Five Fold Sila in Pali ~ Shinzen Young

- 00:00:30 PANATIPATA
- 00:00:37 PANATIPATA
- 00:00:51 PANATIPATA
- 00:00:55 PANATIPATA
- 00:00:59 VERAMANI
- 00:01:03 VERAMANI SIKKAPADAM
- 00:01:10 SIKKAPADAM
- 00:01:13 SAMADHIYAMI
- 00:01:18 SAMADHIYAMI
- 00:01:22 ADINADANA
- 00:01:27 ADINADANA
- 00:01:31 VERAMANI
- 00:01:35 VERAMANI SIKKAPADAM
- 00:01:41 SIKKAPADAM
- 00:01:45 SAMADHIYAMI
- 00:01:49 SAMADHIYAMI
- 00:01:53 KAMESU
- 00:01:57 KAMESU
- 00:02:01 MITCHACHARA
- 00:02:05 MITCHACHARA
- 00:02:09 VERAMANI
- 00:02:13 VERAMANI SIKKAPADAM
- 00:02:19 SIKKAPADAM
- 00:02:22 SAMADHIYAMI
- 00:02:26 SAMADHIYAMI
- 00:02:29 MUSAVADA
- 00:02:33 MUSAVADA
- 00:02:37 VERAMANI
- 00:02:40 VERAMANI
- 00:02:43 SIKKAPADAM
- 00:02:46 SIKKAPADAM
- 00:02:49 SAMADHIYAMI
- 00:02:53 SAMADHIYAMI
- 00:02:56 SURA
- 00:02:59 SURA
- 00:03:01 MERAYA
- 00:03:04 MERAYA

00:03:07 MAJJAPAMADATANA

00:03:11 MAJJAPAMADATANA

00:03:15 VERAMANI

00:03:18 VERAMANI

00:03:21 SIKKAPADAM

00:03:24 SAMADHIYAMI

00:03:29 SAMADHIYAMI

00:03:36 SATU

00:03:38 SATU

00:03:39 SATU

00:03:40 SATU