

DOCTOR APPOINTMENT

Date : Tuesday, Oct 29

Time : 2:00 PM

Location : City Health Center

Doctor : Dr. James Wilson

Type : Annual checkup + blood work

Bring:

- insurance card
- Photo ID
- medication list

Topics:

- Blood pressure follow-up
- Dr. advised to reduce coffee intake to lower BP
 - Annual physical
 - vaccination status
 - sleep quality issues

Notes:

- Fasting before
- Results in 3-5 days
- parking in building lot