

## Forehand Stroke

5 = Always, 100%

4 = Most of the time, 76-99%

3 = Half of the time, 51-75%

2 = Sometimes, 26-50%

**NASPE Standard :**

1 = A few times, 1-25%

0 = Never, 0%

Date: 11/29/25

[illegible]



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[illegible]