

Concussion Recovery Summary

Generated: 2025-05-15 20:23:04 UTC

What Happened?

- **User:** user_ey_bulldogs_001
- **Reported On:** 2025-05-15 00:00:00
- **Reported By:** My son
- **Sport:** Baseball
- **Age Group:** U9
- **Team:** East York Bulldogs
- **Injury Date:** 2025-05-14 00:00:00
- **Incident Description:** He collided with another player in the outfield when they both tried to catch a pop fly
- **symptoms:** {"headache": 1, "sadness": 1}
- **Lost Consciousness:** False
- **Saw Medical Provider:** False
- **Diagnosed Concussion:** False
- **Still Has Symptoms:** False
- **Cleared to Play:** False

Recovery Guidance

Stage: N/A

No summary available.

What You Can Do

- Walking around the house
- Light reading
- Watching non-stimulating TV

How to Progress

- No new or worsening symptoms for at least 24 hours.
- Can tolerate cognitive and light physical activity without symptom increase.

Symptom History

- 2025-05-15 00:00:00: headache = 1
- 2025-05-15 00:00:00: sadness = 1