

**Physical Education Program
3 On 3 Ladder Game
Lesson #18**

1. Objectives (Specific, Behavioral, Assessable)

A. Student:

1. Students will demonstrate knowledge of previously learned basketball skills by participating in a game type situation.
 2. Students will demonstrate knowledge of the correct cues for skills learned during lesson.
- B. Teacher:*
1. Teacher will establish and enforce management protocols and provide students with feedback that can be used for improvement of skills.

2. Instant Activity:

3 on 3

This activity is just how it sounds 3 vs. 3 basketball. The only catch is that each team member must touch the ball before a basket can be attempted. The students should call their own games, and have the teams rotate every few minutes.

3. Set Induction:

We have spent many days learning various skills that can be used in a basketball game. Today we are going to take these skills and use them in a modified game type situation.

4. Content Development -- see next attached page*

5. Closure/Assessment:

- What does "BEEF" stand for?
- Show me the position you should be in when rebounding a ball?
- Show me the position you should be in when performing a lay-up with your right hand?
- What should you do to have a successful pass?

6. Equipment: (for a class of 30 students)

1. 10 basketballs

7. Protocols:

- Go on the word Go.
- Stop on the whistle with the ball at your feet.
- Bring it in means bring it in to the teacher.

8. Class Rules:

- Be respectful
- Follow directions
- Respect equipment
- No Gum
- Have fun
 - 1st offence- teacher will remind student of rules.
 - 2nd offence-Pull student from activity and give student time out.
 - 3rd offence-student will be sent to the principal's office, have student write down his/her actions and have parents sign.

Content Development*

MAF/Instructional technique	Extensions	Refinements	Applications
<ul style="list-style-type: none"> Get students into groups of 3 (students left over will play mini games and rotate in) Rotate games every 3 min. Students will call their own games. 			
<p>Informing Task: Go to the your assigned court and begin a 3 on 3 game.</p> <ul style="list-style-type: none"> Every three minutes, stop the students, the winning team will move up one court, the losing team will move back one court. Goal: Get as close to the top court as you can. 	<ol style="list-style-type: none"> Before your team can score, everyone must have touched the ball at least once. <p>Chest Pass: Elbows up- keep you elbows up during your pass.</p> <p>Crab hands- thumbs down, and fingers forward and out. Defense- in denial or helps side.</p> <p>Offense- use cuts to get open and receive the pass.</p>	<p>Cuts to get open- use the "L" and "V" cuts to get open.</p> <p>Defense- remember to always be in denial or the help position.</p> <p>Offense- use cuts to get open and receive the pass.</p>	

Closure/Assessment:

Let's review some of the things we practiced today. Please do not answer until you are called on, or show the stance I ask for.

- What does "BEEF" stand for?
- Show me the position you should be in when rebounding a ball?
- Show me the position you should be in when performing a lay-up with your right hand?
- What should you do to have a successful pass?