

**Physical Education Program**  
**Basketball - 3 on 2 Drill**  
**Lesson #17**

**1. Objectives (Specific, Behavioral, Assessable)**

A. Student:

1. Students will gain knowledge in using the 3 on 2 drill.
2. Students will demonstrate correct techniques of passing and dribbling using the 3 on 2 drill.
3. Students will demonstrate knowledge of learning from previous lessons by recalling cues from previous lessons.

B. Teacher:

1. Teacher will establish management protocols of boundaries, signals, and the use of equipment.
2. Teacher will assess the students in understanding by observing the drill and checking for understanding.
3. Teacher will incorporate cues from last lesson.

**2. Instant Activity:**

**3 on 3 no dribble**

Get the class into groups of three. Each team will play another group of three in a no dribble game. No traveling! The students must use passes to their teammates in order to move the ball down the court. Good passes and good defense will help them win the game. Have the teams rotate courts every few minutes.

**3. Set Induction:**

Today we are going to take the basic skills we learned and put them into practice. Before a basketball game starts, we see the team warm up by practicing the skills that they have been working on so they can use it in a game situation. Today what we are going to do is learn one of the drills used to practice passing. It is called the 3 on 2.

**Demonstrate** the 3 on 2 drill (see attachment for diagram for set up of the 3 on 2 drill for set induction.)

**4. Content Development -- see next attached page**

**5. Closure/Assessment:**

Class, I was going around and observing you and checking to see if you all understood the drill. From what I observed-(State what you saw that needs improvement and what was being done well)  
By raising your hand does anyone have any questions regarding something you didn't understand.

**6. Equipment: (for a class of 30 students)**

1. 30 basketballs
2. 30 cones

**7. Protocols:**

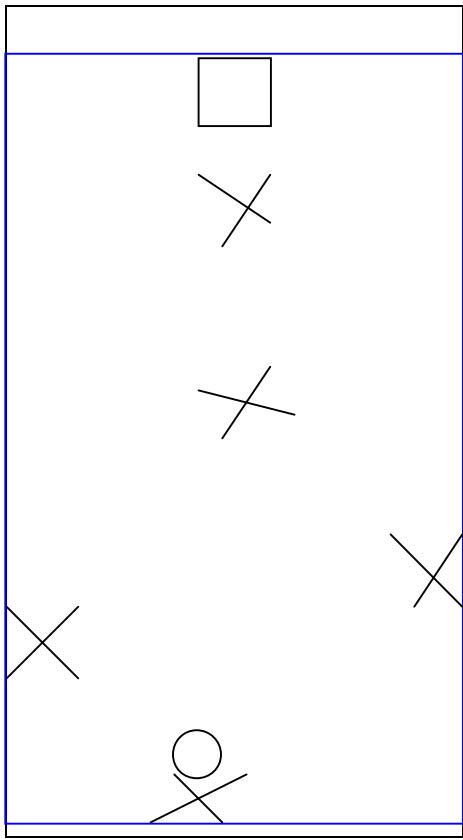
- Go on the word Go.
- Stop on the whistle with the ball at your feet.
- Bring it in means bring it in to the teacher.

**8. Class Rules:**

- Be respectful
- Follow directions
- Respect equipment
- No Gum
- Have fun
  - 1<sup>st</sup> offence- teacher will remind student of rules.
  - 2<sup>nd</sup> offence-Pull student from activity and give student time out.
  - 3<sup>rd</sup> offence-student will be sent to the principal's office, have student write down his/her actions and have parents sign.

<b>MAF/Instructional technique</b>	<b>Extensions</b>	<b>Refinements</b>	<b>Applications</b>
<ul style="list-style-type: none"> <li>Students will be in groups of 8 and each group will have a badminton court.</li> </ul>			
<b>Informing Task:</b> When I say go, I want 5 people in your group to get into the starting position of the 3 on 2 drill and walk through the drill in slow motion. Have the people in line that are next to go help as well so that everyone gets a good understanding of the drill.			
1. Easier: Do not have the person in the middle dribble the ball just carry it.	Do not forget when passing the ball to another to aim it towards there chest so they are able to catch the ball in a more efficient manner.	See how many techniques you are incorporating from previous lessons.	
<b>Informing Task:</b> Now what I want your group to do is jog through the 3 on 2 drill.			
2. Easier: Do not have the person in the middle dribble the ball, just carry until it needs to be passed to the outside wing.	Do not forget to use the finger tips while you are dribbling.	See if your group can perform the drill 5 times correctly in a row.	
<b>Informing Task:</b> Now go through the drill at full speed. The defense must be passive, ex; may not steal the ball.			
The offense needs to have 3 passes before they can shoot the ball.	Remember the cue for shooting, "COOKIE JAR!"	Count the number of passes your group makes in one minute of the drill.	
The offense can only use the chest pass.	Remember to pass towards the other persons chest.	See how many times you use the chest pass correctly.	
<b>Informing Task:</b> Now that we are going in full speed, defense must be active. That means the defense can try to steal the ball, block shots, etc.			
The offense needs to have everyone touch the ball before they can shoot.	Do not forget to have your hands ready to receive the ball.	Count the number of times the defense takes away the ball.	
The offense can only use bounce passes.	Remember to keep thumbs down on passes.	Count how many times you have used the bounce pass correctly.	
The offense can only use chest passes.	Remember to pass towards the other persons chest so they can receive it in efficient manner.	Count the number of times your group has done the chest pass correctly.	
<b>Closure/Assessment</b>			
<ul style="list-style-type: none"> <li>Class, I was going around and observing you and checking to see if you all understood the drill. From what I observed-(State what you saw that needs improvement and what was being done well)</li> <li>By raising your hand does anyone have any questions regarding something you didn't understand.</li> </ul>			

### **Set induction Attachment:**



The above shows a diagram of how the 3 on 2 drill is set up in the beginning. The box is the basket and the two people closest to the basket is the defense. The circle is the basketball. The three people on the left side closest to the basketball is the offense and the person in the middle is the one who starts with the ball.

#### **OFFENSE:**

- The person in the middle will dribble down with the basketball and when they are right before the defense the middle person will pass it to one of the person that are on the sides that is not being defended. The goal of the offense is to score. Once the possession of the ball is lost by the offense or the offense scores three new people from the top becomes offense.
- The two people that are on the sides becomes the defense for the three new people and the person in the middle goes back in line.

#### **DEFENSE:**

- The person in the back of the two defense takes the first pass.
  - The person covers the open person closest to the ball or to the basket.
1. Does anybody have any questions on something they did not understand from the demonstration?
  2. Does anybody have any questions on something they did not understand from the previous lesson?