

Physical Education Program
Setting Screens
Lesson #8

1. Objectives:

- A. Students
 - 1. By the end of the class the students will be able demonstrate a screen or a pick in basketball.
 - a. Knee/ bent on the balls of your feet
 - b. Make contact and don't move
 - c. Protect your self with arms
 - 2. The students will be able to verbally describe the differences in a on the ball screen, off the ball screen, and back screen.
 - a. An on the ball screen is set for the person with the basketball. It can be set on either side. Also reverse pivot of the role
 - b. An off the ball screen is set for somebody without the basketball. It is always set with the screener's back to the ball.
 - c. A back screen is a special off the ball screen the is behind the defender. The screen is set with the screeners back to the basket.
- B. Teacher
 - 1. Teacher will establish management protocols of boundaries, signals, and the use of the equipment.

2. Instant Activity:

"Jewels in Crown"

Divide the class into 4 groups; each group will begin at a hula-hoop (hoops should be placed to make a square within general space). Each hula-hoop should contain at least 5 balls that bounce. On the signal the students run to another group's hoop and take a ball, then they dribble it back to their own hoop. If they lose control of the ball they must walk back to the hoop they took the ball from and begin their dribble over. Students can only take one ball at a time. At the end of the activity the group with the most balls in their hoop wins.

3. Set induction:

Good morning class. What are some things you like to do in basketball? (Shoot three pointers, Drive to the basket, pass the ball) those are all good answers. Well today we are going to practice something that will make those things easier to do. If you can get open or get away from your defender on any of those, it is easier. Well today we are going to practice setting screens.

4. Content Development: See attached page

5. Closure

- Can someone raise their hand and give me one key to setting a good screen?
- How about another?
- How about another?

- And one more?

6. Equipment (for a class of 30)

- 30 basketballs
- 50 stackers
- 8 cones

7. Protocols:

- Go on the word Go.
- Stop on the whistle with the ball at your feet.
- Bring it in means bring it in to the teacher.

8. Class Rules:

- Be respectful
- Follow directions
- Respect equipment
- No Gum
- Have fun
 - 1st offence- teacher will remind student of rules.
 - 2nd offence-Pull student from activity and give student time out.
 - 3rd offence-student will be sent to the principal's office, have student write down his/her actions and have parents sign.

Content Development

MAF/Instructional technique	Extension	Refinements	Applications
<ul style="list-style-type: none"> • Mark boundaries for instant activities • Set up stackers 			
<p>Informing Task: In general space I would like you to practice jogging and landing in a screening position</p> <ul style="list-style-type: none"> • Have student's scattered throughout general space 	<p>1. Next set your screen face to face with somebody. Each share a cue that is helping them is setting a good screen. Tell somebody different each time.</p>	<p>Listen to your classmates, and use their cues to help you.</p>	<p>See if you can remember all the cues</p>
<p>Informing task: Travel throughout general space, when you hear the whistle set a screen for the closest stacker.</p> <ul style="list-style-type: none"> • Teacher will demonstrate 	<p>1. Now I will be moving through out the gym with a ball when you set the screen be sure that you back is to the ball</p>	<p>Remember back to the ball, and good balance.</p>	<p>Try to set 10 perfect screens</p>
<p>Informing Task: Students are in groups of three. Go to designated area and practice the pick and roll. One Student will have the ball, one will play defense on him or here, and the other will be the screener.</p> <ul style="list-style-type: none"> • Teacher will demonstrate how to do the pick and roll and also how to rotate. • Have the oldest student to get a ball from the hoop. 	<p>1. Next try it on the opposite site</p>	<p>Make sure you are reverse pivoting on the role.</p>	<p>See if you can do it with out the defender getting through the screen.</p>
<p>Informing Task: In you same group of three practice the slip screen or fake screen and go.</p> <ul style="list-style-type: none"> • Teacher will demonstrate 	<p>1. Next try it on the opposite side</p>	<p>Act like you are going to set a screen and go to the basket.</p>	<p>Try to fool the defender</p>
<p>Informing Task: With your same group of three practice the back screen.</p>			

• Teacher will demonstrate		Get you feet set and don't move
Informing Task: One group of three will play another group of three in a three on three game, but the only way to score is to use one of the screens the they work on today.		
• Teacher will demonstrate	1. Teams that is ahead will rotate one court to the right	Set good screens to get your self-open. See how many time you can score by using a screen.
Closure/Assessment I want to see what you learned today. <ul style="list-style-type: none"> • Can someone raise their hand and give me one key to setting a good screen? • How about another? • How about another? • And one more? 		