## How Have People Used Shinzen's YouTube Videos?

- 00:00:00 Okay, so I'm going to start off with asking you, since our first interview, which was
- 00:00:14 January of 2009, and we are now in January of 2010, and since then you did all these
- 00:00:22 interviews with Harprakash on YouTube, and you've had two whole YouTube channels now
- 00:00:27 full of videos of Shenzhen out in the world.
- 00:00:31 Has this changed anything?
- 00:00:32 Has this affected you in any way, having all this YouTube presence now?
- 00:00:36 It hasn't affected me personally that I'm aware of, but I think what it has done is
- 00:00:43 made a lot of very useful material available to a lot of people, because we seem to be
- 00:00:50 having people using this, and of course we have records of all the usage.
- 00:00:56 I would say as far as me personally, the main impact has been I have a lot of very, very
- 00:01:02 pleasant emotional body sensation at the knowledge that, because of the service that a couple
- 00:01:10 of my students have done for me, yourself and Harprakash, now we've got thousands and
- 00:01:17 thousands of people making use of this, and most of what I have to teach is just there
- 00:01:25 in a very organized format, available 24-7, free to the world, Dharma on demand.
- 00:01:34 Just gives me pleasant sensations.
- 00:01:36 Have you heard of ways in which people may be using the videos that is helpful?
- 00:01:42 I wouldn't have thought of.
- 00:01:43 There are actually ways that I wouldn't have thought of.
- 00:01:46 I thought people would mostly be using it for conceptual reference occasionally, but
- 00:01:53 apparently people are using it on a consistent basis as a kind of teacher in your home for
- 00:02:00 their day-to-day practice.
- 00:02:02 Got a guru in your pocket, and you're just happy to see me.
- 00:02:05 There we go.
- 00:02:06 Cool, cool.