

# Regularization in Regression

## Lecture 6

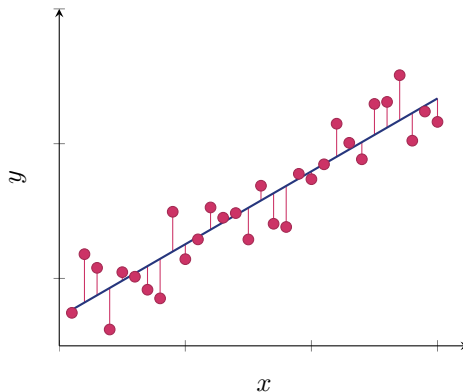
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November, 2020

# The Problem of Choosing the Right Regression Model



# The Regression Optimization Problem



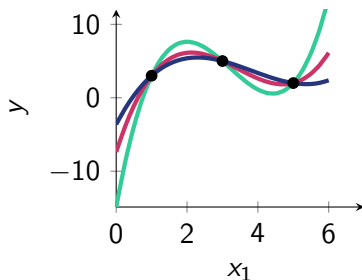
# Regression Minimizers

The global minimizers of the regression problem are given by

$$\{\beta \in \mathbb{R}^p \mid X^\top X \beta = X^\top \mathbf{y}\}.$$

If the matrix  $X^\top X$  is invertible, then there is only one minimizer:

$$\beta = (X^\top X)^{-1} X^\top \mathbf{y}$$



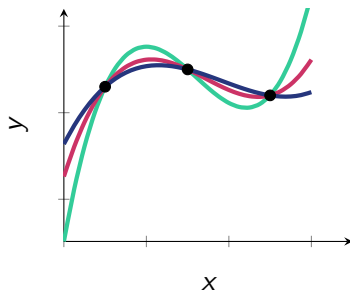
However, there also might be **infinitely many** local and global minimizers of  $RSS(\beta)$ .

Example: fit the function

$$f(x) = \beta_3 x^3 + \beta_2 x^2 + \beta_1 x^1 + \beta_0$$

to three observations

1. *Journal of Management Studies*, 1997, 34, 1, 1-14.



$$\begin{aligned} f(x) &= \beta_3 x^3 + \beta_2 x^2 + \beta_1 x + \beta_0 \\ &= \phi(x)^\top \beta, \end{aligned}$$

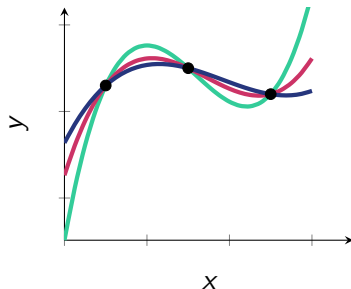
where  $\phi(x)^\top = (1 \ x \ x^2 \ x^3)$

$D$	$x_1$	$y$
1	5	2
2	3	5
3	1	3

The design matrix is then given by

$$X = \begin{pmatrix} 1 & 5 & 25 & 125 \\ 1 & 3 & 9 & 27 \\ 1 & 1 & 1 & 1 \end{pmatrix}$$

# Toy Example: Regression with $p > n$



$$X = \begin{pmatrix} 1 & 5 & 25 & 125 \\ 1 & 3 & 9 & 27 \\ 1 & 1 & 1 & 1 \end{pmatrix}$$

The global minimizers of the regression problem are given by

$$\{\beta \in \mathbb{R}^p \mid X^\top X \beta = X^\top \mathbf{y}\}.$$

However, the matrix  $X^\top X$  is in this case not invertible.

How do we compute the global minimizers then?

