

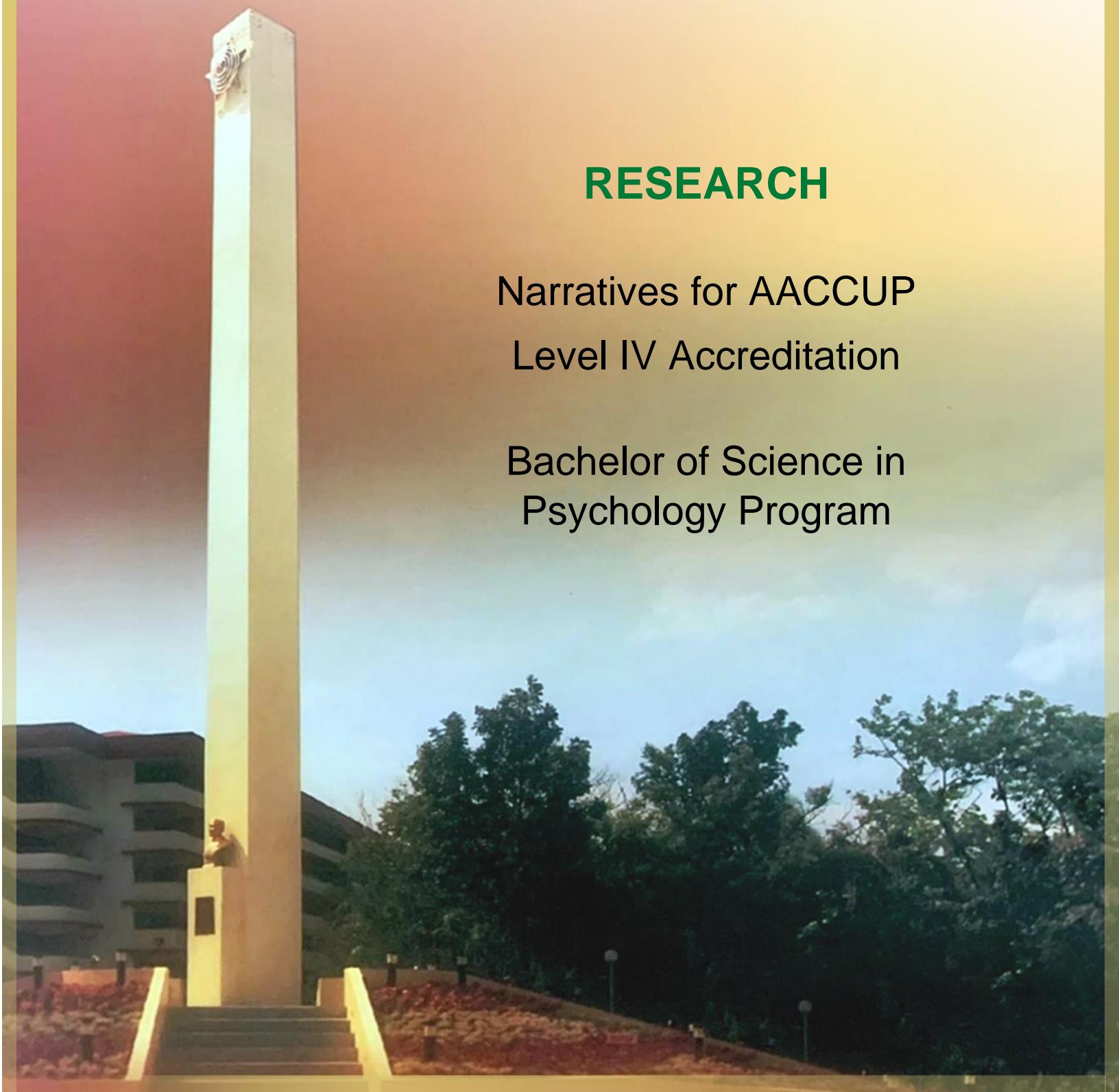


**Polytechnic University of the Philippines**  
College of Social Sciences and Development  
Department of Psychology

## RESEARCH

Narratives for AACUP  
Level IV Accreditation

Bachelor of Science in  
Psychology Program





## Polytechnic University of the Philippines

College of Social Sciences and Development

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#### 1. Introduction

The Bachelor of Science in Psychology Program (BSPP) is a vital unit of the University adhering rigorously to the University Research Agenda. Research in the Department has become an integral part of every faculty member's discipline and, ultimately, their respective personal and professional cultures.

The Program is committed to the University's mission of **embedding a culture of research and innovation**<sup>1</sup> to achieve the University goal of ensuring inclusiveness and being a catalyst of change in society. It likewise adheres to the Ten Pillars of the University, more particularly, **Pillar 6: Vigorous Research Production and Utilization**. It adopts the approved University Research Manual as its core manual to ensure its research outputs are guided by the University's Vision, Mission, Goals, and Objectives. The strict adherence to the Research Manual in turn, guides the faculty members in producing a significant number of relevant and timely studies.

In addition, the BSPP responds to the objectives of the Research Management Office (RMO):

- 1) To properly implement the University Research Agenda;
- 2) To dramatically improve the research capabilities and skills of the University's faculty and employees;
- 3) To exponentially increase the CHED-recognized/ISI/Scopus-indexed research presentation and publications of all faculty and employees in all campuses and branches of the University;
- 4) To incrementally increase the research incentives, privileges, and awards for all faculty and employees who do quality scientific research internally and externally; and
- 5) To remarkably widen the University's networks and linkages for internationalization.<sup>2</sup>

#### 2. University Thesis and Dissertation Manual

The University Thesis and Dissertation Manual was created and published to standardize the research produced in the University and contribute to the Institution's thriving research culture. This manual unifies the standards for writing theses and dissertations as course requirements for the undergraduate level and as final requirement in the master's and doctoral levels. The implementation of the University Research Agenda on theses and dissertations is also addressed in this manual.

<sup>1</sup> <https://www.pup.edu.ph/about/vm>

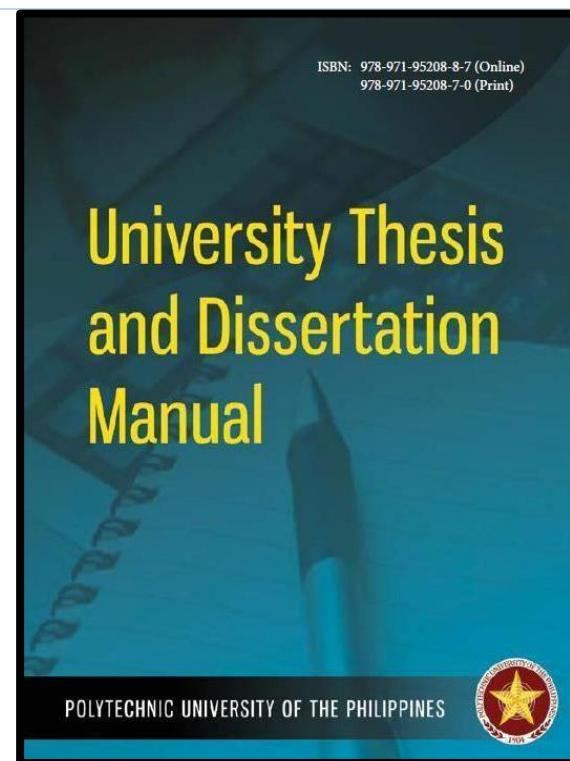
<sup>2</sup> <https://www.pup.edu.ph/research/rmo/objectives>



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Inquiries should be addressed to:

Office of the Vice President for Research, Extension, and Development  
Polytechnic University of the Philippines  
A. Mabini Campus, Anonas Ext., Sta. Mesa,  
Manila, Philippines  
Tel No: (632) 310-D418  
(632) 3351-787 (local) 323, 273  
Website: <http://www.pup.edu.ph>  
E-mail: [vprepd@pup.edu.ph](mailto:vprepd@pup.edu.ph)

Editors:

Edelyn M. Mariano  
Christine A. del Rosario  
Edelyn H. Dagdilan  
Emejidio C. Gepila, Jr.

Typeset/Layout:  
Jesusana S. Dejito

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One of the remarkable components of this manual is the mandatory application for copyright (Appendix 11) for all theses. Copyright is a type of intellectual property that gives its owner the exclusive right on reproduction, publication, and usage of the research work, subject to the principle of fair use. Hence, the University implemented the Intellectual Property Policy intended to promote and encourage excellence and innovation



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in scholarly research and teaching by identifying and protecting the rights of the University, its faculty, administrative staff, and students.

The following steps are the procedure for Copyright Application:

- 1) Secure the Copyright Application Form from the Intellectual Property Management Office (IPMO). The form can also be downloaded from the PUP website through the IPMO link. (See Appendix G-1).
- 2) Fill-out the Application Form. For these/dissertations and other work authored by students which are being submitted to the University in partial fulfillment of any course requirements, the authors must accomplish/sign the affidavit of Copyright Co-ownership with the Polytechnic University of the Philippines. Copy of template of this Affidavit can also be obtained from the IPMO or through the PUP website.
- 3) Have the accomplishment Application Form and Affidavit on Copyright Co-ownership duly notarized.
- 4) Proceed to the Accounting Office for the order of Payment.
- 5) Pay the Copyright application fee at the Cashier's Office.
- 6) Submit to IPMO triplicate copies of the notarized application form and affidavit of Copyright Co-ownership, and the document/s applied for copyright (hard or soft copy), together with the official receipt.
- 7) Return to IPMO triplicate specified date to get the Certificate of Copyright Registration to be issued by the National Library of the Philippines.<sup>3</sup>

A full copy of the Manual may be accessed through this link:

[https://drive.google.com/file/d/1dWapcsky5VBIJeMesbSm5rdoBwUevOIQ/view?usp=drivve\\_link](https://drive.google.com/file/d/1dWapcsky5VBIJeMesbSm5rdoBwUevOIQ/view?usp=drivve_link)

### 3. The Research Agenda of the Bachelor of Science in Psychology Program in line with the University's Research Agenda

To ensure continuity and harmonization in the research undertakings for the BSPP, the current research agenda of said Program is congruent with the University's research agenda.

Faculty members and students of the BSPP continue to do independent and/or collaborative scholarly research in clinical, counseling, industrial/organizational, sports, assessment and statistics, and Educational Psychology. Thus, the research outputs produced by the faculty and students in the BSPP address the following agenda:

<sup>3</sup> Id.

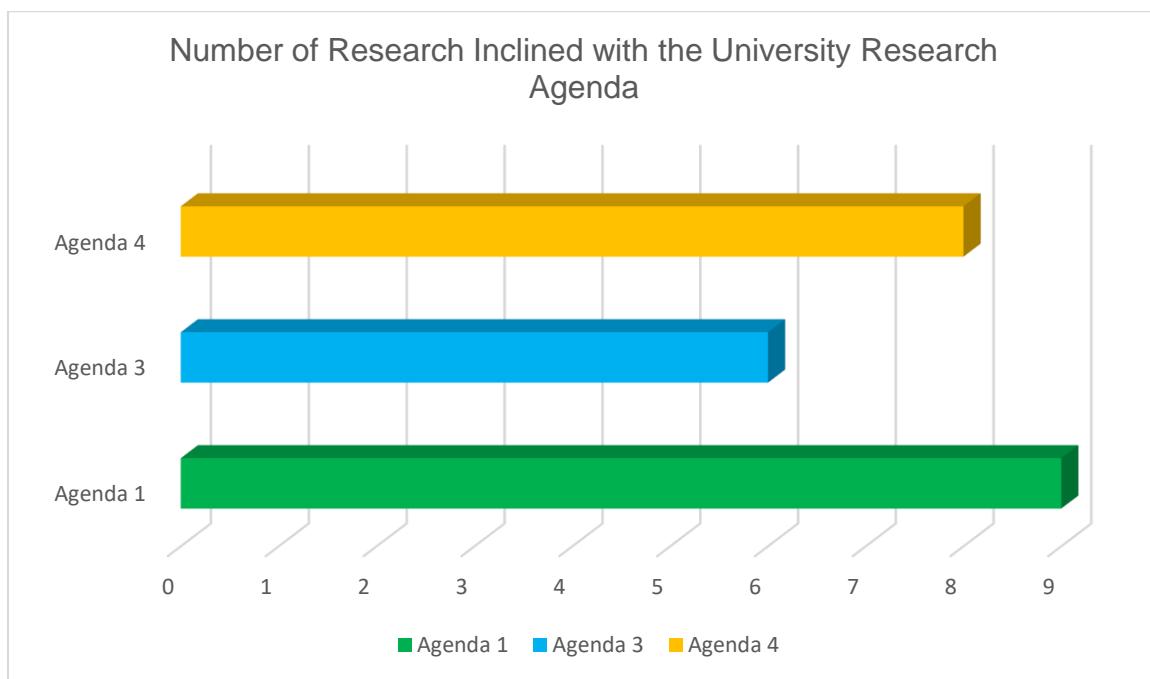


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### 3.1. Agenda 1: Poverty Reduction Studies<sup>4</sup>

The University operates under the belief that poverty has no single cause. That is why researchers studying poverty need to consider not just the problems but also the solutions.

Research should also be related to national and regional security and stability issues. According to Kofi Annan, "*Development cannot be enjoyed without security, and security cannot be enjoyed without development,*" hence research into the causes of poverty must shed light on the interconnections between these two concepts, as well as human rights, poor governance, a lack of education, and access to social services.

RESEARCH TITLE	RESEARCHERS	TYPE OF EVIDENCE	LINK TO EVIDENCE
The Lived Experiences of Senior High School Students with Overseas Filipino Worker Parents	Richard Campos	Published Article	<a href="#">The Perspectives of Senior High School Students with Overseas Filipino Worker Parents   Psychology and Education Journal</a>
From Visualization to Exhibition to Action: Stimulating Action on mental health issues through a photo exhibition	Brian Saludes Bantugan, Girlie Guiuan, Pricia Buzon Marzan, Oliver Rodriguez, Rodrigo Sy, Ajocrivipor Agojo, Heri Setiawan, Elmgay Valeriano	Published Article	<a href="#">From-visualization-to-exhibition-to-action-Stimulating-action-ASIAN-PACIFIC-JOURNAL-ON-COMPASSION-STUDIES-Vol-5-Issue-No.-4-2020.pdf</a>

<sup>4</sup> University Research Agenda, University Thesis and Dissertation Manual, p. 33



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RESEARCH TITLE	RESEARCHERS	TYPE OF EVIDENCE	LINK TO EVIDENCE
Journeying with a Person Living with HIV: Direct and Indirect Power Blocks and Empowerment Pathways as Inputs to Empowerment Workshops Providing Solutions from the Ground	Pricila Buzon Marzan, Brian Saludes Bantugan, John Mark Suratos Distor	Published Article	<a href="#">Journeying-with-a-Person-Living-with-HIV-Direct-and-Indirect-Power-Blocks-and-Empowerment-Pathways-as-Inputs-to-Empowerment-Workshops-Providing-Solutions-from-the-Ground.pdf</a>
Networks of Participation and Influence of a "High Threshold" Influencing Attitudes and Behaviors of a Person Living with HIV-AIDS	Brian Saludes Bantugan, Pricila Buzon Marzan, John Mark Suratos Distor	Published Article	<a href="#">Networks-of-Participation-and-Influence-of-a-High-Threshold-Influencing-Attitudes-and-Behaviors-of-a-Person-Living-with-HIV-AIDS-EAJMR-Vo.2No.4-April-2023.pdf</a>
Demographics as Correlates to Performance among Ambulance Personnel Providing Out-of-Hospital Cardiac Arrest (OHCA) Management: Basis for a Proposed Personnel Competency Program	Marydell Claire B. Dado, Kenneth C. Eupena, Keisha Danielle T. Tolentino, Pricila B. Marzan	Published Article	<a href="#">Demographics-as-Correlates-to-Performance-among-Ambulance-Personnel-providing-OHCA-Management-Vol-5-Issue-1-Jan-Feb-2022.pdf</a>
Quarterlife Crisis Among Emerging Adults: A Phenomenological Study	Samantha Lagar, Christoper F. Sasot	Published Article	<a href="https://seace.iafor.org/presentation/submission66173/">https://seace.iafor.org/presentation/submission66173/</a>

### 3.2. Agenda 1: Peace and Security Studies<sup>5</sup>

This research theme addresses humanity's three crucial national and global issues: poverty, peace, and security. The university believes that these issues are interrelated-solving one means solving others.

