILIPPINE TIME/8AM INDONESIA)

**Prof. Geraldine Santos & Prof. Aimee Rose Manda**  
Speakers from PUP

**Aftina Nurul Husna**  
Speaker from UNIMMA

**MENTAL HEALTH DURING COVID-19 IN THE INDUSTRY AND ACADEME:  
ISSUES, IMPACT, COPING STRATEGIES, AND BEST PRACTICES**

INTERNATIONAL WEBINAR SERIES

Faye Trinidad, Aimee Rose Ar..., Gie Santos, Hermahayu, Christian Nico...  
Raquel C. Abog., Pincky Mae O..., SIGMUND HEINR..., FER. BARONIA..., Fadillah Sandy  
Laili q, Annisa Rizky A..., Elenita Portez, Shaira Gyl Uma..., Richard M. Cam...  
Reylee Ariega, Rayinda Faizah..., Maydelle Joice ..., Aftina Nurul Hu..., Angelo Noel H...  
Ren Ugalino, Norielia Lopez, Jenny Llano, prissia ningatih, Arwin Nucum



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

Fourth out of its five topics discuss about the Mental Health Issues, Impact and Coping Strategies Amidst the Pandemic from the Philippines and Indonesia, this time is for the industry setting. The following speakers were Dr. John Mark S. Distor and Dr. Jonna Karla C. Bien from PUP and Prof Laili Qomariyah of UNIMMA.

**DAY 4** WORK PLACE ISSUES, IMPACT, COPING STRATEGIES, AND BEST PRACTICES  
(INDUSTRY SETTING, TARGET PARTICIPANTS: EMPLOYEES)

WILL BE HELD ON SEPTEMBER 10, 2021 (9AM PHILIPPINE TIME/8AM INDONESIA)

Dr. John Mark S. Distor & Dir. Jonna Karla C. Bien  
Speakers from PUP

Laili Qomariyah  
Speaker from UNIMMA

MENTAL HEALTH DURING COVID-19 IN THE INDUSTRY AND ACADEME:  
ISSUES, IMPACT, COPING STRATEGIES, AND BEST PRACTICES

**INTERNATIONAL WEBINAR SERIES**

**LIVE** **LIVE** **LIVE**

Faye Trinidad, Rayinda Faizah, Hermahayu, Fadilah Sandy, Laili Qomariyah  
John Mark Sura..., Liway Malksi, Noel Lopez, Wuhan Dewi Fat..., Amalia Yustitia  
alma viscar a, Gie Santos, Tito S. Roque - ..., SIGMUND HENRIL..., Angelo Noel H...  
Jonna Karla Bie..., Fika, Dr. Dags Sasot

**zoom**



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

Fifth out of its five topics discuss the promotion of mental health in the workplace and academe. The following speakers were Dr. Christoper F. Sasot from PUP and Prof Aning Az Zahra of UNIMMA.

**DAY 5** PROMOTION OF MENTAL HEALTH IN THE WORKPLACE AND ACADEME

WILL BE HELD ON OCTOBER 22, 2021 (9AM PHILIPPINE TIME/8AM INDONESIA)

**INTERNATIONAL WEBINAR SERIES**

**Dr. Christoper F. Sasot**  
Speaker from PUP

**Aning Az Zahra**  
Speaker from UNIMMA

MENTAL HEALTH DURING COVID-19 IN THE INDUSTRY AND ACADEME:  
ISSUES, IMPACT, COPING STRATEGIES, AND BEST PRACTICES

**LIVE** **LIVE** **LIVE**

The partnership also aims to have a collaborative effort in conducting research work. With this initial research project, both Universities will contribute to the greater dedication towards mental health care, increase awareness of the athlete in general across their respective countries. The said webinar series will be conducted this year 2022. Experts in the field of Psychology from both Universities will serve as a researcher for the said project.

#### 3.4.3. Future Plans

Under the Agreement, the parties have mutually promised a continuous collaboration on the areas teaching and research, more particularly online lectures, collaboration in research projects, conduct of webinars, conferences, talk shows, and other related activities, exchange of academic materials, publications, data and information.



