The Alcohol Use Disorders Identification Test (AUDIT), developed in 1982 by the World Health Organization, is a simple way to screen and identify people at risk of alcohol problems.

1. F	low ofte	n do vou	ı have a	drink	containing	alcohol?
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(0)	Never (Skip to Questions 9-10)
(1)	Monthly or less
(2)	2 to 4 times a month

- (3) 2 to 3 times a week
- (4) 4 or more times a week
- 2. How many drinks containing alcohol do you have on a typical day when you are drinking?
- (0) 1 or 2
- (1) 3 or 4
- (2) 5 or 6
- (3) 7, 8, or 9
- (4) 10 or more
- 3. How often do you have six or more drinks on one occasion?
- (0) Never
- (1) Less than monthly
- (2) Monthly
- (3) Weekly
- (4) Daily or almost daily
- 4. How often during the last year have you found that you were not able to stop drinking once you had started?
- (0) Never
- (1) Less than monthly
- (2) Monthly
- (3) Weekly
- (4) Daily or almost daily
- 5. How often during the last year have you failed to do what was normally expected from you because of drinking?
- (0) Never
- (1) Less than monthly
- (2) Monthly
- (3) Weekly
- (4) Daily or almost daily

6. How often during the last year have you been unable to remember what happened the night before because you had been drinking?
<ul><li>(0) Never</li><li>(1) Less than monthly</li><li>(2) Monthly</li><li>(3) Weekly</li><li>(4) Daily or almost daily</li></ul>
7. How often during the last year have you needed an alcoholic drink first thing in the morning to get yourself going after a night of heavy drinking?
<ul><li>(0) Never</li><li>(1) Less than monthly</li><li>(2) Monthly</li><li>(3) Weekly</li><li>(4) Daily or almost daily</li></ul>
8. How often during the last year have you had a feeling of guilt or remorse after drinking?
<ul><li>(0) Never</li><li>(1) Less than monthly</li><li>(2) Monthly</li><li>(3) Weekly</li><li>(4) Daily or almost daily</li></ul>
9. Have you or someone else been injured as a result of your drinking?
<ul><li>(0) No</li><li>(2) Yes, but not in the last year</li><li>(4) Yes, during the last year</li></ul>
10. Has a relative, friend, doctor, or another health professional expressed concern about your drinking or suggested you cut down?
<ul><li>(0) No</li><li>(2) Yes, but not in the last year</li><li>(4) Yes, during the last year</li></ul>
Add up the points associated with answers. A total score of 8 or more indicates harmful drinking behavior.