RESEARCH TITLE	RESEARCHERS	TYPE OF EVIDENCE	LINK TO EVIDENCE
Suicide Potential and Depression: Risk and Protective Factors Among College Students in the Philippines	Rodrigo Lopiga	Certificate of Publication	<a href="#">Rodrigo V. Lopiga TNL 15(2) Certificate of Publication (2).pdf</a>
Preferences & Motivators of Filipino Voters: A Grounded Theory Approach	Calixto Salud Jr., Frances Aguda, Lorraine Manansala	Published Article	<a href="#">Salud-et-al-Article.pdf</a>
Positioning Analysis of the Department of Health in the Context of the COVID-19 Vaccination Program by the Netizens	Edlyn Joy Espiritu, Emna Duque, Ilia Labatorio, Aldin Pantaleon, Christoper F. Sasot	Published Article	<a href="#">ijessr 06 737.pdf</a>

### 3.3. Agenda 3: Competitive Industry and Entrepreneurship<sup>6</sup>

The University recognizes the country's need to strengthen the competitiveness of its industries, particularly those that are driving the nation forward in terms of economic

<sup>5</sup> University Research Agenda, University Thesis and Dissertation Manual, p. 33 (Note: Agenda 2: Accelerating Infrastructure Development through Science and Technology, not applicable to field of Psychology)

<sup>6</sup> University Research Agenda, University Thesis and Dissertation Manual, p. 37



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growth, such as tourism, agriculture, skilled manpower in ICT and language proficiency, education, retail, exports, investments, banking, and entrepreneurship.

RESEARCH TITLE	RESEARCHERS	TYPE OF EVIDENCE	LINK TO EVIDENCE
Perceived Social Support as Mediator Between Psychological Distress and Job Satisfaction Among Faculty Members in A State University During COVID-19 Pandemic	Richard Campos	Published Article	<a href="#">Perceived Social Support as Mediator between Psychological Distress and Job Satisfaction among Faculty Members in A State University During COVID-19 Pandemic   M. Campos   European Online Journal of Natural and Social Sciences: Proceedings</a>
From College to K-12 Real Quick: The Lived Experiences of Teachers in the Changing Environment	Richard Campos	Published Article	<a href="#">From College to K-12 Real Quick: The Lived Experiences of Teachers in the Changing Environment   Psychology and Education Journal</a>
The Lived Experiences of Filipino Sports Coaches During CoVID-19 Pandemic	Hector Perez, Christian Jasper C. Nicomedes, Pricila B. Marzan, Geraldine F. Santos, Aimee Rose A. Manda, John Mark S. Distor, Christopher F. Sasot	Published Article	<a href="https://www.researchgate.net/publication/353758905_The_Lived_Experiences_of_Filipino_Sports_Coaches_During_CoVID-19_Pandemic">https://www.researchgate.net/publication/353758905_The_Lived_Experiences_of_Filipino_Sports_Coaches_During_CoVID-19_Pandemic</a>
Mental Health and Coping among Faculty Members and Administrative Employees in a State University during the COVID-19 Pandemic	Nicolas Mallari, Jose Abat Anna Ruby Gapasin, Rodrigo Lopiga	Published Article	<a href="#">MentalHealthandCopingof_FacultyandAdmin.Employees.pdf</a>
Stressors and Coping of Older Adults Teaching in Higher Education Institutions	Elmer G. De Jose	Published Article	<a href="#">Stressors_and_coping_mechanisms_of_older_adults_teachers.pdf</a>
Quality of life of Non-Permanent Teachers and Their Coping Strategies during the Covid-19 Pandemic	Zaila Decin, Adrian Guinto, Arianne Nachor	Research Article	<a href="#">QOL-and-Coping-MANUSCRIPT_DECINetal_rev-5.31.23-wd-bionote.pdf</a>

### 3.4. Agenda 4: Social and Cultural Development<sup>7</sup>

Culture influences society. Social growth requires culture. With its vital academic/research centers and institutes on cultural and social studies, the University supports the National Government in:

1. Creating intellectual potential.
2. Building human capital.
3. Popularizing culture, arts, and heritage.
4. Forging social integration.
5. Promoting national identity through local and national historiography.
6. Preventing social pathologies.

<sup>7</sup> University Research Agenda, University Thesis and Dissertation Manual, p. 38 (Note: Agenda 5: Environmental Conservation, Protection, and Rehabilitation towards Sustainable Development, not applicable to field of Psychology)



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#### 7. Initiating and establishing cooperation.

RESEARCH TITLE	RESEARCHERS	TYPE OF EVIDENCE	LINK TO EVIDENCE
Parenting Style vis-à-vis Aggression and Academic Achievement: The Mediating Role of Self-efficacy	Jonna Karla C. Bien	Published Article	<a href="#">09-1126.pdf</a>
Demographic Characteristics and Level of Marital Satisfaction of Spouses Undergoing Nullification of Marriage	Alvin C. Castillo, Elmer G. De Jose	Published Article	<a href="http://sersc.org/journals/index.php/IJUST/article/view/25508">http://sersc.org/journals/index.php/IJUST/article/view/25508</a>
Stressors and Coping Mechanisms of Older Adults Teaching In Higher Education Institutions in Manila	Elmer G. De Jose	Published Article	<a href="#">Stressors and coping mechanisms of older adults te.pdf</a>
Analysis of the Lived Experiences of Filipino Parents of Children with ASD	Maryfe Roxas, Marilou Francisco, Angelbert Hernandez, Melchor Siena	Published Article	<a href="https://www.ioer-imri.com/wp-content/uploads/2022/06/Analysis-of-the-Lived-Experiences-of-Filipino-Parents-of-Children-with-ASD.pdf">https://www.ioer-imri.com/wp-content/uploads/2022/06/Analysis-of-the-Lived-Experiences-of-Filipino-Parents-of-Children-with-ASD.pdf</a>
Perfectionism as a Predictor of Anxiety Among Collegiate Athletes in a State University	Nicolas T. Mallari	Published Article	<a href="#">CM-JJ23-122-2.-Dr.-Nicolas-T.-Mallari.pdf</a>
Female Frontliners and COVID-19 in the Philippines: Basis for a Gender Effective Response to Pandemics	Arianne Nicole Nachor	Published Article	<a href="https://ojs.aaresearchindex.com/index.php/AAJMRA/issue/view/73/67">https://ojs.aaresearchindex.com/index.php/AAJMRA/issue/view/73/67</a>
A Discourse Analysis on Class Cancellations During the COVID-19 Pandemic	Christoper F. Sasot, Christian Jasper C. Nicomedes, Rolf Gian Marcos, Ar-Jay D. Perez, Mary May M. Fernando	Published Article	<a href="#">COVIDResearch.pdf</a>
UP! UP! And Beyond: Students' Position on CHED's Initiatives on Flexible Learning during Pandemic and Moving Forward	Jigo Rafael C. Catamio*, Ryan B. Corona, Renato D. Jose, Alma Sheilla T. Liquigan-Escarcha, Omar Valenzuela, Christopher F. Sasot	Published Article	<a href="#">647.pdf</a>



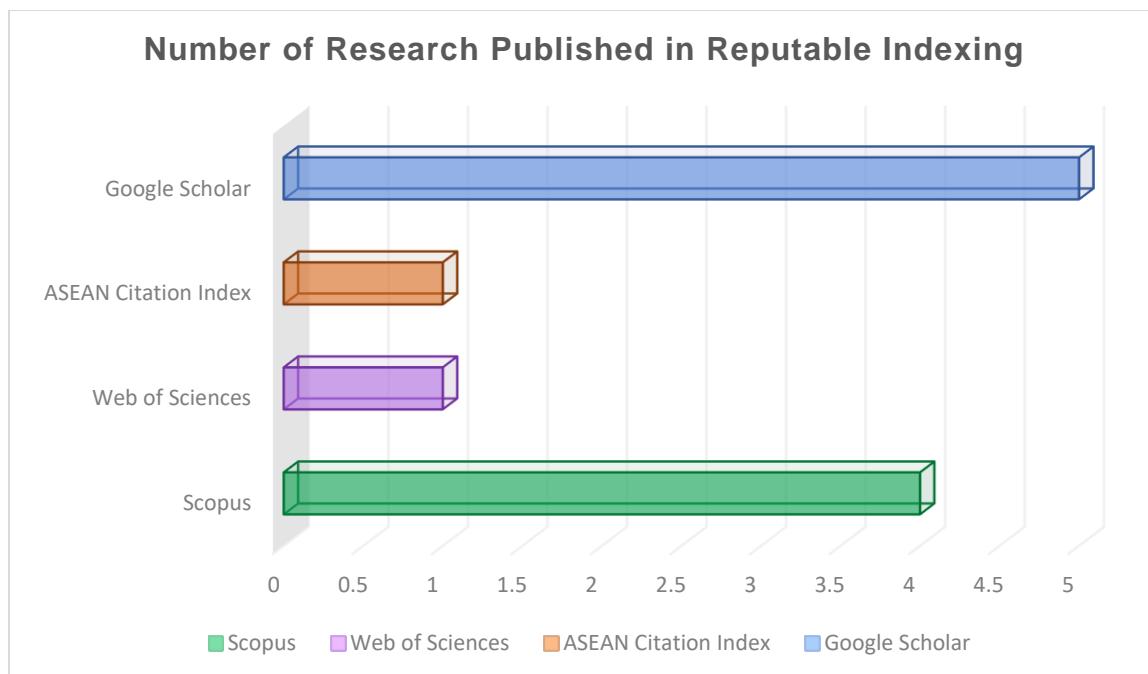
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#### 4. Matrices of Research Produced by the Faculty



##### 4.1. Copyright Registration with the National Library

The BSPP believes that the highest intellectual standards must be upheld, as its faculty and students are required to register their respective research with the National Library. This is of utmost importance, as it protects the value of an author's/academic's/researcher's work by allowing its creator to prevent its unlicensed or uncredited use.

FACULTY RESEARCH REGISTERED WITH THE NATIONAL LIBRARY			
RESEARCH TITLE	RESEARCHERS	DATE	LINK TO EVIDENCE
Religiosity and Marital Satisfaction as Correlates to Mental Health among Religious Group: Basis for Intervention Program	Arianne Nicole Nachor	October 27, 2022	<a href="#">IPMO-COPYRIGHT-APPLICATION.pdf</a>
Perceived Social Support as Mediator Between Psychological Distress and Job Satisfaction Among Faculty Members in a State University During COVID-19 Pandemic	Richard Campos,	September 19, 2022	<a href="#">CamScanner-06-14-2023-09.15.pdf</a>



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#### 4.2. Undergraduate Theses Copyright Registration with the National Library

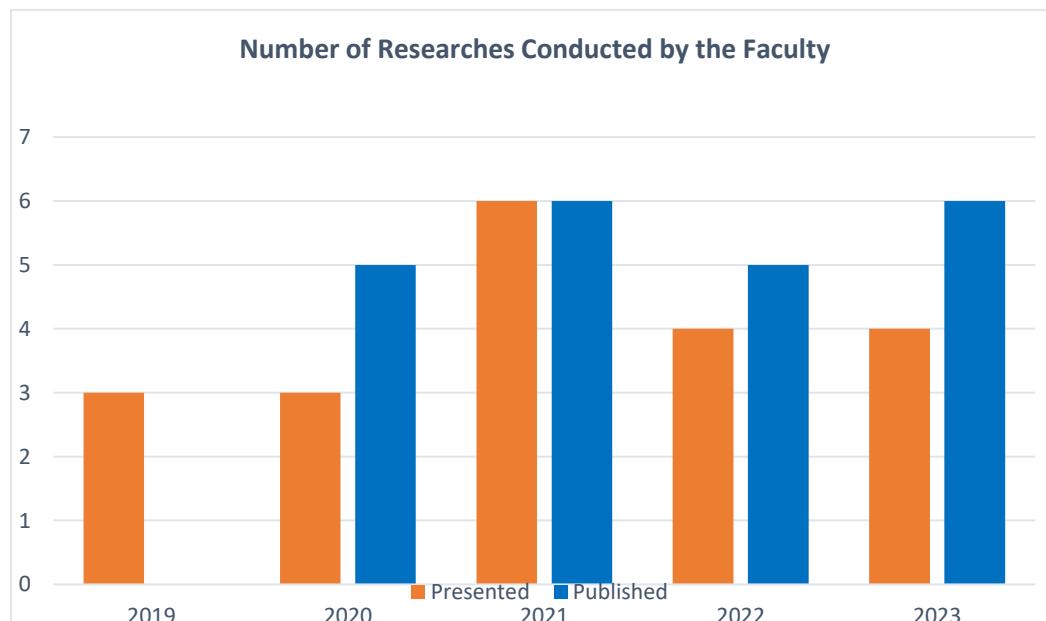
Provided below is a link to the full list of copyrighted undergraduate theses:

[https://drive.google.com/file/d/1sJfcePwDDoi1Wjlcn\\_cgLX-lhdpWJuNf/view](https://drive.google.com/file/d/1sJfcePwDDoi1Wjlcn_cgLX-lhdpWJuNf/view)

LIST OF COPYRIGHTS 2019-2023								
Year	College / Branch / Campus	Department	Name of Output / Invention Creative Work	Category (Copyright, Utility Model, Material Design, Patent)	Specific use/ Purpose	Researcher/ Inventors	Date Registered/ Deposited	Copyright Registration / Utility Model / Patent Number
<i>ALREADY SUBMITTED TO THE NATIONAL LIBRARY OF THE PHILIPPINES</i>								
2023	College of Social Sciences and Development	Bachelor of Science in Psychology	Web Bsp. The Lived Experiences of Filipino K-POP Fans in Merchandise Collection During the Covid-19 Pandemic	Copyright		Almanza, Nicole Anne; Marterillas, Nica M.; Raymundo, Angel Marie C.; Espiritu, Marlene; Sison, Salvi Dan; Eder, S. Villerno, Dawn John G.	-	On Process
2022	College of Social Sciences and Development	Bachelor of Science in Psychology	Psychological Impacts of Covid-19 on Mental Health Among Solo Parents in Metro Manila: A Descriptive Correlational Study	Copyright		Agen, Cristella H. Armero, Kristian James; Aguilera, Delwinne; Delos Santos, Hesanna V.; Melarate, Julian B. Reyes, Sir Jerome; Villegas, Mr. Jesus R. Zar, Jerome; Argandoña, J. M.	-	On Process
2022	College of Social Sciences and Development	Bachelor of Science in Psychology	A Quantitative Analysis of Self-Destigmatization Level and Online Learning Environment of Selected Students from the Polytechnic University of the Philippines	Copyright		Abad, Mary Joanne M.; Battigao, Khelys Jose; Bengzon, Angeli P.; Epees, Magdalene; Geron, Melody; Aguirre, Nasam, Ivan Leigh G.; Perena, Bea Allan, B.	-	On Process
2022	College of Social Sciences and Development	Bachelor of Science in Psychology	Violence, Hesitancy Predictors: A Correlational-Descriptive Analysis of Metro Manila Survey Respondents	Copyright		Eduado, Andrea Mae A.; Dagohoy, Dandela Shaine J.; de Chavez, Camille B.; Dela Cruz, Anne Martz A.; Frasco, Alannah; Guevara, M.; Quilantang, Queen Sepia B.	-	On Process
2022	College of Social Sciences and Development	Bachelor of Science in Psychology	The Lived Experiences of Filipino Victims Survivors of Sexual Grooming During Adolescence	Copyright		Apostol, Allans S.; Majoreda, Gimelica C.; Cabral, Katelyn R.; Pasua, Yashel C.	-	On Process

#### 4.3. CHED-Recognized / WOS / Scopus - Indexed Research Presentation and Publication

To exponentially increase the CHED-recognized/WOS/Scopus-indexed research presentations and publications, the faculty members of the BSPP engage in paper presentations locally and internationally. They are also active in submitting and publishing





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research articles in various peer-reviewed journals.

Despite the COVID-19 pandemic, the BSPP still managed to present and publish timely and relevant research studies that benefited its stakeholders.

