

**Physical Education Program**  
**3 On 3 Ladder Game**  
**Lesson #18**

**1. Objectives (Specific, Behavioral, Assessable)**

*A. Student:*

1. Students will demonstrate knowledge of previously learned basketball skills by participating in a game type situation.
2. Students will demonstrate knowledge of the correct cues for skills learned during lesson.

*B. Teacher:*

1. Teacher will establish and enforce management protocols and provide students with feedback that can be used for improvement of skills.

**2. Instant Activity:**

**3 on 3**

This activity is just how is sounds 3 vs. 3 basketball. The only catch is that each team member must touch the ball before a basket can be attempted. The students should call their own games, and have the teams rotate every few minutes.

**3. Set Induction:**

We have spent many days learning various skills that can be used in a basketball game. Today we are going to take these skills and use them in a modified game type situation.

**4. Content Development -- see next attached page\***

**5. Closure/Assessment:**

- What does "BEEF" stand for?
- Show me the position you should be in when rebounding a ball?
- Show me the position you should be in when performing a lay-up with your right hand?
- What should you do to have a successful pass?

**6. Equipment: (for a class of 30 students)**

1. 10 basketballs

**7. Protocols:**

- Go on the word Go.
- Stop on the whistle with the ball at your feet.
- Bring it in means bring it in to the teacher.

**8. Class Rules:**

- Be respectful
- Follow directions
- Respect equipment
- No Gum
- Have fun
  - 1<sup>st</sup> offence- teacher will remind student of rules.
  - 2<sup>nd</sup> offence-Pull student from activity and give student time out.
  - 3<sup>rd</sup> offence-student will be sent to the principal's office, have student write down his/her actions and have parents sign.

## Content Development\*

MAF/Instructional technique	Extensions	Refinements	Applications
<ul style="list-style-type: none"> <li>Get students into groups of 3 (students left over will play mini games and rotate in)</li> <li>Rotate games every 3 min.</li> <li>Students will call their own games.</li> </ul>			
<p><b>Informing Task:</b> Go the your assigned court and begin a 3 on 3 game.</p> <ul style="list-style-type: none"> <li>Every three minutes, stop the students, the winning team will move up one court, the losing team will move back one court.</li> <li>Goal: Get as close to the top court as you can.</li> </ul>	<p>1. Before your team can score, everyone must have touched the ball at least once.</p>	<p><b>Cuts to get open-</b> use the "L" and "V" cuts to get open.</p> <p><b>Defense-</b> remember to always be in denial or the help position.</p> <p><b>Chest Pass:</b></p> <p><b>Elbows up-</b> keep you elbows up during your pass.</p> <p><b>Crab hands-</b> thumbs down, and fingers forward and out.</p> <p><b>Defense-</b> in denial or helps side.</p> <p><b>Offense-</b> use cuts to get open and receive the pass.</p>	<p>Get as close to the top court as you can.</p>
<p><b>Closure/Assessment:</b></p> <p>Let's review some of the things we practiced today. Please do not answer until you are called on, or show the stance I ask for.</p> <ul style="list-style-type: none"> <li>What does "BEEF" stand for?</li> <li>Show me the position you should be in when rebounding a ball?</li> <li>Show me the position you should be in when performing a lay-up with your right hand?</li> <li>What should you do to have a successful pass?</li> </ul>			