# Singular Value Decomposition

## Theorem (SVD)

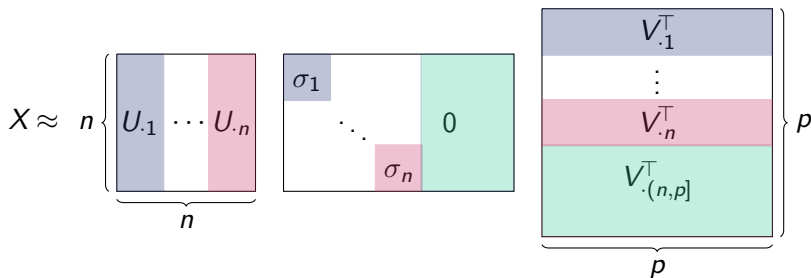
For every matrix  $X \in \mathbb{R}^{n \times p}$  there exist orthogonal matrices  $U \in \mathbb{R}^{n \times n}$ ,  $V \in \mathbb{R}^{p \times p}$  and  $\Sigma \in \mathbb{R}^{n \times p}$  such that

$$X = U\Sigma V^T, \text{ where}$$

- $U^T U = U U^T = I_n$ ,  $V^T V = V V^T = I_p$
- $\Sigma$  is a rectangular diagonal matrix,  $\Sigma_{11} \geq \dots \geq \Sigma_{kk}$  where  $k = \min\{n, p\}$

The column vectors  $U_{\cdot s}$  and  $V_{\cdot s}$  are called **left** and **right singular vectors** and the values  $\sigma_i = \Sigma_{ii}$  are called **singular values** ( $1 \leq i \leq l$ ).

# SVD Visualization for $p > n$





# SVD Determines if a Matrix is Invertible

A ( $n \times n$ ) matrix  $A = U\Sigma V^\top$  is **invertible if all singular values are larger than zero**. The inverse is given by

$$A^{-1} = V\Sigma^{-1}U^\top, \text{ where}$$

$$\Sigma = \begin{pmatrix} \sigma_1 & 0 & \dots & 0 \\ 0 & \sigma_2 & \dots & 0 \\ & & \ddots & \\ 0 & 0 & \dots & \sigma_n \end{pmatrix}, \quad \Sigma^{-1} = \begin{pmatrix} \frac{1}{\sigma_1} & 0 & \dots & 0 \\ 0 & \frac{1}{\sigma_2} & \dots & 0 \\ & & \ddots & \\ 0 & 0 & \dots & \frac{1}{\sigma_n} \end{pmatrix}$$

# Using SVD to Obtain Solutions to the Regression Problem

The global minimizers  $\beta$  to the linear regression problem with design matrix  $X$  are given by

$$\{\beta \in \mathbb{R}^p \mid X^\top X \beta = X^\top \mathbf{y}\}.$$

Let  $X = U\Sigma V^\top$  be the SVD of  $X$ , then we have

$$X^\top X \beta = X^\top \mathbf{y} \quad \Leftrightarrow \quad \Sigma^\top \Sigma V^\top \beta = \Sigma^\top U^\top \mathbf{y}$$

$\Sigma^\top \Sigma$  does **not** have an inverse if only  $r < p$  singular values are nonzero.

# Using SVD to Obtain Solutions to the Regression Problem

The global minimizers  $\beta$  to the linear regression problem with design matrix  $X = U\Sigma V^T$  are given by

$$\{\beta \in \mathbb{R}^p \mid \Sigma^T \Sigma V^T \beta = \Sigma^T U^T \mathbf{y}\}.$$

If only  $r < p$  singular values are nonzero, we employ the pseudoinverse  $(\Sigma^T \Sigma)^+$  defined by

$$\Sigma^T \Sigma = \left( \begin{array}{ccc|c} \sigma_1^2 & \cdots & 0 & \mathbf{0} \\ \vdots & \ddots & \vdots & \\ 0 & \cdots & \sigma_r^2 & \\ \hline & & \mathbf{0} & \mathbf{0} \end{array} \right), \quad (\Sigma^T \Sigma)^+ = \left( \begin{array}{ccc|c} \frac{1}{\sigma_1^2} & \cdots & 0 & \mathbf{0} \\ \vdots & \ddots & \vdots & \\ 0 & \cdots & \frac{1}{\sigma_r^2} & \\ \hline & & \mathbf{0} & \mathbf{0} \end{array} \right)$$