#### 4.3.1. Presented Research Studies From 2019-2023

RESEARCH TITLE	RESEARCHERS	CONFERENCE PLATFORM	VENUE	LOCAL/ INTERNATIONAL	DATE OF PRESENTATION	LINK TO EVIDENCE
Rewards System in Children with Autism Spectrum Disorder: A Narrative Review	Maryfe Roxas, Marilou Francisco, Angelbert Hernandez, Melchor Siena	The 13th Asian Conference on Psychology & the Behavioral Sciences (ACP2023)	Tokyo, Japan	International	March 31 – April 3, 2023	<a href="#">IAFOR-1.1-2.pdf</a>
Quality of Life of Non-Permanent Teachers and their Coping Strategies During the Covid-19 Pandemic	Zaila Decin, Adrian Guinto, Arianne Nicole Nachor, Diane April Oabel	CSSD RESEARCH COLLOQUIUM 2023	ZOOM	Local	February 27, 2023	<a href="https://drive.google.com/drive/folders/1IHLYonKG9Ela3Nz7XhLH2BhDYFaqtGK">https://drive.google.com/drive/folders/1IHLYonKG9Ela3Nz7XhLH2BhDYFaqtGK</a>
Analysis of the Lived Experiences of Filipino Parents with ASD Children	Maryfe Roxas, Marilou Francisco,	21st IPCAP Annual National Convention Workshop	Iloilo City	National	February 22-23, 2023	<a href="#">Analysis of the Lived Experiences of Filipino Parents of Children with ASD - IOER International Multidisciplinary Research Journal</a>
Quarterlife Crisis Among Emerging Adults: A Phenomenological Study	Samantha Lagar, Christopher Sasot	The Southeast Asian Conference on Education 2023	Zoom	International	February 11, 2023	<a href="https://seace.iafor.org/presentation/submission66173/">https://seace.iafor.org/presentation/submission66173/</a>
Learning Styles, Occupational Interest and Academic Performance of Grade 10 Laboratory High School Students: Basis for Career Guidance Program	Filipinas Corazon A. Roxas*	16th SIMP-AAG Joint Multidisciplinary Research Conference	Zoom	International	December 10, 2022	<a href="#">16th-SIMP-AAG-Joint-Multidisciplinary-Research-Conference-Abadilla-Roxas.pdf</a>
Kwento at Naratibo ng mga Estudyanteng Correspondence sa PUP	Lorraine Manansala	PSSP 2022	Zoom	National	November 24-26, 2022	<a href="#">346106665_804404181021788_7610363074052228499_n.jpg</a>
Exploring on the Anxiety Level and Emerging Issues of WFH Moms Amidst the Pandemic	Geraldine Santos, Aimee Rose Manda, Jeanette de Guzman	CSSD Student Faculty and Research Colloquium	Zoom	Local	February 21, 2022	<a href="#">Exploring-the-Anxiety-Level-and-Emerging-Issues-of-Work-From-Home-Mothers-Amidst-the-Pandemic.pdf</a>
Suicide Potential and Depression: Risk and protective factors among college students in the Philippines	Rodrigo Lopiga	The Normal lights	Manila City	International	January 2022	<a href="#">Rodrigo V. Lopiga TNL 15(2) Certificate of Publication (2).pdf</a>
Shrinking Civic Spaces: Scrutinizing Laws and Policies that Negatively Impact Civil Society Participation in the	Maria Laya T. Lara	PUP College of Law	Zoom	Local	December 26, 2021	<a href="https://drive.google.com/drive/folders/1HTgNIMb93ZY2X03TCh1SPF-8BU5laSe?usp=drive_link">https://drive.google.com/drive/folders/1HTgNIMb93ZY2X03TCh1SPF-8BU5laSe?usp=drive_link</a>



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RESEARCH TITLE	RESEARCHERS	CONFERENCE PLATFORM	VENUE	LOCAL/ INTERNATIONAL	DATE OF PRESENTATION	LINK TO EVIDENCE
Philippines from the Perspective of Civil Society Actors						
Mental Health and Coping among Faculty Members and Administrative Employees in a State University during the COVID-19 Pandemic	Nicolas Mallari, Jose Abat, Anna Ruby Gapasin, Rodrigo Lopiga	International Research Conference on Higher Education	Zoom	International	December 13-16, 2021	<a href="#">Picture2.jpg</a>
Perceived Social Support as Mediator Between Psychological Distress and Job Satisfaction Among Faculty Members in A State University During COVID-19 Pandemic	Richard Campos	International Research Conference on Higher Education	Zoom	International	December 13-16, 2021	<a href="#">Campos-Richard.pdf</a>
Depression, Anxiety, Stress and Students' Academic Performance as Predictors of Suicidal Ideation: A Proposed Mental Health Program	Geraldine Santos	GE&RA International Web Conference	Zoom	International	December 1-3, 2021	<a href="#">ICHESMET2022-HUMSS-2ndBestPaper.pdf</a>
Parenting Style vis-à-vis Aggression and Academic Achievement: The Mediating Role of Self-efficacy	Jonna Karla C. Bien	13th International Conference on Humanities, Psychology and Social Sciences	Zoom	International	November 2021	<a href="#">09-1126.pdf</a>
Psychosocial Intervention modules: Exploring COVID 19 patients' Experience	Rodrigo Lopiga, Christ Michael Entienza, Ruben Encarnacion	PAP Convention	Zoom	National	October 2, 2021	<a href="#">Lopiga Rodrigo V. (2).pdf</a>
Female Frontliners and COVID-19 in the Philippines: Basis for a Gender Effective Response to Pandemics	Arianne Nachor	16th Joint Multidisciplinary Research Conference	Zoom	International	December 2020	<a href="#">NACHOR_ARIANNE_NICOLE_S.(1).pdf</a>
Religiosity and Marital Satisfaction as Correlates to Mental Health among a Religious Group: Basis for Intervention Program	Arianne Nachor	3rd Asia Pacific Conference on Interdisciplinary Research	Zoom	International	November 2020	<a href="#">NACHOR_ARIANNE_NICOLE_S._PAPER_PRESENTATION2020.pdf</a>
Demographic Characteristics and Level of Marital Satisfaction of Spouses Undergoing Nullification of Marriage	Alvin C. Castillo, Elmer G. De Jose	International Conference on Institutional Development, Business Law and Social Science Research (ICIDBSSR-20)	Manila City	International	Feb 21, 2020	<a href="#">ICIBSSR-20-Conference Paper Presentation.pdf</a>
From College to K-12 Real quick: The Lived Experiences of Teachers in the Changing Environment	Richard Campos	Global Conference on Business and Social Sciences	Penang, Malaysia	International	December 2019	<a href="#">CamScanner-05-15-2023-18.40.pdf</a>
Stressors and Coping of Older Adults Teaching in Higher Education Institutions	Elmer G. De Jose	International Conference on Education and Educational Psychology (ICEEPSY) 2019	Barcelona, Spain	International	October 9-12, 2019	<a href="#">Certificate-of-Presentation.pdf</a>



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RESEARCH TITLE	RESEARCHERS	CONFERENCE PLATFORM	VENUE	LOCAL/ INTERNATIONAL	DATE OF PRESENTATION	LINK TO EVIDENCE
The Lived Experiences of Senior High School Students with Overseas Filipino Worker Parents	Richard Campos	International Conference on Psychology, Lanaguage and Teaching	Boston, Massachusetts, United States of America	International	January 2019	<a href="https://www.camscanner.com/05-15-2023-18.41.pdf">CamScanner-05-15-2023-18.41.pdf</a>

#### 4.3.2. Research Publications From 2019-2023

RESEARCH TITLE	RESEARCHERS	TITLE OF JOURNAL OR ARTICLE	VOLUME NO & ISSUE NO.	YEAR OF PUBLICATION	LINK TO EVIDENCES
Analysis of the Lived Experiences of Filipino Parents of Children with ASD	Maryfe Roxas, Marilou Francisco, Angelbert Hernandez, Melchor Siena	IOER International Multidisciplinary Research Journal	VOL. 4, NO. 2, JUNE 2022	2023	<a href="https://www.ioer-imri.com/wp-content/uploads/2022/06/Analyses-of-the-Lived-Experiences-of-Filipino-Parents-of-Children-with-ASD.pdf">https://www.ioer-imri.com/wp-content/uploads/2022/06/Analyses-of-the-Lived-Experiences-of-Filipino-Parents-of-Children-with-ASD.pdf</a>
Perfectionism as a Predictor of Anxiety Among Collegiate Athletes in A State University	Nicolas T. Mallari	Cosmos An International Journal of Management	Vol 12 / No 2 / Jan-Jun 2023	2023	<a href="https://www.cm-jj23-122-2-Dr-Nicolas-T-Mallari.pdf">CM-JJ23-122-2-Dr-Nicolas-T-Mallari.pdf</a>
Journeying with a Person Living with HIV: Direct and Indirect Power Blocks and Empowerment Pathways as Inputs to Empowerment Workshops Providing Solutions from the Ground	Pricia Buzon Marzan, Brian Saludes Bantugan, John Mark S. Distor	International Journal of Arts and Social Science	Volume 6 Issue 3, March 2023.	2023	<a href="https://www.journeypersonlivingwithhivdirectandindirectpowerblocksandempowermentpathwaysasinputsempowermentworkshopsprovidingsolutionsfromtheground.pdf">Journeypersonlivingwithhivdirectandindirectpowerblocksandempowermentpathwaysasinputsempowermentworkshopsprovidingsolutionsfromtheground.pdf</a>
Networks of Participation and Influence of a "High Threshold" Influencing Attitudes and Behaviors of a Person Living with HIV-AIDS	Brian Saludes Bantugan, Pricia Buzon Marzan, John Mark S. Distor	East Asian Journal of Multidisciplinary Research (EAJMR)	Vol.2, 2023: No.4	2023	<a href="https://www.eajmr.org/participation-and-influence-of-a-high-threshold-influencing-attitudes-and-behaviors-of-a-person-living-with-hiv-aids-eajmr-vol.2-no.4-april-2023.pdf">Networks-of-Participation-and-Influence-of-a-High-Threshold-Influencing-Attitudes-and-Behaviors-of-a-Person-Living-with-HIV-AIDS-EAJMR-Vol.2-No.4-April-2023.pdf</a>
Quarterlife Crisis Among Emerging Adults: A Phenomenological Study	Samantha Lagar, Christoper Sasot	The International Academic Forum (IAFOR)	2023	2023	<a href="https://seace.iafor.org/presentation/submission66173/">https://seace.iafor.org/presentation/submission66173/</a>
Positioning Analysis of Department of Health in the Context of the COVID-19 Vaccination Program by the Netizens	Edlyn Joy Espiritu, Emna Duque, Lilia Labatorio, Aldin Pantaleon, Christoper F. Sasot	International Journal of Education and Social Science Research	2023	2023	<a href="https://www.ijessr.org/ijessr_06_737.pdf">ijessr_06_737.pdf</a>
Perceived Social Support as Mediator Between Psychological Distress and Job Satisfaction Among Faculty Members in a State University During COVID-19 Pandemic	Richard Campos	European Online Journal of Natural and Social Sciences:	Volume 11 No. 1; Special Issue on Education Research in COVID Era	2022	<a href="https://www.eojnss.com/Perceived-Social-Support-as-Mediator-Between-Psychological-Distress-and-Job-Satisfaction-among-Faculty-Members-in-a-State-University-During-COVID-19-Pandemic.pdf">Perceived Social Support as Mediator Between Psychological Distress and Job Satisfaction among Faculty Members in a State University During COVID-19 Pandemic.pdf</a>



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RESEARCH TITLE	RESEARCHERS	TITLE OF JOURNAL OR ARTICLE	VOLUME NO & ISSUE NO.	YEAR OF PUBLICATION	LINK TO EVIDENCES
					<a href="#">During COVID-19 Pandemic   M. Campos   European Online Journal of Natural and Social Sciences: Proceedings</a>
Preferences & Motivators of Filipino Voters A Grounded Theory Approach	Calixto Salud Jr., Frances Aguda, Lorraine Manansala	Subli E-Journal	Volume 1 Issue 1   October 2022	2022	<a href="#">Salud-et-al-Article.pdf</a>
Demographics as Correlates to Performance among Ambulance Personnel Providing Out-of-Hospital Cardiac Arrest (OHCA) Management: Basis for a Proposed Personnel Competency Program	Marydell Claire B. Dado, Kenneth C. Eupena, Keisha Danielle T. Tolentino, Pricia B. Marzan	International Journal of Science and Management Studies (IJSMS)	Volume: 5 Issue: 1 2022	2022	<a href="#">Demographics-as-Correlates-to-Performance-among-Ambulance-Personnel-providing-OHCA-Management-Vol-5-Issue-1-Jan-Feb-2022.pdf</a>
A Convergent-Mixed-Method Study on the Attitudes and Perception Towards Suicide Memes and Suicidality	Geraldine Santos, Christopher Sasot, Christian Nicomedes, Ronn Mikhael A. Avila	Reseachgate	2022	2022	<a href="#">MixedMethodontheEffects of SuicideMemesSuicidality.pdf</a>
UP! UP! And Beyond: Students' Position on CHED's Initiatives on Flexible Learning during Pandemic and Moving Forward	Christopher F. Sasot	SciMatic	2022	2022	<a href="#">647.pdf</a>
Parenting Style vis-à-vis Aggression and Academic Achievement: The Mediating Role of Self-efficacy	Jonna Karla C. Bien	13th International Conference on Humanities, Psychology and Social Sciences Conference Proceedings	Nov-21	2021	<a href="#">09-1126.pdf</a>
From College to K-12 Real quick: The Lived Experiences of Teachers in the Changing Environment	Richard Campos	Journal of Psychology Education	2021 58 (4): 1636-1644	2021	<a href="#">From College to K-12 Real Quick: The Lived Experiences of Teachers in the Changing Environment   Psychology and Education Journal</a>
The Lived Experiences of Senior High School Students with Overseas Filipino Worker Parents	Richard Campos	Journal of Psychology Education	2021 58 (4): 1645-1651	2021	<a href="#">The Perspectives of Senior High School Students with Overseas Filipino Worker Parents   Psychology and Education Journal</a>
Suicide Potential and Depression: Risk and protective factors among college students in the Philippines	Rodrigo Lopiga	Journal on Education and Teacher Education	The Normal Lights Volume 15 No. 2, 2021 Issue	2021	<a href="#">Rodrigo V. Lopiga TNL 15(2) Certificate of Publication (2).pdf</a>
The Lived Experiences of Filipino Sports Coaches During COVID-19 Pandemic	Hector Perez, Christian Jasper C. Nicomedes, Pricia B. Marzan, Geraldine F. Santos, Aimee Rose A. Manda, John Mark S. Distor, Christopher F. Sasot	Research Gate	August 2021	2021	<a href="https://www.researchgate.net/publication/353758905_The_Lived_Experiences_of_Filipino_Sports_Coaches_During_COVID-19_Pandemic">https://www.researchgate.net/publication/353758905_The_Lived_Experiences_of_Filipino_Sports_Coaches_During_COVID-19_Pandemic</a>



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RESEARCH TITLE	RESEARCHERS	TITLE OF JOURNAL OR ARTICLE	VOLUME NO & ISSUE NO.	YEAR OF PUBLICATION	LINK TO EVIDENCES
Demographic Characteristics and Level of Marital Satisfaction of Spouses Undergoing Nullification of Marriage	Alvin C. Castillo & Elmer G. De Jose	International Journal of Advanced Science and Technology	Vol. 29 No. 8s (2020); Vol. 29 No. 8s (2020) Special Issue	2020	<a href="http://sersc.org/journals/index.php/IJAST/article/view/25508">http://sersc.org/journals/index.php/IJAST/article/view/25508</a>
From visualization to exhibition to action: Stimulating action on mental health issues through a photo exhibition	Brian Saludes Bantugan, Girlie Guiuan, Pricia Marzan, Oliver Rodriguez, Rodrigo Sy, Ajocrivipor Agojo, Heri Setiawan, Elmgay Valeriano	The Asia -Pacific Journal on Compassion Studies	Volume 5 Number 4 January 2020	2020	<a href="From-visualization-to-exhibition-to-action-Stimulating-action-ASIAN-PACIFIC-JOURNAL-ON-COMPASSION-STUDIES-Vol-5-Issue-No.-4-2020.pdf">From-visualization-to-exhibition-to-action-Stimulating-action-ASIAN-PACIFIC-JOURNAL-ON-COMPASSION-STUDIES-Vol-5-Issue-No.-4-2020.pdf</a>
Female Frontliners and COVID-19 in the Philippines: Basis for a Gender Effective Response to Pandemics	Arianne Nicole Nachor	Ascendens Asia Journal of Multidisciplinary Research Abstracts	Vol.4, No.3	2020	<a href="https://ois.aaresearchindex.com/index.php/AAJMRA/issue/view/73/67">https://ois.aaresearchindex.com/index.php/AAJMRA/issue/view/73/67</a>
A Discourse Analysis on Class Cancellations During the COVID-19 Pandemic	Christoper F. Sasot, Christian Jasper C. Nicomedes, Rolf Gian Marcos, Ar-Jay D. Perez, Mary May M. Fernando	Reseachgate	April 2020	2020	<a href="COVIDResearch.pdf">COVIDResearch.pdf</a>
Analyzing War Experiences of Combat Soldiers in The Marawi Siege Using Field Theory	Christoper F. Sasot	International Social Science Review	2020	2020	<a href="ISSR-VOL1-2020.pdf">ISSR-VOL1-2020.pdf</a>

The following pictures show the faculty researchers actively engaged in conferences as Research Paper Presenters.



