

Physical Education Program
Basketball 5 v. 5
Lesson #20

1. Objectives (Specific, Behavioral, Assessable)

A. Student:

1. SWBAT use dribbling, passing, defense, and offensive skills in a 5 on 5 basketball game.
 - a. "Thumbs down" is the finishing point after a chest and bounce pass.
 - b. Target is the chest of the receiver.
 - c. Crisp pass
 - d. Aim for a spot 2/3 to 3/4 of the distance for a bounce pass.
 - e. Do not put ball behind head for an overhead pass.
 - f. "Thumbs up" is the finishing point after an overhead pass.
 - g. step across body and pass for one-handed bounce pass.

B. Teacher:

1. Teacher will manage equipment, setup, enforce protocol and provide feedback during activity.

2. Instant Activity:

"Dribble Tag"

Give all students a ball that they are comfortable dribbling with their hand (i.e., playground ball). Designate 2/3 students as taggers. These taggers, while still dribbling a ball themselves, move throughout the area trying to tag other students who are also dribbling a ball. Players who are tagged hold their ball above their head. They are free to join the game again after a "free dribbler" tags them.

3. Set Induction:

For the past few weeks we have been practicing all aspects of basketball. Now we will be putting it all together in a game situation.

4. Content Development -- see next attached page

5. Closure Assessment:

- Close your eyes and show me what your hands should look like after a chest and bounce pass. Yes, thumbs down.
- What is our target for each pass? Yes the receiver's chest.
- Do we pass the ball slow or crisp? Why? Yes, we pass the ball crisp so the opponent has less of a chance to intercept the ball.
- How far away towards our partner do we aim to bounce the ball? Good, 2/3 to 3/4 away.
- Why don't we put the ball behind our head when making an overhead pass? Good, so the opponent does not steal the ball.
- When making a bounce pass around an opponent, what is on thing we can do to make it a successful pass? Yes, you can step across the body and bounce the ball 2/3 to 3/4 toward out partner.

6. Equipment: (for a class of 30)

- 15 basketballs
- 3 basketball courts or 3 hoops for half court games

7. Protocols:

- Go on the word Go.
- Stop on the whistle with the ball at your feet.
- Bring it in means bring it in to the teacher.

8. Class Rules:

- Be respectful
- Follow directions
- Respect equipment
- No Gum
- Have fun
 - 1st offence- teacher will remind student of rules.
 - 2nd offence-Pull student from activity and give student time out.
 - 3rd offence-student will be sent to the principal's office, have student write down his/her actions and have parents sign.

Content Development*

| MAF/Instructional technique | Extensions | Refinements | Applications |
|---|---|---|--|
| <ul style="list-style-type: none"> Game rules: Same as a real basketball game except everyone must touch the ball before you can score. | | | |
| <p>Informing Task: "I have broken you up into six teams of five. When I am finished reading off your teams, get with your teammates. Teams are based on ability so that one team does not have all of the higher skilled basketball players. Once you are with your teammates, go to the court that you are assigned too. Once you are at the court begin playing basketball. If you would like, you can decide who gets the ball first by doing paper rock scissors. Raise your hand if you have any questions. Go." (Teacher will announce that team 1 is playing team 2, team 3 is playing 4, and team 5 is playing team 6)</p> <ul style="list-style-type: none"> Teacher will intervene in basketball games in order to instruct, give feedback, and reinforce ques. | <ul style="list-style-type: none"> In this game all I want you to use is the chest pass. | <ul style="list-style-type: none"> Remember to keep thumbs down. Use a nice crisp pass. Your target is your teammate's chest area. | <p>How many passes can you make before you attempt a shot?</p> |
| <p>Informing Task: "When I say go, you will rotate. You will leave the ball that was on the court there. The team that is guarding this goal (teacher will point to whichever side) is going to rotate down to the next court. Raise your hand if you have any questions. Go."</p> <ul style="list-style-type: none"> Teacher will intervene in basketball games in order to instruct, give feedback, and reinforce ques Game rules: Same as a real basketball game except everyone must touch the ball before you can score. | <ul style="list-style-type: none"> In this game all I want you to use is the bounce pass. Either one-handed or two-handed. | <ul style="list-style-type: none"> Remember to keep thumbs down. Use a nice crisp pass. Your target is your teammate's chest area. Remember to pass the ball 2/3 to 3/4 of the way towards your partner. | |
| <p>Informing Task: "When I say go, you will rotate. You will leave the ball that was on the court there. The team that is guarding this goal (teacher will point to whichever side) is going to rotate down to the next court. Raise your hand if you have any questions. Go."</p> <ul style="list-style-type: none"> Teacher will intervene in basketball games in order to instruct, give feedback, and reinforce ques Game rules: Same as a real basketball game except everyone must touch the ball before you can score. | <ul style="list-style-type: none"> In this game I want you to use only the overhead pass. | <ul style="list-style-type: none"> Thumbs are pointed up. Target is the chest area. Use a nice crisp pass. Do not put the ball behind your head. | |
| <p>Informing Task: "When I say go, you will rotate in the same direction. This time you can use any pass to score points. Go."</p> <ul style="list-style-type: none"> Teacher will intervene in basketball games in order to instruct, give feedback, and reinforce ques Game rules: Same as a real basketball game | <ul style="list-style-type: none"> You must use all 4 passes before you can attempt a shot. | <ul style="list-style-type: none"> Thumbs down on a bounce and chest pass. Use a crisp pass. Thumbs up on an overhead pass. Step across body with a one- | |

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| except everyone must touch the ball before you can score. | | handed bounce pass against an opponent. | |
| Closure/Assessment I want you to show me what you have learned about playing in a game using different types of passes. To do this I am going to ask you to demonstrate some skills and answer some questions. 1. Close your eyes and show me what your hands should look like after a chest and bounce pass. Yes, thumbs down. 2. What is our target for each pass? Yes the receiver's chest. 3. Do we pass the ball slow or crisp? Why? Yes, we pass the ball crisp so the opponent has less of a chance to intercept the ball. 4. How far away towards our partner do we aim to bounce the ball? Good, 2/3 to 3/4 away. 5. Why don't we put the ball behind our head when making an overhead pass? Good, so the opponent does not steal the ball. When making a bounce pass around an opponent, what is on thing we can do to make it a successful pass? Yes, you can step across the body and bounce the ball 2/3 to 3/4 toward out partner. | | | |