# The Set of all Regression Minimizers

If we have  $r < p$  nonzero singular values, then we have infinitely many global optimizers

$$\beta = V A \Sigma^T U^T \mathbf{y}$$

where

$$A = \begin{pmatrix} \frac{1}{\sigma_1^2} & \cdots & 0 & \vdots & \vdots & \vdots & \vdots & \vdots & \vdots & \vdots \\ \vdots & \ddots & \vdots & \vdots & \vdots & \vdots & \vdots & \vdots & \vdots & \vdots \\ 0 & \cdots & \frac{1}{\sigma_r^2} & \vdots & \vdots & \vdots & \vdots & \vdots & \vdots & \vdots \\ \hline & A_{r+1,1} \cdots & & A_{r+1,p} & & & & & & \\ & \vdots & & \vdots & & & & & & \\ & A_{p,1} \cdots & & A_{p,p} & & & & & & \end{pmatrix} \in \mathbb{R}^{p \times p}$$

# The Regression Minimizer by the Pseudo Inverse

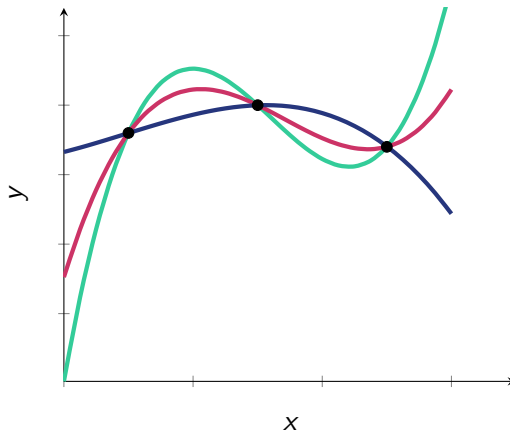
We define the **regression solution** derived by the pseudo inverse as

$$\beta_+ = V(\Sigma^\top \Sigma)^+ \Sigma^\top U^\top \mathbf{y}$$

where

$$(\Sigma^\top \Sigma)^+ = \left( \begin{array}{ccc|c} \frac{1}{\sigma_1^2} & \cdots & 0 & \mathbf{0} \\ \vdots & \ddots & \vdots & \mathbf{0} \\ 0 & \cdots & \frac{1}{\sigma_r^2} & \mathbf{0} \\ \hline & & \mathbf{0} & \mathbf{0} \end{array} \right) \in \mathbb{R}^{p \times p}$$

\_\_\_\_\_



So, that's it, sometimes I just have to choose a regression function from infinitely many ones and roll with it?

Well, all regression minimizers are equal, but some minimizers are more equal than others.



Can I not just choose a more simple function class and circumvent the problem?

Not if  $d > n$ !

# Example: Gene Expression Analysis

D	Gene 1	Gene 2	...	Gene 60,000	y: probability of survival
1	0.00	2.75		12.93	0.9
2	0.00	0.00		16.26	0.7
⋮	⋮	⋮	⋮	⋮	⋮
489	0.00	5.38		0.00	0.8

Even if we use a linear function class, we have a design matrix where  $p = d = 60,000 \gg 489 = n$ .

This introduces the problem of **feature selection**.

# Feature Selection by Sparse Regression Vectors

The regression vector  $\beta$  encodes which features are relevant for prediction by nonnegative entries:

$$f(\mathbf{x}) = \mathbf{x}^\top \beta = \sum_{i=1}^p \beta_i x_i = \sum_{i: \beta_i \neq 0} \beta_i x_i$$

The number of nonnegative entries is given by the  $L_0$ -‘norm’:

$$\|\beta\|_0 = |\{i \mid \beta_i \neq 0\}|.$$

**Be careful:** The  $L_0$ -‘norm’ is not a real norm!

# The Sparse Regression Task

**Given** a data matrix  $D \in \mathbb{R}^{n \times d}$ , a target vector  $\mathbf{y} \in \mathbb{R}^n$ , the design matrix  $X \in \mathbb{R}^{n \times p}$ , where  $X_{i\cdot} = \phi(D_{i\cdot}^\top)^\top$  and the integer  $s$ .