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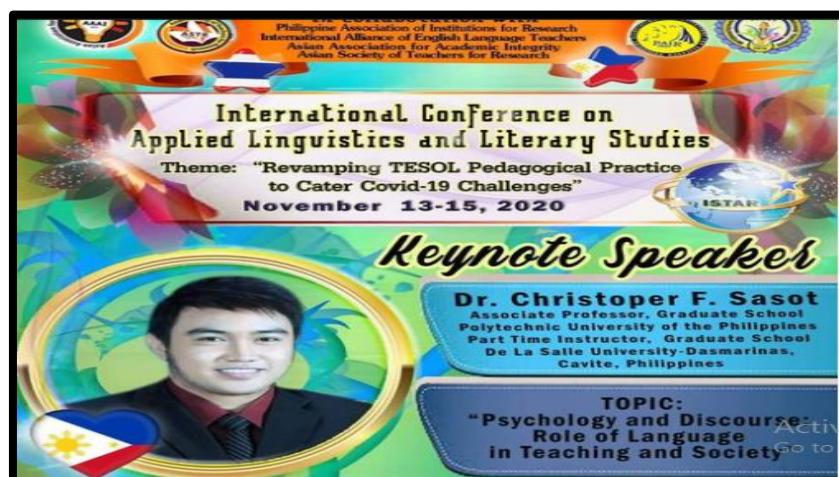
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Dr. Elmer de Jose, Dr. Armando Torres, and Dr. Juan Birion shared their research output on *Filipino Adolescents Sexual Attitudes and Behaviors: Results from a University Cohort* during the 3<sup>rd</sup> International Conference on Human and Social Sciences, held at Rome, Italy.



Dr. Sasot highlighted the importance of the Role of Language in Teaching and Society during his paper presentation at the International Conference on Applied Linguistics and Literary Studies held last November 13-15, 2020.



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The image contains two photographs. The left photograph shows Dr. Nicolas Mallari (in a purple shirt) receiving a certificate from two men (one in a black suit and one in a red patterned shirt). The right photograph shows Dr. Mallari standing with four other people, all holding certificates, in front of a backdrop featuring the conference logo and text.

A certificate of recognition from the International Research Conference on Higher Education (IRCE) 2021. The certificate is addressed to Dr. Nicolas T. Mallari for his paper titled "Mental Health and Coping among Faculty Members and Administrative Employees in a State University during the COVID-19 Pandemic". It was presented during the conference held on December 13-16, 2021, via Zoom. The certificate includes signatures of Dr. David V. Connell and Dr. Jackie D. Urtia, and logos of various universities.

A poster for the International Research Conference on Higher Education (IRCE) 2021. The poster features the conference logo, the theme "Leveraging Cultural and Technological Diversity towards New Opportunities for Industry 4.0", and the dates December 13-16, 2021. It also includes a list of participating institutions and a call for papers.

Dr. Nicolas Mallari received his certificate of recognition for his paper on Personal Meaning and Psychological Wellbeing of Senior College Students in a State University held at Bali, Indonesia on January 23-26, 2018. Dr. Mallari also presented another paper in the International Research Conference on Higher Education titled "Mental Health and Coping among Faculty Members and Administrative Employees in a State University during the COVID-19 Pandemic on December 13-16, 2021.



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Mr. Richard M. Campos presented his research paper at the International Conference on Psychology, Language and Teaching at the Boston, Massachusetts, USA last January 16-19, 2019. Mr. Campos was awarded Outstanding Research Paper Presenter for International Institute of Research



Mr. Richard M. Campos presented his research paper in the International Research Conference on Higher Education via Zoom last December 16-19, 2021.



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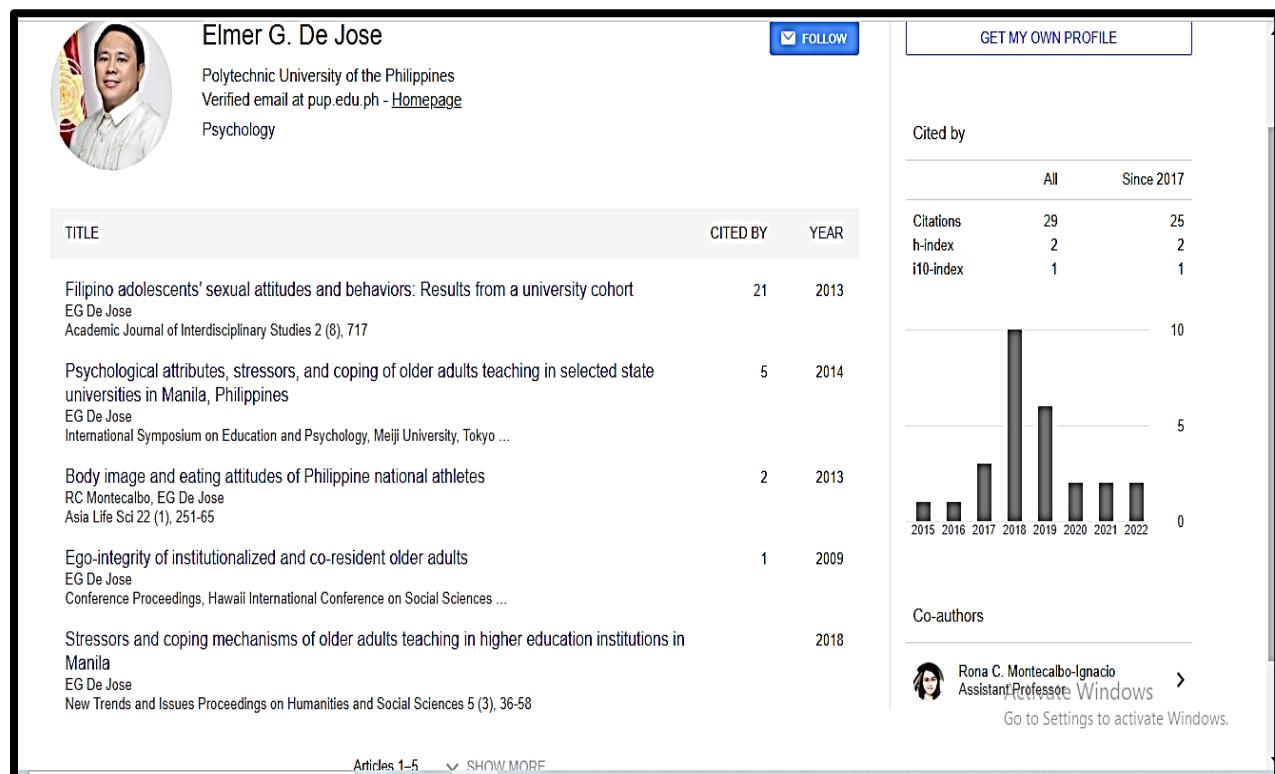
Department of Psychology

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#### 4.4. Research Citations in Academic Platforms and Google Scholars

There are also several published research that were cited by other authors.

RESEARCH TITLE	FACULTY RESEARCHER/S	CITATIONS SOURCES	DATE WORK OF CITATION
Stressors and Coping Mechanisms of Older Adults Teaching in Higher Education Institutions in Manila	Elmer de Jose	10 citations in Google Scholars	2018





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Elmer G. De Jose

#### Psychological attributes, stressors, and coping of older adults teaching in selected state universities in Manila, Philippines

[PDF] from academia.edu

Authors Elmer G De Jose

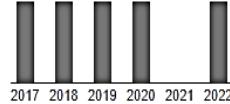
Publication date 2014/11/12

Journal International Symposium on Education and Psychology, Meiji University, Tokyo, Japan

Pages 12-14

Description This paper examined the psychological attributes of older adults aged 55 years old and above who teach in selected state universities in Manila, Philippines. Psychological attributes, in this study, include self-concept, and their perception about the changes in their bodily, cognitive, and social attributes. Two hundred six (206) pre-retirees (55 to 64 years old) and retirees (65 years old and older) participated in the study. Results revealed that the older adults described themselves as generally friendly and generous, feel secured and competent, assertive, emotionally strong, and are contented and happy about life. They graciously acknowledged the changes in the physical, physiological, cognitive, and social attributes concomitant with aging. The stressors experienced by some of them within the last two years include: bereavement stressors—death of spouse, death of a son or daughter, death of a family member and a close friend; family-related stressors—separation with child, and serious illness/injury of a family member, and; work-related stressors—conflict with superiors and/or subordinates, and major career changes. Few have disclosed having experienced incidence of physical and verbal assaults, and financial exploitation. Various spiritual, cognitive, and social support mechanisms were resorted to by the respondents to cope with the experienced changes and stressful events. Implications for practice and research were discussed.

Total citations Cited by 5



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#### JOHN MARK SURATOS DISTOR

SUBAYBAYAN

MAGKAROON NG SARILI KONG PROFILE

Polytechnic University of the Philippines  
Na-verify na email sa pup.edu.ph  
Psychology and Business (...)

Sinipi ni

	Lahat	Simula 2017
Mga Pagsipi	5	5
h-index	1	1
i10-index	0	0



PAMAGAT

SINIPI NI TAON

Impact of Anxiety to Coping Under the Influence of Resilience of People Affiliated to State University During Enhanced Community Quarantine 5 2020  
JMS Distor, CJC Nicomedes  
Unpublished manuscript. <https://doi.org/10.13140/RG.2.19178.34247>

The Perspectives of Senior High School Students with Overseas Filipino Worker Parents  
RMC John Mark S. Distor  
<http://psychologyandeducation.net/pae/index.php/pae/article/view/4910>

From College to K-12 Real Quick: The Lived Experiences of Teachers in the Changing Environment  
RMC John Mark S. Distor  
<http://psychologyandeducation.net/pae/index.php/pae/article/view/4911>

Analysis of Parent Discipline as Predictor of Aggression Across Generations  
CJC Nicomedes, HMS Arpia, RMA Avila, AIM Bardolasa, JMS Distor

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#### 4.5. Research Utilization

The BSPP believes that theory must be transferred into practice. Thus, the utilization of research is a primordial concern of all faculty members to ensure the **sustainability and effectiveness of research** conducted by the faculty. Research utilization converts findings into practice, allowing for an innovative shift in protocol practice. The use of research findings from a disciplined study or a group of studies in a practical application unconnected to the original research is known as research use.

The BSPP believes in forming partnerships, its connection to the community, providing resources, and forging enduring bonds with various stakeholders. Finding both conventional and non-traditional partners and looking for novel methods to collaborate are the first steps in reaching out to start community relationships. A shared dedication to meeting the community's dynamic demands sustains productive collaborations.

With the efforts of BSPP, two research papers were submitted to different offices in the University to foster partnership and collaboration among the stakeholders, namely: the Office of the Counseling and Psychological Services and the Office of the Faculty Club.

##### 4.5.1. Research Utilization in Partnership with the Faculty Club

Mr. Richard M. Campos conducted the first research submitted to the Faculty Club for its utilization entitled: "**Perceived Social Support as Mediator Between Psychological Distress and Job Satisfaction Among Faculty Members in A State University During COVID-19 Pandemic.**" This research recommends a series of suggestions to address the problem:

1. The researcher suggests that the Human Resource Management Office initiate mental health programs and interventions in collaboration with Counseling and Psychological Services to track faculty members' psychological distress. It concerned that respondents to this research reported experiencing considerable psychological distress. When the pandemic ceases are yet unclear. Thus, proactive steps like counseling and psychotherapy could be used to guarantee faculty members' well-being.
2. The researcher suggests an inclusive approach that emphasizes the importance of family, significant others, and coworkers in assessing social support and establishing a network of resources, particularly during the current pandemic. This will assist respondents in identifying their unique coping methods and approaches that are appropriate and realistic for their circumstances. It was discovered in this



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research that coworkers received the highest mean score. Program proposals such as psychological first aid (PFA) seminars and workshops are also made.

3. The researcher suggests that the University's current coaching and mentoring programs be enhanced and expanded to foster a significant relationship between supervisors and subordinates since this study showed that supervision received the highest mean score for work satisfaction. Following that are coworkers and, finally, the nature of the job. While faculty members are pleased with the nature of their job, since an academic is a noble profession, support and help must be provided to maximize productivity and efficiency.
4. The researcher proposed that the University's Faculty Union encourage the University's Executive Committee to provide supplemental pay, cash incentives, and other benefits in addition to the expected salary, as this study revealed a significant relationship between fringe benefits and contingent rewards and psychological distress. Thus, the greater the incentives, the less psychological distress the responders experience. While this may not seem possible, it should be promoted to increase respondents' job satisfaction.

The aforementioned study was submitted to the President of the Faculty Club, Assoc. Prof. Artemus Cruz. A coordination meeting was held last June 30, 2021, at 1:00 p.m. in Room 609 of the South Wing, 6<sup>th</sup> floor, Main Academic Building, and via Zoom Meetings to make it a hybrid meeting.

The attendees of the meeting were the following members of the faculty:

1. Faculty Club President- Assoc. Prof. Artemus Cruz
2. OSS Chief- Mr. Timothy Morales
3. Psychology Chairperson- Asst. Prof. Lorraine Manansala
4. OIA Chief- Mr. Charlon Agos
5. OCPS Director- Assoc. Prof. Barbara Camacho
6. Psychology Research Coordinator- Mr. Richard Campos



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Republic of the Philippines  
POLYTECHNIC UNIVERSITY OF THE PHILIPPINES  
OFFICE of the VICE PRESIDENT for ACADEMIC AFFAIRS  
COLLEGE OF SOCIAL SCIENCES AND DEVELOPMENT  
DEPARTMENT OF PSYCHOLOGY

CONTROLLED COPY

Communication Tracking: 2021

21 June 2021

ASSOC. PROF. ARTEMUS CRUZ  
*President, Faculty Club*  
This University

Dear Assoc. Prof. Cruz:

Good day!

The Polytechnic University of the Philippines envisions itself as the country's premier national polytechnic university. And one of the pillars laid down by our respected University President is the **Pillar 6: Vigorous Research Production and Utilization**. This explores the factors that drive individuals to incorporate sustainable behaviors into their day-to-day lives, as well as the ways in which these behaviors impact individuals' well-being and their relationship to the natural world.

In accordance with the stated objective of our university, I would like to respectfully *propose a collaboration for the implementation and utilization of our research study titled Perceived Social Support as a Mediator Between Psychological Distress and Job Satisfaction Among Faculty Members at a State University During the COVID-19 Pandemic*. This study found that perceived social support did not mediate the association between psychological distress and job satisfaction. Using the Sobel test, it was determined that the indirect effect was insignificant ( $B = 0.78$ ,  $SE = 0.01$ ,  $p = 0.43$ ). The researcher provided a list of suggestions for enhancing the well-being of our esteemed faculty members.

The researcher suggests that the Human Resource Management Office initiate mental health programs and interventions in collaboration with the Counseling and Psychological Services to track faculty members' psychological distress. It concerned that respondents to this research reported experiencing considerable psychological distress. When the pandemic ceases are yet unclear. Thus, proactive steps should be taken to guarantee faculty members' well-being.

1. The researcher suggests an inclusive approach that emphasizes the importance of family, significant others, and coworkers in assessing social support and establishing a network of resources, particularly during the current pandemic. This will assist respondents in identifying their unique coping methods and approaches that are appropriate and realistic for their circumstances. It was discovered in this research that coworkers received the highest mean score. Additionally, program proposals such as psychological first aid (PFA) seminars and workshops are made.

2<sup>nd</sup> Floor Rm. 202 North Wing, PUP A. Mabini Campus, Anonas Street, Sta. Mesa, Manila 1016  
Trunk Line: 335-1787 or 335-1777





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2. The researcher suggests that the University's current coaching and mentoring programs be enhanced and expanded to foster a significant relationship between supervisors and subordinates since this study showed that supervision received the highest mean score for work satisfaction. Following that are coworkers and, finally, the nature of the job. While faculty members are pleased with the nature of their job, since an academic is a noble profession, support and help must be provided to maximize productivity and efficiency.
3. The researcher proposed that the Faculty Union of the University encourage the University's Executive Committee to provide supplemental pay, cash incentives, and other benefits in addition to the expected salary, as this study revealed a significant relationship between fringe benefits and contingent rewards and psychological distress. Thus, the greater the incentives, the less psychological distress the responders' experience. While this may not seem possible, it should be promoted to increase respondents' job satisfaction

I believe that with your administrative position held, you are the perfect person to coordinate with the implementation of the aforementioned study. Indeed, our faculty members need to understand the complexities of social support and its role in lowering psychological discomfort and boosting work satisfaction amidst the COVID-19 pandemic. Thus, it will help create a healthy working environment and implement strategies to keep the academic community pleased in their workloads.

May I respectfully request for a coordination meeting regarding this matter be held on **June 30, 2021, at 1:00 p.m. in Room 609 of the South Wing, 6<sup>th</sup> floor, Main Academic Building.**

Please see the research study attached. Should you have any questions about this matter, please do not hesitate to message me at [lcsmananasala@pup.edu.ph](mailto:lcsmananasala@pup.edu.ph)

Thank you very much.

