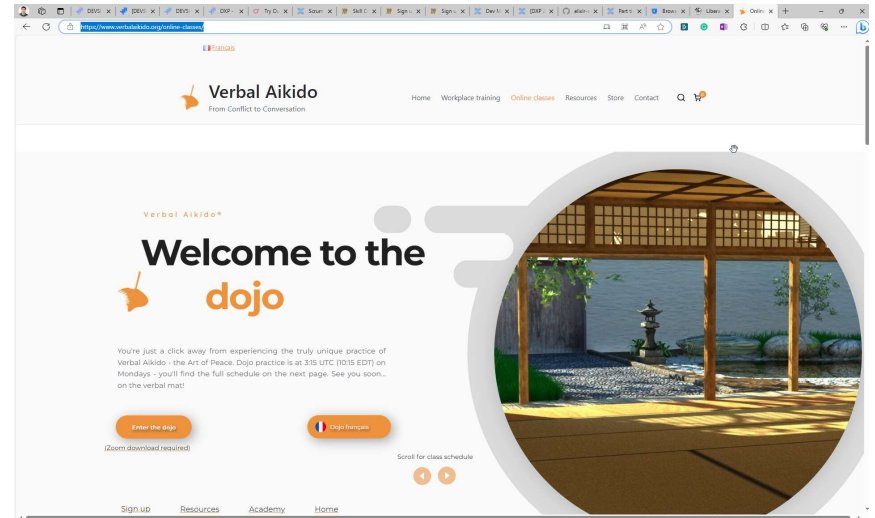


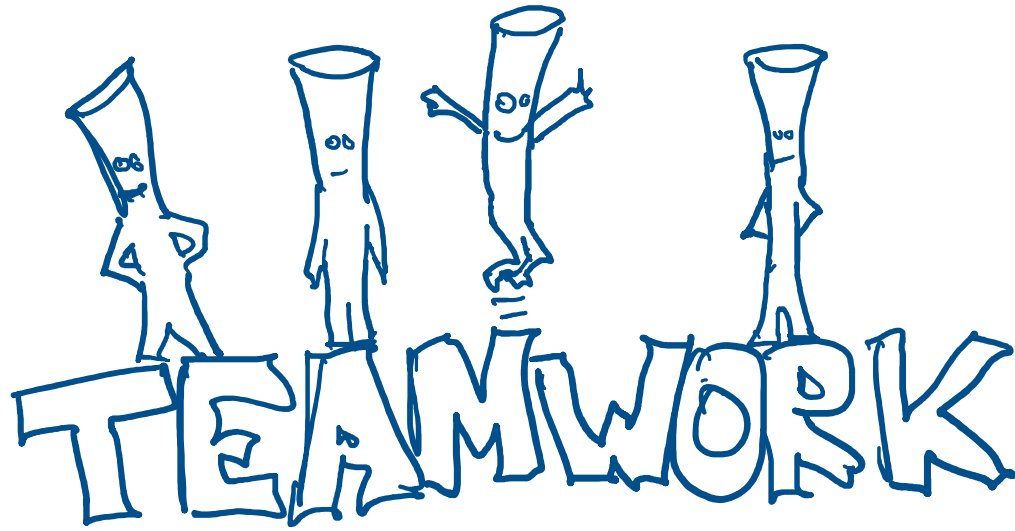


Deliberate Practice



The Verbal Aikido Dojo

- Weekly practice
- Real-world attacks from participants
- Around 1h45, but practice groups can be shorter
- In person or remote



A team practice!

We have coding dojos...

Why not communication dojos?