

# 10 Minute Community (Sangha) Sit Chanting Om Mani Padme Hum ~ Shinzen Young

00:02:00 Om

00:02:06 Mah

00:02:11 Ki

00:02:16 Mah

00:02:19 Me

00:02:23 Om

00:02:26 Om

00:02:31 Mah

00:02:33 Ki

00:02:35 Mah

00:02:37 Me

00:02:39 Om

00:02:41 Mah

00:02:43 Ki

00:02:45 Mah

00:02:47 Me

00:02:49 Om

00:02:51 Mah

00:02:53 Ki

00:02:55 Om

00:02:57 Mah

00:02:59 Ki

00:03:01 Mah

00:03:03 Me

00:03:05 Om

00:03:07 Mah

00:03:09 Ki

00:03:11 Mah

00:03:13 Me

00:03:15 Om

00:03:17 Mah

00:03:19 Ki

00:03:21 Mah

00:03:23 Me

00:03:25 Om

00:03:27 Mah

00:03:29 Ki  
00:03:31 Mah  
00:03:33 Me  
00:03:35 Om  
00:03:37 Mah  
00:03:39 Ki  
00:03:41 Mah  
00:03:43 Me  
00:03:45 Om  
00:03:47 Mah  
00:03:49 Ki  
00:03:51 Mah  
00:03:53 Me  
00:03:55 Om  
00:03:57 Mah  
00:03:59 Ki  
00:04:01 Mah  
00:04:03 Me  
00:04:05 Om  
00:04:07 Mah  
00:04:09 Ki  
00:04:11 Mah  
00:04:13 Me  
00:04:15 Om  
00:04:17 Mah  
00:04:19 Ki  
00:04:21 Mah  
00:04:23 Me  
00:04:25 Om  
00:04:27 Mah  
00:04:29 Ki  
00:04:31 Mah  
00:04:33 Me  
00:04:35 Om  
00:04:37 Mah  
00:04:39 Ki  
00:04:41 Mah  
00:04:43 Me  
00:04:45 Om  
00:04:47 Mah  
00:04:49 Ki  
00:04:51 Mah

00:04:53 Me  
00:04:55 Om  
00:04:57 Mah  
00:04:59 Ki  
00:05:01 Mah  
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00:05:37 Mah  
00:05:39 Ki  
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00:05:43 Me  
00:05:45 Om  
00:05:47 Mah  
00:05:49 Ki  
00:05:51 Mah  
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00:05:55 Om  
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00:06:53 Mah  
00:06:55 Ki  
00:06:57 Ki  
00:06:59 Ki  
00:07:01 Ki  
00:07:03 Ki  
00:07:05 Ki  
00:07:07 Om.  
00:07:14 Om.  
00:07:21 Om.  
00:07:28 Om.  
00:07:38 Om.  
00:07:48 Om.  
00:08:18 Om.  
00:08:28 Om.  
00:08:38 Om.  
00:08:48 Om.  
00:08:58 Om.  
00:09:08 Om.  
00:09:18 Om.  
00:09:28 Om.  
00:09:38 Om.