Very truly yours,

LORRAINE CHARMAYNE S. MANANSALA, MPsy, RPm  
Chairperson

2<sup>nd</sup> Floor Rm. 202 North Wing, PUP A. Mabini Campus, Anonas Street, Sta. Mesa, Manila 1016  
Trunk Line: 335-1787 or 335-1777  
Website: [www.pup.edu.ph](http://www.pup.edu.ph) | Email: [cssd@pup.edu.ph](mailto:cssd@pup.edu.ph)

THE COUNTRY'S 1<sup>st</sup> POLYTECHNICU



ISO 9001:2015 CERTIFIED  
CERTIFICATE NUMBER: SCP0004120



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#### EXECUTIVE SUMMARY

SUBJECT:	<b>PROPOSED COLLABORATION BETWEEN CSSD- DEPARTMENT OF PSYCHOLOGY AND PUP FACULTY CLUB</b>
BASIS:	<b>Pillar 6: Vigorous Research Production and Utilization</b>
ACTION TO BE TAKEN:	<b>For approval of both concerned offices</b>
COMPREHENSIVE BACKGROUND:	<p>SARS-CoV-2 sparked the COVID-19 pandemic in the early 2020s. On March 11, 2020, the WHO declared COVID-19 a pandemic. Since July 31, 2020, 17.1 million persons in 217 countries and territories have contracted COVID-19, killing 668,073 [WHO, 2020]. The government strictly regulates schools in the Philippines. In June, President Duterte banned face-to-face education until a vaccine is developed. In 2021, the government lifted the restriction in low-risk zones (Magsambol, 2020).</p> <p>Several universities have taken measures to ensure that education continues if the school shutters 3.5 million students in 2,400 higher education institutions nationwide. These programs let students practice online learning. Asynchronous or synchronous online classes are possible [Ozlok et al., 2013]. Several nations have closed universities, technical institutes, and institutions due to the COVID-19 pandemic lockdown and social isolation. Educators who deliver excellent education face new realities. Online and distant learning have helped the health issue, but teachers and students face challenges. Online education will introduce a new world to students and teachers. They will get used to not having options (UNESCO, 2020).</p> <p>Teacher's job satisfaction is often overlooked because boosting student success is a top educator priority (Liang &amp; Akiba, 2017). Teachers' job happiness suffers from numerous major factors. Positive work environments reduce stress and burnout, improving teachers' health (Kyriacou, 2011). However, happy teachers seem to have happier students (Colie, Shapka, &amp; Perry, 2012). Content instructors help students learn and grow more (Kunter et al., 2013). Satisfied teachers are also less likely to leave the profession (Blömeke et al., 2017). Social support reduces psychological pain and increases work happiness, but faculty must appreciate its complexity. This study will assist in creating a healthy workplace and keep teachers satisfied during the COVID-19 pandemic.</p> <p>Research was done through the utilization of K-10 Psychological Distress Scale, Multidimensional Scale of</p>



## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### RESEARCH

	<p>Perceived Social Support and Job Satisfaction Survey employed to 139 college faculty members of the Polytechnic University of the Philippines.</p> <p>Based on the findings, it revealed that respondents were suffering from moderate psychological distress. (mean=25.95, SD = 7.71); Also indicated that the overall mean of perceived social support of the respondents was 4.67 which signified that most college faculty members have moderate level of social support from their families, colleagues, and significant others. Among these, social support from colleagues got the highest mean which was 5.31 (SD=1.29), followed by significant others of 4.82 (SD=1.58) and lastly, the family with 3.90 (SD=1.32).</p> <p>In addition, results indicated that the overall mean of job satisfaction was 3.47 which mean that most of the faculty members were only moderately satisfied in their teaching job. Among the subdimensions, the highest were: supervision (mean=4.00, SD=0.64), Co-workers (mean=3.98, SD=0.67), and Nature of work (mean=3.96, SD=0.56). However, the lowest scores were noted on: Pay (mean=3.23, SD=0.66), Fringe Benefits (mean=3.03, SD=0.51) and lastly, the operating conditions (mean=2.87, SD=0.56); while Results showed that psychological distress was negatively correlated in terms of the subdimensions such as: fringe benefits (<math>r = -1.77, p &lt; .05</math>) to teacher job satisfaction; (<math>r=-0.170, p=0.05</math>), while contingent incentives have a large but weak negative link with psychological distress (<math>r=-0.234, p=0.01</math>). Other subdimensions were reported to insignificant.</p> <p>Lastly, results revealed that perceived social support did not mediate the relationship of psychological distress to job satisfaction. The indirect effect was tested using the Sobel test and was found to be insignificant (<math>B = 0.78, SE = 0.01, p = 0.43</math>).</p> <p>Proposed collaboration for the implementation and utilization of the research study for the improvement of well-being of the members of the academic community.</p>
ATTACHMENT/S:	Research study entitled: <b>"Perceived Social Support as Mediator Between Psychological Distress and Job Satisfaction Among Faculty Members in A State University During COVID-19 Pandemic"</b>
PROONENT:	LORRAINE CHARMAYNE S. MANANSALA, MPsy, RPs Chairperson, Department of Psychology  ARTEMUS CRUZ, RPsy, RPm President, Faculty Club
PROPOSED COORDINATION MEETING:	June 30, 2021, at 1:00 p.m. in Room 609 of the South Wing, 6th floor, Main Academic Building.



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**RESEARCH**

**Department of Psychology**  
in partnership with the  
**Faculty Association**

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1904

Participants:

- Richard M. Gaspas
- Barbara Gatcho, CSS
- Lorraine Domingo Matina, CSS
- Alberto Cruz, President Faculty Council
- Timothy Morales
- Charles Agos

**Perceived Social Support as Mediator  
Psychological Distress and  
Job Satisfaction among  
PUP-Manila Faculty Members During  
COVID-19 Pandemic**

**POLYTECHNIC UNIVERSITY OF THE PHILIPPINES**  
1904

Participants:

- Richard M. Gaspas
- Barbara Gatcho, CSS
- Lorraine Domingo Matina, CSS
- Alberto Cruz, President Faculty Council
- Timothy Morales
- Charles Agos

**CHAPTER 4**  
**RESULTS AND DISCUSSION**

**Statement of the Problem Number 1: What is the level of psychological distress of the respondents?**

RANGE	WM	F	CF	PERCENTAGE	VERBAL INTERPRETATION
10 to 19	17.43	7	7	5.03%	Likely to be well
20 to 24	20.75	8	15	5.76%	Likely to have mild psychological distress
25 to 29	28.08	12	27	8.63%	Likely to have moderate psychological distress
30 to 50	37.52	112	139	80.57%	Likely to have a severe psychological distress
Total	<b>25.95</b>	<b>139</b>	<b>139</b>	<b>100%</b>	<b>Moderate psychological distress</b>

Participants:

- Richard M. Gaspas
- Barbara Gatcho, CSS
- Lorraine Domingo Matina, CSS
- Alberto Cruz, President Faculty Council
- Timothy Morales
- Charles Agos



## Polytechnic University of the Philippines

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**SUMMARY OF FINDINGS, CONCLUSIONS, AND RECOMMENDATIONS**

**Statement of the Problem Number 1: What is the level of psychological distress of the respondents?**

1. Results indicated that the overall mean of respondents' psychological distress is 25.95 ( $SD = 7.70$ ). This mean that majority of college faculty members were suffering from **moderate psychological distress**.

**Statement of the Problem Number 2: What is the level of perceived social support of the respondents?**

2. Results indicated that the overall mean of perceived social support of the respondents was 4.82 ( $SD = 1.58$ ). This signified that most college faculty members have **moderate level of social support** from their spouses, colleagues, and significant others. Among these, social support from colleagues got the highest mean which was 5.31 ( $SD=1.29$ ), followed by significant others of 4.82 ( $SD=1.58$ ) and lastly, the family with 3.90 ( $SD=1.32$ ).

**Recommendations:**

1. The researcher recommended that the Human Resource Management Office should implement mental health programs and interventions in coordination with the Office of Counseling Services and Psychological Services to monitor the level of psychological distress of the faculty members. It is worrisome that respondents of this study experienced moderate to severe level of psychological distress. It is still unknown if when the pandemic will end. Thus, pro-active measures such as counseling and psychotherapy shall be done to ensure that well-being of faculty members.



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DEPARTMENT OF PSYCHOLOGY

#### MINUTES OF THE MEETING

Type of Meeting: Coordination Meeting

Date: 30 June 2021

Time: 1:00 pm

Modality: Hybrid via Zoom Meetings

Meeting Facilitator: Mr. Richard M. Campos

Invitees: Focal persons from the Department of Psychology and the Faculty Club

Call to Order

Roll Call

Attendees of the Meeting

1. Faculty Club President- Assoc. Prof. Artemus Cruz
2. OSS Chief- Mr. Timothy Morales
3. Psychology Chairperson- Asst. Prof. Lorraine Manansala
4. OIA Chief- Mr. Charlton Agos
5. OCPS Director- Assoc. Prof. Barbara Camacho
6. Psychology Research Coordinator- Mr. Richard Campos

Meeting Agenda:

#### "PROPOSED COLLABORATION BETWEEN DEPARTMENT OF PSYCHOLOGY AND PUP FACULTY CLUB"

Mr. Richard Campos has presented the research entitled: "Perceived Social Support as Mediator Between Psychological Distress and Job Satisfaction Among Faculty Members in A State University During COVID-19 Pandemic."

Both offices raised a series of recommendations about the research.

At the end of the meeting, both offices agreed to religiously coordinate to ensure active and effective implementation of the agreed research utilization. They also agreed to form a technical working committee that will oversee the assessment and implementation of the study.

The meeting adjourned at 5:00 pm.

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DEPARTMENT OF PSYCHOLOGY

The Technical Working Committee members:

Name	Role in the Collaboration
Chair	Faculty Club President Assoc. Prof. Artemus Cruz
Co-Chair	Psychology Chairperson Asst. Prof. Lorraine Manansala
Project Implementer (For the Faculty Club)	OSS Chief Mr. Timothy Morales
Project Implementer (For the Psychology Department)	Psychology Research Coordinator Mr. Richard M. Campos
Senior Consultant (For the Faculty Club)	OIA Chief Mr. Charlton Agos
Senior Consultant (For the Psychology Department)	OCPS Director Assoc. Prof. Barbara Camacho
Support Members	Psychology Faculty Members

Proposed Organizational Chart for the Technical Working Group

```
graph TD; Chair[Chair] --- CoChair[Co-Chair]; CoChair --- PI1[Project Implementer]; CoChair --- PI2[Project Implementer]; CoChair --- SC1[Senior Consultant<br>(For the Faculty Club)]; CoChair --- SC2[Senior Consultant<br>(For the Psychology Department)];
```

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DEPARTMENT OF PSYCHOLOGY

Prepared by:  
  
RICHARD M. CAMPOS, MPsy, IOP, RPm

Approved:  
  
Lorraine Manansala, MPsy, RPm  
Chairperson



## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### RESEARCH

#### 4.5.2. Research Utilization in Partnership with the office of the Counselling and Psychological Services

The second research utilized was the study of Ms. Lorraine Manansala. This is entitled: "**Narratives of PUP Students Under Modular Learning**". This research has three goals:

1. to establish a socio-demographic profile of the PUP students currently enrolled in the modular learning modality due to limited access and gadgets to pursue online learning during the pandemic.
2. to delve into their narratives as to how they have experienced the modular learning modality and identify its pros and cons; and
3. to use this paper to propose a solution to improve learning opportunities. This research is predicted to increase students' and parents' welfare as the academe strives to provide equal learning chances and privileges to those in need.

The study was submitted and presented to the Counseling and Psychological Services Office. A coordination meeting was held last March 20, 2022, at 10:00 a.m. in Room 609 of the South Wing, 6th floor, Main Academic Building.



## Polytechnic University of the Philippines

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Department of Psychology

### RESEARCH

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COLLEGE OF SOCIAL SCIENCES AND DEVELOPMENT  
DEPARTMENT OF PSYCHOLOGY

03 March 2022

ASSOC. PROF. BARBARA P. CAMACHO  
Director, Office of Counseling and Psychological Services  
This University

Dear Director Camacho:

Greetings in peace!

The Polytechnic University of the Philippines envisions itself as the country's premier national polytechnic university. And one of the pillars laid down by our respected University President is the Pillar 6: Vigorous Research Production and Utilization. This explores the factors that drive individuals to incorporate sustainable behaviors into their day-to-day lives, as well as the ways in which these behaviors impact individuals' well-being and their relationship to the natural world.

In line with the said goal of our University, may I humbly propose to your respected office a collaboration for the implementation of our research study conducted entitled:

*"Narratives of PUP Students Under Modular Learning"*

This study aimed to:

- (1) to establish a socio-demographic profile of the PUP students who are currently enrolled in the modular learning modality due to limited access and gadgets to pursue online learning during the pandemic;
- (2) to delve into their narratives as to how they have experienced the modular learning modality and identify the advantages and disadvantages of this among the students; and
- (3) to propose a solution that would improve the learning opportunities for these students. It is anticipated that this research will contribute to the development of the students' and parents' welfare as the academic community strives to provide equal learning opportunities, extending learning privileges to those in need.

May I respectfully request that a coordination meeting regarding this matter be held on *March 20, 2023, at 10:00 a.m. in Room 609 of the South Wing, 6<sup>th</sup> floor, Main Academic Building.*

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DEPARTMENT OF PSYCHOLOGY

Please invite your esteemed personnel (Psychologists and Guidance Counselors) to facilitate a more productive group discussion.

Enclosed herewith is the actual research study conducted for your reference. Should you have any questions about this matter, please do not hesitate to message me at [lsmmanasala@pup.edu.ph](mailto:lsmmanasala@pup.edu.ph)

Thank you very much.

Very truly yours,

LORRAINE CHARMAYNE S. MANANSALA, MPsy, RPs  
Chairperson

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## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### RESEARCH

EXECUTIVE SUMMARY	
SUBJECT:	<b>PROPOSED COLLABORATION BETWEEN CSSD- DEPARTMENT OF PSYCHOLOGY AND OFFICE OF COUNSELING AND PSYCHOLOGICAL SERVICES</b>
BASIS:	<b>Pillar 6: Vigorous Research Production and Utilization</b>
ACTION TO BE TAKEN:	<b>For approval of both concerned offices</b>
COMPREHENSIVE BACKGROUND:	<p>The COVID-19 pandemic has affected approximately 1.6 billion students in over 190 nations on all continents. 94 percent of the world's students, up to 99 percent in low- and lower-middle-income nations, have been affected by school closures.</p> <p>Due to unreliable internet, most rural students were enrolled in modular learning. This learning method considers student engagement, which educators like. It permits schools to accommodate students who cannot afford online lessons. It gives pupils flexibility. However, educators know its drawbacks. Students may struggle with less instructor monitoring and activity papers answered by their guardians (Anzaldo, 2021).</p> <p>The crisis is making it harder for poor and rural children, teenagers, and adults, girls, refugees, disabled people, and forcibly displaced people to finish their education. The school interruption has and will continue to affect other areas. Closures of educational institutions hinder the provision of important services to children and communities, including nutritious meals, restrict the capacity of many parents to work, and increase the risk of violence against women and girls.</p> <p>This research has three goals:</p> <ul style="list-style-type: none"><li>(1) to establish a socio-demographic profile of the PUP students who are currently enrolled in the modular learning modality due to limited access and gadgets to pursue online learning during the pandemic;</li><li>(2) to delve into their narratives as to how they have experienced the modular learning modality and identify its pros and cons; and</li><li>(3) to use this paper to propose a solution to improve learning opportunities. This research is predicted to increase students' and parents' welfare as the academe strives to provide equal learning chances and privileges to those in need.</li></ul>



## Polytechnic University of the Philippines

College of Social Sciences and Development

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### RESEARCH

	Proposed collaboration for the implementation and utilization of the research study for the improvement of student services in the University.
ATTACHMENT/S:	Research study entitled: "Narratives of PUP Students Under Modular Learning"
PROPONENT:	LORRAINE CHARMAYNE S. MANANSALA, MPsy, RPsM Chairperson, Department of Psychology  BARBARA A. CAMACHO, RPsy, RPsM Director, OCPS
PROPOSED COORDINATION MEETING:	March 20, 2022, at 10:00 a.m. in Room 609 of the South Wing, 6 <sup>th</sup> floor, Main Academic Building.

