
Nested Adaptive Algorithm for Balanced Scheduling

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Abstract

Scheduling, adaptive algorithm, nested algorithm, machine learning, big data

1 Scheduling

Scheduling is a very large component of modern life.

TODO Find details about scheduling, wellness, (work-life) balance, etc.

In a fast-paced world, it can be important to effectively plan one's day in a way that is conducive to productivity while prioritizing the importance of a healthy balance between different types of activities.

We developed an algorithm that aims to create balanced schedules that can be adapted to person to prioritize his or her needs.

2 Examples of Scheduling Problems

There are many examples of personal scheduling problems that could be solved using similar algorithms.

One example, which will be explored later in this paper, is a college student making a weekly schedule that includes classes, homework, meals, free time, a job, sleep, etc.

Another example might be an (office) employee's work schedule. This can be considered on different time scales. For a day, the employee might need a schedule that includes when he or she should start and end, what time different tasks or meetings will take place, and when to have meals and breaks. With a longer timescale, such as a month or quarter, the employee might need to schedule which days to work on different projects, when training or business trips will take place, and when to take personal time off from work.

An elementary school teacher has required standards that his or her students must meet. The teacher must create a flexible schedule for the academic year that plans when to cover different topics in order to meet the requirements. Additionally, the teacher may need to plan for field trips, "slack" days (in case the class falls behind schedule), as well as incorporate a larger school-wide schedule including events such as assemblies, parent-teacher conferences, and breaks. The teacher may divide the topics into units, and the calendar into months or weeks. Depending on the pace of the class throughout the year, the schedule may need to be adjusted to either move faster or slower later on.

A family on vacation may have a list of activities they want to do while visiting a particular place before they leave.

The organizer of a conference may have a list of speakers that are going to give presentations. The organizer wants to schedule the speakers and breaks (for snacks, meals, etc.) such that the audience members generally remain engaged throughout the conference.

3 Goals for Schedules

Make sure everything that is necessary gets done by the time it must be completed.

Make sure there is some reasonable/healthy amount of “slack time” of personal time (if applicable).

Want to design a cost function that can measure how “balanced” a schedule is

When some cost function is applied to some time period (day, week, etc.), we want to minimize variance in the total cost among the time periods.

4 Algorithm

Each task has some time frame in which it must be completed and an associated intensity level corresponding roughly to the estimated amount of (mental) concentration needed to (effectively) perform the task.

A schedule is made up of timeslots. For our algorithm, a *timeslot* refers to the smallest period of time the algorithm will be dealing with. This can be 1 minute, 15 minutes, half an hour, 1 hour, etc. The schedule is preliminarily divided into blocks of time. (For our example, we use four- to five-hour blocks.)

There may be some tasks that have to occur at specific times (i.e. meetings, classes, etc.) regardless of other tasks in the schedule.

The algorithm consists of three main parts.

1. Distribute the tasks into sections of the schedule (on a scale larger than blocks), where all tasks within a section will be completed by the end of section.
2. Assign tasks in each section to a block.
3. Schedule tasks within each block.

4.1 Tasks to Sections

TODO

4.2 Tasks to Blocks

TODO

4.3 Tasks to Timeslots

TODO

5 Personal Example

TODO

Acknowledgments

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References

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