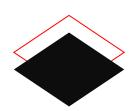


SENIOR ACTIVITIES IN HENDERSONVILLE, NC

"Bridge is more than just an intricate card game; it's a multifaceted tool that benefits seniors in numerous ways. From enhancing cognitive function and emotional resilience to fostering social connections and improving overall quality of life" -- Senior Living Magazine







HISTORY

UNDERSTANDING THE HISTORY OF THE HENDERSONVILLE BRIDGE CENTER

IMPORTANCE

02. THE ROLE THE HENDERSONVILLE BRIDGE CENTER PLAYS IN THE COMMUNITY

BENEFITS

THE BENEFITS THAT THE BRIDGE CENTER PROVIDES, NOT ONLY TO OUR SENIORS BUT TO THE TOWN AND ITS' BUSINESSES

HOPES

THAT WE CAN CONTINUE TO PROVIDE A
CRITICAL ACTIVITY TO THE AREA IN ORDER
TO PROMOTE WELL-BEING AND QUALITY OF
LIFE FOR OUR SENIORS

01. HISTORY

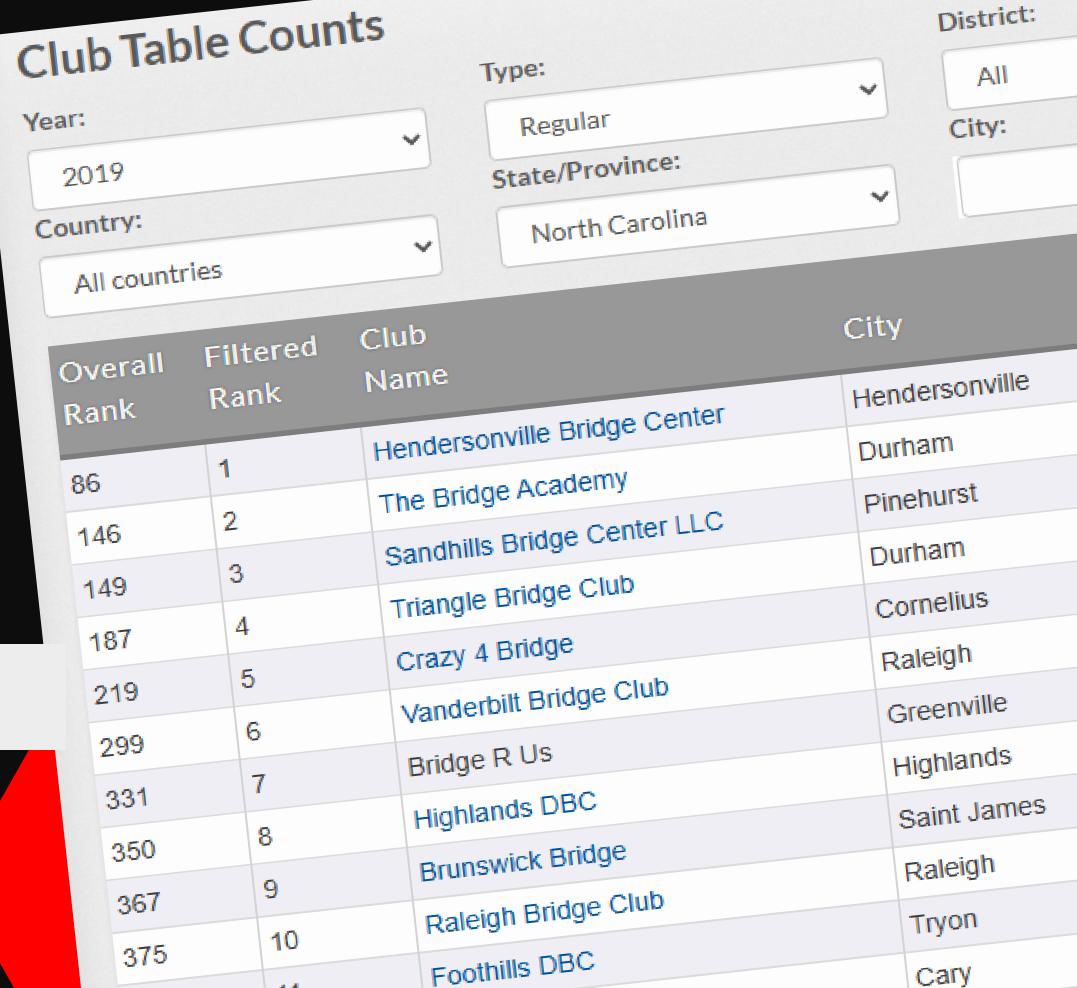
BEFORE HURRICANE HELENE

- ❖ MOVED INTO WHITMIRE IN 2009
- ❖ MORE THAN 225,000 PLAYERS SINCE 2011 (PLAYER TRACKING STARTED IN 2011)
- ❖ MORE THAN \$297,000 PAID TO HENDERSONVILLE
- ❖ MANY PEOPLE MOVED HERE FOR THE VIBRANT BRIDGE COMMUNITY
- ❖ BEFORE COVID, HBC WAS LARGEST BRIDGE CLUB IN NORTH CAROLINA, 16,852 PLAYERS IN 2019
- ❖ RECOVERING IN 2024 ... ON PACE FOR > 12,000 PLAYERS BEFORE HELENE HIT IN SEPTEMBER



ACBL TABLE COUNTS

http://acbl.org



Queen of Hearts

Monday Afternoon

Charlotte

11

12

383

401

01. HISTORY

AFTER HURRICANE HELENE

- ❖ REACHED AGREEMENT WITH CASCADES RESORT IN NOVEMBER 2024
- ❖ NO GAMES HELD IN DECEMBER-JANUARY DUE TO LACK OF HEAT, RESUMED PLAY FEBRUARY 1ST