Attendees of Coordination meeting held last March 20, 2022, at Room 609 South Wing, Main Building:

1. OCPS Director- Assoc. Prof. Barbara Camacho
2. OCPS Guidance Counselor- Ms. Jasmine Bascos
3. Psychology Chairperson- Asst. Prof. Lorraine Manansala
4. Psychology Extension Coordinator- Ms. Ma Aurora De Leon
5. Psychology Asst. Extension Coordinator- Mr. Adrian Guinto
6. Psychology Research Coordinator- Mr. Richard M. Campos





## Polytechnic University of the Philippines

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**RESEARCH**





## Polytechnic University of the Philippines

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### RESEARCH



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DEPARTMENT OF PSYCHOLOGY

#### MINUTES OF THE MEETING

Type of Meeting: Coordination Meeting

Date: 20 March 2022

Time: 10:00 am

Modality: Face to face

Meeting Facilitator: Ms. Lorraine Manansala

Invitees: Focal persons from the Department of Psychology and the Office of Counseling and Psychological Services

Call to Order

Roll Call

Attendees of the Meeting

1. OCPS Director- Assoc. Prof. Barbara Camacho
2. OCPS Guidance Counselor- Ms. Jasmine Bascos
3. Psychology Chairperson- Asst. Prof. Lorraine Manansala
4. Psychology Extension Coordinator- Ms. Ma Aurora De Leon
5. Psychology Asst. Extension Coordinator- Mr. Adrian Guinto
6. Psychology Research Coordinator- Mr. Richard M. Campos

Meeting Agenda:

"PROPOSED COLLABORATION BETWEEN DEPARTMENT OF PSYCHOLOGY AND OFFICE OF COUNSELING AND PSYCHOLOGICAL SERVICES"

Ms. Lorraine Manansala has presented the research entitled: "Narratives of PUP Students Under Modular Learning."

OCPS Director Camacho underscored the importance of utilizing the research to improve students' welfare and well-being, especially during the COVID-19 pandemic.

Both offices raised a series of recommendations about the research.

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DEPARTMENT OF PSYCHOLOGY

Both offices agreed at the end of the meeting to religiously coordinate to ensure active and effective implementation of the agreed-upon research utilization. They also agreed to establish a technical working group to oversee the collaboration.

The meeting adjourned at 2:00 pm.

#### The Technical Working Group Members

Name	Role in the Collaboration
Chair	OCPS Director Assoc. Prof. Barbara Camacho
Co-Chair	Psychology Chairperson Asst. Prof. Lorraine Manansala
Senior Project Implementer (For the Faculty Club)	OCPS Chief Ms. Jasmine Bascos
Senior Project Implementer (For the Psychology Department)	Psychology Research Coordinator Mr. Richard M. Campos
Asst. Project Implementer	Mr. Adrian R. Guinto
Asst. Project Implementer	Mr. Ma. Aurora De Leon
Support Members	Psychology Faculty Members and Members of OCPS

Prepared by:

MA. AURORA P. DE LEON

Approved:

Lorraine Manansala, MPsy, RPm  
Chairperson

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### RESEARCH

#### 5. Research Incentives, Privileges, and Awards for Faculty Members

The University encourages faculty members to conduct research through grants, incentives, and publication assistance. The BSPP took these opportunities to produce a significant number of relevant and timely research for presentation and publication. Memorandum Order No. 10, Series 2020 discussed the guidelines for Internally Funded Research.

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**MEMORANDUM ORDER  
No. 10, Series of 2020**

**TO : ALL CONCERNED**

**SUBJECT: REVISED IMPLEMENTING GUIDELINES FOR INTERNALLY-FUNDED RESEARCHES**

**DATE : February 21, 2020**

---

**SECTION 1. RATIONALE AND PURPOSE**

To justly implement the University policy on Research and Development Support, Funding and Incentives as approved by the Board of Regents on October 18, 2013, this set of guidelines which specific and clear provisions pertaining to internally-funded researches is hereby outlined. This supplements the Specific guidelines for implementing the BOR-Approved University policy on R & D Funding, Support, and incentives (approved by the BOR in its 144<sup>th</sup> Regular Meeting held on March 26, 2014).

**SECTION 2. DEFINITIONS**

2.1 Research funding and grant refer to the financial assistance awarded to a research proposal from an eligible party as enumerated in Section 4. The grant may cover, wholly or partly, the cost/or other incident expenses relating to the conduct of the proposed research. The grant also covers honoraria, operating expenses, and cost of books and equipment.

Other funding support given to either the lead proponent or co-proponent such as reduction of teaching load, night service pay, and merit promotion is not covered by the Research Fund and Grant but chargeable to the University as per the existing accounting rules and regulations.

2.2 Proposal-Driven Grant refers to the giving of the incentives as provided for in this "Guidelines" based on the quality of proposals and availability of funds in a specific year.

2.3 Internally-funded research work refers to the research project which is sponsored by the University and proposed by a college/branch/research institute/center which is aligned to the University Research Agenda (URA) and advantageous to the University in terms of publication, commercialization, intellectual property, and policy making.

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## Polytechnic University of the Philippines

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### RESEARCH

The faculty researchers conducted research funded by the University – Institutional Research as well as research collaborations with other colleges and agencies.

#### 5.1. Institutional Research Conducted by Faculty Researchers in the Last Five (5) Years

RESEARCH TITLE	FACULTY RESEARCHERS	STATUS (Acceptance Of Proposal, On-Going, Completed)	AMOUNT
Mental Health and Coping among Faculty Members and Administrative Employees in a State University during the COVID-19 Pandemic	Nicolas T. Mallari Jose Abat Anna Ruby Gapasin Rodrigo Lopiga	Completed December 2021 on	P25,000.00
Mental Health and Coping among College Students in a State University during the COVID-19 Pandemic	Rodrigo Lopiga Nicolas Mallari Jose Abat Anna Ruby Gapasin	To be completed	P25,546.91
Level of Anxiety, Issues, and Concerns of WFH Moms Amidst the Pandemic	Geraldine Santos Aimee Rose Manda Ma. Jeanette De Guzman Cynthia Equiza	Completed December 2021 on	135,000.00

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PUP - Central Receipts Section  
Date: 09-08-21  
PUPCTS No. 2021-725907

September 11, 2021

SPECIAL ORDER  
No. 2295, s. 2021

Pursuant to Section 64 of P.D. No. 1445, DR. NICOLAS T. MALLARI, Special Disbursing Officer and Director, Research Institute for Human and Social Development, this University, is hereby authorized to hold a Cash Advance of TWENTY FIVE THOUSAND PESOS ONLY (P25,000.00), to defray expenses to be incurred in connection to the Institute funded research entitled: "Mental Health and Coping among Faculty Members and Administrative Employees in a State University during the COVID-19 Pandemic", broken down as follows:

Supplies	P	7,000.00
Communication Expenses	P	18,000.00
<b>TOTAL</b>	P	<b>25,000.00</b>

It is understood that Dr. Mallari shall be guided by existing accounting and auditing rules and regulations and that no cash shall be paid out of the afore-stated cash advance except in fulfillment of the purpose for which it was granted.

MANUEL M. MUHI, D. Tech  
President



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Polytechnic University of the Philippines Sta. Mesa, Manila	
BUDGET ALLOCATION FORM	
S TS # 2021232343	
Allotment/Budget available for the purpose as indicated below:	
Expenditure Item	Amount
Honoraria	
Other Personnel Benefits	
Incentive / Awards / Rewards	
Registration / Training Fee	
Travelling Expenses / Per diem	
Representation/Food Expenses	
Supplies	7,546.91
Gasoline, Oil, Lubricant	
Communication Expenses	
Rent Expenses	18,000.00
Others	
Total:	25,546.91
Notes: Please note that the amount approved in each item must be used for the same purpose and not to exceed the approved amount per item.	
Fund Source: RIHSD Research Fund	
Evaluated by:	Noted:
<i>ROSELYN D. MAMARIL</i> Chief, Budget Technical Section Budget Services Office	<i>ARTURO B. PURLZ</i> OIC, Budget Services Office
Recommending Approval of the President as to the available funds:	
<i>MARISA J. LOQUASPI, CP</i> Vice-President for Finance	

POLYTECHNIC UNIVERSITY OF THE PHILIPPINES OFFICE OF THE PRESIDENT	RECEIVED BY: Adelene J. Espina DATE: 01-23-21 TIME: 2:30 PM										
PUPCTS No. 2021-751476											
September 23, 2021											
SPECIAL ORDER No. 2310, ■ 2021											
Pursuant to Section 64 of P.D. No. 1445, ASST. PROF. GERALDINE F. SANTOS, Special Disbursing Officer, Research Institute for Human and Social Development, this University, is hereby authorized to hold a Cash Advance of ONE HUNDRED THIRTY-FIVE THOUSAND FOUR HUNDRED PESOS ONLY (P135,400.00), to defray expenses to be incurred in connection with the Research Project entitled "Levels of Anxiety, Issues and Concerns of WFH Moms Amidst the Pandemic", broken down as follows:											
<table border="1"><tr><td>Honoraria</td><td>62,400.00</td></tr><tr><td>Representation/Food Expenses</td><td>10,000.00</td></tr><tr><td>Supplies</td><td>15,000.00</td></tr><tr><td>Communication Expenses</td><td>48,000.00</td></tr><tr><td><b>TOTAL</b></td><td><b>135,400.00</b></td></tr></table>		Honoraria	62,400.00	Representation/Food Expenses	10,000.00	Supplies	15,000.00	Communication Expenses	48,000.00	<b>TOTAL</b>	<b>135,400.00</b>
Honoraria	62,400.00										
Representation/Food Expenses	10,000.00										
Supplies	15,000.00										
Communication Expenses	48,000.00										
<b>TOTAL</b>	<b>135,400.00</b>										
It is understood that Asst. Prof. Santos shall be guided by existing accounting and auditing rules and regulations and that all cash shall be paid out of the aforesaid cash advance except in fulfillment of the purpose for which it was granted.											
<i>MANUEL M. MUHI, OTech</i> President											
Copy furnished: Office of the President Executive Vice-President Vice-President for Academic Affairs Vice-President for Administration Vice-President for Finance Vice-President for Student Affairs and Services Vice-President for Research, Extension and Development Vice-President for Branches and Campuses CRA Auditor Director, Internal Audit Director, Accounting Department Director, Fund Management Office Director, Budget Services Director, Research Institute for Human and Social Development Chief, Payroll Section Acting Chief, Records Section/201 Asst. Prof. Geraldine F. Santos											
POLYTECHNIC UNIVERSITY OF THE PHILIPPINES ACCOUNTING DEPARTMENT RECEIVED BY: Adelene J. Espina DATE: 01-23-21 TIME: 4:05 PM											
CONTROLLED COPY Signed by: _____ Date: SEP 23 2021 Signed by: _____ Date: _____											



## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### RESEARCH

#### 5.2. Externally - Funded Research

The College of Social Sciences and Development (CSSD) celebrated its month-long foundation anniversary with a series of noteworthy activities. Among said activities, Memorandum of Understanding (MOU) was signed by CSSD officials, the Office of International Affairs, and Dr. Peter Nynäs as part of the celebration.

A future **research collaboration with CSSD and Abo Akademi University** is planned for 2023, which will be extended to the **Young Adults Religiosity Study in the Philippines**. The College is keen on building broader partnerships with various universities and colleges to boost its international presence and expand collaborative knowledge production among its students and faculty.

With the personal visit of Dr. Peter Nynäs, Dean of the Faculty of Psychology and Theology at Finland's Abo Akademi University, CSSD also took the opportunity to conduct a Masterclass on Q-methodology. The goal is to equip the college faculty with fundamental knowledge in administering the Faith Q-Set, which attempts to understand the religiosity of young people. The college participants were also given simulations of how Q-methodology is carried out. Q-methodology is a powerful tool for researchers seeking to understand the complexity of human subjectivity and the diversity of individual perspectives on a particular issue or topic. It is a research technique that combines qualitative and quantitative methods to study subjectivity and individual perspectives.





## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### RESEARCH

#### 5.3. Faculty Research Papers Presented in The Last Five (5) Years with Presentation Incentives

The University provides **Research Paper Presentation Assistance, University Publication Assistance (UPA), and Research Incentives** for faculty researchers who published research articles in Scopus/WoS Indexed Journals. Memorandum Order No 16, Series of 2020 presented the guidelines on International and National Paper Presentation Financial Assistance.

**Republic of the Philippines  
POLYTECHNIC UNIVERSITY OF THE PHILIPPINES  
OFFICE OF THE PRESIDENT**

**MEMORANDUM ORDER  
No. 16, Series of 2020**

**TO : ALL CONCERNED**

**SUBJECT: REVISED IMPLEMENTING GUIDELINES ON INTERNATIONAL AND NATIONAL PAPER PRESENTATION FINANCIAL ASSISTANCE**

**DATE : February 21, 2020**

**SECTION 1.0 RATIONALE**

The Polytechnic University of the Philippines aims to enhance its research culture in a highly-competitive world of knowledge production. As part of the global academic community, it intends to increase research works, publications, and citations. To achieve this, the University adopts the following new set of policies on paper presentation financial assistance is hereby outlined. The Guidelines is a supplement to the *Specific Guidelines for Implementing the BOR-Approved University Policy on R & D Funding, Support and Incentives* (Approved by the BOR during its 144<sup>th</sup> Regular Meeting, March 26, 2014).

**SECTION 2.0 DEFINITIONS**

2.1 *International Paper Presentation* refers to the presentation of research outputs or results in international conferences outside the country. The term shall refer only to oral presentation.

2.2 *National Paper Presentation* refers to the presentation of research outputs or results in either international or national conferences held in the country. The term shall refer to both oral and poster presentations.

2.3 *Ad Hoc Committee* refers to a body established by the Research Management Office (RMO) by the authority of the Office of the Vice President for Research, Extension, and Development (OVPRED) for the sole purpose of evaluating a specific paper as to its appropriateness of theory/conceptual modeling, soundness of the methodology, contribution to knowledge/implication and application, and grammar and composition for international or national presentation. It is also the body that would either recommend or refuse to recommend the award of financial assistance as hereby contemplated.

2.4. *Double-Blind Review* refers to the process of evaluation of papers where the evaluators' identity is anonymous to the applicant and vice versa.

2<sup>nd</sup> Floor South Wing PUP A. Mabini Campus Anonas Street, Sta. Mesa, Manila  
Phone: (Direct Line) 87162644; Telefax: 8716-1143 (Trunk Line) 5335-177/178 Local 201/202/658/659  
website: [www.pup.edu.ph](http://www.pup.edu.ph) | e-mail: [president@pup.edu.ph](mailto:president@pup.edu.ph)

THE COUNTRY'S 1<sup>st</sup> POLYTECHNICU

**ISO 9001:2015 CERTIFIED**  
CERTIFICATE NUMBER: SCPO064150



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### RESEARCH

RESEARCH TITLE	FACULTY RESEARCHER/S	DATE OF PRESENTATION	FORA/CONFERENCE	AMOUNT OF INCENTIVES
The Perspective of Senior High School Students with Overseas Filipino Worker Parents	Richard M. Campos John Mark Distor	June, 2021	Psychology and Education	P50,000.00
From College to K-12 Real quick: The Lived Experiences of Teachers in the Changing Environment	Richard M. Campos John Mark Distor	June, 2021	Psychology and Education	P50,000.00
Stressors and Coping Mechanisms of Older Adults Teaching in Higher Education Institution in Manila	Elmer De Jose	December, 2018	New Trends and Issues Proceedings in Humanities and Social Sciences	P100,000.00