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

#### 3.5. Universiti Tunku Abdul Raman, Malaysia

The Establishment of UTAR began with the story of Kolej Tunku Abdul Rahman (KTAR). In 1964 the Malaysian Chinese Association (MCA) mooted the idea of setting up a college which was subsequently named after the first Prime Minister of Malaysia. The establishment of KTAR subsequently provided the impetus and inspiration to establish a new private university. On 5 July 2001, in accordance with the Private Higher Educational Institutions Act 1996, the then Minister of Education Tan Sri Musa Mohamad invited the MCA to establish Universiti Tunku Abdul Rahman (UTAR).

On 10 June 2002, UTAR welcomed its first intake of 411 students to its former Petaling Jaya Campus. On 13 August 2002, Tun Dr Mahathir bin Mohamad, then Prime Minister of Malaysia, officially launched UTAR. The University was then officially established and until today, it is still under the UTAR Education Foundation, a not-for-profit organisation.

UTAR now offers over 131 programmes in fields including Accounting, Business and Economics, Actuarial Science, Mathematics and Process Management, Agriculture and Food Science, Arts, Social Sciences and Education, Creative Industries and Design, Engineering and Built Environment, Information and Communication Technology, Life and Physical Sciences, and Medicine and Health Sciences to more than 21,000 students in its nine faculties, three institutes and three centres located in the main campus in Kampar and in Sungai Long.<sup>14</sup>

#### 3.5.1. Memorandum of Understanding/Memorandum of Agreement

The PUP and UTAR penned a Memorandum of Understanding on March 27, 2023, wherein both institutions agreed collaborate on educational cooperation and in the spirit of making significant contribution to the international and intercultural educational landscape of people, the particular areas being academic exchange and research collaboration.

<sup>14</sup> <https://utar.edu.my/History-of-UTAR.php>



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

**MEMORANDUM OF UNDERSTANDING**

**KNOW ALL MEN BY THESE PRESENTS:**

This agreement entered into the \_\_\_\_\_ day of \_\_\_\_\_ 2023 in the Philippines by and between:

The POLYTECHNIC UNIVERSITY OF THE PHILIPPINES, a state institution of higher learning established on October 1904, with principal office at A. Mabini Campus, Sta. Mesa, Manila, Philippines, represented herein by its President, DR. MANUEL M. MUHI, herein referred to as "PUP";

The UNIVERSITI TUNKU ABDUL RAHMAN, a private university registered under the Malaysian Private Higher Educational Institutions Act 1996, wholly owned by UTAR Education Foundation [Company No. 200201010564 (578227-M)], and having its address at Jalan Universiti, Bandar Barat, 31900 Kampar, Perak, Malaysia, represented herein by its President, IR. PROF. DATO' DR. EWE HONG TAT, herein referred to as "UTAR";

**WITNESSETH THAT:**

WHEREAS, in the interest of educational cooperation and in the spirit of making significant contribution to the international and intercultural educational landscape of people, the PUP and UTAR have agreed, as they hereby agree, to form and develop a cultural and educational collaborative understanding.

WHEREAS, the Parties acknowledge that such understanding will benefit educational institutions in various parts of the world as they serve closer together in their pursuit of educational and research ideals;

WHEREFORE, in consideration of the above premises, the Parties hereby agree as follows:

1. PUP and UTAR shall assist one another to carry forward joint research collaboration on mutually agreed areas of study;
2. PUP and UTAR shall enter into an agreement creating opportunities for research presentation, publication and other activities on agreed disciplines offered by the respective institutions;
3. PUP and UTAR shall explore the potential collaboration on international conferences and academic exchanges in areas of joint interests, the arrangements of which shall be subjected to terms and conditions as may be mutually agreed upon by the Parties;
4. PUP and UTAR shall assist one another in co-organizing international webinars, fora, and similar activities that are significant to the thrusts and goals of both Parties;
5. PUP and UTAR shall explore the possibility of forming a research network and colloquium welcoming other international partner/s for their projects and underlings. And,
6. PUP and UTAR shall explore the possibility of inviting lecturers from both institutions.