- ❖ SHUT DOWN BY HENDERSONVILLE FIRE DEPARTMENT ON FEBRUARY 15TH
- ❖ SIGNED AGREEMENT WITH ART HOUSE VENUE IN EAST FLAT ROCK FEBRUARY 16TH
- ❖ SO FAR IN 2025, ON PACE FOR APPROXIMATELY 6,700 PLAYERS (50%+ DECLINE)
- ❖ MANY PLAYERS NOW PLAYING IN CLUBS IN OTHER TOWNS, SALUDA, BREVARD, ASHEVILLE



01. HISTORY

AFTER HURRICANE HELENE

- ❖ OUR CURRENT LOCATION IS INADEQUATE TO HOST A BRIDGE CLUB.
- **❖** INSUFFICIENT PARKING
- **❖** UNPAVED PARKING LOT, FLOODS OFTEN
- **❖ INSUFFICIENT OVERFLOW PARKING AREA**
- **❖ INSUFFICIENT LIGHTING FOR PLAYING CARDS**
- ❖ TOO SMALL TO ACCOMMODATE ENOUGH TABLES FOR US TO RECOVER TO PRE-COVID TABLE COUNTS
- ❖ PRETTY FOR AN ART GALLERY, BUT NOT APPROPRIATE FOR A BRIDGE CLUB





02. IMPORTANCE

- ❖ LACK OF DEDICATED SENIOR CENTER IN HENDERSONVILLE
- ❖ THE BRIDGE CLUB PROVIDES SOCIALIZATION OPPORTUNITIES FOR SENIORS
- ❖ 30.9% OF HENDERSONVILLE'S POPULATION IS 65 YEARS OR OLDER*
- ❖ BRIDGE IS ONE OF THE FEW OPPORTUNITIES FOR SENIORS WITH MOBILITY ISSUES OR HANDICAPS
- ❖ POSITIVE IMPACT ON LOCAL BUSINESSES, RESTAURANTS AND HOTELS
- ❖ GAMES, CLASSES, SEMINARS AND TOURNAMENTS BRING PEOPLE INTO THE AREA

^{* 2023} US CENSUS, HENDERSONVILLE, NC

03. BENEFITS

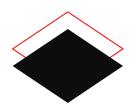
HEALTH AND WELL-BEING

Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young. The greatest thing in life is to keep your mind young.

-- Henry Ford

Combatting Loneliness: Bridge clubs can help combat feelings of loneliness, especially among the elderly, by fostering social interactions and a sense of belonging.