**Find** the regression vector  $\beta$ , solving the following objective

$$\min_{\beta \in \mathbb{R}^p} \|\mathbf{y} - X\beta\|^2 \quad \text{s.t. } \|\beta\|_0 \leq s.$$

**Return** the predictor function  $f: \mathbb{R}^d \rightarrow \mathbb{R}$ ,  $f(\mathbf{x}) = \phi(\mathbf{x})^\top \beta$ .

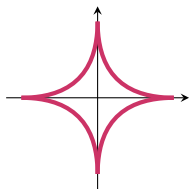
That's all nice and stuff, but  
how are we going to optimize  
that? The objective is not  
convex anymore.

Relax

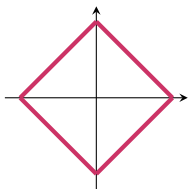
# The $L_p$ -norms'

The  $L_p$ -norm' is defined for  $p \in (0, \infty]$  as follows, and it is a real norm if  $p \geq 1$ :

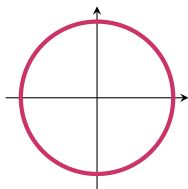
$$\|\mathbf{x}\|_p = \left( \sum_{k=1}^d |x_k|^p \right)^{1/p}$$



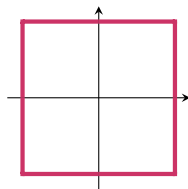
$$p = \frac{1}{2}$$



$$p = 1$$



$$p = 2$$



$$p = \infty$$

Okay, so we just take an  $L_p$ -norm for  $p \geq 1$ , then the sparse regression problem is convex.

But how do we optimize subject to the constraints?



Solving the dual  
 $\min f(x)$   
s.t.  $c(x) \leq 0$



Penalization  
 $\min f(x) + \lambda c(x)$

imgflip.com



# $L_p$ -Norm Penalized Regression

## $L_p$ -Constrained Regression

Let  $p \in [0, \infty]$ ,  $s > 0$ , then the  $L_p$ -constrained regression is given as:

$$\min_{\beta} \|\mathbf{y} - X\beta\|^2 \quad \text{s.t. } \|\beta\|_p \leq s$$

According to the theory of Lagrange multipliers, **there exists a parameter  $\lambda > 0$**  such that the objective above is **equivalent to**

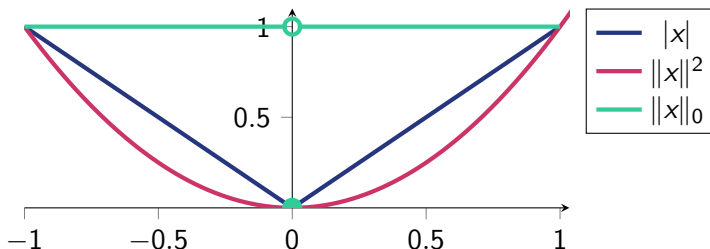
## $L_p$ -Penalized Regression

Let  $p \in [0, \infty]$ ,  $\lambda > 0$  then the  $L_p$ -penalized regression is given as:

$$\min_{\beta} \|\mathbf{y} - X\beta\|^2 + \lambda \|\beta\|_p$$

# Analytical Properties of $L_p$ -norms

norm	continuous	differentiable
$g(\mathbf{x}) = \ \mathbf{x}\ ^2$	✓	✓
$g(\mathbf{x}) =  \mathbf{x} $	✓	✗
$g(\mathbf{x}) = \ \mathbf{x}\ _0$	✗	✗



Let us start with a nice and  
smooth regularization term:  
the squared  $L_2$  norm.

# Ridge Regression

**Given** a data matrix  $D \in \mathbb{R}^{n \times d}$ , a target vector  $\mathbf{y} \in \mathbb{R}^n$ , the design matrix  $X \in \mathbb{R}^{n \times p}$ , where  $X_i = \phi(D_i^\top)^\top$  and a regularization weight  $\lambda > 0$ .

**Find** the regression vector  $\beta$ , solving the following objective

$$\min_{\beta \in \mathbb{R}^p} \|\mathbf{y} - X\beta\|^2 + \lambda \|\beta\|^2.$$

**Return** the predictor function  $f: \mathbb{R}^d \rightarrow \mathbb{R}$ ,  $f(\mathbf{x}) = \phi(\mathbf{x})^\top \beta$ .