 <b>Republic of the Philippines POLYTECHNIC UNIVERSITY OF THE PHILIPPINES OFFICE OF THE PRESIDENT</b>		<b>PUP - Central Records Section</b> Received by: <u>Dona Birion</u> Date: <u>11/22/21</u> Time: <u>2:30PM</u>																
<small>- PUPCTS No. 2021-726235 *</small>																		
<small>June 16, 2021</small>																		
<b>SPECIAL ORDER</b> No. 1449, s. 2021																		
Pursuant to Memorandum Order No. 15, series of 2020 dated February 21, 2020, Revised Implementing Guidelines on Incentives for Publication and Citation, DR. JOHN MARK S. DISTOR, Faculty Member, College of Social Sciences and Development, this University, is entitled to receive University Publication Incentive for his research paper published in Psychology and Education.																		
<table border="1"> <tr> <td>Research Title</td> <td>Author/Co-Authors/College</td> <td>Journal Title</td> <td>Category</td> <td>Amount</td> </tr> <tr> <td>The Perspective Of Senior High School Students With Overseas Filipino Worker Parents</td> <td>JOHN MARK S. DISTOR Author</td> <td>(2021) 58 (4): 1636-1644</td> <td>SCOPUS</td> <td>PhP50,000.00</td> </tr> <tr> <td>From College to K-12 Real Quick: The Lived Experiences Of Teachers In The Changing Environment</td> <td>Richard M. Campos Co-Author</td> <td>(2021) 58 (4): 1645-1651</td> <td></td> <td>PhP50,000.00</td> </tr> </table>		Research Title	Author/Co-Authors/College	Journal Title	Category	Amount	The Perspective Of Senior High School Students With Overseas Filipino Worker Parents	JOHN MARK S. DISTOR Author	(2021) 58 (4): 1636-1644	SCOPUS	PhP50,000.00	From College to K-12 Real Quick: The Lived Experiences Of Teachers In The Changing Environment	Richard M. Campos Co-Author	(2021) 58 (4): 1645-1651		PhP50,000.00	<small>Payment of the above-stated incentive shall be subject to the usual accounting and auditing rules and regulations.</small>	
Research Title	Author/Co-Authors/College	Journal Title	Category	Amount														
The Perspective Of Senior High School Students With Overseas Filipino Worker Parents	JOHN MARK S. DISTOR Author	(2021) 58 (4): 1636-1644	SCOPUS	PhP50,000.00														
From College to K-12 Real Quick: The Lived Experiences Of Teachers In The Changing Environment	Richard M. Campos Co-Author	(2021) 58 (4): 1645-1651		PhP50,000.00														
 <b>MANUEL M. MUHI, DTech.</b> <small>President</small>																		
Copy furnished: Office of the President Executive Vice-President Vice-President for Academic Affairs Vice-President for Administration Vice-President for Finance Vice-President for Research, Extension and Development Vice-President for Branches and Satellite Campuses Vice-President for Student Affairs and Services COA Auditor Director, Internal Audit Office Director, Accounting Department Director, Fund Management Office Director, Budget Services Director, Human Resource Management Department Director, Research Management Office Chief, Payroll Section Acting Chief, Records Section/201 files Dr. John Mark S. Distor																		
<b>CONTROLLED COPY</b> <small>Signed by: _____ Date: _____</small>																		
<small>2<sup>nd</sup> Floor South Wing, PUP A, Malabon Campus Anonas Street, Sta. Mesa, Manila          Phone: (Direct Line) 716-1143; 1st Flg. 7162644 (frunk line) 3351-777/787 local 201/202/658/659          Website: <a href="http://www.pup.edu.ph">www.pup.edu.ph</a> Email: <a href="mailto:mailto:cssd@pup.edu.ph">mailto:cssd@pup.edu.ph</a></small>		 <small>ISO 9001:2015 CERTIFIED CERTIFICATE NUMBER: SCP0004130</small>																
<b>THE COUNTRY'S 1<sup>ST</sup> POLYTECHNIC</b>																		



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### RESEARCH

Republic of the Philippines  
**POLYTECHNIC UNIVERSITY OF THE PHILIPPINES**  
Office of the Vice President for Research, Extension, Planning and Development  
**RESEARCH MANAGEMENT OFFICE**

26 April 2022

**Dr. JOHN MARK S. DISTOR**  
Faculty, College Social Sciences and Development  
This University

Dear Dr. Distor:

This is to inform you that your paper/s below which was published in the **European Online Journal of Natural and Social Sciences** passed the the technical evaluation as stipulated in the Executive Order No. 25, s.2020 or the Revised Implementing Guidelines on University Publication Assistance (UPA), Publication, and Citation Incentives.

Research Title	Author/ Co-Authors	Journal Detail/s	Category	Amount
Perceived Social Support as Mediator Between Psychological Distress and Job Satisfaction Among Faculty Members in a State University during Covid-19 Pandemic (PUPCTS#2022998444)	<b>JOHN MARK S. DISTOR</b> Author <b>Richard M. Campos</b> Co-Author	Vol.11, No. 1 (s) Special Issue on Education Research in COVID Era: The Future of the Next Generation, ISSN 1805-3602	WEB OF SCIENCE (WoS)	₱50,000.00
Perceived Stress as Predictors of Depressive Symptoms among PUP Academic Scholars during Covid-19 Pandemic (PUPCTS#2022365196)	<b>JOHN MARK S. DISTOR</b> Author <b>Annabelle C. del Rosario, Marjallita Theresa T. Malapo, Michelle Ann L. Abundo, Yolanda Y. Chua, Ryan B. Corona, Uilia G. Labatario, Leonida D. Valeffa</b> Co-Author	Vol.11, No. 1 (s) Special Issue on Education Research in COVID Era: The Future of the Next Generation, ISSN 1805-3602	WEB OF SCIENCE (WoS)	₱50,000.00
Total				₱100,000.00

Our recommendation has been forwarded for final approval by the President. To follow up the release of your Special Order and Voucher please coordinate with the concerned offices through the assigned tracking/cts number.

In addition, may we request the submission of the softcopy of the actual full paper and/or link to download for our reference. You can upload the pdf copy and/or the link at <https://drive.google.com/drive/folders/1ytn-WzOqQwWkE5wlhAqthMD4eS1BXap0?usp=sharing>.

Thank you and God Bless.

Very truly yours,

**RANDY D. SAGUN – 04/26/2022**  
Chief, Research Support Center

Noted by:

**Dr. JACKIE D. URRUTIA – 04/26/2022**  
Director

4<sup>th</sup> Flr., South Wing Bldg. 423-424, PUP A. Malina Campus, Anonas Street, Sta. Mesa, Manila 1016  
Direct Line: 335-1752 | Trunk Line: 335-1787 or 335-1777 local 235  
Website: [www.pup.edu.ph](http://www.pup.edu.ph) | Email: [rsmo@pup.edu.ph](mailto:rsmo@pup.edu.ph)

THE COUNTRY'S 1<sup>st</sup> POLYTECHNICU

ISO 9001:2015 CERTIFIED  
CERTIFICATE NUMBER: SCP0001130



## Polytechnic University of the Philippines

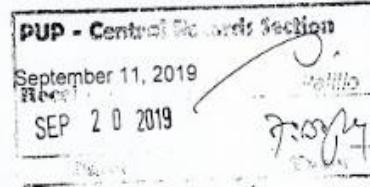
College of Social Sciences and Development  
Department of Psychology

### RESEARCH



Republic of the Philippines  
POLYTECHNIC UNIVERSITY OF THE PHILIPPINES  
Office of the President

PUPCTS No. 2019-708865



#### SPECIAL ORDER No. 3472, s. 2019

Conformably with the letter of the Vice President, Future Academy and in the interest of the service, DR. ELMER G. DE JOSE, Dean, Graduate School, this University, is hereby authorized to attend on official time the 10<sup>th</sup> International Conference on Education and Educational Psychology (ICEEPSY) 2019 to present research paper entitled: "Stressors and Coping Mechanisms of Older Adults Teaching in Higher Education Institutions in Manila, Philippines" at Barcelona, Spain on October 8-14, 2019.

Pursuant to Memorandum Order No. 23, series of 2018 dated August 3, 2018, Revised Guidelines on Funding Support for Internationalization-Related Activities and Official Foreign Travels by Officials, Faculty Members and Employees, Dr. De Jose, shall be given financial assistance amounting to ONE HUNDRED THOUSAND PESOS ONLY (P100,000.00), subject to the usual accounting and auditing rules and regulations.

He required to submit his certificate of appearance and a report on the proceedings to the Human Resource Management Department in thirty (30) working days from receipt of this order.

EMANUEL C. DE GUZMAN, PhD

President

- Q +  
**CONTROLLED COPY**

Copy furnished:  
Office of the President  
Executive Vice-President  
President for Academic Affairs



## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### RESEARCH

Republic of the Philippines  
**POLYTECHNIC UNIVERSITY OF THE PHILIPPINES**  
Office of the Vice President for Research, Extension, Planning, and Development  
**RESEARCH MANAGEMENT OFFICE**

26 April 2022

**Dr. JOHN MARK S. DISTOR**  
Faculty, College of Social Sciences and Development  
This University

Dear Dr. Distor:

This is to inform you that your research paper/s below which was submitted for possible publication in European Online Journal of Natural and Social Sciences passed the technical evaluation as stipulated in the Executive Order No. 25, s.2020 or the Revised Implementing Guidelines on University Publication Assistance (UPA), Publication, and Citation Incentives.

PUPCTS	Research Title	Journal Detail/s	Category	Amount
2022457894	Perceived Social Support as Mediator Between Psychological Distress and Job Satisfaction Among Faculty Members in a State University during Covid-19 Pandemic	Vol.11, No. 1 (s) Special Issue on Education Research in COVID Era: The Future of the Next Generation, ISSN 1805-3602	WEB OF SCIENCE (WoS)	\$135
			Total	\$135

Our recommendation has been forwarded for final approval by the president. To follow up the release of your Special Order and Voucher please coordinate with the concerned offices through the assigned tracking/cts number.

Thank you and God Bless.

Very truly yours,

**RANDY D. SAGUN – 04/26/2022**  
Chief, Research Support Center

Noted by:

**Dr. JACKIE D. URRUTIA – 04/26/2022**  
Director

4<sup>th</sup> Flr., South Wing Rm. 425-424, PUP A, Malabini Campus, Anonas Street, Sta. Mesa, Manila 1016  
Direct Line: 335-1752 | Trunk Line: 335-1787 or 335-1777 local 235  
Website: [www.pup.edu.ph](http://www.pup.edu.ph) | Email: [rnsd@pup.edu.ph](mailto:rnsd@pup.edu.ph)

THE COUNTRY'S 1<sup>ST</sup> POLYTECHNICU

ISO 9001:2015 CERTIFIED  
CERTIFICATE NUMBER: SCP0004130

## 6. Faculty Researchers as Research Reviewer, Editor, Technical Committee, and Guest Speaker

Several faculty members of the BSPP were also invited as Research Reviewer of Refereed Journals, Editor, Member of a Technical Committee of International Organizations, and Guest Speakers in television, radio, and social media like webinar.

NAME OF FACULTY	NATURE OF INVITATION (Reviewers, Resource Speakers, Editorial Board Members, etc.)	ORGANIZATION	DATE OF INVITATION
Richard M. Campos	Peer Reviewer	Psychology and Education-Multidisciplinary Journal	2023



## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### RESEARCH

NAME OF FACULTY	NATURE OF INVITATION (Reviewers, Resource Speakers, Editorial Board Members, etc.)	ORGANIZATION	DATE OF INVITATION
Nicolas Mallari	Associate Editor	Social Science and Development Review, CHED-Accredited Journal of PUP	2021
John Mark Distor	Editorial Board Member	Psychology and Education-Multidisciplinary Journal	2021
Christopher Sasot	Resource Speaker Kape't Aral, Mixed Method Research	DepEd Region III, Schools Division of Meycauayan, Bulacan	December 19, 2017
Aimee Rose Manda	Research Paper Reviewer	ICHESMET 2021	November 25-27, 2021
Christopher Sasot	Research Paper Reviewer	ICHESMET 2021	November 25-27, 2021
Elmer de Jose	Research Paper Reviewer	ICHESMET 2021	November 25-27, 2021
John Mark Distor	Research Paper Reviewer	ICHESMET 2021	November 25-27, 2021

Republic of the Philippines  
POLYTECHNIC UNIVERSITY OF THE PHILIPPINES  
OFFICE OF THE PRESIDENT

PUP - Central Registry  
Received by \_\_\_\_\_ Date \_\_\_\_\_  
Date \_\_\_\_\_ Time \_\_\_\_\_

PUPCTS No. 2021091404

July 14, 2021

SPECIAL ORDER  
No. 1772, s. 2021

In the exigency of service, the following are designated to compose the EDITORIAL BOARD OF SOCIAL SCIENCES AND DEVELOPMENT REVIEW (SSDR) JOURNAL:

NAME	AFFILIATION	POSITION
Dr. VIVENCIO O. BALLANO	PUP	Editor-in-Chief
Dr. NICOLAS MALLARI	PUP	Associate Editor
Dr. RAUL SEBASTIAN	PUP	Associate Editor
Dr. JAYEEL SERRANO CORNELIO	Ateneo de Manila University	Editorial Board Member
Dr. FRANCIS GEALOGO	Ateneo de Manila University	Editorial Board Member
Dr. NOEL MORATILLA	University of the Philippines-Diliman	Editorial Board Member
Dr. LUKASZ TOMCZYK	Pedagogical University of Cracow, Poland	Editorial Board Member
Dr. LILY MENDOZA	Oakland University, USA	Editorial Board Member
Dr. HANIFI BIN HUSSIN	University of Malaya, Malaysia	Editorial Board Member
Dr. JORGE BAYONA	Washington University, USA	Editorial Board Member

The designation shall take effect immediately and shall continue to be effective until subsequently modified or revoked.

MANUEL M. MUHI, DTech  
President

CONTROLLED COPY  
Signed by \_\_\_\_\_ Date \_\_\_\_\_

Copy furnished:  
Office of the President  
Executive Vice-President  
Vice-President for Academic Affairs  
Vice-President for Administration  
Vice-President for Finance  
Vice-President for Research, Extension and Development  
Vice-President for Branches and Satellite Campuses  
Vice-President for Student Affairs and Services  
COA Auditor  
Director, Internal Audit Office  
Director, Planning Department  
Director, Fund Management Office  
Director, Budget Services  
Director, Human Resource Management Department  
Director, Research Publication Office  
Chief, Payroll Section  
Acting Chief, Records Section/201 files  
Concerned Personnel

Page \_\_\_\_\_  
2nd Floor South Wing PUP A, Matina Campus Anasas Street, Sta. Mesa, Manila

SOCOTEC PAB



## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

RESEARCH

### 6.1. Awarded Certificates for the Services Rendered as Resource Speakers, Members of the Editorial Board, Peer Reviewers, and/or Evaluators

**PSYCHOLOGY AND EDUCATION**  
A Multidisciplinary Journal | ISSN 2822-4353 (SciMatic®, Turkey)  
INTERNATIONAL JOURNAL PUBLICATION

**MEET OUR PEER REVIEWER** Volume 8 & 9

**RICHARD M. CAMPOS, MPsy, RPm**  
Master's Degree in Psychology  
Major in Industrial Psychology

**Faculty Member**  
Polytechnic University of the Philippines

**Research Areas of Specialization:**  
Psychology and Organizational Behavior



ISSN INTERNATIONAL STANDARD SERIAL NUMBER TURKEY

**MEET OUR**  
*Editorial Board Members*



**DR. JOHN MARK DISTOR**  
Director, Office of the Students Services  
Chairperson, MA and PhD in Psychology  
Polytechnic University of the Philippines

**PhD in Educational Psychology**  
La Consolacion University Philippines

**Doctor of Business Administration**  
Polytechnic University of the Philippines

**Research Areas of Specialization:**  
Educational Psychology, Industrial and  
Organizational Psychology, Human  
Resource Management, and  
Organizational Behavior and Leadership

Website: <https://scimatic.org/journals/11>  
Email: [pemjpublication@gmail.com](mailto:pemjpublication@gmail.com)

**PEMJ - Editor**

   
SciMatic © Publisher: SciMatic, Turkey  
ISSN: In Progress



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### RESEARCH





## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### RESEARCH





## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### RESEARCH

#### 7. Research Networks and Linkages for Internationalization

Research-based learning is a fundamental aspect of academic advancement, and it plays a crucial role in researchers' success. The BSPP believes that establishing networks with other Higher Learning Institutions (HEIs) will aid and equip all stakeholders to foster collaborative works that will foster collective works that will undoubtedly benefit the majority.

The BSPP thus initiated partnerships with the Philippines' two most prestigious HEIs, namely: the University of the Philippines, and Ateneo De Manila University. The Department is confident that success can be achieved with the assistance of its partners and other scientists, who promote mutually beneficial activities.



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### RESEARCH

**CONTROLLED COPY**  
Communication Tracking: 2021

Republic of the Philippines  
POLYTECHNIC UNIVERSITY OF THE PHILIPPINES  
OFFICE of the VICE PRESIDENT for ACADEMIC AFFAIRS  
COLLEGE OF SOCIAL SCIENCES AND DEVELOPMENT  
DEPARTMENT OF PSYCHOLOGY

TO: MS. ELVIRA B. LAPUZ  
*University Librarian*  
University of the Philippines

FROM: *Lorraine*  
ASST. PROF. LORRAINE CHARMAYNE S. MANANSALA  
*Chairperson*

DATE: May 18, 2022

---

Good day!

The Polytechnic University of the Philippines, one of the largest state universities in the country envisions itself as the Country's National Polytechnic University. With its vision, ten pillars of a transformational leadership had been laid out. Two of the ten pillars have been pointed out in building Strategic Networks and Partnerships among Higher Education Institutions to ensure and enable a holistic and well-grounded learning environment to the students.

These are the Pillar 3: *Enabling and Productive Learning Environment*  
And the Pillar 8: *Synergistic, Productive, Strategic Networks and Partnerships*.

In order to attain the goals and aspirations of the University, I am *humbly looking for a possible partnership with your respected institution most especially in building networks among the libraries in the country*. I believe by forming partnerships, the library strengthens its connection to the community, provides resources, and forges enduring bonds with a range of stakeholders. Finding both conventional and non-traditional partners and looking for novel methods to collaborate are the first steps in reaching out to start community relationships. A shared dedication to meeting the community's dynamic demands sustains productive collaborations.