#### 3.5.2. Undertakings between Universiti Tunku Abdul Ramam and the Bachelor of Science in Psychology Program

The Centre of Applied Psychology, UTAR, in collaboration with the Faculty of Psychology, Chulalongkorn University, the Polytechnic University of the Philippines and Universitas Bhayangkara Jakarta Raya, Indonesia, co-organized a research colloquium with the topic "*Industrial & Organisational Psychology Research Trends in Southeast Asia*".

One of the faculty members of the BSPP – Dr. Christoper Sasot served as a presenter in the said event.



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

**RESEARCH COLLOQUIUM:  
INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY TRENDS IN  
SOUTHEAST ASIA**

ROUNDTABLE SESSION: OPEN TO RESEARCHERS FROM UTAR, CU, UBHARA, and PUP  
This session aims to share research areas and knowledge among the researchers from participating institutions to stimulate new research ideas and discover collaboration opportunities in I/O Psychology in the region. Participants may choose one subgroup to attend.

**June 24, 2023 (Sat)**  
**4:00 to 5:00 PM (MYT)**  
**Online via Zoom**  
**Open only to the 4 hosting institutions**  
Registration closes on June 22, 2023

**Subgroups:**

**Subgroup 1:** Positioning analysis as a discursive approach in analyzing employer and employee contexts in different industries  
**Discussant:** Dr. Christoper F. Sasot, Polytechnic University of the Philippines (PUP)

**Subgroup 2:** Workplace conflict and organisational citizenship behaviour at individual and group levels: The moderating role of supervisor's conflict handling  
**Discussant:** Assistant Professor Dr. Ooh Seow Ling, Universiti Tunku Abdul Rahman (UTAR)

**Subgroup 3:** Ethical Intention  
**Discussant:** Ms. Mira Sekar Arumi, Universitas Bhayangkara (Ubhara), Jakarta Barat

**Subgroup 4:** What makes me cry can't make me die: The role of growth mindset in protecting task performance against the adverse effects of negative performance feedback  
**Discussants:** Mr. Puttadon Balee and Asst. Prof. Dr. Thipnapa Huansuriya, Chulalongkorn University (CU)

For more information, please contact: Dr. Gan Su Wan ([swgan@utar.edu.my](mailto:swgan@utar.edu.my)) or Dr. Jennifer Chavanovich ([jennifer.c@chula.ac.th](mailto:jennifer.c@chula.ac.th))

**RESEARCH COLLOQUIUM:  
INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY TRENDS  
IN SOUTHEAST ASIA**

Join us in this upcoming event for presentations from researchers in Malaysia, Thailand, the Philippines, and Indonesia on current topics in industrial and organizational psychology. This event will provide a platform for academicians and students to share their research knowledge and advance the field in the region.

**June 24, 2023 (Sat)**  
**2:00 to 4:00 PM (MYT)**  
**Online via Zoom**  
**Free and open to the public**  
Registration is now open!

**Our Presenters:**

Dr. Jennifer Chavanovich  
Chulalongkorn University,  
Thailand  
Inequality, organizational norms, and everyday resistance among employees in Thailand

Asst. Prof. Dr. Ooh Seow Ling  
Universiti Tunku Abdul Rahman,  
Malaysia  
Task conflict and organisational citizenship behaviour at individual and group levels: The moderating role of supervisor's conflict handling

Assoc. Prof. Dr. Wustari L. Mangundjaya  
Universitas Bhayangkara Jakarta Raya, Indonesia  
Change leader across culture

Dr. Christoper F. Sasot  
Polytechnic University of the Philippines (PUP),  
the Philippines  
Locked but not free: Employees' positioning of one private university in the Philippines during Covid-19 pandemic

For more information, please contact: Dr. Gan Su Wan ([swgan@utar.edu.my](mailto:swgan@utar.edu.my)) or Dr. Jennifer Chavanovich ([jennifer.c@chula.ac.th](mailto:jennifer.c@chula.ac.th))

### 3.5.3. Future Plans

Based on the agreement between the institutions, besides research collaboration and academic exchange, faculty and student exchange programs are also possible areas of exploration for future collaboration.



## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

#### 3.6. INTI International University, Malaysia

Established in 1986, the word INTI is derived from the Sanskrit word meaning 'Essence'. It was chosen as the institution's name to symbolize the philosophy of INTI, which is to develop the innermost part of a person, and therefore to bring out the best in a person. From 1991 – 2001 INTI moved into its Subang Jaya campus and continued expanding. It established partnerships with University of Liverpool (UK), University of Hertfordshire (UK), Queensland University of Technology, (Australia), University of Otago (New Zealand), and more. Today, INTI boasts of almost 40 years of experience in providing quality education. Its Vision is to be the champion of change, reinventing education for the dynamic leaders of the future, and its Mission, to provide the most international, innovative and individualised education.<sup>15</sup>

#### 3.6.1. Memorandum of Understanding/Memorandum of Agreement

The PUP, in partnership with INTI International University agreed to promote and strengthen the mutual beneficial academic partnership, cooperation, collaboration in education in order to advance the teaching, learning, employability, and research. This mission was made to happen when both institutions signed the agreement on October 25, 2021.

<sup>15</sup> <https://newinti.edu.my/why-inti/>



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

**MEMORANDUM OF AGREEMENT (MOA)**

This MOA is entered into this 25th day of October, 2021 between:

**INTI UNIVERSAL HOLDINGS SDN BHD** [COMPANY NO: 199301011991 (266729-P)] a holding company representing the group of colleges and university, as indicated in Schedule 1 and having its registered address at Level 10, No. 3, Jalan SS15/8, 47500 Subang Jaya, Selangor, Malaysia and includes its successors and permitted assigns, hereinafter referred to as "INTI";

and

**POLYTECHNIC UNIVERSITY OF THE PHILIPPINES**, a state educational institution, with principal address at Anonas St., Sta Mesa, Manila hereinafter referred to as "PUP".

INTI and PUP shall be collectively referred to as "both institutions" and individually as the "Institution")

**WITNESSETH THAT:**

WHEREAS, INTI and PUP, encourages to promote and strengthen the mutual beneficial academic partnership, cooperation, collaboration in education in order to advance the teaching, learning, employability, and research in both institutions.

NOW THEREFORE, for and in consideration of the foregoing premises and of the terms and conditions hereinafter set forth, both institutions have mutually agreed as follows:

1. Both institutions agree to develop and pursue the following cooperative activities for academic partnership, cooperation, collaboration in education in order to advance the teaching, learning, employability, and research:
  - i. To collaborate on **Study Abroad Information Open Day**, where INTI will provide a virtual seminar and briefing to PUP students on the study abroad opportunities in Malaysia on courses, fees, visas, internship, accommodations and scholarship. Please refer to Appendix 1 for more details.
  - ii. To collaborate on **academic progression, placement and enrolment** for Pre-University Foundation, Diploma, Bachelor and Masteral, where INTI and PUP will cooperate to ensure that the students met the academic entry requirements of INTI's programme. INTI will provide a commission or bursary amount to PUP for each successful enrolment and payment of the student endorsed by the PUP placement office. Please refer to Appendix 2 for more details.
  - iii. To collaborate on **mobility student exchange programs** that will include, without limitation to, study tours, trial classes for school-leavers, summer camp, winter camp.

#### 3.6.2. Undertakings Between INTI International University, Malaysia and the Bachelor of Science in Psychology Program

Last November 1 - 8, 2022, Dr. Bien and Prof. Bragas were invited to participate in the Visiting Scholar Programme where they conducted lectures in classes or delivered a formal lecture to students/faculty members.



## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA





## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

#### 3.6.3. Future Plans

INTI International University and PUP shall continue its partnership, particularly in the areas of academic exchange, mobility student exchange programs, and research.

#### 3.7. “Isko at Iska: Thinking Out of the Box, Thinking Global!”

There is no required MOU and/or MOA for the Program “Isko at Iska: Thinking Out of the Box, Thinking Global!”, still it is an internationalization initiative of the PUP wherein the BSPP highly participated.