# Minimizers of Ridge Regression

## Ridge Regression Objective

$$\min_{\beta \in \mathbb{R}^p} \text{RSS}_{L_2}(\beta) = \|\mathbf{y} - X\beta\|^2 + \lambda\|\beta\|^2$$

The solution to ridge regression is given by the stationary points ( $\text{RSS}_{L_2}$  is convex as weighted sum of convex functions):

$$\begin{aligned} \nabla_{\beta} \text{RSS}_{L_2}(\beta) &= -2X^{\top}(\mathbf{y} - X\beta) + 2\lambda\beta = 0 \\ \Leftrightarrow (X^{\top}X + \lambda I)\beta &= X^{\top}\mathbf{y} \end{aligned}$$

Is this now better?

Yes

# Minimizers of Ridge Regression are Unique

The matrix  $X^\top X + \lambda I$  is invertible for all  $\lambda > 0$ !

Let  $X = U\Sigma V^\top$  be the singular value decomposition of  $X$ , then

$$X^\top X + \lambda I = V(\Sigma^\top \Sigma + \lambda I)V^\top$$

Hence, the uniquely defined global minimizer of Ridge Regression is given by

$$\beta_{L_2} = (X^\top X + \lambda I)^{-1} X^\top \mathbf{y}$$

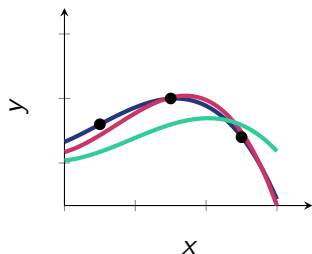
# Ridge Regression and Regression Minimizers

Given the SVD of the design matrix  $X = U\Sigma V^T$ , the ridge regression solution  $\beta_{L_2}$  with small regularization weight  $\lambda > 0$  is similar to one of the global minimizers of regression:

$$\begin{aligned}\beta_{L_2} &= (X^T X + \lambda I)^{-1} X^T \mathbf{y} = V(\Sigma^T \Sigma + \lambda I)^{-1} \Sigma^T U^T \mathbf{y} \\ &\approx V A \Sigma^T U^T \mathbf{y}\end{aligned}$$

if  $\lambda > 0$  is small and  $A = \begin{pmatrix} \frac{1}{\sigma_1^2} & \cdots & 0 & & \\ \vdots & \ddots & \vdots & & \\ 0 & \cdots & \frac{1}{\sigma_r^2} & & \\ & & & \frac{1}{\lambda} & \\ & & & & \ddots \\ & & & & & \frac{1}{\lambda} \end{pmatrix} \in \mathbb{R}^{p \times p}$

# Toy Example: Ridge Regression for $p > n$



$$f(x_1) = \beta_3 x^3 + \beta_2 x^2 + \beta_1 x^1 + \beta_0$$

$$X = \begin{pmatrix} 1 & 5 & 25 & 125 \\ 1 & 3 & 9 & 27 \\ 1 & 1 & 1 & 1 \end{pmatrix}, y = \begin{pmatrix} 2 \\ 5 \\ 3 \end{pmatrix}$$

We obtain as a result for the regression parameters

$$\beta_+ = \begin{pmatrix} 1.6 \\ 1.2 \\ 0.3 \\ -0.1 \end{pmatrix}, \beta_{L_2(\lambda=1)} = \begin{pmatrix} 0.8 \\ 0.8 \\ 0.7 \\ -0.2 \end{pmatrix}, \beta_{L_2(\lambda=20)} = \begin{pmatrix} 0.2 \\ 0.3 \\ 0.4 \\ -0.1 \end{pmatrix}$$



What if we choose a  
non-smooth regularization  
term?

Regularization with the  $L_1$   
norm.

# Lasso Regression

**Given** a data matrix  $D \in \mathbb{R}^{n \times d}$ , a target vector  $\mathbf{y} \in \mathbb{R}^n$ , the design matrix  $X \in \mathbb{R}^{n \times p}$ , where  $X_i = \phi(D_i^\top)^\top$  and a regularization weight  $\lambda > 0$ .