Should you have any questions and clarifications, please do not hesitate to contact me at 5335-17-87 local 362 or at [lcsmanansala@pup.edu.ph](mailto:lcsmanansala@pup.edu.ph).

Thank you so much for your trust. More power to the institution!

*Letter requesting for partnership in the University Library of the University of the Philippines*



## Polytechnic University of the Philippines

College of Social Sciences and Development  
Department of Psychology

### RESEARCH



Republic of the Philippines  
POLYTECHNIC UNIVERSITY OF THE PHILIPPINES  
OFFICE of the VICE PRESIDENT for ACADEMIC AFFAIRS  
COLLEGE OF SOCIAL SCIENCES AND DEVELOPMENT  
DEPARTMENT OF PSYCHOLOGY

TO: VERNON TOTANES, PHD  
*Director*  
Rizal Library, Ateneo De Manila University  
[vtotanes@ateneo.edu](mailto:vtotanes@ateneo.edu)

FROM: ASST. PROF. LORRAINE CHARMAYNE S. MANANSALA  
*Chairperson*

DATE: February 11, 2022

Good day!

The Polytechnic University of the Philippines, one of the largest state universities in the country envisions itself as the Country's National Polytechnic University. With its vision, ten pillars of a transformational leadership had been laid out. Two of the ten pillars have been pointed out in building Strategic Networks and Partnerships among Higher Education Institutions to ensure and enable a holistic and well-grounded learning environment to the students.

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In order to attain the goals and aspirations of the University, *I am humbly looking for a possible partnership with your respected institution most especially in building networks among the libraries in the country*. I believe by forming partnerships, the library strengthens its connection to the community, provides resources, and forges enduring bonds with a range of stakeholders. Finding both conventional and non-traditional partners and looking for novel methods to collaborate are the first steps in reaching out to start community relationships. A shared dedication to meeting the community's dynamic demands sustains productive collaborations.

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Thank you so much for your trust. More power to the institution!

2<sup>nd</sup> Floor Rm. 202 North Wing, PUP A. Mabini Campus, Anonas Street, Sta. Mesa, Manila 1016  
Trunk Line: 335-1787 or 335-1777  
Website: [www.pup.edu.ph](http://www.pup.edu.ph) | Email: [cssd@pup.edu.ph](mailto:cssd@pup.edu.ph)

THE COUNTRY'S 1<sup>st</sup> POLYTECHNICU



Letter requesting for partnership in the Rizal Library of Ateneo de Manila University



## Polytechnic University of the Philippines

College of Social Sciences and Development

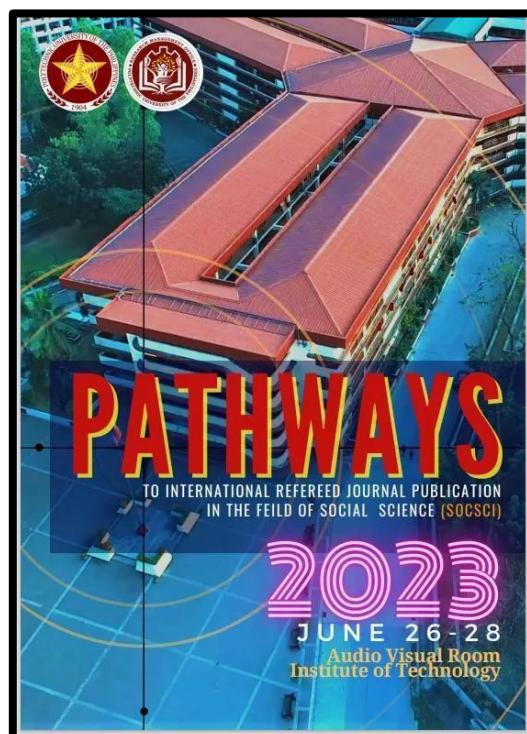
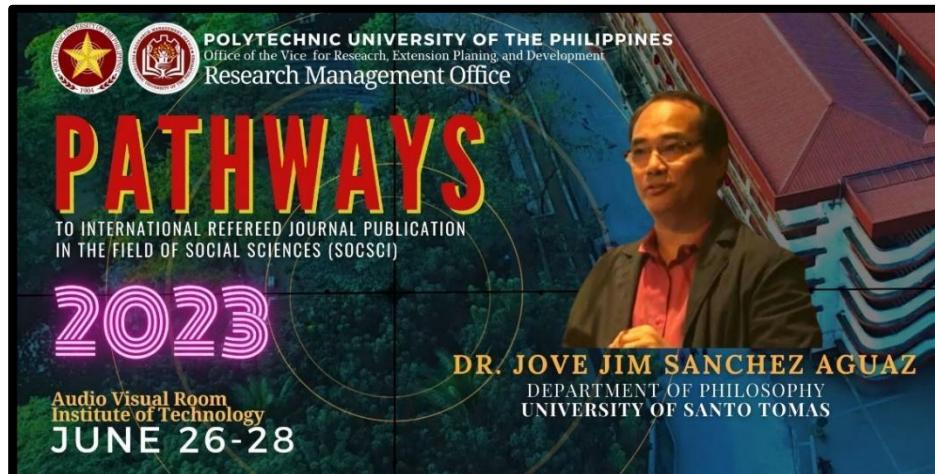
Department of Psychology

### RESEARCH

## 8. Strengthening of Research Skills and Capabilities of Faculty Members

Likewise, the faculty members of the BSPP actively participate in numerous seminars, workshops, and workshops/trainings related to the University Research Agenda in order to enhance and strengthen their research and development-related activities skills and capabilities.

### 8.1. Institutional-level Research Training Workshops



*Pathways to International Refereed Journal Publication in the field of Social Sciences, June 26-28, 2023*



## Polytechnic University of the Philippines

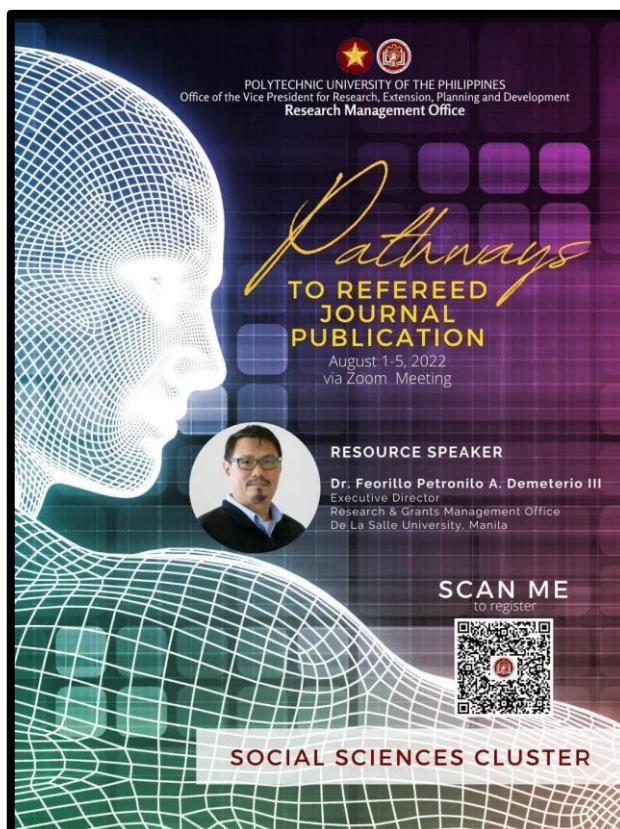
College of Social Sciences and Development

Department of Psychology

**RESEARCH**



Reaping The Reap 3: Training Series, September 5-8, 2022



Pathways to International Refereed Journal Publication in the field of Social Sciences, August 1-5, 2022

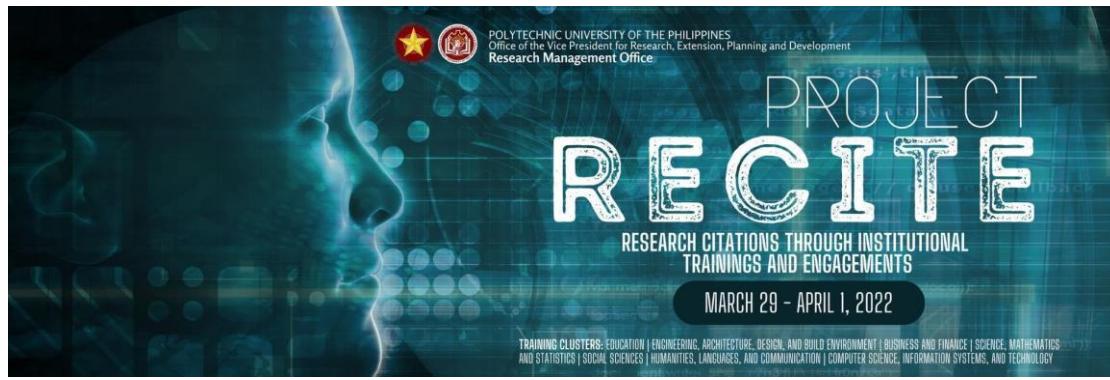


## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### RESEARCH



Project Recite: Research Citations Through Institutional Trainings and Engagements, March 29- April 1, 2022

## 8.2. College-level Research Training Workshops



Republic of the Philippines  
POLYTECHNIC UNIVERSITY OF THE PHILIPPINES  
Office of the Vice President for Academic Affairs  
College of Social Sciences and Development

### NOTICE OF MEETING

TO : All Chairpersons  
Dr. Abraham C. Camba Jr.  
Dr. Aileen L. Camba  
Assoc. Prof. Rimando E. Felicia  
Asst. Prof. Minami Iwayama  
Mr. Simon Cabalatungan  
Asst. Prof. Christ Michael Entienza  
Mr. Richard M. Campos  
Mr. Arvin Lloyd B. Pingul  
Mr. Gregorio R. Caligui III  
Mr. April B. Dela Cruz

FROM : Dr. Raul Roland Sebastian  
Dean  
RE : Special Meeting  
DATE : 26 April 2023

Greetings!

All chairpersons, Research Coordinators of the department and members of the Editorial Team of SUBLI of the College of Social Sciences and Development are advised to attend our special meeting on May 22, 2023 (Monday) at 2:00 p.m at S613.

Your attendance is highly anticipated. Thank you and be safe always!

Consultative meeting was conducted for the implementation of "Subli", May 22, 2023



## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### RESEARCH



Republic of the Philippines

POLYTECHNIC UNIVERSITY OF THE PHILIPPINES

Office of the Vice President for Academic Affairs

College of Social Sciences and Development

#### OFFICE MEMORANDUM

No. 10, series of 2023

RE : CSSD Research Committee

DATE : 26 April 2023

=====  
Greetings!

The College of Social Sciences and Development is committed to fulfilling its commitment to the university in its trifocal function.

In this connection, the hereunder faculty members of the college are designated members of the CSSD Research Committee.

Dr. Abraham C. Camba Jr.  
Dr. Aileen L. Camba  
Assoc. Prof. Rimando E. Felicia  
Asst. Prof. Minami O. Iwayama  
Mr. Simon F. Cabalatungan  
Asst. Prof. Christ Michael Entienza  
Mr. Richard M. Campos  
Mr. Arvin Lloyd B. Pingul  
Mr. Gregorio R. Caligui III  
Mr. April B. Dela Cruz

Thank you very much.

  
Dr. RAUL ROLAND SEBASTIAN  
Dean

Appointment of Focal persons in the College Editorial Board

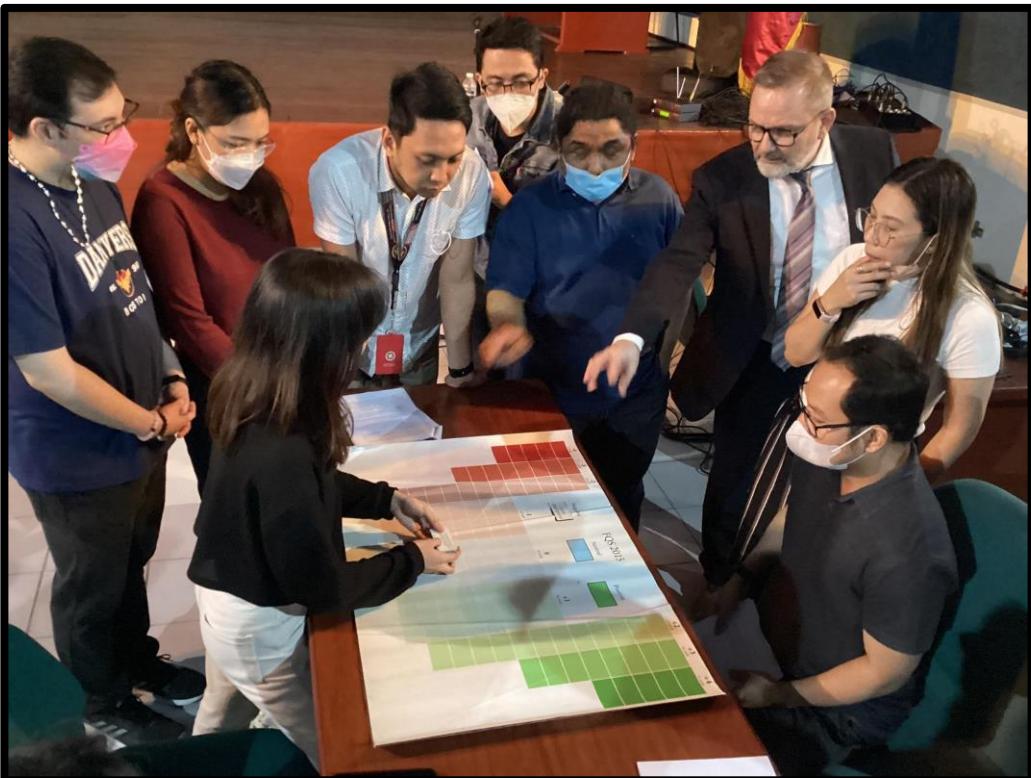


## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

**RESEARCH**



Masterclass on Q-Technology, CM Recto Hall, PUP Manila, February 21, 2023. Visiting Special Lecturer, Dr Peter Nynäs. Q-methodology is used to investigate the perspectives of participants who represent different stances on an issue, by having participants rank and sort a series of statements.



## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

### RESEARCH

#### 8.3. Department-level Research Capability Training Workshops

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Communication Tracking: 2021

Republic of the Philippines  
POLYTECHNIC UNIVERSITY OF THE PHILIPPINES  
OFFICE of the VICE PRESIDENT for ACADEMIC AFFAIRS  
COLLEGE OF SOCIAL SCIENCES AND DEVELOPMENT  
DEPARTMENT OF PSYCHOLOGY

OFFICE MEMORANDUM  
No. \_\_\_, Series of 2022

TO: PSYCHOLOGY FACULTY MEMBERS  
*Lorraine*  
FROM: LORRAINE CHARMAYNE S. MANANSALA  
*Chairperson*

SUBJECT: Research Capability Training- Workshop

DATE: FEBRUARY 15, 2022

Good day!

In line with the given mandate in our Individual Performance Commitment Review for the January - June 2022 rating period, with our trifocal functions as faculty members of this University (Research, Instruction, and Extension), may I would like to invite everyone to attend and participate in a *Research Capability Training Workshop*. This is primarily intended for faculty handling senior high school and undergraduate research courses.

*This activity will be conducted on March 10-11, 2022, 8:00-5:00 pm at the C.M. Recto Hall, 6<sup>th</sup> floor, South Wing, Main Academic Building, PUP Manila. Training attendees will be issued a Special Order from the University President.*

Should you have any questions about this matter, please do not hesitate to message me at [lcsmananasala@pup.edu.ph](mailto:lcsmananasala@pup.edu.ph)

For your usual cooperation.

Research Capability Training Workshop, CM Recto Hall, PUP Main Building, PUP Manila, March 10-11, 2022

Aside from every activity initiated by the University and the College of Social Sciences and Development, the Chairperson of the Department of Psychology constantly reminds all of its faculty members every faculty meeting (bi-monthly) to produce research (may be individual or collaborative) which is part of the faculty's commitment in their respective Individual Performance Rating Reviews (IPCRs).



## Polytechnic University of the Philippines

College of Social Sciences and Development

Department of Psychology

**RESEARCH**

**Prepared by:**

Faculty Members of the BSPP under the leadership of the Area Head for Accreditation,  
Research Area

**RICHARD M. CAMPOS, MPsy. IOP, RPm**  
Area Head

**Noted:**

**ASST. PROF. LORRAINE CHARMAYNE S. MANANSALA**  
Chairperson, Department of Psychology

**DR. RAUL ROLAND R. SEBASTIAN**  
Dean, College of Social Sciences and Development