-- Faster Capital





WASHINGTON POST

Seniors who regularly engaged in pastimes that stretched their minds... lowered their risk of developing Alzheimer's disease and other dementias by as much as 75 percent



UNIV. OF CA - BERKELEY

A study by Berkeley University showed that there are significant health benefits from learning to play bridge.



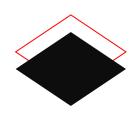
NEW ENGLAND JOURNAL OF MEDICINE

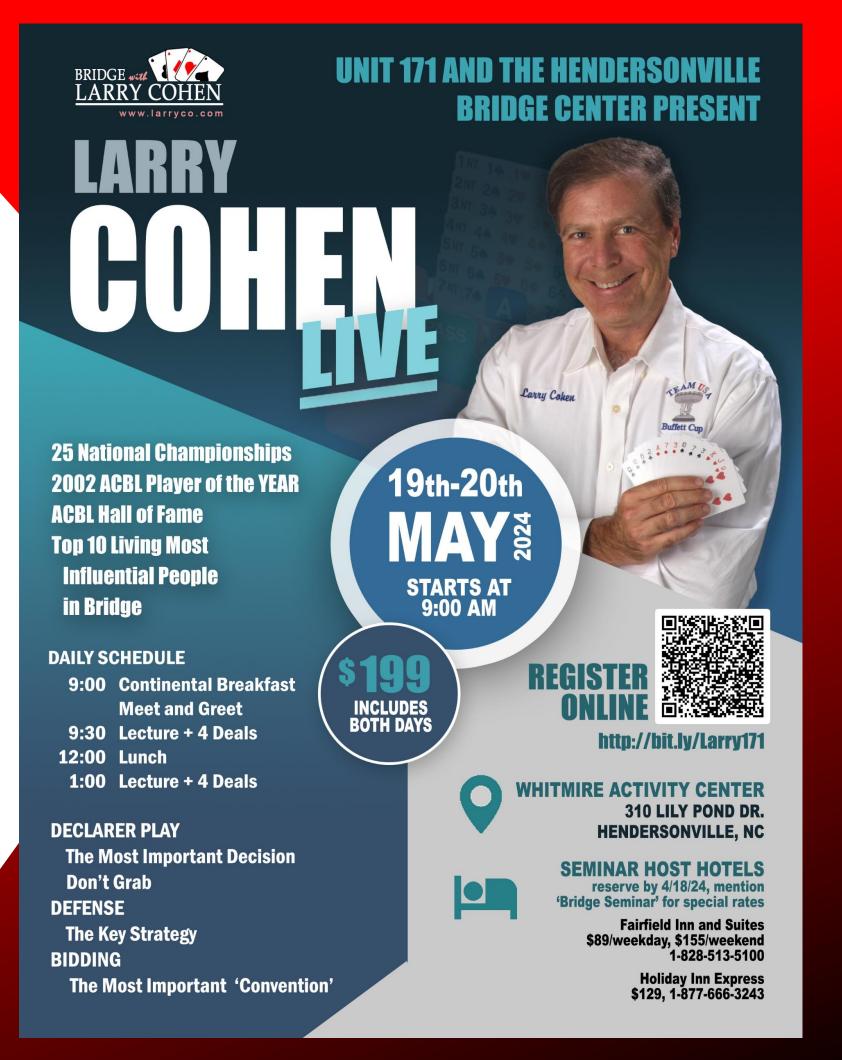
Seniors who played bridge regularly had a significantly lower risk of developing dementia compared to those who did not play the game

03. BENEFITS

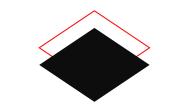
SEMINARS AND TOURNAMENTS

- ❖ BRIDGE EVENTS BRING IN PEOPLE FROM ALL OVER THE UNITED STATES
- **❖ HOSTED AT WHITMIRE ACTIVITY CENTER**
- **❖ ARRANGEMENTS WITH MULTIPLE HOST**HOTELS IN THE AREA
- ❖ INCREASED PATRONAGE AT LOCAL BARS, RESTAURANTS
- **❖ ADVERTISING IN TRADE MAGAZINES**





04. HOPES



THE BRIDGE CENTER IS
CRUCIAL IN PROVIDING
FOR THE WELL-BEING AND
MENTAL HEALTH OF ITS'
SENIORS.

WE NEED A VENUE ...