**Find** the regression vector  $\beta$ , solving the following objective

$$\min_{\beta \in \mathbb{R}^p} \|\mathbf{y} - X\beta\|^2 + \lambda |\beta|.$$

**Return** the predictor function  $f: \mathbb{R}^d \rightarrow \mathbb{R}$ ,  $f(\mathbf{x}) = \phi(\mathbf{x})^\top \beta$ .

# Minimizers of Lasso

## Lasso Objective

$$\min_{\beta \in \mathbb{R}^p} \text{RSS}_{L_1}(\beta) = \|\mathbf{y} - X\beta\|^2 + \lambda|\beta|$$

The  $L_1$ -norm has a subgradient:

$$\frac{\partial |\beta|}{\partial \beta_k} \in \begin{cases} \{1\}, & \text{if } \beta_k > 0 \\ \{-1\}, & \text{if } \beta_k < 0 \\ [-1, 1], & \text{if } \beta_k = 0 \end{cases}$$

Minimizers of objective functions which have a subgradient satisfy  $\mathbf{0} \in \nabla f(\mathbf{x})$  (FONC for subgradients).

Gradients are a special case of subgradients.

How are we going to optimize  
the Lasso?

Solving for the stationary points of the subgradient  $\nabla RSS_{L_1}(\beta) = 0$  is too complicated.

We could do **subgradient descent** but then we have to deal with **step-sizes** and **additional difficulties** of applying just the subgradient.

Luckily, the function is simple enough to derive the minimizers subject to one coordinate, enabling coordinate descent.

# Coordinate-Wise Minimizers of Lasso

The minimizer of Lasso subject to the coordinate  $\beta_k$

$$\beta_k^* = \arg \min_{\beta_k \in \mathbb{R}} \|\mathbf{y} - \mathbf{X}\beta\|^2 + \lambda|\beta|$$

is given for  $c_k = \mathbf{X}_{\cdot k}^\top \mathbf{y} - \sum_{i \neq k} \mathbf{X}_{\cdot k}^\top \mathbf{X}_{\cdot i} \beta_i$  by

$$\beta_k^* = \begin{cases} \frac{1}{\|\mathbf{X}_{\cdot k}\|^2} (c_k - \lambda) & \text{if } c_k > \lambda \\ \frac{1}{\|\mathbf{X}_{\cdot k}\|^2} (c_k + \lambda) & \text{if } c_k < -\lambda \\ 0 & \text{if } -\lambda \leq c_k \leq \lambda. \end{cases}$$

FONC for subgradients  $\mathbf{0} \in \frac{\partial}{\partial \beta_k} \text{RSS}_{L_1}$  yields the solutions to the coordinate-wise minimization problems.