#### 3.7.1. Undertakings for “Isko at Iska: Thinking Out of the Box, Thinking Global!” wherein which the Bachelor of Science in Psychology Program Participated

The lecture series “The Truth Behind the Mind: A Lecture Series in Neuroscience” focuses on the mechanisms behind learning and memory. It covered how the brain functions and how it allows individuals to acquire, process, store and retrieve information. This also includes the structures of the brain responsible for each process and ways on how an individual can enhance learning and memory. Said series was led by the BSPP, with the assistance of the PUP Psychology Student’s Association.



Resource Person Alfonso Antanas Paramo Herrera, MD from the Universidad Industrial de Santander, Colombia

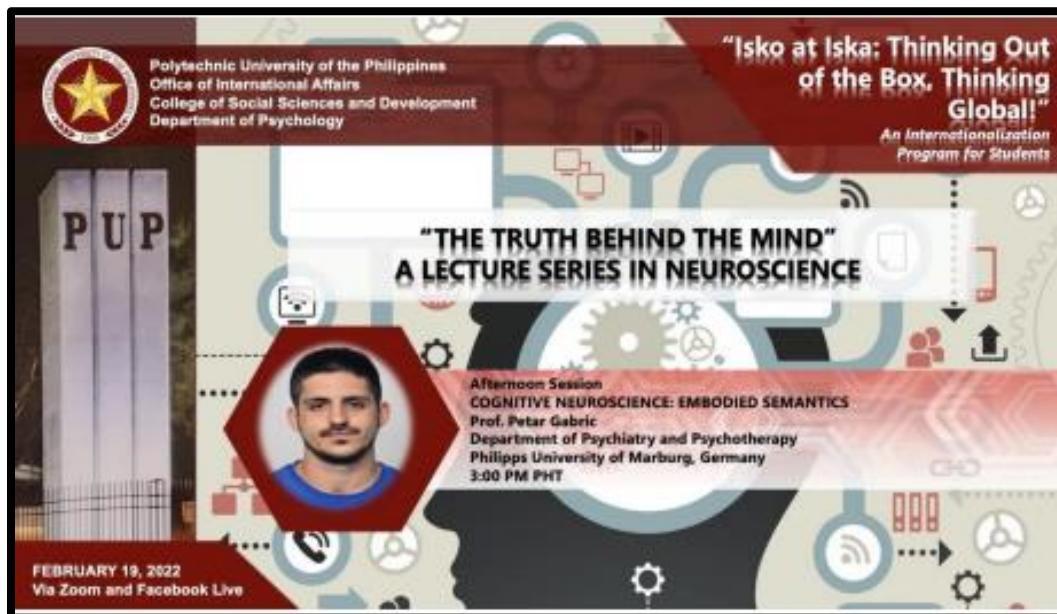


## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA



Resource Person Prof. Petar Gabric from the Philipps University of Marburg, Germany, Department of Psychiatry and Psychotherapy

## 3.8. Student Exchange

### 3.8.1. Fulbright

Third-year BS Psychology student, Ms. Jessica Jamimah Lopez, was awarded the prestigious Fulbright Philippines' Global Undergraduate Exchange Program, which will enable her to study for one semester at a U.S. University. The Global UGrad program chooses outstanding undergraduate students from around the world to gain personal and professional development and cultural enrichment. Ms. Lopez is set to fly to the United States on August 24, 2023, to take her Fall semester at the University of Wyoming, Laramie, United States.



On June 22, 2023, Fulbright Philippines held the reception ceremony in honor of the 2023-2024 Filipino grantees of Fulbright Philippines. Among the awardees is Jessica Jamimah Lopez.



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### INTERNATIONAL LINKAGES AND CONSORTIA

#### Prepared by:

Faculty Members of the BSPP under the leadership of the Area Head for Accreditation,  
International Linkages and Consortia Area

**DR. JONNA KARLA C. BIEN**  
Area Head

#### Noted:

**ASST. PROF. LORRAINE CHARMAYNE S. MANANSALA**  
Chairperson, Department of Psychology

**DR. RAÚL ROLAND R. SEBASTIAN**  
Dean, College of Social Sciences and Development