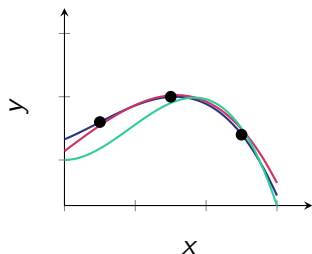
# Coordinate Descent for Lasso

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1: function LASSO( $X, \lambda, \beta$ )
2:   while not converged do
3:     for  $k \in \{1, \dots, p\}$  do
4:        $c_k \leftarrow X_{\cdot k}^\top \mathbf{y} - \sum_{i \neq k} X_{\cdot k}^\top X_{\cdot i} \beta_i$ 
5:        $\beta_k \leftarrow \begin{cases} \frac{1}{\|X_{\cdot k}\|^2} (c_k - \lambda) & \text{if } c_k > \lambda \\ \frac{1}{\|X_{\cdot k}\|^2} (c_k + \lambda) & \text{if } c_k < -\lambda \\ 0 & \text{if } -\lambda \leq c_k \leq \lambda \end{cases}$ 
6:     end for
7:   end while
8:   return  $\beta$ 
9: end function

```

# Toy Example: Lasso for $p > n$



$$f(x) = \beta_3 x^3 + \beta_2 x^2 + \beta_1 x^1 + \beta_0$$

$$X = \begin{pmatrix} 1 & 5 & 25 & 125 \\ 1 & 3 & 9 & 27 \\ 1 & 1 & 1 & 1 \end{pmatrix}, y = \begin{pmatrix} 2 \\ 5 \\ 3 \end{pmatrix}$$

We obtain as a result for the regression parameters

$$\beta_+ = \begin{pmatrix} 1.6 \\ 1.2 \\ 0.3 \\ -0.1 \end{pmatrix}, \beta_{L_1(\lambda=0.1)} = \begin{pmatrix} 0.7 \\ 2.1 \\ 0. \\ -0.07 \end{pmatrix}, \beta_{L_1(\lambda=1)} = \begin{pmatrix} 0. \\ 0. \\ 1.1 \\ -0.2 \end{pmatrix}$$

Ok, but what is now better,  
 $L_1$ - or  $L_2$ -norm regularization?

# $L_1$ vs. $L_2$ Regularization

The penalized Lasso and Ridge Regression objectives are **equivalent to constrained optimization problems**.

That is, for every  $\lambda > 0$  there exists a radius  $s > 0$  and vice versa, such that the following optimization problems are equivalent:

$$\min \|\mathbf{y} - \mathbf{X}\boldsymbol{\beta}\|^2 + \lambda \|\boldsymbol{\beta}\|^2 \quad \text{s.t. } \boldsymbol{\beta} \in \mathbb{R}^p$$

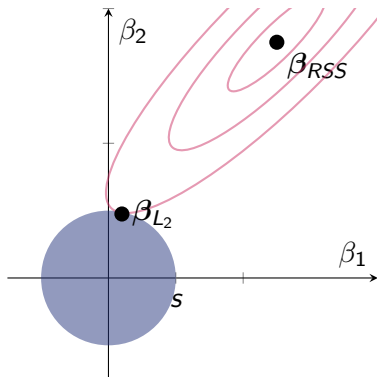
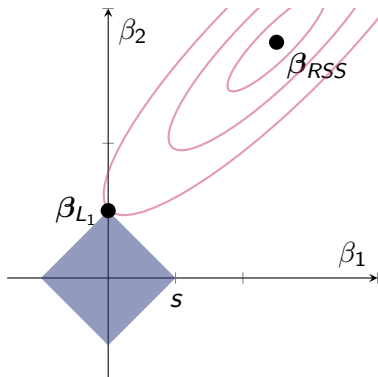
$$\min \|\mathbf{y} - \mathbf{X}\boldsymbol{\beta}\|^2 \quad \text{s.t. } \|\boldsymbol{\beta}\|^2 \leq s^2, \boldsymbol{\beta} \in \mathbb{R}^p$$

Similarly, for every  $\lambda > 0$  there exists a radius  $s > 0$  and vice versa, such that the following optimization problems are equivalent:

$$\min \|\mathbf{y} - \mathbf{X}\boldsymbol{\beta}\|^2 + \lambda |\boldsymbol{\beta}| \quad \text{s.t. } \boldsymbol{\beta} \in \mathbb{R}^p$$

$$\min \|\mathbf{y} - \mathbf{X}\boldsymbol{\beta}\|^2 \quad \text{s.t. } |\boldsymbol{\beta}| \leq s, \boldsymbol{\beta} \in \mathbb{R}^p$$

# $L_1$ -Regularization Tends to Sparser Solutions than $L_2$



# Summary $L_1$ vs. $L_2$ Regularization

## Ridge Regression

$$\min_{\beta \in \mathbb{R}^p} \text{RSS}_{L_2}(\beta) = \|\mathbf{y} - X\beta\|^2 + \lambda \|\beta\|^2$$

## Lasso

$$\min_{\beta \in \mathbb{R}^p} \text{RSS}_{L_1}(\beta) = \|\mathbf{y} - X\beta\| + \lambda |\beta|$$

- 1 The solution of **Ridge Regression** is computable very fast, analytically. The Ridge Regression minimizer is uniquely defined, but usually not sparse.
- 2 **Lasso** is optimized with coordinate descent, which is a theoretically well-founded optimization procedure. Lasso regression is more likely to return sparse regression vectors  $\beta$ .